

Ivybridge 10K 2026

Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	199	Luke	Hayes	Erme Valley Harriers	SM	34:08
2	308	Lloyd	Milbourn		SM	35:29
3	54	Nikki	Bond	Tavistock AC	SF	36:08
4	528	Brett	Jones	Plymstock RR	M45	36:27
5	223	Sam	Hortopp	Tavistock AC	SM	36:36
6	210	Steve	Hill	City Of Plymouth AC	M50	37:03
7	315	Peter	Monaghan		M60	37:23
8	260	Lauren	Knox	Storm Plymouth	SF	37:54
9	543	Ben	Austin		SM	37:57
10	549	Ben	Gittins		SM	38:04
11	66	Ben	Bristow	Erme Valley Harriers	SM	38:09
12	124	Kristian	Curtis	Plymouth Harriers	SM	38:30
13	526	Grant	Harvey	Tavistock AC	M40	38:31
14	74	Peter	Burbridge		M45	38:49
15	2	Dave	Allen		SM	39:11
16	132	Mark	Deacon	Looe Pioneers N/S	M40	39:12
17	100	Tom	Christmas		M40	39:33
18	344	Dan	Orchard		SM	39:36
19	95	Andrew	Charles	Plymouth Harriers	M60	39:37
20	197	Dale	Hayes		SM	39:38
21	434	James	Timmis		SM	39:45
22	20	Graham	Bale	Plymstock RR	M60	39:50
23	357	Ben	Payne	Plymouth Harriers	SM	40:13
24	512	Alby	Walters		M40	40:17
25	456	Alice	Warwick-James		SF	40:23
26	122	Matthew	Cundell	Plymouth Harriers	SM	40:24
27	181	Nigel	Grottick	Erme Valley Harriers	M50	40:25
28	440	James	Turpin		M40	40:25
29	306	Sean	McTaggart		SM	40:33
30	6	Simon	Anderson	City Of Plymouth AC	M60	40:37
31	204	Lee	Herbert	Plymouth Musketeers	M50	40:40
32	504	Dylan	Rangecroft		SM	40:44
33	481	Angus	Wilson	Erme Valley Harriers	SM	40:51
34	78	Isaac	Bye		SM	40:55
35	185	Thomas	Gurry	Plymstock RR N/S	SM	41:14
36	155	Kevin	Fine	Torbay AAC	SM	41:15
37	439	Paddy	Trinder		M50	41:23
38	42	Raul	Bescos		M45	41:23
39	106	Daniel	Clewley		M40	41:27
40	524	Evan	Grinyer		SM	41:37
41	311	Jack	Miller		SM	41:47
42	49	Freddie	Blight	City Of Plymouth AC	SM	41:53
43	539	Neil	Squires	Erme Valley Harriers	M45	41:54
44	393	Dylan	Sables		SM	41:56
45	192	Aaron	Harper	Storm Plymouth	M40	42:04
46	525	Craig	Harris		M45	42:09
47	36	Mike	Beddard		SM	42:23
48	364	Tom	Peters		M40	42:27

49	170	Ryan	Gold		SM	42:33
50	383	Joanne	Robinson	Looe Pioneers N/S	F45	42:35
51	249	Rebecca	Kealy	University of Plymouth AC	SF	42:57
52	435	Dale	Toombs		SM	43:06
53	238	Ryan	Johnson		SM	43:09
54	269	Adam	Lee		SM	43:10
55	144	Damian	Dunne	Plymouth Musketeers	M50	43:12
56	107	Philip	Clowes		M50	43:19
57	41	George	Benton	Erme Valley Harriers	SM	43:23
58	44	James	Bird		SM	43:26
59	135	Philius	Distras		SM	43:29
60	166	Louise	Gentry	Torbay Tri Club	F45	43:31
61	101	Ryan	Christophers		M40	43:37
62	7	Glyn	Andrews		SM	43:39
63	183	Matthew	Grzenda	Plymouth Musketeers	M45	43:44
64	175	Emily	Green	Steel City Striders RC	SF	43:49
