

Ivybridge 10K 2025

Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	647	Tom	Merson	Exmouth Harriers	SM	32:36
2	624	Shaun	Dixon	South West Vets AC	M40	33:44
3	629	Jim	Cole	Tavistock Run Project	M40	33:51
4	632	Ceri	Rees		M50	34:03
5	66	Mark	Budge		SM	34:04
6	212	Luke	Hayes	Erme Valley Harriers	SM	34:42
7	334	Lloyd	Milbourn		SM	35:01
8	252	Brett	Jones	Plymstock RR	M45	35:24
9	213	Ronnie	Haynes	Erme Valley Harriers	M40	35:31
10	650	Ben	Doonan		M40	35:40
11	222	Steve	Hill	Plymouth Harriers	M50	36:30
12	555	Daniel	Westlake	Storm Plymouth	SM	36:41
13	622	Scott	Mansfield	Plymouth Musketeers	SM	37:00
14	324	Alison	McEwing	Erme Valley Harriers	F35	37:10
15	118	Mark	Deacon	Looe Pioneers RC	M40	37:12
16	264	Wayne	Kirby		M40	37:29
17	132	Jamie	Duffield	South Devon AC	SM	37:49
18	313	Richard	Maunder		M45	37:50
19	641	Andrew	Biffen		M40	38:08
20	391	Jeremy	Pike		SM	38:09
21	341	Peter	Monaghan		M60	38:21
22	634	Charlie	Milward	Erme Valley Harriers	SM	38:23
23	402	Doug	Richardson	City of Plymouth AC N/S	SM	38:30
24	146	Craig	Erickson	Plymouth Harriers	SM	38:34
25	286	Jordan	Lister		M40	38:35
26	8	Dave	Allen		SM	38:38
27	218	Lee	Herbert	Plymouth Musketeers	M45	38:53
28	561	George	White	Looe Pioneers RC	SM	38:54
29	12	Simon	Anderson	City Of Plymouth AC	M60	39:21
30	141	Matt	Edge		M45	39:28
31	604	Isaac	Bye		SM	39:35
32	90	Daniel	Clewley		SM	39:37
33	261	David	Kilgore	Storm Plymouth	M45	39:49
34	329	Sean	McTaggart		SM	39:52
35	179	Milan	Goc	SWRR	M45	39:56
36	337	Jack	Miller		SM	40:03
37	485	Andrew	Vernon	Okehampton RC	M55	40:09
38	44	Kristopher	Bennett		SM	40:11
39	625	Peter	Moyse	Tavistock Run Project	M40	40:15
40	419	Don	Rufus	SWRR	M45	40:16
41	448	Freddie	Smith		SM	40:34
42	127	James	Dowler		M40	40:36
43	111	Matthew	Cundell	Plymouth Harriers	SM	40:43
44	268	Lauren	Knox	Storm Plymouth	SF	40:48
45	168	David	Friskin	Plymouth Musketeers	SM	40:49
46	169	Michael	Gallacher	Plymouth Tri Club N/S	M50	40:51
47	454	Neil	Squires		M45	40:55
48	174	Russell	Gibson	Erme Valley Harriers	SM	40:56

49	595	Damian	Dunne	Plymouth Musketeers	M50	40:59
50	69	Stephen	Burns	City Of Plymouth AC	M60	41:00
51	49	James	Blight		M40	41:06
52	310	James	Martyn	Storm Plymouth	M40	41:11
53	247	Tim	Jillians		SM	41:14
54	499	Steve	Weeks	Teignbridge Trotters	M50	41:23
55	369	Thomas	Peters		M40	41:24
56	74	James	Samphier		SM	41:27
57	599	Miles	Earl		M40	41:27
58	615	Iain	McWass	Plymouth Harriers	M40	41:32
59	351	Chris	Hedges	Plymouth Harriers	SM	41:37
60	326	Richard	McKee		SM	41:39
61	570	James	Ham		SM	41:45
62	160	Kevin	Fine	Torbay AAC	SM	41:51
63	361	Thomas	Nicholson		M40	42:06
64	242	Alan	Irvine		M40	42:08
65	16	Jack	Arundel	Storm Plymouth	SM	42:12
66	175	Molly	Gilbey	City Of Plymouth AC	SF	42:14
