

## 2023/24 Winter Fixture List

<u>Date</u>	<u>Fixture</u>	<u>Venue</u>	<u>Type</u>	<u>Age Group</u>
<b>OCTOBER</b>				
Sunday 1	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Saturday 7	National Road Relays	Sutton Park	Road	
Sunday 8	Westward League	Newnham Park	Cross Country	U11 and over
Sunday 29	Tavi 7	Tavistock	Road	U16 upwards and Fun Run
<b>NOVEMBER</b>				
Thursday 9	West Devon Schools Cross Country	Plymouth	Cross Country	Jun/Int/Sen
Sunday 6	Welsh Athletics Indoor Combined Events	Cardiff	Indoor	TBC
Sunday 19	Westward League	Newquay	Cross Country	U11 and over
<b>DECEMBER</b>				
Sunday 3	Westward League (inc. County Champs) Welsh Athletics Indoor Open & SW Juniors	Exeter Cardiff	Cross Country Indoor	U11 and over U13 - U17
Sunday 10	Devon Sportshall League (inc. County Champs)	Plymouth Life Centre	Sportshall	U10 to U15
Sunday 17	Cardiff Met Christmas Classic Armada 3K Relays	Cardiff Plymouth	Indoor Road	U17 - seniors Min age 11
<b>JANUARY</b>				
Sunday 7	South West Cross Country Champs Welsh Athletics Indoor Open & SW Juniors	RNAS Merryfield Cardiff	Cross Country Indoor	U13 and over U13 - U17
Sunday 14	Westward League	Westward Ho!	Cross Country	U11 and over
Saturday 20	Devon Schools Cross Country Champs	Exeter	Cross Country	Representative
Sunday 21	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Sat 27 and Sun 28	Welsh Senior Champs (Open) & SW Senior	Cardiff	Indoor	Seniors
<b>FEBRUARY</b>				
Saturday 3	South West Schools XC	RNAS Merryfield	Cross Country	Representative
Sat 3/Sun 4	Welsh U20 Champs	Cardiff	Indoor	U20 only
Sunday 4	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Sunday 11	Westward League	Plymouth	Cross Country	U11 and over
Saturday 24	National Cross Country Champs	Shropshire	Cross Country	U13 up to seniors
<b>MARCH</b>				
Sunday 3	Westward League	Redruth	Cross Country	U11 and over
Saturday 9	Inter Counties (+ Cross Challenge Final) Regional Sportshall	Nottingham Torbay	Cross Country Sportshall	Representative U11 to U15
Saturday 16	ESAA Cross Country Champs	Pontefract	Cross Country	Representative
Sunday 24	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15

\* Indoor Track and Field meetings ( when confirmed) operate on 'next years' age groups i.e. your age at 31 August 2024