

2024/25 Winter Fixture List

<u>Date</u>	<u>Fixture</u>	<u>Venue</u>	<u>Type</u>	<u>Age Group</u>
OCTOBER				
Sunday 1				
Saturday 7	National Road Relays	Sutton Park	Road	
Sunday 6	Westward League	Newnham Park	Cross Country	U11 and over
Sunday 13	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Sunday 27	Tavi 7 inc Ross Shield	Tavistock	Road	U16 upwards and Fun Run
NOVEMBER				
Thursday 7	West Devon Schools Cross Country	Plymouth	Cross Country	Jun/Int/Sen
Sunday 9				
Sunday 17	Westward League	Newquay	Cross Country	U11 and over
Sunday 24	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
DECEMBER				
Sunday 1	Westward League (inc. County Champs)	Exeter	Cross Country	U11 and over
	Welsh Athletics Indoor Open & SW Juniors	Cardiff	Indoor	U13 - U17
Sunday 10				
Sunday 15	Cardiff Met Christmas Classic	Cardiff	Indoor	U17 - seniors
	Armada 3K Relays	Plymouth	Road	Min age 11
JANUARY				
Saturday 4	South West Cross Country Champs	RNAS Merryfield	Cross Country	U13 and over
Sunday 5	Welsh Athletics Indoor Open & SW Juniors	Cardiff	Indoor	U13 - U17
Sunday 12	Westward League	Westward Ho!	Cross Country	U11 and over
Saturday 18	Devon Schools Cross Country Champs	Exeter	Cross Country	Representative
Sunday 19	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Sat 25 and Sun 26	Welsh Senior Champs (Open) & SW Senior (TBC)	Cardiff	Indoor	Seniors
FEBRUARY				
Saturday 1	South West Schools XC	Cornwall	Cross Country	Representative
Sat 1/Sun 2	Welsh U20 Champs (TBC)	Cardiff	Indoor	U20 only
Sunday 2				
Sunday 9	Westward League	Plymouth	Cross Country	U11 and over
Saturday 22	National Cross Country Champs	Parliament Hill	Cross Country	U13 up to seniors
Sunday 23	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
MARCH				
Saturday 1	Westward League	Redruth	Cross Country	U11 and over
Saturday 8	Inter Counties (+ Cross Challenge Final)	Nottingham	Cross Country	Representative
Saturday 15	ESAA Cross Country Champs	West Sussex	Cross Country	Representative
Sunday 16	Regional Sportshall	Torbay	Sportshall	U11 to U15
Sunday 23	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15

* Indoor Track and Field meetings (when confirmed) operate on 'next years' age groups i.e. your age at 31 August 2025