67	226	Jerry	Hocking	Torbay Tri Club	M50	42:16
68	91	Philip	Clowes		M50	42:19
69	404	Connor	Riley-Lowe		SM	42:34
70	380	Ben	Payne	Plymouth Harriers	SM	42:38
71	37	Daniel	Baugh	Storm Plymouth	SM	42:44
72	619	Matt	Baker		SM	42:45
73	627	Dan	Bailey	Tavistock Run Project	SM	42:46
74	646	Ian	Berry		M40	42:54
75	644	Stephen	Barratt		SM	42:56
76	614	Sam	Travers		SM	42:58
77	461	Paul	Sweeney		M40	43:11
78	239	Riley	Hutchinson		SM	43:12
79	258	Rebecca	Kealy	University of Plymouth AC	SF	43:21
80	187	Tom	Greatrix		SM	43:21
81	302	Toby	Marks		SM	43:24
82	197	James	Gulliver		SM	43:34
83	291	David	Lynch		SM	43:39
84	476	Harvey	Tomlinson		SM	43:45
85	596	Matthew	Grzenda	Plymouth Musketeers	M45	43:48
86	198	Thomas	Gurry	Plymstock RR N/S	SM	44:02
87	178	Sophie	Gilvear	Erme Valley Harriers	SF	44:03
88	348	Adam	Musgrave	Looe Pioneers RC	M45	44:07
89	638	Carl	Bennett	Teignbridge Trotters	M45	44:10
90	180	Dan	Golder	Plymouth Harriers	M45	44:14
91	498	Chloe	Weeks	Teignbridge Trotters	SF	44:14
92	577	Stuart	Witty		M55	44:15
93	314	Bella	May	City Of Plymouth AC	SF	44:16
94	618	Louise	Gentry	Torbay Tri Club	F45	44:20
95	86	Ryan	Christophers		M40	44:22
96	298	Steven	Mahoney		M40	44:23
97	229	Damien	Holloway	Storm Plymouth	M50	44:27
98	186	Brendan	Gray	Plymouth Harriers	M45	44:35
99	59	Adrian	Brown		M40	44:39
100	36	Kevin	Baskott	Tamar Trotters N/S	M60	44:40
101	246	James	Jillians		M45	44:45
102	602	Chris	King		M55	44:51

103	117	Richard	De Salis	Erme Valley Harriers	M40	44:52
104	440	Mark	Sinclair	Plymouth Musketeers	M55	45:03
105	250	Simon	Johnson	Torbay Tri Club N/S	M50	45:05
106	30	Hayley	Barratt		SF	45:12
107	332	Tom	Meatyard		SM	45:15
108	25	Matthew	Ball		M50	45:19
109	388	Colin	Peters	South Devon AC	M55	45:25
110	620	Emily	Warren		F40	45:27
111	645	Jim	Medhurst	Bere Alston Trekkers	M45	45:27
112	100	Michelle	Cooper	Plymouth Harriers	F35	45:38
113	390	Jemma	Phillis	Plymstock RR	F35	45:43
114	216	Pete	Henderson	Torbay AAC	M40	45:45
115	449	Harry	Smith		SM	45:53
116	365	Nicola	Noble	Plymouth Harriers	F35	45:55
117	643	Becky	Hugh	Plymouth Musketeers	F35	45:56
118	116	Steve	Davy		SM	45:57
119	122	Philios	Distras		SM	46:05
120	17	Ben	Ashford-Barnden		M45	46:06
121	616	David	Budd		M45	46:15
122	162	Simon	Flood		M50	46:17
123	45	Henry	Berriman		SM	46:18
124	336	Ben	Miles		SM	46:18
125	339	Tom	Milnes		M40	46:23
126	76	Ian	Carmichael		M40	46:25
127	1	Shaheer	Abbas	Plymouth Harriers	SM	46:25
128	470	Charles	Taylor		M40	46:30
129	149	Georgie	Farr	Storm Plymouth	SF	46:32
130	434	Nick	Shapland	Looe Pioneers RC	M50	46:34
131	482	Geoff	Tyrrell	Looe Pioneers RC	M50	46:35
132	3	James	Addelsee	Storm Plymouth	SM	46:40
133	316	Rebecca	McCallum	Storm Plymouth	F35	46:40
134	387	Joshua	Pernett		SM	46:49
