

Position	Runner	Clock Time	Handicap	Time	Points
1	Harriet Rogers	34:37	05:00	29:37	50
2	Peter Allen	35:53	15:00	20:53	49
3	Jamie Frost	35:54	15:00	20:54	48
4	Alan Gatling	36:03	12:00	24:03	47
5	Russell Gibson	36:25	14:00	22:25	46
6	Ben Doonan	36:31	16:00	20:31	45
7	Will Rogers	36:35	14:00	22:35	44
8	Vicky Masters	36:42	09:00	27:42	43
9	Neil Squires	36:49	14:00	22:49	42
10	Steph Rogers	36:54	03:00	33:54	41
11	Dan Francis	37:00	13:00	24:00	40
12	Stuart Witty	37:05	13:00	24:05	39
13	Ben Bristow	37:18	16:00	21:18	38
14	Angus Wilson	37:33	14:00	23:33	37
15	Barry Neal	37:37	13:00	24:37	36
16	Dave Rayfield	37:44	14:00	23:44	35
17	Becky Lee	38:15	09:00	29:15	34
18	Nigel Grottick	38:40	14:30	24:10	33