I managed to issue 12 Newsletters over the last year. The January and February editions had 15 pages, which were the fewest, whilst the August edition had a massive 43 pages, mainly due to several races such as the Cornwood 10K, the South Devon Relays and the Totnes 10K. However, this year the South Hams 100 Mile Relay added significantly to the size of the edition. Four other editions were over 30 pages, including the July Harrier where several pages were allocated to pay tribute to our former Chairman Paul Ross, who had sadly passed away.

The Harrier keeps you up to date what is happening in the club and always a good reference guide. I send out the Harrier by email to members on my distribution list but several back dated issues are always available to view on our website.

Many thanks in particular to your Chairman Tom Davies, Secretary Keith Reed and Helen Chapell for their regular reports. Several of you have sent me photos and interesting reports. Particular thanks go to everyone who ran in the South Hams 100 Mile Relay for submitting their own reports and photos on ‘their trials and tribulations’. There were also some great reports and photos from Peter Allen at the Bristish Inter Counties Mountain Races in Sedberg, Cumbria, Jenny Hayes demanding ‘Dartmoor Beast’ race and the Chapells at the Otillo Swimrun World Series in Cannes.

Our athletes are always prepared to travel ‘far and wide’ and are continually up for a challenge. Marc Rinagl completed the Black Beacon 80km Ultra, Simon Fitze and Alison McEwing ran brilliantly at the Valencia Marathon, whilst the Chapells took on thed 100km Triathlon in Qatar. Barry Neal enjoyed the Lisbon Half Marathon, whilst Jeremy Westmore, Lindsay and Richard Lane and Lynne Whitfield completed the Berlin Half Marathon. Most recently Nick Bristow had a good run in the Chicago Marathon.

My favourite photographic spots are at the Cornwood and Totnes 10K but this year the Torbay races produced some great ‘action shots’. When I attend races I usually try and get photographs of everyone but for one reason or another it isn’t always possible.

I hope you find time to read the Harrier and enjoy the contents. I always need your input and are pleased to get your reports, photos and information you send me about races – keep them coming so I can produce more interesting Newsletters in the future.