135	381	Jordan	Pearce		SM	46:49
136	199	Tom	Haddy		SM	46:51
137	318	David	McCarthy	Storm Plymouth	SM	46:53
138	467	Alistair	Tawse		M45	46:56
139	50	Matt	Bloomfield		SM	46:58
140	406	Sarah	Robbins	Plymouth Harriers	SF	46:59
141	469	Alice	Taylor		SF	47:00
142	608	Matthew	Jeffery		SM	47:00
143	437	Andrew	Shears		SM	47:03
144	456	Andrew	Stanley		M50	47:04
145	41	Vincent	Bean		SM	47:05
146	288	Cheryl	Littlewood	Storm Plymouth	F35	47:07
147	148	Lauren	Fairbairn	Storm Plymouth	F35	47:08
148	586	Craig	Young		SM	47:27
149	20	David	Austin	Plymouth Musketeers	M40	47:38
150	63	Daniel	Browning	Plymouth Harriers	SM	47:40
151	72	Aidan	Callicott		SM	47:47
152	157	Simon	Fewins	Plymouth Falconers	M50	47:54
153	386	Max	Pennington		SM	47:54
154	201	Simon	Hague	Storm Plymouth	M45	47:55
155	94	Emma	Coles		F50	47:59
156	558	Andrew	Whitby	Instinctive Sports	M60	48:01

157	349	Freya	Musgrave		SF	48:01
158	295	Stephen	Mace	Plymouth Falconers	M60	48:03
159	598	Jude	Tulloch		SM	48:05
160	265	Shaun	Kirk	South Devon AC	M60	48:06
161	294	Cris	Peck		M60	48:06
162	450	Paul	Smith		M55	48:07
163	612	Stuart	Tulloch-Thomas		M40	48:12
164	120	Ben	Deer		M40	48:14
165	62	Jack	Brown		SM	48:17
166	305	Andrew	Marshall	Plymouth Harriers	M60	48:17
167	345	Andrew	Morris		SM	48:30
168	344	Gareth	Morgan-Hughes		M55	48:38
169	562	Imogen	White		SF	48:41
170	32	Dean	Barrett	Tamar Trotters	M60	48:42
171	490	Hannah	Walters	Tavistock Run Project	SF	48:45
172	109	Rachel	Cox		F40	48:47
173	307	Paul	Martin		M45	48:50
174	379	Andrew	Parsons	Storm Plymouth	M50	48:53
175	299	James	Mann	Plymstock RR	M40	49:01
176	304	Sarah	Markwick		F45	49:01
177	375	Brendan	Palmer	Storm Plymouth	M45	49:04
178	61	Catherine	Brown	Storm Plymouth	F50	49:07
179	167	Robert	Foster	South Devon AC	M40	49:07
180	373	Colin	Palmer	Storm Plymouth	M40	49:09
181	466	Peter	Tassart		M55	49:11
182	156	Paul	Fendyke	Storm Plymouth	M45	49:12
183	610	Arthur	Fairclough		SM	49:12
184	358	Jimmy	Newman	Plymouth Musketeers	SM	49:17
185	235	Colin	Hughes	Plymouth Musketeers	M40	49:20
186	400	Steve	Rice		M40	49:27
187	53	Miles	Borne		M50	49:31
188	95	William	Collier		SM	49:34
189	133	Jessica	Duffy		F35	49:36
190	276	Brian	Law	Lonely Goat RC	M55	49:37
191	225	Michael	Hockey	Plymouth Musketeers	M45	49:39
192	33	Lucinda	Barrett		F40	49:40
193	453	Matt	Spooner	Plymouth Harriers	M40	49:43
194	244	Fred	Jenkins	Instinctive Sports	M60	49:45
195	131	John	Drewett		M40	49:53
196	497	Emma	Webber	Tavistock AC	F45	49:54
197	630	Martin	Brittin		SM	49:54
198	103	Julie	Costello		F40	49:55
199	588	Diego	Zamora		M40	49:58
200	648	Will	Trevaskus		SM	49:58
201	484	Charlotte	Van Rhee		SF	50:05
202	85	Kevin	Chiswell	Storm Plymouth	M60	50:06
203	444	Richard	Sloley		M50	50:07
204	274	Callum	Langford	Storm Plymouth	SM	50:08
