Pos	Name	Total	Marathon	Age record	Multi Events	Individual win bonus	Ultra events	Handicap Winter 01 03	Westward League-Westward Ho!	Armada 3k Jan	Oh My Obelisk	Handicap Winter 02 04	Armada 3k Feb	Westward League - Redruth	Westward League - Plymouth	Handicap Winter 03 05	Grizzly	Armada 3k March	Tavy 13
1	Alison Engledew	396.23						10			51.6	10				10	40		
2	Emma Lake	388.40	65.52				50										40		
3	Nick Bristow	335.66							30					30	30				
4	Ken Summers	307.99						10	30		48			30			40		
5	Dave Engledrew	306.58						10			51.6	10					40		
6	Tom Davies	294.06												30	30				44.06
7	Barry Neal	274.09	52.52					10				10				10			
8	Dave Rayfield	262.96	73.56					10				10				10			54.40
9	Simon Swift	260.00							30	10			10	30	30		40	10	
10	Lindsay Lane	257.53	52.40					10			35.1	10					40		
11	Becky Lee	252.60							30					30	30				
12	Neil Moffatt	248.89						10			38.9	10				10	40		
13	Andy Trigg	231.62								10			10				40		
14	Russ Mogridge	210.13	60.13					10		10							40		
15	Charlie Milward	210.00						10	30			10			30	10			
15	Kate Medlicott	210.00														10			
17	Carol Hansen	205.12	60.12					10				10							
18	Kevin Paull	200.00															40		
19	Jamie Frost	191.51						10	30			10		30	30				
20	Chris Prall	185.00						10				10				10			
21	Emily Faircloth	175.73						10			35.7	10							
22	Ruth Terry	175.20	45.20					10				10				10	40		
23	Richard Lane	171.54	51.54					10				10							
24	Linda Bracher	170.00							30	10			10	30			40		
25	Anna Lake	150.00						10				10							
25	Dave Gilvear	150.00																	
25	Matthew Gilvear	150.00						10						30					
28	Phil Adderley	146.54									34.6								40.16
29	Alison Thorn	140.42	84.22																
30	Isabella Trowell	140.00							30	10				30	30	10			
31	Alison McEwing	133.33	79.13																
32	Dave Church	130.00						10											
33	Dani Moeser	128.81	53.81					10				10							
34	Cleo Perry	128.03																	
35	Louise Creber	120.36										10							
36	Dan Francis	114.50																	
37	Andy Bartlett	110.00						10											
37	Bridget Privett	110.00						10				10				10			
39	Ben Vleminckx	99.99						10				10							
40	Alan Gatling	90.00																	
40	Alie Aviss-Munro	90.00																	
40	Bryan Short	90.00																	
40	Emma Beckwith	90.00												30					
40	Isaac Drew	90.00							30					30	30				
40	Isabella Drew	90.00							30					30	30				
40	Jeremy Westmore	90.00																	
40	Katy Mogridge	90.00																	
40	Sarah Hirons	90.00																	
49	Simon Fitze	81.21	81.21																
50	Craig McAlpine	80.00						10											
51	Faith Taylor	75.00																	
52	Andy Mitchell	70.00																	
52	Bob Jeffery	70.00						10				10				10			
52	Jenny Francis	70.00																	
55	Andrea Mitchell	60.00																	
55	Becci Pine	60.00																	
55	Bella May	60.00							30						30				
55	Nick McMahon	60.00						10				10							
59	Susan Leedham	55.00																	
60	Dave Lloyd	53.04	53.04																
61	Daniel Morgan	50.00																	
62	Clare Smith	49.54																	
63	Mark Workman	45.41																	
64	Allister Bristow	40.00															40		
64	Andy McDowall	40.00															40		
64	Elle Vuitton	40.00																	
64	Nick Baker	40.00						10								10			
68	Becky Prall	30.00																	
68	Claire Frazier	30.00						10								10			
68	Freya Norris	30.00													30				
68	Maya Rees-Durham	30.00													30				
68	Paddy Wakeley	30.00																	
68	Thomas Carter	30.00													30				
68	Tom McDowell	30.00						10				10				10			
75	Heidi Stanley	20.00																	
75	John Cooper	20.00								10			10						