65	177	Adam	Griffiths	Erme Valley Harriers	SM	43:52
66	425	Daniel	Taylor		M40	43:58
67	27	Greg	Bartlett		SM	43:59
68	245	Nicholas	Jones		SM	44:16
69	23	Hayley	Barratt		SF	44:23
70	519	Jack	Corley		SM	44:31
71	196	Jennie	Hawkins		F45	44:39
72	336	Nicola	Noble	Tavistock AC	F35	44:43
73	553	Charlie	Lovering		SM	44:44
74	323	Padraig	Moyna		M50	44:47
75	431	Elliott	Taylor-Hawkins		SM	44:48
76	65	Scott	Bridgman		M45	44:48
77	296	Bella	May	City Of Plymouth AC	SF	44:56
78	125	Julian	Dalziel		M50	45:00
79	362	Joshua	Pernett		SM	45:04
80	544	Martin	Brittin		SM	45:15
81	171	Dan	Golder	Plymouth Harriers	M45	45:19
82	84	Ian	Carmichael		M40	45:28
83	188	Harry	Hall		SM	45:31
84	547	Ian	Dabbs	Torbay Tri Club N/S	M55	45:34
85	302	Richard	McKee		M40	45:38
86	168	Sophie	Gilvear	Erme Valley Harriers	SF	45:45
87	176	Trevor	Grenney		M45	45:46
88	148	Georgie	Farr	Storm Plymouth	SF	46:01
89	555	Mark	Sinclair	Plymouth Musketeers	M55	46:10
90	247	Richard	Julian		SM	46:27
91	142	Jamie	Duffield	South Devon AC	SM	46:33
92	415	Dylan	Squire		SM	46:36
93	195	Harry	Green		SM	46:39
94	520	Simon	Corley		M60	46:42
95	35	Vincent	Bean		M40	46:43
96	52	Matt	Bloomfield		SM	46:47
97	317	Gareth	Morgan-Hughes		M55	47:00
98	30	Kevin	Baskott	Tamar Trotters N/S	M60	47:05
99	290	Steven	Mahoney		M45	47:07
100	147	Lauren	Fairbairn		F35	47:09
101	474	David	Williams	Plymouth Falconers	M45	47:09
102	310	Ben	Miles		SM	47:22

103	378	Ethan	Richards		SM	47:33
104	361	Max	Pennington		SM	47:34
105	558	Liam	Walton		SM	47:43
106	167	Julie	Gillbard	Tamar Trotters	F45	47:44
107	329	Thomas	Nelder		SM	47:46
108	37	Stuart	Bennett		M40	47:47
109	24	Dean	Barrett	Tamar Trotters	M60	47:50
110	60	Richard	Bowen	Plymouth Harriers	M60	47:53
111	335	David	Noble	Storm Plymouth	M40	47:58
112	533	George	Moore		SM	48:00
113	180	Richard	Grills		SM	48:02
114	117	Michelle	Cooper	Plymouth Harriers	F35	48:03
115	46	Mark	Bird		M55	48:14
116	248	Michal	Kapica	Storm Plymouth	M40	48:23
117	432	Harry	Theron		SM	48:24
118	370	Jo	Rabone		F45	48:25
119	80	Will	Bye		SM	48:26
120	205	Steven	Carter	Plymouth Harriers	M50	48:27
121	159	Robert	Foster	South Devon AC	M40	48:33
122	332	Jimmy	Newman	Plymouth Musketeers	SM	48:36
123	186	Jason	Haasz		SM	48:36
124	491	Paul	Yates		M50	48:37
125	354	Elliot	Parr-Byrne		SM	48:40
126	382	Adam	Robinson		M45	48:40
127	545	Reece	Coles		SM	48:42
128	291	Andrew	Marshall	Plymouth Harriers	M65	48:43
129	350	John	Palmer		M55	48:45
130	127	Aaron	Davenport		SM	48:47
131	71	Kelly	Brumhead	Plymouth Musketeers	F45	48:48