205	372	Ross	Osborne	Storm Plymouth	M45	50:14
206	47	Jon	Bingham		M50	50:17
207	327	Alan	McKeever		M55	50:20
208	55	Becca	Bracher		SF	50:27
209	165	Rosie	Forbes		F40	50:28
210	394	Nick	Pope	Looe Pioneers RC	M60	50:28

211	241	Amy	Irish		F40	50:29
212	170	Ian	Gardner		M55	50:35
213	613	Debbie	Jones		F55	50:36
214	396	Ivor	Pudner	Looe Pioneers RC	M60	50:36
215	14	Peter	Armstrong	Plymouth Harriers	M40	50:46
216	124	Sean	Doogan	Plymstock RR	M55	50:47
217	204	Lucy	Hall		SF	50:53
218	34	Matthew	Barton		SM	50:55
219	39	Sue	Bayes	Plymouth Falconers	F55	50:58
220	114	Robert	Daniel		SM	50:58
221	35	Louise	Barwell		F40	51:02
222	651	Sacha	Walton		SM	51:09
223	412	Dean	Rodgers		M55	51:09
224	285	Jane	Ling		F45	51:10
225	182	Laura	Goodspeed	Plymouth Harriers	F40	51:12
226	306	Laura	Martin	Storm Plymouth	SF	51:15
227	189	Daniel	Gregory		M45	51:16
228	87	Sam	Christophers		F35	51:22
229	597	Alex	Babb		SF	51:23
230	279	Kimberley	Leighton		F35	51:30
231	354	Thomas	Nelder		SM	51:32
232	383	Helen	Pearse	Erme Valley Harriers	F45	51:34
233	164	Kate	Foley	South Devon AC	F45	51:39
234	416	Darren	Rowe		SM	51:39
235	468	James	Tawse		SM	51:45
236	130	Pete	Downing		SM	51:49
237	653	Karen	Young		F35	51:50
238	569	David	Williams	Plymouth Falconers	M45	51:52
239	308	Rowan	Martin		M45	51:56
240	77	Toby	Carter		SM	51:59
241	271	Emma	Lake		SF	51:59
242	224	Laura	Hoare		F35	52:00
243	455	Dale	Staff	Looe Pioneers RC	M45	52:02
244	411	Joanne	Robinson	Looe Pioneers RC	F45	52:02
245	617	Hannah	Parsons		F40	52:08
246	451	Joe	Spencer		SM	52:11
247	237	Robert	Hughes		M60	52:13
248	245	Emma	Jenks	Plymouth Musketeers	F45	52:15
249	6	Karen	Albiston		F50	52:21
250	311	Daniel	Matthams		SM	52:22
251	275	Emma	Langstaff	Looe Pioneers RC	F45	52:25
252	172	Neil	Geddes		M50	52:26
253	159	Rebecca	Filtness		F45	52:26
254	78	Michelle	Cartlidge	Plymouth Harriers	F40	52:30
255	227	Stacey	Hocking		F35	52:39
256	649	Simon	Toms	Fordy Runs RC	M45	52:40
257	436	Anthony	Shearer	Tavistock AC	M65	52:40
258	462	Simon	Swift		M55	52:41
259	343	Toby	Moore		M45	52:42
260	192	Lauren	Griffiths		SF	52:43
261	430	Nick	Saunders		M40	52:47
262	355	Richard	Nettleship	Tavistock AC	M55	52:50
263	176	Ray	Gilbey		M65	52:52
264	228	Bee	Hodgson	Instinctive Sports N/S	F40	52:53

265	397	Daniel	Puleston		M40	52:55
266	292	Oli	Lynch		M45	53:03
267	472	Mark	Thomas	Storm Plymouth	M50	53:04
268	209	Ben	Harris		M40	53:05
269	583	Jim	Wraight		M40	53:07
270	636	Richard	Powell		SM	53:10
271	13	Jim	Andrews	Plymouth Musketeers	M60	53:16
272	494	Claudia	Watson		SF	53:22
273	401	Simon	Richards		M40	53:22
274	211	Samantha	Harte-Latremouille	Bere Alston Trekkers	F50	53:26
275	325	Joshua	McGrath	Storm Plymouth	SM	53:27
276	642	Laura	Cotter		F35	53:27
