

Ivybridge 10K 2022

Saturday May 7th

Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	619	Jamie	Barnett	Teignbridge Trotters N/A	SM	32:43
2	645	Jim	Cole	Tavistock Run Project	M40	33:18
3	190	Steve	Fletcher	Plymouth Harriers	SM	34:06
4	628	Edward	Smart	Tavistock Run Project	SM	34:50
5	475	Steven	Sims	East Cornwall Harriers	SM	35:10
6	463	Rich	Shelley	Plymstock Road Runners	M50	35:25
7	577	Tom	Wraight		SM	35:32
8	189	Simon	Fitze	Erme Valley Harriers	M45	35:38
9	255	Steven	Hill	Plymouth Harriers	M45	36:14
10	154	Ben	Doonan		SM	36:27
11	412	Luke	Attwood	Tamar Trotters	SM	36:48
12	509	Raymond	Tew	Tavistock Run Project	M45	37:01
13	601	Ronnie	Haynes		SM	37:19
14	350	Lloyd	Milbourn		SM	37:20
15	429	Clive	Ramsden	Newquay Road Runners	M45	37:27
16	209	Matthew	Gilvear	Erme Valley Harriers	SM	37:45
17	597	Alby	Walters		M40	37:45
18	634	Blue	Ewer		SM	37:46
19	352	Charlie	Milward	Erme Valley Harriers	SM	37:46
20	68	James	Blight	Tamar Trotters	SM	37:50
21	639	Preecha	Intamart	Riviera Racers	M40	38:09
22	21	Simon	Anderson	City Of Plymouth AC	M55	38:14
23	608	David	Cooper	Torbay AAC	SM	38:19
24	216	Andrew	Tucker		SM	38:37
25	596	Alex	Snell		SM	38:56
26	654	John	Compston		SM	39:00
27	105	Andrew	Charles	Plymouth Harriers	M55	39:07
28	606	Hamish	Gallacher		M45	39:23
29	269	Jamie	Howourth		M45	39:38
30	408	Alistair	Peers	Tavistock AC	M40	39:43
31	571	Kevin	Woodard		SM	39:44
32	602	Garry	Harding		M40	39:47
33	91	Stephen	Burns	City Of Plymouth AC	M55	39:52
34	250	Lee	Herbert	Plymouth Musketeers	M45	40:01
35	411	Ross	Penney		SM	40:02
36	197	Justin	Frost	Plymouth Musketeers	M45	40:09
37	615	Wayne	Kirby		SM	40:21
38	541	Steve	Weeks	Torbay AAC	M45	40:46
39	178	Mike	Ellis	Bodmin Dragons Tri Club	M45	40:59
40	174	Kevin	Edwards	Tamar Trotters	M55	41:03
41	485	Ian	Squires	City Of Plymouth AC	M45	41:11
42	440	Chris	Robinson		M40	41:21
43	226	Stuart	Hall	DSFRS Running Club	M55	41:27
44	234	Matt	Harries	Tamar Trotters	SM	41:31
45	97	Daniel	Case	Plymouth Musketeers	SM	41:33
46	515	Michael	Tossell	Storm Plymouth	SM	41:38
47	188	Kevin	Fine	Torbay AAC	SM	41:39

48	213	David	Goodspeed	Plymouth Harriers	SM	41:43
49	323	Steven	Mahoney	Tamar Trotters	M40	41:45
50	455	David	Harris	Tavistock AC	M55	41:54
51	523	Andrew	Vernon	Okehampton RC	M50	42:00
52	204	Russell	Gibson		SM	42:03
53	490	Zane	Steers	Dawlish Coasters	M50	42:10
54	302	Richard	Lander Stow		M45	42:14
55	341	Richard	McKee		SM	42:15
56	32	Graham	Bale	Plymstock Road Runners	M55	42:19
57	46	Daniel	Baugh	Storm Plymouth	SM	42:22
58	331	Greg	May	Plymouth Harriers	M50	42:24
59	298	Lauren	Knox	Storm Plymouth	SF	42:25
60	165	Damian	Dunne	Plymouth Musketeers	M45	42:27
61	14	John	Aked		M40	42:53
62	322	Andy	MacMillan	Dawlish Coasters	M50	43:06
63	505	Charles	Taylor		SM	43:11
64	499	Craig	Swiggs		M40	43:21
65	316	Darren	Levers		M55	43:26
66	270	Colin	Hughes	Plymouth Musketeers	SM	43:45
67	292	David	Kilgore	Storm Plymouth	M45	43:48
68	346	Jim	Medhurst	Bere Alston Trekkers	M40	43:54
69	26	Jack	Arundel	Storm Plymouth	SM	44:02
70	379	John	Nickels		M45	44:07
71	296	Duncan	Knight		M50	44:10
72	450	Dan	Ryan		SM	44:18
73	148	Sharon	Daw	East Cornwall Harriers	F55	44:28
74	83	Joe	Brooks		M50	44:36
75	244	Ian	Hayward	Torbay AAC	M60	44:38
76	382	David	Noble	Storm Plymouth	SM	44:49
77	568	Stuart	Witty		M50	44:51
78	62	Summer	Bhalsod	Storm Plymouth	F35	44:54
79	579	Ziya	Yerlikaya		M45	44:56
80	638	Emma	Coles		F45	44:56
81	364	Joseph	Murphy	Storm Plymouth	M50	44:59
82	536	Colin	Waters		M45	44:59
83	482	Scott	Smith	Storm Plymouth	SM	44:59
84	82	Jane	Bremner	Tamar Trotters	F60	45:01
85	630	Carie	Robertson		SF	45:24
86	498	Chris	Sweeney	Torbay AAC	M45	45:24
87	631	Fern	Robertson		SF	45:24
88	502	Sara	Tapp		F45	45:30
89	114	Philip	Clowes		M45	45:30
90	271	Michael	Hughes	Storm Plymouth	M55	45:33
91	33	Matthew	Ball		M45	45:43
92	583	Chris	Willcox		SM	45:45
93	624	Alistair	Tawse		M40	45:55
94	372	Malcolm	Nelson		M50	46:03
95	473	David	Simpson		M60	46:08
96	286	Jonathan	Jones		M55	46:11
97	540	Chloe	Weeks	Torbay AAC	SF	46:14
98	135	Sam	Cory		SM	46:23
99	156	Rachael	Doonan	Plymstock Road Runners	F50	46:32
100	275	Peter	Jefferys		SM	46:37