132	88	Michelle	Cartlidge	Plymouth Harriers	F40	48:50
133	485	Simon	Woodhouse		M50	48:50
134	331	Malcolm	Nelson	Riviera Racers	M55	48:51
135	28	Matthew	Barton		SM	48:52
136	58	James	Borne		M40	49:06
137	536	Max	Payne		SM	49:06
138	270	Rebecca	Lee	Erme Valley Harriers	F40	49:16
139	86	Jen	Carter		F45	49:20
140	39	Stephen	Bennett		M65	49:26
141	442	Ben	Upfold		SM	49:38
142	298	Jordan	McCartney		SM	49:41
143	416	Neil	Stabb		M50	49:41
144	498	Jonathan	Carroll		SM	49:46
145	534	Bobby	Nash		SM	49:51
146	488	Steve	Wright		M40	49:52
147	25	Jed	Barry		SM	49:57
148	200	Paul	Hayes	Erme Valley Harriers	M50	50:00
149	191	Claire	Harmer		F35	50:03
150	349	Brendan	Palmer	Storm Plymouth	M45	50:04
151	268	Peter	Leary		M60	50:11
152	286	Stephen	Mace	Plymouth Falconers	M60	50:15
153	392	Matthew	Rule		SM	50:20
154	346	Peter	Orchard		SM	50:28
155	503	Hannah	Parsons		F40	50:28
156	293	Gary	Martin	Plymouth Musketeers	M55	50:35

157	454	Sacha	Walton		SM	50:40
158	69	Catherine	Brown	Storm Plymouth	F50	50:48
159	508	Andrew	Stevens		M55	50:49
160	215	Michael	Hockey	Plymouth Musketeers	M45	50:53
161	355	Andrew	Parsons	Storm Plymouth	M50	51:03
162	233	Oscar	Jennings		SM	51:03
163	484	Ray	Winstone		SM	51:03
164	73	Grace	Budden		SF	51:10
165	14	Mike	Axworthy		SM	51:12
166	278	Josh	Loben		SM	51:13
167	277	Darren	Loben		M50	51:14
168	414	Matt	Spooner	Plymouth Harriers	M45	51:17
169	83	Sophie	Carey		SF	51:22
170	563	Nicola	Bennett		SF	51:25
171	451	Shona	Wakeham		F40	51:34
172	255	Mark	Kessell	Storm Plymouth	M60	51:53
173	402	Nick	Shapland	Looe Pioneers N/S	M50	51:56
174	387	Steve	Rose	Plymstock RR N/S	M65	51:57
175	499	Donald	Dunn		SM	51:57
176	184	Harvey	Gurry	Plymstock RR N/S	M60	52:00
177	133	Michael	Deady		M40	52:01
178	137	Andrew	Doidge		SM	52:12
179	297	Rebecca	Mccallum	Storm Plymouth	F35	52:20
180	16	Sam	Bailey		M40	52:26
181	404	Hannah	Shead		F45	52:33
182	163	Ian	Gardner		M55	52:34
183	26	Richard	Barry		M50	52:48
184	64	Jane	Bremner	Tamar Trotters N/S	F60	52:49
185	487	Jim	Wraight		M45	52:49
186	160	Darren	Franklin		M55	52:53
187	1	Helen	Abel		F40	52:54
188	48	Gary	Blagdon		M40	52:55
189	264	Greg	Lang		SM	52:57
190	113	Alex	Collard		M40	52:58
191	253	Charlotte	Kendrick	Erme Valley Harriers	SF	52:59
192	262	Kirsty	Kunz	Storm Plymouth	F35	53:00
193	300	Craig	McEwan	Riviera Racers N/S	M40	53:05
194	236	Lauren	Johns	Storm Plymouth	SF	53:11
195	47	Mike	Biscombe		M65	53:11
196	79	Peter	Bye		M45	53:11
197	12	Eyvoll	Aston	Teignbridge Trotters N/S	F50	53:13
198	443	Mathew	Upton		M55	53:17