277	409	Adam	Robinson		M40	53:28
278	303	Ian	Markwick		M55	53:28
279	277	Kristian	Law		SM	53:32
280	438	David	Short	Plymouth Falconers	M65	53:36
281	79	Paul	Cartwright		SM	53:37
282	566	Derren	Wilkie	Storm Plymouth	M50	53:41
283	382	Sam	Peard		F40	53:43
284	366	Nick	Norton		M60	53:49
285	297	Ewan	Macleod		SM	53:54
286	567	Devon	Wilkins		SF	53:59
287	171	Max	Geddes		SM	53:59
288	104	Lewis	Coughlan		SM	53:59
289	98	Dean	Conbeer		SM	53:59
290	626	Miranda	Hackett		F45	54:02
291	474	Jen	Thompson		F35	54:03
292	493	Kirensa	Ward		SF	54:03
293	640	Shona	Wakeham		F40	54:07
294	398	Tamsin	Quayle		SF	54:14
295	153	Chloe	Fearns		SF	54:20
296	173	Charlotte	Geeves		SF	54:20
297	185	Kelly	Graham		F40	54:24
298	378	Mat	Parry		M40	54:35
299	125	Alexandra	Doughty		F45	54:37
300	590	Jasmine	Growdon		F35	54:37
301	102	Debora	Cornish	Storm Plymouth	F55	54:38
302	290	Mark	Lobb	Storm Plymouth	M55	54:38
303	367	Sophie	Norton		SF	54:44
304	592	Paul	Whitmore	Storm Plymouth	M40	54:54
305	195	Steve	Grills		M60	55:00
306	486	Katy	Vincent		SF	55:12
307	637	Anna	Longley		SF	55:12
308	342	Claire	Moorcraft	Erme Valley Harriers	F45	55:16
309	67	Andrew	Burgess		M50	55:17
310	414	Hannah	Rogers		SF	55:18
311	248	Lauren	Johns	Storm Plymouth	SF	55:20
312	559	Clare	White	Storm Plymouth	F40	55:20
313	215	Abbie	Heeley	Storm Plymouth	F35	55:20
314	163	Thomas	Foley		M45	55:22
315	269	Nicola	Kovacic		F45	55:24
316	459	Samantha	Sutton		F35	55:26
317	21	Ellen	Babb		SF	55:27
318	408	Paul	Roberts		M50	55:28

319	389	Sarah	Phillips	Storm Plymouth	F40	55:28
320	587	Zoe	Young		F40	55:29
321	119	Michael	Deady		M40	55:30
322	581	Martin	Worthington		M55	55:32
323	106	Paul	Courtney		M40	55:34
324	184	Clive	Graham		M65	55:35
325	4	Peter	Addelsee	Storm Plymouth	M60	55:37
326	364	Jacob	Nicoll		SM	55:44
327	606	Rosie	Byers		SF	55:45
328	611	Rob	Byers		M50	55:49
329	483	Roy	Underwood		M65	55:52
330	556	Gemma	Westlake		F45	55:54
331	15	James	Artingstall		SM	55:56
332	564	Mark	Widgery		M45	55:57
333	82	Danielle	Charles		SF	55:57
334	371	Barry	Olver	Tamar Trotters N/S	M65	55:59
335	385	Ben	Pennington		M45	55:59
336	137	Heather	Dunstan		SF	56:06
337	300	Chay	Marks		SM	56:12
338	492	Zoe	Walters		SF	56:16
339	317	Dermot	McCann	Looe Pioneers RC	M60	56:17
340	203	Kim	Hall		F50	56:18
341	129	Hannah	Downing	Erme Valley Harriers	F35	56:19
342	144	Nikki	England		F35	56:25
343	480	Scheherazade	Turki		F50	56:30
344	88	Jacob	Chudley		SM	56:41
345	652	Matt	Williams	Erme Valley Harriers	M50	56:46
346	280	Anita	Ley		F55	56:49
347	206	Kim	Hannaford		SF	56:54
348	575	Ian	Winnall	Storm Plymouth	M40	56:59
349	256	Oliver	Jones		M45	57:06
350	191	Paul	Griffin	Instinctive Sports N/S	M55	57:10
351	573	Shaun	Willis	Storm Plymouth	M45	57:16
