

Position	Runner	Clock Time	Handicap	Time	Points
1	Alisdair James	33:41	03:00	30:41	50
2	Nigel Grottick	34:10	12:00	22:10	49
3	Andrew Mitchell	34:51	07:00	27:51	48
4	Andrea Mitchell	35:17	03:00	32:17	47
5	Alison Engledew	35:25	05:00	30:25	46
6	David Engledew	35:49	10:30	25:19	45
7	Andrew Banfield	35:51	11:00	24:51	44
8	Angus Wilson	35:52	12:30	23:22	43
9	Jess Ashworth	35:53	10:30	25:23	42
10	Mark Workman	35:55	03:00	32:55	41
11	Alan Gatling	35:58	12:00	23:58	40
12	Adam Griffiths	36:02	13:30	22:32	39
13	Mark Rinagl	36:06	13:00	23:06	38
14	Ben Bristow	36:14	15:00	21:14	37
15	Neil Squires	36:18	13:30	22:48	36
16	Scott Smith	36:25	13:00	23:25	35
17	Stuart Witty	36:28	12:00	24:28	34
18	Russell Gibson	36:37	14:00	22:37	33
19	Richard De Salis	36:59	11:00	25:59	32
20	Mary Grose	37:09	04:30	32:39	31
21	Ewan Lake	37:47	10:00	27:47	30
22	Helen Pearse	39:51	06:30	33:21	29
23	Nick McMahon	41:34	00:00	41:34	28
24	Freya Norris	Took wrong turn			27