199	217	Bee	Hodgson	Instinctive Sports N/S	F40	53:18
200	367	Amy	Pike		SF	53:18
201	126	Robert	Daniel		SM	53:21
202	522	Laura	Drew		F35	53:21
203	351	Tess	Palmer		SF	53:23
204	467	Paul	Whitmore	Storm Plymouth	M40	53:36
205	242	Kevin	Jones		SM	53:48
206	33	Peter	Bazley		M65	53:53
207	523	Callum	Duffy		SM	53:57
208	513	Millie	Walton		SF	54:06
209	516	Hannah	Bell		F45	54:07
210	470	Derren	Wilkie	Storm Plymouth	M55	54:08

211	154	Rebecca	Filtness		F45	54:09
212	507	Alfie	Samuels		SM	54:11
213	303	Alan	McKeever	Instinctive Sports N/S	M60	54:12
214	241	Helen	Jones		F45	54:15
215	62	Shaun	Brady	Storm Plymouth	M55	54:21
216	377	Elena	Richards		SF	54:24
217	413	Joe	Spencer		SM	54:25
218	521	Lewis	Daly		SM	54:26
219	366	Simon	Pickstone		M45	54:36
220	265	Vince	Langdon	South Devon AC	M55	54:38
221	540	Jack	Whiteley		SM	54:40
222	284	Alex	Lyons	Teignbridge Trotters N/S	M50	54:41
223	285	Claire	Lyons	Teignbridge Trotters N/S	F45	54:41
224	518	Zoe	Bond	Storm Plymouth	F50	54:41
225	214	Laura	Hoare		F35	54:48
226	492	Karen	Young		F35	54:51
227	477	Trevor	Williams		M65	54:50
228	96	Danielle	Charles		SF	54:51
229	34	Stephen	Bean		M50	54:52
230	493	Paul	Young		M40	54:53
231	274	Carly	Linney	Storm Plymouth	F40	54:53
232	92	Alison	Catnach	Looe Pioneers N/S	F50	54:54
233	10	Peter	Armstrong	Plymouth Harriers	M40	54:55
234	8	Jim	Andrews	Plymouth Musketeers	M65	54:59
235	59	Helen	Boulden		F35	55:03
236	403	Darren	Shaw	Tamar Trotters N/S	M55	55:07
237	417	Marianne	Stephen		F40	55:19
238	266	Kristian	Law		SM	55:20
239	502	Jonathan	Jones		M60	55:37
240	561	Ed	Raw		M45	55:40
241	187	Dennis	Hall	South West Road Runners	M65	55:44
242	138	Emma	Dooney		F45	55:44
243	559	Martin	Worthington		M55	55:48
244	259	Jack	Knightley		SM	55:50
245	75	Darren	Burns		SM	55:53
246	445	Harry	Vickers		SM	55:56
247	550	Jon	Goulder		M50	56:00
248	463	Lisa	West	Storm Plymouth	F35	56:05
249	276	Deborah	Cornish	Storm Plymouth	F55	56:06
250	216	Stacey	Hocking		F40	56:06
251	295	Daniel	Matthams		SM	56:09
252	405	Anthony	Shearer	Tavistock AC	M65	56:10
253	338	Fiona	North		F35	56:11
254	294	David	Matthams	Instinctive Sports N/S	M60	56:16
255	32	Sue	Bayes	Plymouth Falconers	F55	56:25
256	515	Abi	Bell		SF	56:25
257	272	Tanita	Lewis		F35	56:29
258	365	Sarah	Phillips	Storm Plymouth	F40	56:30
259	546	Paul	Courtney		M40	56:32
260	267	Damien	Le Gal		M45	56:35
261	40	Katie	Bentley		F35	56:37
262	139	Louise	Dowler		F35	56:41
263	231	Alasdair	James	Erme Valley Harriers	M60	56:48
264	556	Sarah-Jane	Sinclair	Plymouth Musketeers	F55	56:55