352	603	Jen	Carter		F45	57:17
353	579	Stuart	Wood		M40	57:17
354	296	Marisa	Macleod		F45	57:17
355	594	Jake	Wood		SM	57:19
356	56	Linda	Bracher		F55	57:22
357	491	Naomi	Walters		F35	57:25
358	628	Charles	Hackett		M45	57:31
359	463	Suzanne	Sykes		F35	57:32
360	134	Emma	Dunne	Plymouth Musketeers	F45	57:33
361	278	Damien	Le Gal		M45	57:39
362	357	Darryl	Newman	Plymouth Harriers	M50	57:42
363	322	Rebecca	McDonnell		F35	57:42
364	321	Paul	McDonnell		M40	57:46
365	177	Katie	Giles	Torbay Tri Club	F40	57:46
366	57	Steve	Bree		M60	57:51
367	633	Millie	Walton		SF	57:51
368	161	Gemma	Fisher	Storm Plymouth	F40	57:56
369	441	Sarah-Jane	Sinclair	Plymouth Musketeers	F55	58:03
370	565	Charlene	Wildman	Tamar Trotters	F40	58:05
371	46	Toby	Berry		SM	58:07
372	270	Helen	Kula-Przezawski	Tavistock AC	F60	58:08

373	140	James	Dyke		M45	58:08
374	139	Amanda	Dyke		F50	58:08
375	405	Janet	Ritchie	Carn Runners	F60	58:11
376	376	Terry	Parmenter		M60	58:11
377	443	Lynne	Skinner		F40	58:15
378	231	Sharon	Horne		F45	58:16
379	621	Matthew	Akerman		M40	58:18
380	335	Elise	Milden-Willmer	Plymouth Musketeers	SF	58:20
381	346	Claire	Morrissey	Plymouth Musketeers	SF	58:21
382	293	Fiona	Peck		F55	58:23
383	54	Robin	Bowler		M45	58:23
384	384	Hannah	Penman	Storm Plymouth	F40	58:27
385	219	David	Hewet	Torbay Tri Club	M45	58:28
386	433	Paul	Shaddock		SM	58:28
387	128	Kirsty	Down		F35	58:29
388	301	Daniel	Marks		M50	58:30
389	281	Lisa	Light	Plymouth Musketeers	F60	58:43
390	442	Elizabeth	Sinclair		F35	58:53
391	395	Sarah	Prior	Tavistock AC	F50	58:57
392	465	Shaun	Tapper		SM	59:12
393	584	Kirsty	Wraight		F40	59:14
394	283	Lisa	Lillicrap		F35	59:17
395	28	Edward	Barker		M45	59:19
396	605	Dan	Carter		M45	59:27
397	425	Gareth	Salvage		M40	59:35
398	415	Steph	Rogers	Erme Valley Harriers	F35	59:41
399	214	Justin	Hayward		M40	59:43
400	435	Ian	Sharrock	Torbay AAC	M65	59:43
401	473	Carley	Thompson		F35	59:45
402	112	Hannah	Currie	Plymouth Musketeers	SF	59:49
403	71	Gez	Butcher		F45	59:55
404	410	Jasmine	Robinson	Plymouth Musketeers	SF	1:00:49
405	194	Jane	Grills		F55	1:00:55
406	51	Kevin	Board	Plymouth Harriers	M55	1:00:57
407	639	Will	Greyling		M40	1:01:00
408	89	Ben	Ciotti		M45	1:01:04
409	360	James	Nicholson		SM	1:01:10
410	428	Jo	Sardella		F50	1:01:14
411	11	Sally	Anderson		F60	1:01:15
412	393	Lindsey	Pollard	Plymouth Harriers	F35	1:01:18
413	10	Jon	Anderson		M55	1:01:20
414	58	James	Briggs		M55	1:01:20
415	457	Andy	Stoner		SM	1:01:27
416	113	Sophie	Dandy	Plymouth Harriers	SF	1:01:35
417	107	Heather	Coverdale	South Devon AC	F60	1:01:47
418	478	James	Tothill		M50	1:01:51
419	251	Sally	Johnston		F60	1:02:11
420	217	Claire	Herbert	Plymouth Musketeers	F50	1:02:16
421	260	Paul	Kennelly		M55	1:02:18
