

# Competition Results

**Competition:**

South West Regional Final Under 13 Girls

**Venue:**

Torbay Leisure Centre

**Date**

11 Mar 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Gloucestershire	Blue	647	70	70	70	65	52	41	45	42	58	38	52	44
2	Avon	Red	604	40	60	55	65	44	43	54	46	39	48	56	54
3	Dorset	Green	572	60	40	55	40	62	48	37	58	44	50	40	38
4	Devon	Orange	543	50	50	40	50	40	52	48	38	43	48	36	48

# Team Results

# Avon (red)

## Competition:

South West Regional Final Under 13 Girls

## Venue:

Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Gloucestershire	Blue	647	70	70	70	65	52	41	45	42	58	38	52	44
2	Avon	Red	604	40	60	55	65	44	43	54	46	39	48	56	54
3	Dorset	Green	572	60	40	55	40	62	48	37	58	44	50	40	38
4	Devon	Orange	543	50	50	40	50	40	52	48	38	43	48	36	48

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
101	Martha Herringshaw	2LR	21.8	21.8			21.8	1	30
101	Martha Herringshaw	STJ	6.29	6.61	6.58	0.00	6.61	1	30
102	Eliza Price	2LR	23.6	0.0			23.6	9	14
102	Eliza Price	SLJ	2.01	1.99	2.01	0.00	2.01	7	18
103	Laura Smith	4LR	0.0	50.2			50.2	7=	17
104	Gabriella Muguti	4LR	0.0	48.8			48.8	3	26
104	Gabriella Muguti	SLJ	2.16	2.08	2.17	0.00	2.17	1	30
105	Amira Chowdhury-Barratt	6LR	1:19.6				1:19.6	3	26
106	Amelia Clark	6LR	1:18.6				1:18.6	2	28
106	Amelia Clark	SB	67				67	8	16
107	Martha Stenner	S	0.00	7.29	6.75	0.00	7.29	5	22
108	Bethany Sanders	SB	72				72	4=	23
109	Temilola Adeyemo	VJ	57	57	56	0	57	1	30
110	Shantajah Simmons	STJ	6.14	6.40	6.30	0.00	6.40	3	26
111	Ellenore Hunt	VJ	53	49	51	0	53	4	24
112	Maisie White	S	7.26	7.44	7.82	0.00	7.82	4	24

# Team Results

# Devon (orange)

## Competition:

South West Regional Final Under 13 Girls

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Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Gloucestershire	Blue	647	70	70	70	65	52	41	45	42	58	38	52	44
2	Avon	Red	604	40	60	55	65	44	43	54	46	39	48	56	54
3	Dorset	Green	572	60	40	55	40	62	48	37	58	44	50	40	38
4	Devon	Orange	543	50	50	40	50	40	52	48	38	43	48	36	48

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
113	Isla Perry	2LR	22.4	22.7			22.7	3=	24
114	Erin Cockle	2LR	23.3	0.0			23.3	8	16
114	Erin Cockle	SLJ	2.04	2.10	2.17	0.00	2.17	2	28
115	Sophia Ingham	4LR	0.0	48.3			48.3	1	30
115	Sophia Ingham	S	5.58	5.91	6.68	0.00	6.68	7	18
116	Elsie Goodspeed	4LR	0.0	49.3			49.3	5	22
116	Elsie Goodspeed	SB	72				72	4=	23
117	Frankie Skelly	6LR	1:21.7				1:21.7	7	18
117	Frankie Skelly	SLJ	1.92	2.00	2.07	0.00	2.07	6	20
118	Isabelle Doney	6LR	1:18.3				1:18.3	1	30
118	Isabelle Doney	STJ	5.38	5.20	5.39	0.00	5.39	8	16
119	Megan Johnson	S	6.24	6.84	6.75	0.00	6.84	6	20
120	Evie Underwood	SB	70				70	6	20
121	Ava Hotchin	STJ	5.44	5.62	5.56	0.00	5.62	6	20
122	Mollie Hawken-Gray	VJ	49	49	51	0	51	5	22
123	Temi Akimbami	VJ	51	47	55	0	55	3	26

# Team Results

# Dorset (green)

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South West Regional Final Under 13 Girls

