

2022/23 Winter Fixture List

<u>Date</u>	<u>Fixture</u>	<u>Venue</u>	<u>Type</u>	<u>Age Group</u>
OCTOBER				
Sunday 9	Westward League	Newnham Park	Cross Country	U11 and over
Sunday 16	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Sunday 30	Tavi 7	Tavistock	Road	U16 upwards and Fun Run
NOVEMBER				
Thursday 10	West Devon Schools Cross Country	Plymouth	Cross Country	Jun/Int/Sen
Sunday 6	Welsh Athletics Indoor Combined Events	Cardiff	Indoor	TBC
Sunday 13	Westward League	Newquay	Cross Country	U11 and over
Sunday 20	Devon Sportshall League (inc. County Champs)	Plymouth Life Centre	Sportshall	U10 to U15
DECEMBER				
Sunday 4	Westward League (inc. County Champs)	Exeter	Cross Country	U11 and over
	Welsh Athletics Indoor Open & SW Juniors	Cardiff	Indoor	U13 - U17
Sunday 18	Cardiff Met Christmas Classic	Cardiff	Indoor	U17 - seniors
	Armada 3K Relays	Plymouth	Road	Min age 11
JANUARY				
Sunday 8	South West Cross Country Champs	RNAS Merryfield	Cross Country	U13 and over
	Welsh Athletics Indoor Open & SW Juniors	Cardiff	Indoor	U13 - U17
Sunday 15	Westward League	Westward Ho!	Cross Country	U11 and over
Saturday 21	Devon Schools Cross Country Champs	Exeter	Cross Country	Representative
Sunday 22	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Sat 28th/Sun 29th	Welsh Senior Champs (Open) & SW Senior	Cardiff	Indoor	Seniors
FEBRUARY				
Saturday 4	South West Schools XC	Blaise Castle	Cross Country	Representative
Sat 4th/Sun 5th	Welsh U20 Champs	Cardiff	Indoor	U20 only
Sunday 12	Westward League	Plymouth	Cross Country	U11 and over
Sunday 19	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
Saturday 25	National Cross Country Champs	TBC	Cross Country	U13 up to seniors
MARCH				
Sunday 5th	Westward League	Redruth	Cross Country	U11 and over
Saturday 11	Inter Counties (+ Cross Challenge Final)	Prestwold Hall	Cross Country	Representative
	Regional Sportshall	Torbay	Sportshall	U11 to U15
Saturday 18	ESAA Cross Country Champs	Nottingham	Cross Country	Representative
Sunday 19	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15

* Indoor Track and Field meetings (when confirmed) operate on 'next years' age groups i.e. your age at 31 August 2022