

Erme Valley Relays Results - Friday 28th June 2024

Individual Leg Times

| Rank | Leg | Num | Team | Cat | Name | Mins | Secs |
|------|-----|-----|------------------------------|------|--------------------|------|------|
| 1 | A | 111 | Tavistock Athletic Club | M | Ben Neale | 12 | 17 |
| 2 | D | 111 | Tavistock Athletic Club | M | Adam Holland | 12 | 43 |
| 3 | D | 87 | EVH SM A | M | Matt Gilvear | 12 | 48 |
| 4 | A | 87 | EVH SM A | M | Luke Hayes | 12 | 49 |
| 5 | B | 111 | Tavistock Athletic Club | M | Sam Larkham | 13 | 00 |
| 6 | B | 101 | Tavistock Run Project M40 | MV40 | Jim Cole | 13 | 04 |
| 7 | B | 63 | Teignbridge Trotters SM | M | Oli Reynolds | 13 | 05 |
| 8 | A | 89 | EVH M40 | MV40 | Ronnie Haynes | 13 | 08 |
| 9 | B | 87 | EVH SM A | M | Nathan Brown | 13 | 13 |
| 10 | A | 121 | COPAC Under 18 Males | MU18 | Isaac Lamerton | 13 | 17 |
| 11 | A | 63 | Teignbridge Trotters SM | M | Luke Reynolds | 13 | 18 |
| 12 | D | 132 | EVH U18M | MU18 | Luke Hayes | 13 | 19 |
| 13 | A | 78 | Exmouth Harriers SM A | M | James Kelly | 13 | 26 |
| 14 | C | 87 | EVH SM A | M | Graham Reed | 13 | 30 |
| 15 | D | 118 | COPAC Vet Men | MV40 | Kairn Stone | 13 | 35 |
| 16 | D | 85 | Tavy - No Spring Chickens | MV40 | Tom Brogden | 13 | 36 |
| 17 | D | 77 | Plymstock RR TEAM 5 | M | Rich Shelley | 13 | 45 |
| 18 | A | 105 | Tamar Trotters C | M | Luke Attwood | 13 | 50 |
| 19 | D | 89 | EVH M40 | MV40 | Simon Fitze | 13 | 53 |
| 20 | D | 50 | SWRR V40 #1 | MV40 | Nick Bruce-White | 13 | 56 |
| 21 | D | 92 | EVH Mixed | MIX | Charlie Milward | 13 | 57 |
| 22 | B | 50 | SWRR V40 #1 | MV40 | Joel Heatley | 13 | 58 |
| 23 | D | 101 | Tavistock Run Project M40 | MV40 | Alex Peyton Jones | 13 | 59 |
| 24 | D | 63 | Teignbridge Trotters SM | M | Jake Gluyas-Harris | 14 | 06 |
| 25 | D | 78 | Exmouth Harriers SM A | M | Anthony Hatchard | 14 | 08 |
| 26 | A | 98 | Plymouth H Dauntless Dashers | M | James Cartilidge | 14 | 17 |
| 26 | C | 78 | Exmouth Harriers SM A | M | John Terry | 14 | 17 |
| 28 | B | 90 | EVH M50 | MV50 | Ali Bristow | 14 | 20 |
| 29 | D | 98 | Plymouth H Dauntless Dashers | M | Steve Hill | 14 | 21 |
| 30 | A | 73 | Plymstock RR TEAM 1 | M | Graham Bale | 14 | 22 |
| 31 | B | 85 | Tavy - No Spring Chickens | MV40 | Grant Harvey | 14 | 24 |
| 31 | C | 92 | EVH Mixed | MIX | Peter Allen | 14 | 24 |
| 33 | B | 121 | COPAC Under 18 Males | MU18 | Jacob Robinson | 14 | 26 |
| 34 | A | 43 | The Janners | MIX | Gareth Logan | 14 | 27 |
| 35 | A | 136 | Torbay AAC mix | MIX | Alex Snell | 14 | 29 |
| 35 | C | 63 | Teignbridge Trotters SM | M | Tim Pratt | 14 | 29 |
| 35 | D | 121 | COPAC Under 18 Males | MU18 | Daniel Salmon | 14 | 29 |
| 38 | C | 111 | Tavistock Athletic Club | M | Alfie McIntosh | 14 | 30 |
| 39 | A | 117 | COPAC Senior Men | M | David Goodspeed | 14 | 31 |
| 39 | B | 65 | Teignbridge Trotters V50 | MV50 | Phil Reynolds | 14 | 31 |
| 41 | A | 64 | Teignbridge Trotters V40 | MV40 | James Long | 14 | 32 |
| 42 | A | 99 | Plymouth H Relentless Racers | M | Iain McWass | 14 | 33 |
| 43 | D | 81 | Exmouth Harriers S Ladies | F | Alice Kelly | 14 | 35 |
| 44 | A | 50 | SWRR V40 #1 | MV40 | Scott Hunter | 14 | 37 |
| 45 | B | 117 | COPAC Senior Men | M | Steve Jones | 14 | 39 |
| 46 | A | 65 | Teignbridge Trotters V50 | MV50 | Roger Easterbrook | 14 | 41 |