Pos	Name	Handicap Summer 04 01	April Armada 5k	Fast Friday (Exeter 10k)	Handicap Summer 05 02	May Armada 5k	Exeter Relays	Exeter Great West Run	Handicap Summer 06 03	Armada 5k	Plymouth 10k	Plymouth Half Marathon	Torbay Half Marathon	Ashburton 10k	Magnificent 7	Handicap Summer 07 04	Muddy Duck 10k	Armada 5k	Exeter 10k
1	Alison Engledew	10	10		10	10				10		59.7				10			
2	Emma Lake	10	10		10	10						52.9				10		10	
3	Nick Bristow			38.3	10						37.4					10			
4	Ken Summers	10	10						10										
5	Dave Engledrew				10	10				10									
6	Tom Davies	10																	
7	Barry Neal				10				10			41.6							
8	Dave Rayfield	10							10							10			
9	Simon Swift		10			10													
10	Lindsay Lane	10	10																
11	Becky Lee	10			10				10		32.6					10			
12	Neil Moffatt	10			10				10							10			
13	Andy Trigg	10	10			10				10									36.6
14	Russ Mogridge		10		10	10										10			
15	Charlie Milward	10			10				10										
15	Kate Medlicott	10	10		10	10										10			
17	Carol Hansen	10			10											10			
18	Kevin Paull	10							10										
19	Jamie Frost											41.5							
20	Chris Prall				10				10							10			
21	Emily Faircloth				10					10									
22	Ruth Terry		10		10	10													
23	Richard Lane	10	10		10														
24	Linda Bracher		10			10													
25	Anna Lake	10	10			10			10										
25	Dave Gilvear				10											10			
25	Matthew Gilvear	10			10				10							10			
28	Phil Adderley	10			10	10						41.8							
29	Alison Thorn																		41.2
30	Isabella Trowell		10			10				10									
31	Alison McEwing																		39.2
32	Dave Church								10							10			
33	Dani Moeser								10										
34	Cleo Perry					10				10	63								
35	Louise Creber											50.4							
36	Dan Francis	10										44.5							
37	Andy Bartlett									10									
37	Bridget Privett	10			10														
39	Ben Vleminckx								10		25								
40	Alan Gatling	10			10				10										
40	Alie Aviss-Munro	10	10							10									
40	Bryan Short				10	10													
40	Emma Beckwith																		
40	Isaac Drew																		
40	Isabella Drew																		
40	Jeremy Westmore																		
40	Katy Mogridge				10	10													
40	Sarah Hirons		10			10				10									
49	Simon Fitze																		
50	Craig McAlpine																		
51	Faith Taylor																		
52	Andy Mitchell																		
52	Bob Jeffery	10							10										
52	Jenny Francis																		
55	Andrea Mitchell																		
55	Becci Pine																		
55	Bella May																		
55	Nick McMahon				10											10			
59	Susan Leedham	10							10										
60	Dave Lloyd																		
61	Daniel Morgan																		
62	Clare Smith				10					10	29.5								
63	Mark Workman				10								35.4						
64	Allister Bristow																		
64	Andy McDowall																		
64	Elle Vuitton				10														
64	Nick Baker				10														
68	Becky Prall																		
68	Claire Frazier	10																	
68	Freya Norris																		
68	Maya Rees-Durham																		
68	Paddy Wakeley																		
68	Thomas Carter																		
68	Tom McDowell																		
75	Heidi Stanley				10				10										
75	John Cooper																		

Pos	Name	Haytor Heller	EVH Relays	Handicap Summer 08 05	Totnes 10k	Armada 5k	Handicap Summer 09 06	Armada 5k	Handicap Summer 10 07	Westward League - October	Tavy 7	Handicap Winter 11 01	Templer 10	Westward League - November	Drogo 10	Cockington Christmas Caper	Westward League - December	Handicap Winter 12 02
1	Alison Engledew	40	15	10	30								30		30			
2	Emma Lake	40		10			10			30						30		
3	Nick Bristow			10			10			30	30	10		30			30	
4	Ken Summers						10					10	30		30	30		10
5	Dave Engledrew	40	15	10	30							10	30		30			
6	Tom Davies		30	10			10			30	30	10		30			30	
7	Barry Neal			10	30		10		10		30	10	30					
8	Dave Rayfield		15				10				30	10						10
9	Simon Swift				30	10			10							30		
10	Lindsay Lane	40									30	10						10