422	80	Leanne	Case	Plymouth Musketeers	F45	1:02:24
423	429	Claire	Saunders		F40	1:02:26
424	22	Rudi	Baker		SM	1:02:29
425	568	Steven	Wilkinson		M45	1:02:29
426	460	Melanie	Swainsbury	Storm Plymouth	F40	1:02:31

427	320	Sharon	McDonald		F55	1:02:34
428	330	Rebecca	McWass	Plymouth Harriers	F40	1:02:52
429	282	Heather	Lilley		F35	1:02:55
430	572	Thomas	Williams		SM	1:02:55
431	7	Richard	Alford		M50	1:02:57
432	257	Neil	Jordain	South Devon AC	M45	1:02:58
433	488	Mathew	Vosper	Plymouth Musketeers	M50	1:03:00
434	272	Teresa	Lakeman	Tamar Trotters N/S	F60	1:03:03
435	223	Jane	Hirons		F60	1:03:04
436	230	Tracy	Hopkins	Plymouth Harriers	F45	1:03:19
437	563	Joanne	White	Lonely Goat RC	F50	1:03:23
438	29	Paul	Barker		M45	1:03:24
439	105	Keith	Couling	Storm Plymouth	M40	1:03:27
440	560	Duncan	White		M50	1:03:28
441	399	Mark	Rescorl	Tamar Trotters N/S	M40	1:03:29
442	607	Abby	Heath-Sawyers		SF	1:03:32
443	413	Mayra	Rodriguez		SF	1:03:34
444	496	Roger	Webb	South Devon AC	M65	1:03:35
445	64	Katie	Browning	Plymouth Harriers	SF	1:03:41
446	407	Jennifer	Roberts		F40	1:03:47
447	210	Natalie	Harrison	Storm Plymouth	F60	1:03:47
448	83	John	Charlick		M55	1:03:50
449	43	Carol	Beaver	Looe Pioneers RC	F60	1:03:57
450	158	Zoe	Fidock		F40	1:04:05
451	81	Liv	Chapman		SF	1:04:09
452	101	Sarah	Cooper		F40	1:04:10
453	593	Sarah	Watmore		F35	1:04:13
454	207	Stephanie	Hanson		SF	1:04:17
455	363	Lynne	Nicks		F55	1:04:26
456	362	Jeff	Nicks		M55	1:04:26
457	110	Carole	Crane		F55	1:04:28
458	439	Emily	Simmons		F45	1:04:48
459	328	Naoko	McKinnon		F60	1:04:59
460	27	Ben	Barker		SM	1:05:18
461	370	Jennifer	Oatway	Plymouth Harriers	F40	1:05:31
462	353	Robert	Nelder		M55	1:05:35
463	352	Issy	Nelder		SF	1:05:35
464	289	Janine	Lizut		SF	1:05:35
465	60	Beth	Brown		SF	1:05:37
466	432	Matthew	Senior	South Devon AC	M50	1:05:41
467	136	Sharon	Dunridge	Plymouth Musketeers	F50	1:05:43
468	601	Carlo	Arena		M60	1:05:46
469	580	Tyler	Woolley		SF	1:05:51
470	166	Alison	Ford	South Devon AC	F60	1:06:02
471	145	Irene	Envy	Plymouth Musketeers	F60	1:06:05
472	489	Charleine	Wain	Storm Plymouth	F40	1:06:07
473	609	Scott	Wain	Storm Plymouth	M50	1:06:07
474	600	Helen	Brookes		F45	1:06:09
475	73	Rosie	Campbell		SF	1:06:27
476	26	Sharron	Barclay		F60	1:06:33
477	487	Zoe	Vinecombe		SF	1:06:54
478	200	Nicola	Hague	Storm Plymouth	F45	1:06:54
479	312	Alice	Maunder		SF	1:07:05
480	196	Sophie	Grundy		SF	1:07:06

481	190	Julie	Gregory	Looe Pioneers RC	F55	1:07:09
482	424	David	Salvage	Tamar Trotters N/S	M65	1:07:45
483	150	James	Farr	Storm Plymouth	M65	1:07:51
484	418	Laura	Rowley		F40	1:07:58
485	475	Brenda	Thorne	Instinctive Sports N/S	F60	1:08:01
486	315	Nichola	Maybee		F45	1:08:13
487	350	Dominika	Nawalany	Bere Alston Trekkers	F40	1:08:23