| 46 | D | 122 | COPAC Under 15 males | MU18 | Freddie Blight | 14 | 41 |
| 48 | A | 122 | COPAC Under 15 males | MU18 | Lucas Sweeney | 14 | 43 |
| 49 | A | 85 | Tavy - No Spring Chickens | MV40 | Mark West | 14 | 44 |

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|-----|---|-----|--------------------------------------|------|----------------------|----|----|
| 49 | D | 123 | Torbay AAC Juniors | NS | Leon Snell | 14 | 44 |
| 51 | A | 52 | Looe Pioneers | M | Mark Deacon | 14 | 46 |
| 52 | D | 49 | Tavi OG's | F | Charlotte Walker | 14 | 48 |
| 53 | D | 105 | Tamar Trotters C | M | Daniel Case | 14 | 55 |
| 54 | D | 48 | Honiton RC | MV40 | Ben Stone | 14 | 56 |
| 55 | B | 89 | EVH M40 | MV40 | Chris Prall | 14 | 57 |
| 56 | B | 123 | Torbay AAC Juniors | NS | Marlow Kirby | 14 | 58 |
| 56 | D | 124 | Torbay AAC SM | M | Alex Snell | 14 | 58 |
| 58 | C | 49 | Tavi OG's | F | Jasmine Gray | 15 | 00 |
| 58 | C | 121 | COPAC Under 18 Males | MU18 | Finley Squires | 15 | 00 |
| 60 | A | 71 | Plymvalley Globetrotters | NR | Chris Robinson | 15 | 01 |
| 61 | A | 49 | Tavi OG's | F | Nikki Kelly | 15 | 02 |
| 61 | B | 98 | Plymouth H Dauntless Dashers | M | Chris Agnew | 15 | 02 |
| 63 | D | 43 | The Janners | MIX | Louise Flynn | 15 | 04 |
| 64 | C | 90 | EVH M50 | MV50 | Nick Bristow | 15 | 05 |
| 65 | C | 118 | COPAC Vet Men | MV40 | Simon Anderson | 15 | 06 |
| 65 | D | 99 | Plymouth H Relentless Racers | M | David Morris | 15 | 06 |
| 67 | B | 99 | Plymouth H Relentless Racers | M | Chris Hedges | 15 | 07 |
| 68 | A | 60 | Storm Mix Up | MIX | Lauren Knox | 15 | 08 |
| 68 | B | 122 | COPAC Under 15 males | MU18 | Sebastian Travers | 15 | 08 |
| 70 | C | 89 | EVH M40 | MV40 | Tim Steere | 15 | 09 |
| 71 | A | 75 | Plymstock RR TEAM 3 | MIX | Mark Greaves | 15 | 10 |
| 72 | B | 64 | Teignbridge Trotters V40 | MV40 | Ben Elphick | 15 | 12 |
| 72 | C | 98 | Plymouth H Dauntless Dashers | M | Craig Erickson | 15 | 12 |
| 74 | B | 43 | The Janners | MIX | Craig Follett | 15 | 15 |
| 75 | B | 88 | EVH SM B | M | Scott Smith | 15 | 16 |
| 76 | D | 128 | Muskie Mixed Team | MIX | David Friskin | 15 | 20 |
| 77 | A | 101 | Tavistock Run Project M40 | MV40 | Nathan Folland | 15 | 22 |
| 78 | A | 44 | e Runners - Has Beans and Never Wozz | MV50 | Sean Childs | 15 | 24 |
| 78 | D | 51 | Flamingos | MIX | Paul Soby | 15 | 24 |
| 78 | D | 71 | Plymvalley Globetrotters | NR | Neil Squires | 15 | 24 |
| 81 | D | 64 | Teignbridge Trotters V40 | MV40 | Steve Weeks | 15 | 25 |
| 82 | A | 68 | Teignbridge Trotters Mixed | MIX | Kris Ward | 15 | 26 |
| 83 | A | 118 | COPAC Vet Men | MV40 | Stephen Burns | 15 | 29 |
| 83 | B | 44 | e Runners - Has Beans and Never Wozz | MV50 | Stuart Hall | 15 | 29 |
| 85 | C | 99 | Plymouth H Relentless Racers | M | Ben Payne | 15 | 31 |
| 86 | C | 132 | EVH U18M | MU18 | Ellis Hemsley-Whorne | 15 | 33 |
| 87 | C | 68 | Teignbridge Trotters Mixed | MIX | Chloe Olford | 15 | 34 |
| 87 | C | 80 | Exmouth Harriers Vet Men | MV50 | Julian Nelmes | 15 | 34 |
| 87 | C | 85 | Tavy - No Spring Chickens | MV40 | Ian Trice | 15 | 34 |
| 87 | D | 90 | EVH M50 | MV50 | Dave Rayfield | 15 | 34 |
| 91 | A | 135 | Torbay AAC | NS | Kevin Lofts | 15 | 35 |
| 92 | C | 48 | Honiton RC | MV40 | Jon Bennett | 15 | 36 |
| 93 | A | 92 | EVH Mixed | MIX | Holly Jones | 15 | 37 |
| 93 | D | 68 | Teignbridge Trotters Mixed | MIX | Carl Bennett | 15 | 37 |