11	Becky Lee									30				30			30	
12	Neil Moffatt			10			10		10		30				30			10
13	Andy Trigg		15	10					10	30							30	
14	Russ Mogridge	40										10						
15	Charlie Milward		30	10	30				10									10
15	Kate Medlicott			10	30		10		10		30				30	30		
17	Carol Hansen		15	10	30		10			30								
18	Kevin Paull	40			30		10				30					30		
19	Jamie Frost		30				10											
20	Chris Prall		15	10			10		10	30		10					30	10
21	Emily Faircloth	40		10	30				10									10
22	Ruth Terry						10					10						10
23	Richard Lane			10			10				30	10						10
24	Linda Bracher														30			
25	Anna Lake	40		10			10			30								
25	Dave Gilvear			10	30		10		10		30						30	10
25	Matthew Gilvear			10	30		10		10			10						
28	Phil Adderley																	
29	Alison Thorn		15															
30	Isabella Trowell																	
31	Alison McEwing		15															
32	Dave Church			10			10		10		30	10			30			
33	Dani Moeser		15								30							
34	Cleo Perry		15							30								
35	Louise Creber				30						30							
36	Dan Francis				30						30							
37	Andy Bartlett	40					10		10	30								
37	Bridget Privett				30						30							
39	Ben Vleminckx		15								30							
40	Alan Gatling						10		10							30		10
40	Alie Aviss-Munro				30						30							
40	Bryan Short									30				30				10
40	Emma Beckwith				30					30								
40	Isaac Drew																	
40	Isabella Drew																	
40	Jeremy Westmore			10			10							30			30	10
40	Katy Mogridge	40		10					10			10						
40	Sarah Hirons												30		30			
49	Simon Fitze																	
50	Craig McAlpine	40													30			
51	Faith Taylor		15							30				30				
52	Andy Mitchell						10		10		30	10						10
52	Bob Jeffery						10											10
52	Jenny Francis				30						30	10						
55	Andrea Mitchell						10				30	10						10
55	Becci Pine				30						30							
55	Bella May																	
55	Nick McMahon			10			10											
59	Susan Leedham		15				10											10
60	Dave Lloyd																	
61	Daniel Morgan						10		10		30							
62	Clare Smith																	
63	Mark Workman																	
64	Allister Bristow																	
64	Andy McDowall																	
64	Elle Vuitton				30													
64	Nick Baker											10						
68	Becky Prall												30					
68	Claire Frazier																	
68	Freya Norris																	
68	Maya Rees-Durham																	
68	Paddy Wakeley														30			
68	Thomas Carter																	
68	Tom McDowell																	
75	Heidi Stanley																	
75	John Cooper																	

75	Lianne Spampanato	20.00																		10								10																										
75	Lynn Nichols	20.00						10															10																															
79	Charlie Tayson	15.00																																				15																
79	Evan Legg	15.00																																				15																
79	Joe Battershill	15.00																																				15																
79	Luke Hayes	15.00																																				15																
79	Martin Battershill	15.00																																				15																
84	Andy Pearson	10.00																															10																					
84	Ben Bristow	10.00																																								10											
84	Christian Cutcliffe	10.00														10																																					
84	Imogen Martin	10.00																										10																										
84	Lynn Whitfield	10.00																																													10						
84	Nicola Kovacic	10.00										10																																									
84	Paul Cartright	10.00																					10																														
84	Sue Law	10.00																			10																																
84	Francesca Walker	10.00																																																			10
84	Tim Slater	10.00																																																			10