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Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Gloucestershire	Blue	647	70	70	70	65	52	41	45	42	58	38	52	44
2	Avon	Red	604	40	60	55	65	44	43	54	46	39	48	56	54
3	Dorset	Green	572	60	40	55	40	62	48	37	58	44	50	40	38
4	Devon	Orange	543	50	50	40	50	40	52	48	38	43	48	36	48

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
125	Ava Elliot-Smith	2LR	32.1	23.6			23.6	6	20
125	Ava Elliot-Smith	STJ	5.44	5.35	5.32	0.00	5.44	7	18
126	Sienna Pope	2LR	23.0	22.7			22.7	3=	24
126	Sienna Pope	SLJ	2.05	2.12	1.99	0.00	2.12	4	24
127	Gabriella Pitman	4LR	0.0	48.4			48.4	2	28
127	Gabriella Pitman	SB	73				73	3	26
128	Iris Jones	4LR	0.0	49.9			49.9	6	20
129	Nicole Bennett	6LR	1:20.7				1:20.7	5=	21
129	Nicole Bennett	SB	69				69	7	18
130	Sophie-Louise Foyle	6LR	1:27.8				1:27.8	8	16
131	Olivia Jones	S	7.85	8.23	0.00	0.00	8.23	2	28
132	Anastasia Solodovnik	SLJ	2.12	2.05	2.07	0.00	2.12	3	26
133	Ruby Mae Phelps	STJ	5.62	5.72	5.75	0.00	5.75	5	22
134	Jasmine Munden	2LR	0.0	0.0			0.0	7	18
134	Jasmine Munden	S	7.46	8.57	8.60	0.00	8.60	1	30
135	Grace Gollings	VJ	40	42	44	0	44	7	18
136	Kayla Robbins	VJ	43	44	44	0	44	6	20

# Team Results

# Gloucestershire (blue)

## Competition:

South West Regional Final Under 13 Girls

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Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Gloucestershire	Blue	647	70	70	70	65	52	41	45	42	58	38	52	44
2	Avon	Red	604	40	60	55	65	44	43	54	46	39	48	56	54
3	Dorset	Green	572	60	40	55	40	62	48	37	58	44	50	40	38
4	Devon	Orange	543	50	50	40	50	40	52	48	38	43	48	36	48

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
137	Amber Tandy	2LR	22.7	22.7			22.7	3=	24
137	Amber Tandy	STJ	6.50	6.52	6.50	0.00	6.52	2	28
138	Lulu Morton-Ellison	SB	77				77	2	28
139	Lexie Wiggett	4LR	0.0	50.2			50.2	7=	17
139	Lexie Wiggett	VJ	52	55	54	0	55	2	28
140	Lottie Cook	SLJ	1.97	1.99	1.98	0.00	1.99	8	16
141	Orla Dowie	6LR	1:20.3				1:20.3	4	24
141	Orla Dowie	S	7.31	7.36	7.84	0.00	7.84	3	26
142	Verity Gaskin	4LR	0.0	49.1			49.1	4	24
143	Olivia Pachula	SLJ	2.07	2.11	2.09	0.00	2.11	5	22
144	Amari Cambridge	2LR	22.3	21.9			21.9	2	28
144	Amari Cambridge	SB	80				80	1	30
145	Eva Matthews	S	6.62	6.23	0.00	0.00	6.62	8	16
146	Daisy Hopcraft	VJ	42	40	39	0	42	8	16
147	Bonnie Shirlaw	6LR	1:20.7				1:20.7	5=	21
147	Bonnie Shirlaw	STJ	5.44	5.80	5.48	0.00	5.80	4	24

# Results Sheet

# Obstacle Relay

**Competition:**  
South West Regional Final Under 13 Girls

**Venue:**  
Torbay Leisure Centre

**Date**  
11 Mar 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Gloucestershire	Blue	0.0	1:16.2	1:16.2	70.0
2	03	Dorset	Green	0.0	1:18.0	1:18.0	60.0
3	02	Devon	Orange	0.0	1:20.8	1:20.8	50.0
4	01	Avon	Red	0.0	1:21.2	1:21.2	40.0