| 95 | C | 73 | Plymstock RR TEAM 1 | M | Tom Gurry | 15 | 38 |
| 95 | D | 75 | Plymstock RR TEAM 3 | MIX | Carla Tunnicliffe | 15 | 38 |
| 97 | C | 45 | SDAC Armadillos | M | Antony Waters | 15 | 39 |
| 97 | D | 79 | Exmouth Harriers SM B | M | Matt Harrison | 15 | 39 |
| 99 | C | 101 | Tavistock Run Project M40 | MV40 | Ray Tew | 15 | 41 |
| 100 | D | 72 | Plymvalley runners | NR | Richard Maunder | 15 | 44 |
| 101 | B | 49 | Tavi OG's | F | Sam Lake | 15 | 46 |
| 101 | C | 50 | SWRR V40 #1 | MV40 | Don Rufus | 15 | 46 |
| 101 | C | 64 | Teignbridge Trotters V40 | MV40 | Ewan Walton | 15 | 46 |

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|-----|---|-----|--------------------------------------|------|---------------------|----|----|
| 104 | B | 60 | Storm Mix Up | MIX | Jack Arundel | 15 | 48 |
| 105 | A | 103 | Tamar Trotters A | MV50 | Peter Waumsley | 15 | 49 |
| 106 | A | 132 | EVH U18M | MU18 | Thomas Carter | 15 | 53 |
| 107 | C | 60 | Storm Mix Up | MIX | Charlene Matthews | 15 | 54 |
| 107 | C | 119 | COPAC Mixed Team | MIX | Ryan Travers | 15 | 54 |
| 109 | C | 67 | Teignbridge Trotters Mix | MIX | Martin Randal | 15 | 57 |
| 110 | A | 120 | COPAC Young Ladies | FU18 | Molly Gilbey | 16 | 00 |
| 111 | D | 136 | Torbay AAC mix | MIX | Kevin Lofts | 16 | 01 |
| 112 | A | 88 | EVH SM B | M | Marc Rinagl | 16 | 02 |
| 112 | C | 122 | COPAC Under 15 males | MU18 | Taylan Jones | 16 | 02 |
| 114 | D | 70 | Teignbridge Trotters V45 | FV45 | Liz Nuttall | 16 | 04 |
| 115 | C | 88 | EVH SM B | M | Dan Francis | 16 | 05 |
| 115 | D | 44 | e Runners - Has Beans and Never Wozz | MV50 | Pete Waumsley | 16 | 05 |
| 117 | C | 120 | COPAC Young Ladies | FU18 | Elsie Goodspeed | 16 | 06 |
| 118 | D | 102 | Tavistock Run Project Men | NS | Lewis Mill | 16 | 08 |
| 119 | B | 68 | Teignbridge Trotters Mixed | MIX | Chloe Weeks | 16 | 11 |
| 119 | D | 65 | Teignbridge Trotters V50 | MV50 | Duncan Knight | 16 | 11 |
| 121 | B | 56 | Looe Pioneers | FV35 | Joanne Robinson | 16 | 12 |
| 122 | D | 52 | Looe Pioneers | M | George White | 16 | 13 |
| 123 | B | 79 | Exmouth Harriers SM B | M | Liam Keeler | 16 | 14 |
| 124 | B | 118 | COPAC Vet Men | MV40 | Ian Squires | 16 | 19 |
| 125 | C | 124 | Torbay AAC SM | M | Craig Davies | 16 | 21 |
| 126 | A | 80 | Exmouth Harriers Vet Men | MV50 | Jimmy Joy | 16 | 22 |
| 127 | A | 123 | Torbay AAC Juniors | NS | Scarlet Muscott | 16 | 23 |
| 127 | B | 78 | Exmouth Harriers SM A | M | Craig Butler | 16 | 23 |
| 127 | C | 105 | Tamar Trotters C | M | Damian Grinter | 16 | 23 |
| 130 | A | 119 | COPAC Mixed Team | MIX | Paul Sweeney | 16 | 24 |
| 131 | C | 65 | Teignbridge Trotters V50 | MV50 | Jason Trevenen | 16 | 26 |
| 132 | A | 83 | Exmouth Harriers Vet45 | FV45 | Hannah Bown | 16 | 27 |
| 132 | D | 88 | EVH SM B | M | Matthew Luck | 16 | 27 |
| 134 | B | 48 | Honiton RC | MV40 | Jake Heath | 16 | 28 |
| 134 | D | 103 | Tamar Trotters A | MV50 | Paul Gregg | 16 | 28 |
| 136 | A | 110 | Plymouth H Valiant Voyagers | MV50 | Chris Puertas | 16 | 30 |
| 137 | C | 71 | Plymvalley Globetrotters | NR | Richard McKee | 16 | 31 |
| 138 | A | 72 | Plymvalley runners | NR | Darren Cummings | 16 | 33 |
| 139 | B | 124 | Torbay AAC SM | M | Kevin Fine | 16 | 34 |
| 140 | B | 47 | SDAC Tortoises | MV50 | Colin Peters | 16 | 39 |
| 140 | D | 60 | Storm Mix Up | MIX | David Kilgore | 16 | 39 |