265	15	Ellen	Babb		SF	56:58
266	527	Lesley	Hitchen		F55	57:01
267	63	Steve	Bree		M60	57:06
268	111	Tracyann	Cole		F55	57:10
269	165	Charlotte	Geeves		F35	57:19
270	202	Abbie	Heeley	Storm Plymouth	F35	57:19
271	408	Colin	Shoolbraid		M65	57:20
272	275	Clinton	Lloyd		M60	57:23
273	288	Marisa	Macleod		F45	57:24
274	140	Pete	Downing		M40	57:26
275	103	Jacob	Chudley		SM	57:28
276	189	Rebecca	Hall		SF	57:31
277	380	Stuart	Riley	Plymouth Musketeers	M55	57:33
278	430	Amelia	Taylor-Brown		SF	57:36
279	282	Neil	Lowe		M40	57:41
280	271	Guillaume	Lewis		SM	57:42
281	38	Caroline	Bennett		F60	57:46
282	281	Alex	Longworth		M55	57:53
283	153	Paul	Fendyke	Storm Plymouth	M45	57:53
284	359	Alana	Pearson	Storm Plymouth	F45	57:57
285	312	Carl	Mills	Instinctive Sports N/S	M50	58:04
286	420	Will	Summers		SM	58:07
287	438	Daniel	Trafford		M40	58:07
288	149	Susan	Farr	Storm Plymouth	F60	58:08
289	43	Stephen	Williams		SM	58:10
290	243	Kris	Jones	Plymouth Musketeers	M40	58:11
291	261	Helen	Kula-Przewanski	Tavistock AC	F60	58:12
292	193	Rachael	Harris	Plymouth Musketeers	F40	58:18
293	468	Mark	Widgery	Teignbridge Trotters N/S	M45	58:19
294	345	Ian	Orchard		M55	58:20
295	506	Lewis	Russell		SM	58:21
296	227	Mary	Hugo	Erme Valley Harriers	F35	58:21
297	360	Hannah	Penman	Storm Plymouth	F40	58:24
298	72	Harriett	Buchanan		F35	58:28
299	70	Hannah	Brown		F40	58:28
300	455	Simon	Walton		M65	58:30
301	339	Laura	Nunn		F45	58:31
302	254	Gary	Kent		M55	58:41
303	449	Charleine	Wain	Storm Plymouth	F40	58:56
304	562	Emma	Locke		SF	58:59
305	511	Travis	Trice	Plymouth Musketeers	SM	59:00
306	500	Amanda	Dyke		F50	59:06
307	501	James	Dyke		M50	59:07
308	358	Kirsty	Pearce		F55	59:08
309	394	James	Saint	Storm Plymouth	M40	59:09
310	77	Gez	Butcher		F45	59:10
311	407	Sally	Shoolbraid		F60	59:10
312	118	Shona	Cornish	Plymouth Harriers	F45	59:17
313	145	Emma	Dunne	Plymouth Musketeers	F45	59:20
314	251	Anna	Kelly	Tavistock AC	SF	59:25
315	371	Amanda	Radley		F60	59:27
316	246	Neil	Jordain		M45	59:34
317	384	Dean	Rockey	Storm Plymouth	M60	59:38
318	99	Helen	Childs	Storm Plymouth	F50	59:43

319	452	Alex	Walker		SM	59:45
320	330	Lucy	Nelson	Riviera Racers	F60	59:46
321	161	Petra	Franklin		F55	59:49
322	212	Samantha	Hilton		F35	59:53
323	505	Harry	Rosson-Jones		SM	59:53
324	316	Jennifer	Moore		F50	59:56
325	213	Steven	Hingston		SM	1:00:05
326	280	Sarah	Longcake		F35	1:00:07
327	409	Lynne	Skinner		F45	1:00:08
328	157	Gemma	Fisher	Storm Plymouth	F40	1:00:25
329	283	Debbie	Lyon	Storm Plymouth	F45	1:00:25