488	359	Diana	Nicholson	Tamar Trotters	F60	1:08:29
489	654	Rebecca	Bridgman	Storm Plymouth	F50	1:08:40
490	452	Julie	Spencer	Storm Plymouth	F60	1:08:49
491	220	Samantha	Hewitt		F40	1:09:07
492	333	Vicki	Meldrum-Dunn	Plymouth Musketeers	F45	1:09:10
493	65	Kelly	Brumhead	Plymouth Musketeers	F45	1:09:11
494	262	Bryan	King	Plymouth Musketeers	M65	1:09:31
495	263	Louise	King	Plymouth Musketeers	F60	1:09:31
496	368	Georgia	Oakenfull		SF	1:09:45
497	205	Peter	Hamblin		M60	1:09:46
498	147	Laura	Evans	Tamar Trotters N/S	F50	1:10:04
499	202	Dennis	Hall	SWRR	M65	1:10:08
500	426	Lisa	Samphier		F55	1:10:10
501	574	Jade	Wilson		F35	1:10:20
502	151	Susan	Farr	Storm Plymouth	F60	1:10:20
503	121	Helen	Dinham	Storm Plymouth	F50	1:10:21
504	356	Kate	Newcombe		F35	1:10:27
505	323	Rachael	McEwan-Rice	Looe Pioneers RC	F35	1:11:02
506	238	Marsha	Hughes		F50	1:11:02
507	287	Alison	Littler		SF	1:11:21
508	232	Peter	Horrell		M65	1:11:22
509	92	Sandy	Cluney		F50	1:11:26
510	236	Michael	Hughes	Storm Plymouth	M60	1:12:51
511	96	Clare	Collings	Storm Plymouth	F35	1:12:52
512	183	Simon	Gotham	Storm Plymouth	M40	1:13:11
513	221	Jennifer	Hill	Storm Plymouth	F35	1:13:11
514	240	Hannah	Iley		SF	1:13:22
515	576	Adam	Winzer		M40	1:13:24
516	377	Lisa	Parr	Plymouth Harriers	F50	1:13:32
517	75	Paul	Capstack		M60	1:13:38
518	99	Dave	Connell		M65	1:14:20
519	68	Donna	Burke	Plymouth Musketeers	F60	1:14:54
520	5	Brian	Ainsworth		M55	1:14:54
521	589	Lorraine	Giles	Storm Plymouth	F60	1:15:25
522	331	Lisa	Mead	Storm Plymouth	F50	1:15:26
523	255	Lynn	Jones	Plymouth Musketeers	F60	1:15:26
524	93	Hannah	Davies		F45	1:15:27
525	635	Natalie	Berry		F40	1:15:30
526	422	James	Saint	Storm Plymouth	SM	1:16:10
527	423	Tela	Saint	Storm Plymouth	SF	1:16:10
528	70	Dennis	Burrell	Carn Runners	M65	1:16:44
529	138	Jennifer	Dyer	Plymouth Harriers	F45	1:16:59
530	591	Emily	Lilley		F45	1:17:48
531	38	Maddy	Baxter	Looe Pioneers RC	F40	1:18:27
532	495	Kathryn	Weaver-Gore	Plymouth Musketeers	F60	1:18:44
533	23	Samantha	Baker		F35	1:19:59
534	273	Becki	Lane	Storm Plymouth	F50	1:20:36

535	249	Lynn	Johns	Storm Plymouth	F50	1:20:36
536	233	Rachel	Horrell		SF	1:20:40
537	347	Val	Mountford		F60	1:20:41
538	471	Bryonie	Taylor-Green		F50	1:20:58
539	254	Kris	Jones	Plymouth Musketeers	M40	1:21:21
540	31	Simon	Barrett		M60	1:21:57
541	431	Len	Saxty	Instinctive Sports N/S	M65	1:21:57
542	623	Fiona	Kirk		F45	1:22:16
543	582	Tina	Worthington		F50	1:22:17
544	578	Roma	Wood		F40	1:22:37
545	464	Eva	Tandy	Tamar Trotters N/S	F50	1:23:02
546	266	Shelley	Kirk	Tamar Trotters N/S	F40	1:23:03
547	631	Kelly	Robbins	Storm Plymouth	F45	1:24:49
548	253	Clare	Jones	Storm Plymouth	F35	1:24:51
549	143	Kat	Ellis	Storm Plymouth	F40	1:24:54
550	309	Alexa	Martinez		SF	1:30:15