| 142 | A | 81 | Exmouth Harriers S Ladies | F | Dana Kälin | 16 | 44 |
| 142 | B | 120 | COPAC Young Ladies | FU18 | Jennifer Merrifield | 16 | 44 |
| 144 | C | 81 | Exmouth Harriers S Ladies | F | Jenny Reay | 16 | 45 |
| 145 | A | 91 | EVH Misc | M | Richard De Salis | 16 | 46 |
| 145 | B | 73 | Plymstock RR TEAM 1 | M | John Carter | 16 | 46 |
| 145 | C | 103 | Tamar Trotters A | MV50 | Shaun Rendle | 16 | 46 |
| 148 | C | 52 | Looe Pioneers | M | Adam Musgrave | 16 | 48 |
| 149 | A | 90 | EVH M50 | MV50 | Jeremy Westmore | 16 | 57 |
| 150 | D | 135 | Torbay AAC | NS | Mark Atkinson | 16 | 58 |
| 151 | C | 43 | The Janners | MIX | Jasmine Bannister | 16 | 59 |
| 152 | B | 71 | Plymvalley Globetrotters | NR | Claire Hobson | 17 | 00 |
| 153 | A | 124 | Torbay AAC SM | M | Anthony Raine | 17 | 04 |
| 153 | C | 72 | Plymvalley runners | NR | Phil Clowes | 17 | 04 |
| 153 | C | 82 | Exmouth Harriers Vet35 | FV35 | Hannah Bown | 17 | 04 |
| 156 | D | 120 | COPAC Young Ladies | FU18 | Isabella May | 17 | 06 |
| 157 | A | 130 | Plymouth Harriers Cheetahs | F | Sarah Robbins | 17 | 08 |

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|-----|---|-----|--------------------------------------|------|-----------------------|----|----|
| 158 | C | 100 | Plymouth H Fearless Flyers | M | Jordan Neal | 17 | 12 |
| 159 | C | 110 | Plymouth H Valiant Voyagers | MV50 | Richard Bowen | 17 | 15 |
| 159 | D | 100 | Plymouth H Fearless Flyers | M | Lee Burchnall | 17 | 15 |
| 161 | B | 103 | Tamar Trotters A | MV50 | Steve Bullen | 17 | 16 |
| 162 | A | 47 | SDAC Tortoises | MV50 | Marc Walpot | 17 | 17 |
| 163 | A | 48 | Honiton RC | MV40 | Peter Nicholls | 17 | 19 |
| 163 | D | 73 | Plymstock RR TEAM 1 | M | John Wisely | 17 | 19 |
| 165 | A | 69 | Teignbridge Trotters V35 | FV35 | Claire McKenna | 17 | 20 |
| 165 | A | 70 | Teignbridge Trotters V45 | FV45 | Tracy Elphick | 17 | 20 |
| 167 | A | 79 | Exmouth Harriers SM B | M | Andrew Place | 17 | 21 |
| 167 | B | 105 | Tamar Trotters C | M | James Gill | 17 | 21 |
| 169 | A | 100 | Plymouth H Fearless Flyers | M | Steve Jones | 17 | 23 |
| 170 | A | 53 | Looe Pioneers | MV50 | Mark Grassam | 17 | 26 |
| 171 | A | 129 | Plymouth Harriers Lions | FV35 | Michelle Cooper | 17 | 30 |
| 171 | B | 80 | Exmouth Harriers Vet Men | MV50 | Steve Morgan | 17 | 30 |
| 173 | A | 102 | Tavistock Run Project Men | NS | Mark Baker | 17 | 31 |
| 174 | D | 47 | SDAC Tortoises | MV50 | Shaun Kirk | 17 | 32 |
| 174 | D | 76 | Plymstock RR TEAM 4 | NS | Mark Woolcock | 17 | 32 |
| 176 | B | 104 | Tamar Trotters B | F | Daria Khomych | 17 | 33 |
| 177 | C | 117 | COPAC Senior Men | M | Liam Hallows | 17 | 35 |
| 178 | C | 94 | EVH W45 | FV45 | Jenny Hayes | 17 | 37 |
| 179 | C | 86 | Storm Force Four | MIX | Joseph Murphy | 17 | 38 |
| 180 | D | 80 | Exmouth Harriers Vet Men | MV50 | Hugh Marsden | 17 | 39 |
| 181 | B | 110 | Plymouth H Valiant Voyagers | MV50 | Steve Carter | 17 | 43 |
| 182 | C | 44 | e Runners - Has Beans and Never Wozz | MV50 | Mark Bird | 17 | 44 |
| 182 | B | 82 | Exmouth Harriers Vet35 | FV35 | Gioia Viney | 17 | 44 |
| 184 | C | 66 | Teignbridge Trotters V60 | MV60 | Neil Rutley | 17 | 46 |
| 185 | A | 45 | SDAC Armadillos | M | Rob Foster | 17 | 47 |
| 185 | A | 108 | S 2 I Fun Runners | NS | Andy Whitby | 17 | 47 |