330	91	Hollie	Catnach	Looe Pioneers N/S	SF	1:00:29
331	279	Rob	Longcake		SM	1:00:30
332	510	Dean	Trice	Plymouth Musketeers	M55	1:00:42
333	313	Claire	Mills		F45	1:00:51
334	483	Ian	Winnall	Storm Plymouth	M45	1:00:53
335	480	Shaun	Willis	Storm Plymouth	M45	1:00:57
336	532	Will	McMurdo		SM	1:00:58
337	102	Dee	Chubb		SF	1:00:59
338	326	Shannon	Neilson		SF	1:01:00
339	441	Beverley	Tyson		F45	1:01:01
340	93	Nikki	Caunce	Riviera Racers N/S	F35	1:01:03
341	9	Andrea	Anstey	Storm Plymouth	F45	1:01:13
342	301	Joshua	McGrath	Storm Plymouth	SM	1:01:14
343	389	Josh	Rowe		SM	1:01:26
344	67	Helen	Brookes		F50	1:01:27
345	314	Bethany	Monaghan		SF	1:01:29
346	206	David	Hewet	Torbay Tri Club	M50	1:01:44
347	119	Emma	Corry		F40	1:01:56
348	429	Rachel	Taylor		SF	1:01:58
349	465	Clare	White	Storm Plymouth	F45	1:02:00
350	423	Paula	Tapp	Storm Plymouth	F55	1:02:00
351	554	Paul	Nicholls		M40	1:02:04
352	232	Wendy	James	Storm Plymouth	F50	1:02:04
353	120	Heather	Coverdale	South Devon AC	F60	1:02:08
354	112	Georgia	Coleman		SF	1:02:08
355	436	James	Tothill		M50	1:02:11
356	419	Andy	Stoner		SM	1:02:13
357	239	Sally	Johnston	Tamar Trotters N/S	F60	1:02:18
358	123	Ryan	Currie		SM	1:02:21
359	292	Anne	Marshall	Plymouth Harriers	F60	1:02:25
360	13	Peter	Aston	Teignbridge Trotters N/S	M55	1:02:43
361	397	Jo	Sardella		F50	1:02:55
362	307	Karen	Menis		F60	1:03:04
363	162	Adam	Franklin		SM	1:03:16
364	305	Simon	McQueen		M50	1:03:25
365	230	Jon	Jacobs		M65	1:03:31
366	514	Sally	Anderson		F60	1:03:33
367	53	Kevin	Board	Plymouth Harriers	M55	1:03:41
368	538	Anna	Smith	Tamar Trotters N/S	F55	1:03:57
369	422	Sarah	Sweatman	Torbay Tri Club	F45	1:03:57
370	421	Stuart	Sweatman	Torbay Tri Club N/S	M50	1:03:58
371	348	Jenny	Orr		F40	1:04:03
372	347	James	Orr		M45	1:04:04

373	131	Judy	Davies	Storm Plymouth	F50	1:04:05
374	11	Jo	Arnold	Plymouth Musketeers N/S	F50	1:04:05
375	224	Lucy	Howell		F45	1:04:05
376	134	Helen	Dinham	Storm Plymouth	F50	1:04:06
377	490	Emma	Yates		F50	1:04:19
378	466	Joanne	White	Lonely Goat RC	F50	1:04:23
379	90	Ruth	Cassidy		F60	1:04:30
380	453	Hazel	Walker	Tavistock AC	F55	1:04:37
381	164	Tracey	Garland	Storm Plymouth	F55	1:04:40
382	136	Dawn	Dixon	Storm Plymouth	F50	1:04:41
383	220	Tracy	Hopkins	Plymouth Harriers	F45	1:04:42
384	61	Cheryl	Boxall	Plymouth Falconers	F50	1:04:44
385	51	Jacqueline	Bloomfield		F40	1:04:48
386	390	Emma	Rowe-Jones		F35	1:04:51
387	327	Issy	Nelder		SF	1:04:59
388	461	Alex	Welsh		SM	1:04:59
389	328	Robert	Nelder		M55	1:05:00
390	228	Matthew	Iles		M55	1:05:09