# Results Sheet

# 4 x 1 Lap Relay

## Competition:

South West Regional Final Under 13 Girls

## Venue:

Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Gloucestershire	Blue	0.0	46.0	46.0	70.0
2	01	Avon	Red	0.0	46.4	46.4	60.0
3	02	Devon	Orange	0.0	46.5	46.5	50.0
4	03	Dorset	Green	0.0	49.3	49.3	40.0

# Results Sheet

# 2 Lap Race

**Competition:**  
South West Regional Final Under 13 Girls

**Venue:**  
Torbay Leisure Centre

**Date**  
11 Mar 2023

Ranking	Team	Colour	Points
1	Dorset	Green	62
2	Gloucestershire	Blue	52
3	Avon	Red	44
4	Devon	Orange	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Avon	Red	101	Martha Herringshaw	21.8	30
2	Gloucestershire	Blue	144	Amari Cambridge	21.9	28
3=	Devon	Orange	113	Isla Perry	22.7	24
3=	Dorset	Green	126	Sienna Pope	22.7	24
3=	Gloucestershire	Blue	137	Amber Tandy	22.7	24
6	Dorset	Green	125	Ava Elliot-Smith	23.6	20
7	Dorset	Green	134	Jasmine Munden	0.0	18
8	Devon	Orange	114	Erin Cockle	23.3	16
9	Avon	Red	102	Eliza Price	23.6	14



# Results Sheet

# 4 Lap Race

## Competition:

South West Regional Final Under 13 Girls

## Venue:

Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Points
1	Devon	Orange	52
2	Dorset	Green	48
3	Avon	Red	43
4	Gloucestershire	Blue	41

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Devon	Orange	115	Sophia Ingham	48.3	30
2	Dorset	Green	127	Gabriella Pitman	48.4	28
3	Avon	Red	104	Gabriella Muguti	48.8	26
4	Gloucestershire	Blue	142	Verity Gaskin	49.1	24
5	Devon	Orange	116	Elsie Goodspeed	49.3	22
6	Dorset	Green	128	Iris Jones	49.9	20
7=	Avon	Red	103	Laura Smith	50.2	17
7=	Gloucestershire	Blue	139	Lexie Wiggett	50.2	17

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
South West Regional Final Under 13 Girls

**Venue:**  
Torbay Leisure Centre

**Date**  
11 Mar 2023

Ranking	Team	Colour	Points
1	Avon	Red	54
2	Devon	Orange	48
3	Gloucestershire	Blue	45
4	Dorset	Green	37

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Devon	Orange	118	Isabelle Doney	1:18.3	30
2	Avon	Red	106	Amelia Clark	1:18.6	28
3	Avon	Red	105	Amira Chowdhury-Barratt	1:19.6	26
4	Gloucestershire	Blue	141	Orla Dowie	1:20.3	24
5=	Dorset	Green	129	Nicole Bennett	1:20.7	21
5=	Gloucestershire	Blue	147	Bonnie Shirlaw	1:20.7	21
7	Devon	Orange	117	Frankie Skelly	1:21.7	18
8	Dorset	Green	130	Sophie-Louise Foyle	1:27.8	16

# Results Sheet

# 8 Lap Paarlauf

## Competition:

South West Regional Final Under 13 Girls

## Venue:

Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Gloucestershire	Blue	0.0	1:38.2	1:38.2	70.0
2=	01	Avon	Red	0.0	1:38.6	1:38.6	55.0
2=	03	Dorset	Green	0.0	1:38.6	1:38.6	55.0
4	02	Devon	Orange	0.0	1:38.9	1:38.9	40.0

# Results Sheet

# 4 x 2 Lap Relay

**Competition:**

South West Regional Final Under 13 Girls

**Venue:**

Torbay Leisure Centre

**Date**

11 Mar 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1=	01	Avon	Red	0.0	1:30.2	1:30.2	65.0
1=	04	Gloucestershire	Blue	0.0	1:30.2	1:30.2	65.0
3	02	Devon	Orange	0.0	1:32.5	1:32.5	50.0
4	03	Dorset	Green	0.0	1:33.5	1:33.5	40.0