| 185 | B | 94 | EVH W45 | FV45 | Emma Lake | 17 | 47 |
| 188 | B | 102 | Tavistock Run Project Men | NS | Holly Cole | 17 | 48 |
| 188 | D | 117 | COPAC Senior Men | M | Guy Webber | 17 | 48 |
| 190 | C | 83 | Exmouth Harriers Vet45 | FV45 | Kelly Thomas | 17 | 49 |
| 190 | C | 104 | Tamar Trotters B | F | Harriet Housam | 17 | 49 |
| 192 | B | 96 | Maverick 1 | MIX | Hayden Cox | 17 | 50 |
| 192 | C | 102 | Tavistock Run Project Men | NS | Henry Ware | 17 | 50 |
| 192 | C | 123 | Torbay AAC Juniors | NS | Luke Richards | 17 | 50 |
| 192 | D | 133 | Torbay AAC SF | F | Rebecca Niles | 17 | 50 |
| 196 | B | 91 | EVH Misc | M | Craig McAlpine | 17 | 52 |
| 196 | D | 69 | Teignbridge Trotters V35 | FV35 | Freya Morrissey | 17 | 52 |
| 196 | D | 126 | Muskie V40 | MV40 | Mark Sinclair | 17 | 52 |
| 199 | B | 92 | EVH Mixed | MIX | Sophie Gilvear | 17 | 53 |
| 200 | B | 72 | Plymvalley runners | NR | James Dudley | 17 | 54 |
| 201 | B | 77 | Plymstock RR TEAM 5 | M | Murphy Dobson | 17 | 55 |
| 201 | B | 113 | Muskie Ladies 2 | F | Cheryl Littlewood | 17 | 55 |
| 203 | B | 69 | Teignbridge Trotters V35 | FV35 | Debbie Elphick | 17 | 57 |
| 203 | D | 67 | Teignbridge Trotters Mix | MIX | Gavin Parrot | 17 | 57 |
| 203 | D | 130 | Plymouth Harriers Cheetahs | F | Yolanda Garcia-Davies | 17 | 57 |
| 206 | C | 75 | Plymstock RR TEAM 3 | MIX | Sean Doogan | 18 | 01 |
| 207 | D | 53 | Looe Pioneers | MV50 | Darren Vilton-Tebbutt | 18 | 03 |
| 208 | B | 129 | Plymouth Harriers Lions | FV35 | Rebecca Gillham | 18 | 04 |
| 209 | B | 126 | Muskie V40 | MV40 | Gareth Howcroft | 18 | 05 |
| 210 | D | 129 | Plymouth Harriers Lions | FV35 | Nicola Noble | 18 | 08 |
| 211 | D | 112 | Muskie ladies 1 | F | Erynn Palmer | 18 | 09 |

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|-----|---|-----|-----------------------------------|------|-------------------|----|----|
| 212 | C | 91 | EVH Misc | M | Alan Gatling | 18 | 10 |
| 213 | A | 126 | Muskie V40 | MV40 | Michael Hockey | 18 | 12 |
| 214 | B | 119 | COPAC Mixed Team | MIX | Ayla Orgacki | 18 | 13 |
| 215 | A | 96 | Maverick 1 | MIX | Graham Cox | 18 | 14 |
| 215 | B | 132 | EVH U18M | MU18 | Ruben Steed | 18 | 14 |
| 215 | D | 61 | Tavistock Ladies of a certain age | FV45 | Soozie Trice | 18 | 14 |
| 218 | D | 62 | ECH Old Birds | FV55 | Revis Crowle | 18 | 18 |
| 219 | B | 66 | Teignbridge Trotters V60 | MV60 | Derek Skinner | 18 | 19 |
| 219 | C | 62 | ECH Old Birds | FV55 | Jenny Nash | 18 | 19 |
| 221 | C | 47 | SDAC Tortoises | MV50 | Jeremy Goddard | 18 | 20 |
| 222 | A | 66 | Teignbridge Trotters V60 | MV60 | Alan Boone | 18 | 21 |
| 223 | B | 100 | Plymouth H Fearless Flyers | M | Matt Spooner | 18 | 22 |
| 224 | A | 51 | Flamingos | MIX | Tim Drew | 18 | 24 |
| 224 | C | 56 | Looe Pioneers | FV35 | Emma Clark | 18 | 24 |
| 226 | C | 77 | Plymstock RR TEAM 5 | M | Steve Rose | 18 | 27 |
| 227 | B | 81 | Exmouth Harriers S Ladies | F | Emma White | 18 | 28 |
| 227 | D | 108 | S 2 I Fun Runners | NS | Rich Sioley | 18 | 28 |
| 229 | B | 52 | Looe Pioneers | M | Steven Skinner | 18 | 34 |
| 229 | B | 130 | Plymouth Harriers Cheetahs | F | Dani Page | 18 | 34 |
| 231 | B | 70 | Teignbridge Trotters V45 | FV45 | Kathryn Steemson | 18 | 35 |
| 232 | D | 66 | Teignbridge Trotters V60 | MV60 | Tim Synge | 18 | 38 |
| 233 | A | 74 | Plymstock RR TEAM 2 | MIX | Jack Diggle | 18 | 44 |
