

Charles Stanley Westward League - Westward Ho!

Sunday 14th January

U15 Girls (19 Finishers)

Isabella Trowell	11th	16.01	8th Team
------------------	------	-------	----------

Senior Women (78 Finishers)

Emma Lake	25th (2nd V45)	22.07	12th Team
Kate Medlicott	50th (3rd V55)	24.56	3rd Vet Team
Becky Lee	59th (5th V40)	25.53	
Liz Bristow	72nd (8th V50)	27.59	

Senior Men (91 Finishers)

Matthew Gilvear	2nd	25.06	3rd Team
Charlie Milward	16th	27.43	3rd Vet Team
Peter Allen	30th	29.08	
Chris Prall	31st (5th V40)	29.20	
Allister Bristow	32nd (1st V50)	29.24	
Tom Davies	65th (9th V40)	33.29	
Jeremy Westmore	70th (7th V50)	33.52	
Barry Neal	71st (11th V40)	33.57	
Ewan Lake	81st (12th V50)	36.01	
David Gilvear	84th (6th V60)	39.02	
Nick Bristow	90th (15th V50)	42.12	