391	374	Paul	Reed		M55	1:05:09
392	426	Gemma	Taylor		F40	1:05:09
393	304	Naoko	McKinnon	Torbay Tri Club N/S	F60	1:05:14
394	535	Mat	Parry		M40	1:05:16
395	234	Claire	Johns		F40	1:05:19
396	82	Rosie	Campbell		F35	1:05:22
397	219	Jude	Hollyman	Tamar Trotters N/S	F55	1:05:22
398	334	James	Nicholson	Storm Plymouth	SM	1:05:27
399	19	Becky	Bale	Plymstock RR	F55	1:05:33
400	460	Roger	Webb	South Devon AC	M65	1:05:44
401	104	Lisa	Clark		F40	1:05:59
402	462	Jack	West	Storm Plymouth	SM	1:06:01
403	50	Beth	Bloomfield		SF	1:06:04
404	318	Claire	Morrissey	Plymouth Musketeers	SF	1:06:06
405	309	Elise	Milden-Willmer	Plymouth Musketeers	SF	1:06:06
406	85	Kevin	Carr		M50	1:06:11
407	428	Larissa	Taylor		SF	1:06:17
408	225	Nicola	Huckerby		F60	1:06:19
409	203	Claire	Herbert	Plymouth Musketeers	F50	1:06:28
410	418	Jessica	Stickland		F45	1:06:37
411	333	Diana	Nicholson	Tamar Trotters N/S	F60	1:06:44
412	356	Lauren	Pattison	St Austell Athletes RC	F35	1:06:46
413	98	Dawn	Childs	Storm Plymouth	F55	1:06:49
414	141	Jane	Dowrick	Storm Plymouth	F60	1:06:50
415	482	Jade	Wilson	Instinctive Sports N/S	F35	1:06:50
416	444	Christine	Van Dyk		F50	1:06:53
417	57	Will	Booth		SM	1:07:12
418	81	Emma	Campbell		F45	1:07:13
419	343	Stacey	Oliver		F35	1:07:14
420	399	Tracey	Scott		F55	1:07:16
421	376	Mark	Rescorl		M40	1:07:24
422	156	Samuel	Firth	Tavistock AC	SM	1:07:25
423	194	Claire	Harrison		F55	1:07:54
424	341	Jennifer	Oatway	Plymouth Harriers	F40	1:08:04
425	29	Ione	Baskott		SF	1:08:16
426	406	Lisa	Shennan	Tamar Trotters	F50	1:08:24

427	68	Beth	Brown		SF	1:08:33
428	529	Lucy	Kerr		F35	1:08:34
429	386	Jill	Rose	Plymstock RR N/S	F60	1:08:35
430	517	Chloe	Bolt		SF	1:08:38
431	472	Barry	Williams		M60	1:08:42
432	552	Sophie	Leach		F35	1:08:52
433	494	Rachael	Young		F55	1:08:59
434	496	Mandy	Anderson		F55	1:09:18
435	5	Jon	Anderson		M55	1:09:22
436	352	Jess	Parffrey		F45	1:09:32
437	457	Sarah	Watmore		F35	1:09:48
438	207	Samantha	Hewitt		F40	1:09:51
439	340	Ivor	Oatway		M40	1:10:01
440	116	James	Cook		SM	1:10:14
441	115	Alison	Cook		F50	1:10:14
442	368	Amy	Pridham		SF	1:10:14
443	89	Leanne	Case	Plymouth Musketeers	F45	1:10:18
444	174	Becky	Greaves	Storm Plymouth	SF	1:10:25
445	401	Matthew	Senior	South Devon AC	M50	1:10:38
446	221	Peter	Horrell		M65	1:10:42
447	128	Adabelle	Davey	Erme Valley Harriers	SF	1:10:48
448	458	Andrew	Watson		M60	1:10:50
449	424	Eric	Tassart		SM	1:10:54
450	319	Jill	Morton		F60	1:10:54
451	400	Kirsten	Self		F60	1:10:54
452	321	Rachael	Motherwell		F55	1:11:30