| 234 | A | 93 | EVH SW | F | Harriet Rogers | 18 | 46 |
| 234 | B | 128 | Muskie Mixed Team | MIX | Tracey Cullerton | 18 | 46 |
| 236 | B | 53 | Looe Pioneers | MV50 | Geoff Tyrell | 18 | 47 |
| 237 | B | 133 | Torbay AAC SF | F | Marta Acosta | 18 | 48 |
| 238 | A | 76 | Plymstock RR TEAM 4 | NS | Ruth Ellis | 18 | 50 |
| 239 | A | 86 | Storm Force Four | MIX | Mick Hughes | 18 | 51 |
| 240 | A | 125 | Muskie V60 | NS | Bill Christie | 18 | 52 |
| 241 | C | 127 | Muskie V50 | MV50 | Dean Trice | 18 | 56 |
| 242 | B | 114 | Muskie Ladies 3 | FV45 | Sarah Robinson | 18 | 58 |
| 242 | C | 125 | Muskie V60 | NS | Jim Andrews | 18 | 58 |
| 244 | D | 83 | Exmouth Harriers Vet45 | FV45 | Paula Hawkins | 19 | 00 |
| 244 | D | 127 | Muskie V50 | MV50 | Barrie Christian | 19 | 00 |
| 246 | C | 53 | Looe Pioneers | MV50 | John Featherstone | 19 | 04 |
| 247 | D | 86 | Storm Force Four | MIX | Georgie Farr | 19 | 05 |
| 248 | A | 62 | ECH Old Birds | FV55 | Sharon Daw | 19 | 06 |
| 249 | C | 93 | EVH SW | F | Becky Lee | 19 | 07 |
| 250 | C | 109 | Plymouth H Limitless Legends | M | Ben Field | 19 | 09 |
| 251 | A | 114 | Muskie Ladies 3 | FV45 | Leila Matthews | 19 | 10 |
| 251 | D | 106 | Tamar Trotters D | MIX | Colin Bunting | 19 | 10 |
| 253 | C | 54 | Looe Pioneers | MV50 | Ivor Pudner | 19 | 12 |
| 254 | A | 97 | Maverick 2 | MIX | Warren Johnson | 19 | 19 |
| 255 | B | 45 | SDAC Armadillos | M | Ben Hooppell | 19 | 21 |
| 255 | C | 55 | Looe Pioneers | F | Freya Musgrave | 19 | 21 |
| 257 | A | 77 | Plymstock RR TEAM 5 | M | James Mann | 19 | 24 |
| 257 | C | 131 | Plymouth Harriers Tabby's | F | Roisin Stark | 19 | 24 |
| 259 | D | 74 | Plymstock RR TEAM 2 | MIX | James Mann | 19 | 27 |
| 260 | C | 61 | Tavistock Ladies of a certain age | FV45 | Sarah Holland | 19 | 30 |
| 260 | D | 119 | COPAC Mixed Team | MIX | Hayley Marriot | 19 | 30 |
| 262 | C | 79 | Exmouth Harriers SM B | M | Scott Jordan | 19 | 31 |
| 263 | D | 45 | SDAC Armadillos | M | James Nash | 19 | 37 |
| 263 | D | 82 | Exmouth Harriers Vet35 | FV35 | Claire Sorensen | 19 | 37 |
| 265 | B | 83 | Exmouth Harriers Vet45 | FV45 | Carrie Webb | 19 | 39 |

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|-----|---|-----|-----------------------------------|------|---------------------|----|----|
| 266 | D | 91 | EVH Misc | M | Dave Gilvear | 19 | 44 |
| 267 | A | 56 | Looe Pioneers | FV35 | Alison Catnach | 19 | 46 |
| 268 | D | 104 | Tamar Trotters B | F | Alison Caldwell | 19 | 48 |
| 269 | D | 56 | Looe Pioneers | FV35 | Nikki Williams | 19 | 53 |
| 270 | B | 93 | EVH SW | F | Eryn Hoey | 19 | 55 |
| 270 | D | 96 | Maverick 1 | MIX | Hania Lee | 19 | 55 |
| 270 | D | 125 | Muskie V60 | NS | Bill Christie | 19 | 55 |
| 273 | A | 94 | EVH W45 | FV45 | Lynne Whitfield | 19 | 56 |
| 274 | C | 129 | Plymouth Harriers Lions | FV35 | Laura Goodspeed | 19 | 57 |
| 275 | B | 54 | Looe Pioneers | MV50 | Martin Gregory | 19 | 59 |
| 275 | C | 51 | Flamingos | MIX | Laura Hilton | 19 | 59 |
| 275 | C | 69 | Teignbridge Trotters V35 | FV35 | Jo Randall | 19 | 59 |
| 278 | A | 113 | Muskie Ladies 2 | F | Emma Jenks | 20 | 05 |
| 278 | D | 93 | EVH SW | F | Ming Min Teh | 20 | 05 |
| 280 | B | 46 | SDAC Sloths | NS | Kate Foley | 20 | 08 |
| 281 | D | 131 | Plymouth Harriers Tabby's | F | Dani Page | 20 | 11 |
| 282 | A | 54 | Looe Pioneers | MV50 | Darren Hardwick | 20 | 12 |