# Results Sheet

# Shot

**Competition:**  
South West Regional Final Under 13 Girls

**Venue:**  
Torbay Leisure Centre

**Date**  
11 Mar 2023

Ranking	Team	Colour	Points
1	Dorset	Green	58
2	Avon	Red	46
3	Gloucestershire	Blue	42
4	Devon	Orange	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dorset	Green	134	Jasmine Munden	8.60	30
2	Dorset	Green	131	Olivia Jones	8.23	28
3	Gloucestershire	Blue	141	Orla Dowie	7.84	26
4	Avon	Red	112	Maisie White	7.82	24
5	Avon	Red	107	Martha Stenner	7.29	22
6	Devon	Orange	119	Megan Johnson	6.84	20
7	Devon	Orange	115	Sophia Ingham	6.68	18
8	Gloucestershire	Blue	145	Eva Matthews	6.62	16

# Results Sheet

# Speed Bounce

**Competition:**  
South West Regional Final Under 13 Girls

**Venue:**  
Torbay Leisure Centre

**Date**  
11 Mar 2023

Ranking	Team	Colour	Points
1	Gloucestershire	Blue	58
2	Dorset	Green	44
3	Devon	Orange	43
4	Avon	Red	39

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Gloucestershire	Blue	144	Amari Cambridge	80	30
2	Gloucestershire	Blue	138	Lulu Morton-Ellison	77	28
3	Dorset	Green	127	Gabriella Pitman	73	26
4=	Avon	Red	108	Bethany Sanders	72	23
4=	Devon	Orange	116	Elsie Goodspeed	72	23
6	Devon	Orange	120	Evie Underwood	70	20
7	Dorset	Green	129	Nicole Bennett	69	18
8	Avon	Red	106	Amelia Clark	67	16

# Results Sheet

# Standing Long Jump

## Competition:

South West Regional Final Under 13 Girls

## Venue:

Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Points
1	Dorset	Green	50
2=	Avon	Red	48
2=	Devon	Orange	48
4	Gloucestershire	Blue	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Avon	Red	104	Gabriella Muguti	2.17	30
2	Devon	Orange	114	Erin Cockle	2.17	28
3	Dorset	Green	132	Anastasia Solodovnik	2.12	26
4	Dorset	Green	126	Sienna Pope	2.12	24
5	Gloucestershire	Blue	143	Olivia Pachula	2.11	22
6	Devon	Orange	117	Frankie Skelly	2.07	20
7	Avon	Red	102	Eliza Price	2.01	18
8	Gloucestershire	Blue	140	Lottie Cook	1.99	16

# Results Sheet

# Standing Triple Jump

## Competition:

South West Regional Final Under 13 Girls

## Venue:

Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Points
1	Avon	Red	56
2	Gloucestershire	Blue	52
3	Dorset	Green	40
4	Devon	Orange	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Avon	Red	101	Martha Herringshaw	6.61	30
2	Gloucestershire	Blue	137	Amber Tandy	6.52	28
3	Avon	Red	110	Shantajah Simmons	6.40	26
4	Gloucestershire	Blue	147	Bonnie Shirlaw	5.80	24
5	Dorset	Green	133	Ruby Mae Phelps	5.75	22
6	Devon	Orange	121	Ava Hotchin	5.62	20
7	Dorset	Green	125	Ava Elliot-Smith	5.44	18
8	Devon	Orange	118	Isabelle Doney	5.39	16



# Results Sheet

# Vertical Jump

## Competition:

South West Regional Final Under 13 Girls

## Venue:

Torbay Leisure Centre

## Date

11 Mar 2023

Ranking	Team	Colour	Points
1	Avon	Red	54
2	Devon	Orange	48
3	Gloucestershire	Blue	44
4	Dorset	Green	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Avon	Red	109	Temilola Adeyemo	57	30
2	Gloucestershire	Blue	139	Lexie Wiggett	55	28
3	Devon	Orange	123	Temi Akimbami	55	26
4	Avon	Red	111	Ellenore Hunt	53	24
5	Devon	Orange	122	Mollie Hawken-Gray	51	22
6	Dorset	Green	136	Kayla Robbins	44	20
7	Dorset	Green	135	Grace Gollings	44	18
8	Gloucestershire	Blue	146	Daisy Hopcraft	42	16