453	130	Hannah	Davies	Torbay Tri Club	F45	1:12:05
454	447	Dawn	Vincombe-Elliott		F45	1:12:16
455	391	Laura	Rowley		F40	1:12:16
456	87	Maria	Carter		F35	1:12:36
457	446	Louise	Vickers	Plymouth Musketeers	F50	1:13:15
458	250	Imogen	Keating	Plymouth Musketeers	SF	1:13:15
459	531	Julie	Kingston	Tamar Trotters N/S	F50	1:13:32
460	530	Samuel	Kingston		SM	1:13:32
461	475	Kathleen	Williams	Storm Plymouth	F50	1:13:50
462	412	Jane	Southern	Storm Plymouth	F60	1:13:51
463	299	Emily	McEvoy		F40	1:14:00
464	433	Beth	Thorning		F45	1:13:59
465	178	Nichola	Griffiths		F45	1:14:00
466	385	Tara	Rodgers		F50	1:14:03
467	337	Becky	Norman		F55	1:14:27
468	464	Chris	Whipp		M60	1:14:28
469	121	Amanda	Cox		SF	1:15:06
470	396	David	Salvage	Tamar Trotters N/S	M65	1:15:17
471	17	Samantha	Baker		F35	1:15:40
472	410	Paula	Smerdon	Tavistock AC	F45	1:16:15
473	381	Kelly	Robbins	Storm Plymouth	F45	1:16:52
474	353	Lisa	Parr	Plymouth Harriers	F50	1:16:55
475	151	Nick	Fathers	Plymouth Musketeers	M50	1:16:57
476	240	Clare	Jones	Storm Plymouth	F35	1:16:59
477	146	Kat	Ellis	Storm Plymouth	F40	1:16:59
478	158	Katy	Floyd		F50	1:17:00
479	322	Val	Mountford		F60	1:17:06
480	222	Rachel	Horrell		SF	1:17:07

481	537	Chloe	Roberts	Storm Plymouth	SF	1:17:49
482	471	Nicola	Wilkie	Storm Plymouth	F50	1:17:49
483	97	James	Farr	Storm Plymouth	M65	1:17:54
484	244	Lynn	Jones	Plymouth Musketeers	F60	1:17:58
485	509	Alan	Thompson		M65	1:19:18
486	427	Heather	Taylor	Storm Plymouth	F45	1:19:49
487	320	Louise	Moseley		F45	1:20:22
488	110	Jo	Coish	Torbay Tri Club N/S	F50	1:22:09
489	557	Angie	Smith	Storm Plymouth	F60	1:23:13
490	226	Michelle	Hughes	Storm Plymouth	F55	1:23:14
491	342	Wendy	Oldham	Storm Plymouth	F60	1:23:15
492	252	Rowan	Kemble		F55	1:23:24
493	395	Tela	Saint	Storm Plymouth	F35	1:23:57
494	237	Lynn	Johns	Storm Plymouth	F55	1:23:58
495	289	Sue	Maffey	Plymstock RR N/S	F60	1:24:45
496	31	Julia	Bastone	Plymstock RR N/S	F40	1:24:45
497	152	Rob	Felwick	Instinctive Sports N/S	M60	1:24:53
498	398	Len	Saxty		M65	1:24:53
499	459	Kathryn	Weaver-Gore	Plymouth Musketeers	F60	1:25:35
500	182	Bee	Grunow	Storm Plymouth	F50	1:25:45
501	478	Neil	Williams	Plymouth Falconers	M55	1:25:44
502	564	Carla	Patrick		F35	1:26:02
503	551	Fiona	Kirk		F45	1:26:09
504	560	Tina	Worthington		F55	1:26:10
505	325	Ellie	Needham		SF	1:26:35
506	258	Jon	Knight		M65	1:26:35
507	94	Liv	Chapman		SF	1:31:27
508	150	Dawn	Farrow		F55	1:31:28
509	324	Helen	Mulligan	Plymouth Falconers	F50	1:32:07
510	473	Caroline	Williams	Plymouth Falconers	F55	1:32:07