| 283 | A | 131 | Plymouth Harriers Tabby's | F | Karen Blackmore | 20 | 14 |
| 284 | A | 104 | Tamar Trotters B | F | Julie Gillbard | 20 | 16 |
| 284 | B | 86 | Storm Force Four | MIX | Catherine Brown | 20 | 16 |
| 284 | D | 115 | Muskie Ladies 4 | FV45 | Jenny Kumah | 20 | 16 |
| 287 | A | 55 | Looe Pioneers | F | Kirsty Webb | 20 | 20 |
| 287 | C | 135 | Torbay AAC | NS | Shaun Andrew | 20 | 20 |
| 289 | D | 113 | Muskie Ladies 2 | F | Reagan Leather | 20 | 21 |
| 290 | C | 107 | I 2 S Fun Runners | MIX | Fred Jenkins | 20 | 22 |
| 291 | D | 97 | Maverick 2 | MIX | Rob Kirk | 20 | 23 |
| 292 | B | 51 | Flamingos | MIX | Helen Soby | 20 | 25 |
| 293 | B | 106 | Tamar Trotters D | MIX | Adam Speare | 20 | 27 |
| 294 | C | 130 | Plymouth Harriers Cheetahs | F | Michelle Cartlidge | 20 | 30 |
| 294 | C | 133 | Torbay AAC SF | F | Nadine Lee | 20 | 30 |
| 296 | B | 57 | Looe Pioneers | FV55 | Linda Cuff | 20 | 35 |
| 297 | C | 128 | Muskie Mixed Team | MIX | Travis Trice | 20 | 36 |
| 298 | C | 108 | S 2 I Fun Runners | NS | Paul Griffin | 20 | 37 |
| 299 | D | 109 | Plymouth H Limitless Legends | M | Peter Armstrong | 20 | 40 |
| 300 | A | 67 | Teignbridge Trotters Mix | MIX | Laura Law | 20 | 42 |
| 301 | A | 58 | Looe Pioneers | NS | Dermot McCann | 20 | 43 |
| 301 | A | 133 | Torbay AAC SF | F | Cassandra Pressling | 20 | 43 |
| 303 | B | 62 | ECH Old Birds | FV55 | Tess Mason | 20 | 44 |
| 304 | A | 82 | Exmouth Harriers Vet35 | FV35 | Lisa Boyd | 20 | 50 |
| 305 | D | 54 | Looe Pioneers | MV50 | Dean Llewellyn | 20 | 55 |
| 306 | A | 84 | Exmouth Harriers V55 | FV55 | Sarah Baldwin | 20 | 58 |
| 307 | D | 114 | Muskie Ladies 3 | FV45 | Emma Dunne | 21 | 00 |
| 308 | C | 114 | Muskie Ladies 3 | FV45 | Emma Alee | 21 | 01 |
| 309 | A | 134 | Torbay AAC F45 | FV45 | Deb Webber | 21 | 08 |
| 310 | A | 127 | Muskie V50 | MV50 | Stuart Riley | 21 | 10 |
| 311 | C | 136 | Torbay AAC mix | MIX | Cassandra Pressling | 21 | 11 |
| 312 | A | 115 | Muskie Ladies 4 | FV45 | Sarah-Jane Sinclair | 21 | 12 |
| 312 | C | 70 | Teignbridge Trotters V45 | FV45 | Kim Knight | 21 | 12 |
| 314 | D | 58 | Looe Pioneers | NS | Darren Hardwick | 21 | 14 |
| 315 | B | 134 | Torbay AAC F45 | FV45 | Sara Crozier | 21 | 17 |
| 316 | B | 59 | Looe Pioneers | FV35 | Sandra Northcott | 21 | 19 |
| 316 | B | 112 | Muskie ladies 1 | F | Ellie-May Dunne | 21 | 19 |
| 318 | B | 61 | Tavistock Ladies of a certain age | FV45 | Kate Rogers | 21 | 24 |
| 319 | A | 107 | I 2 S Fun Runners | MIX | Dave Matthams | 21 | 32 |

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|-----|---|-----|-----------------------------------|------|-----------------------|----|----|
| 319 | B | 75 | Plymstock RR TEAM 3 | MIX | Katie Chambers | 21 | 32 |
| 321 | A | 95 | Teignbridge Trotters F45 | FV45 | Ruth Johnson | 21 | 39 |
| 322 | B | 76 | Plymstock RR TEAM 4 | NS | Becky Bale | 21 | 41 |
| 323 | D | 134 | Torbay AAC F45 | FV45 | Anita Merritt | 21 | 48 |
| 324 | D | 116 | Muskie Ladies 5 | FV55 | Lisa Light | 21 | 50 |
| 325 | A | 106 | Tamar Trotters D | MIX | Amanda Warnett | 21 | 52 |
| 326 | C | 76 | Plymstock RR TEAM 4 | NS | Debbie Carter | 21 | 56 |
| 327 | A | 46 | SDAC Sloths | NS | Matthew Senior | 21 | 58 |
| 327 | B | 84 | Exmouth Harriers V55 | FV55 | Linda Hoe | 21 | 58 |
| 329 | C | 106 | Tamar Trotters D | MIX | Maggie Bunting | 22 | 01 |
