

Position	Runner	Clock Time	Handicap	Time	Points
1	Ben Bristow	32:31	11:30	21:01	50
2	Russell Gibson	33:08	11:30	21:38	49
3	Will Rogers	33:49	10:00	23:49	48
4	Stuart Witty	34:03	11:30	22:33	47
5	Josh Burke	34:06	11:30	22:36	46
6	Nigel Grottick	34:26	10:00	24:26	45
7	Neil Squires	34:37	11:30	23:07	44
8	Adam Griffiths	34:40	12:00	22:40	43
9	Alison Engledew	34:52	05:00	29:52	42
10	Jess Ashworth	34:54	10:30	24:24	41
11	Lindsay Lane	35:17	05:00	30:17	40
12	Harriet Rogers	35:19	02:30	32:49	39
13	Helen Chappell	35:20	05:00	30:20	38
14	Angus Wilson	35:21	13:00	22:21	37
15	Andrew Chappell	35:33	10:00	25:33	36
16	Barry Neal	35:38	11:00	24:38	35
17	Steh Rogers	35:39	02:30	33:09	34
18	Luke Hayes	35:48	17:00	18:48	33
19	Alan Gatling	35:50	12:00	23:50	32
20	Peter Allen	36:01	15:00	21:01	31
21	John Griffiths	36:27	10:00	26:27	30
22	Helen Pearse	36:43	07:00	29:43	29
23	Andrew Mitchell	36:46	10:00	26:46	28
24	Andrea Mitchell	37:33	08:00	29:33	27