| 330 | D | 84 | Exmouth Harriers V55 | FV55 | Dawn Teed | 22 | 04 |
| 331 | D | 95 | Teignbridge Trotters F45 | FV45 | Lucy Evans | 22 | 06 |
| 332 | A | 57 | Looe Pioneers | FV55 | Louisa Chisholm | 22 | 07 |
| 332 | B | 95 | Teignbridge Trotters F45 | FV45 | Caroline Clark | 22 | 07 |
| 332 | D | 94 | EVH W45 | FV45 | Carol Hansen | 22 | 07 |
| 335 | C | 74 | Plymstock RR TEAM 2 | MIX | Sarah Cross | 22 | 10 |
| 336 | C | 84 | Exmouth Harriers V55 | FV55 | Alison White | 22 | 14 |
| 337 | C | 95 | Teignbridge Trotters F45 | FV45 | Kim Nichols | 22 | 19 |
| 337 | C | 134 | Torbay AAC F45 | FV45 | Kirsten Mundy | 22 | 19 |
| 339 | B | 136 | Torbay AAC mix | MIX | Emma Stevenson | 22 | 20 |
| 340 | C | 112 | Muskie ladies 1 | F | Hannah Currie | 22 | 24 |
| 341 | C | 126 | Muskie V40 | MV40 | Chris Whipp | 22 | 27 |
| 342 | B | 74 | Plymstock RR TEAM 2 | MIX | Dawn Turner | 22 | 31 |
| 343 | B | 55 | Looe Pioneers | F | Jolie Featherstone | 22 | 42 |
| 344 | B | 97 | Maverick 2 | MIX | Lisa Johnson-Flemming | 22 | 48 |
| 345 | D | 110 | Plymouth H Valiant Voyagers | MV50 | Darryl Newman | 22 | 52 |
| 346 | B | 131 | Plymouth Harriers Tabby's | F | Shona Cornish | 22 | 54 |
| 347 | D | 55 | Looe Pioneers | F | Louisa Chisholm | 23 | 02 |
| 348 | B | 67 | Teignbridge Trotters Mix | MIX | Cheryl Brenda | 23 | 05 |
| 349 | B | 108 | S 2 I Fun Runners | NS | Suzanne Jones | 23 | 06 |
| 350 | A | 112 | Muskie ladies 1 | F | Jasmine Robinson | 23 | 08 |
| 351 | B | 127 | Muskie V50 | MV50 | John Ritchie | 23 | 14 |
| 352 | A | 109 | Plymouth H Limitless Legends | M | Geoffrey Honey | 23 | 17 |
| 353 | A | 61 | Tavistock Ladies of a certain age | FV45 | Hazel Walker | 23 | 28 |
| 354 | C | 58 | Looe Pioneers | NS | Sennen Vilton-Tebbutt | 23 | 36 |
| 355 | C | 59 | Looe Pioneers | FV35 | Helen Laws | 23 | 43 |
| 356 | B | 115 | Muskie Ladies 4 | FV45 | Dona Turner | 23 | 58 |
| 357 | D | 107 | I 2 S Fun Runners | MIX | Brenda Thorne | 23 | 59 |
| 358 | B | 107 | I 2 S Fun Runners | MIX | Jade Wilson | 24 | 04 |
| 359 | A | 128 | Muskie Mixed Team | MIX | Miranda Ritchie | 24 | 05 |
| 360 | A | 116 | Muskie Ladies 5 | FV55 | Louise King | 24 | 25 |
| 361 | C | 115 | Muskie Ladies 4 | FV45 | Jacquelyn Faulkner | 24 | 39 |
| 362 | B | 125 | Muskie V60 | NS | Bryan King | 24 | 42 |
| 363 | C | 113 | Muskie Ladies 2 | F | Chloe Hoatson | 24 | 44 |
| 364 | B | 135 | Torbay AAC | NS | Anna Andrew | 24 | 53 |
| 365 | C | 116 | Muskie Ladies 5 | FV55 | Irene Envy | 25 | 04 |
| 366 | D | 57 | Looe Pioneers | FV55 | Debbie Pudner | 25 | 06 |
| 367 | B | 58 | Looe Pioneers | NS | Otto Vilton-Tebbutt | 25 | 10 |
| 368 | D | 46 | SDAC Sloths | NS | Rachel Irish | 26 | 01 |
| 369 | C | 97 | Maverick 2 | MIX | Fiona Allen | 27 | 17 |
| 370 | B | 116 | Muskie Ladies 5 | FV55 | Lynn Jones | 27 | 23 |
| 371 | C | 57 | Looe Pioneers | FV55 | Julie Gregory | 27 | 43 |
| 372 | B | 109 | Plymouth H Limitless Legends | M | David Connell | 28 | 25 |
| 373 | A | 59 | Looe Pioneers | FV35 | Jay Wagstaff | 28 | 30 |

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|-----|---|----|---------------|------|-------------|----|----|
| 374 | C | 46 | SDAC Sloths | NS | Liane Irish | 28 | 47 |
| 375 | C | 96 | Maverick 1 | MIX | Lilia Cox | 29 | 02 |
| 376 | D | 59 | Looe Pioneers | FV35 | Sara Treeby | 31 | 05 |