101	27	Richard	Atkinson	Plymouth Harriers	M50	46:37
102	101	Matt	Cavill		SM	46:39
103	647	Daniel	Lyndon		SM	46:39
104	376	James	Newman	Plymouth Musketeers	SM	46:40
105	53	Paul	Bennett	Plymouth Musketeers	M55	46:42
106	646	James	Barnicott		M40	46:49
107	245	Pete	Hayward		M60	46:53
108	414	Helen	Perry-Smith		SF	46:55
109	50	Ricky	Bell		SM	46:55
110	607	Jo	Gundle		F55	47:05
111	38	George	Barnicott		M40	47:09
112	342	Claire	Mckenny		F40	47:10
113	20	Luke	Allum		M50	47:10
114	373	Edward	Nettleship		SM	47:10
115	394	Stuart	Parkes		M45	47:14
116	586	Chris	Beer		SM	47:18
117	312	Rebecca	Lee	Erme Valley Harriers	F40	47:19
118	257	Simon	Hobson	Orpington Road Runners	M45	47:22
119	403	Kevin	Peart	Plymouth Harriers	M45	47:22
120	181	Heather	Eve	Torbay AAC	F40	47:24
121	305	Brian	Law	Lonely Goat RC	M50	47:26
122	11	John	Adey		M55	47:29
123	530	Allison	Waldron	Plymouth Harriers	F50	47:36
124	555	Steve	Williams	Plymouth Harriers	SM	47:49
125	612	Henry	Berriman		SM	47:50
126	29	Christopher	Bailey	Storm Plymouth	M40	47:58
127	313	Susan	Leedham		SF	48:01
128	572	Simon	Woodhouse		M45	48:01
129	175	Ashley	Elliott	East Cornwall Harriers	SF	48:04
130	471	Catherine	Shortman		F55	48:04
131	418	Jemma	Phillis	Plymstock Road Runners	F35	48:13
132	458	Jake	Selley		SM	48:15
133	554	Peter	Williams		M50	48:15
134	368	Barry	Neal	Erme Valley Harriers	M40	48:16
135	273	Shaun	Hurrell		M50	48:19
136	469	Colin	Shoolbraid		M65	48:19
137	127	Adam	Cook		M45	48:24
138	559	Matthew	Williamson		SM	48:35
139	325	Shaun	Manley		SM	48:37
140	621	Ian	Major		SM	48:39
141	290	Amanda	Kemp		SF	48:45
142	465	Caroline	Pellow		F40	48:49
143	276	Fred	Jenkins	Instinctive Sports	M60	48:57
144	496	Nick	Strong		SM	48:58
145	517	Elizabeth	Treglown Ryan		SF	48:59
146	219	Sam	Graber	Storm Plymouth	SM	49:03
147	268	Ryan	Howes		SM	49:03
148	177	Samuel	Elliott		SM	49:05
149	327	Paul	Martin		M45	49:07
150	326	Michael	Mann		M55	49:09
151	230	James	Hannah		SM	49:15
152	573	Anthony	Worthington		M50	49:15
153	329	Victoria	Masters		F35	49:19

154	300	Anna	Lake	Erme Valley Harriers	SF	49:20
155	258	Michael	Hockey	Plymouth Musketeers	M40	49:21
156	551	Paul	Whitmore	Storm Plymouth	SM	49:23
157	609	Rowan	Martin		M40	49:25
158	635	Riley	Hutchinson		SM	49:25
159	464	Neil	Shepherd		M50	49:27
160	113	David	Clift		SM	49:28
161	614	Kevin	Chiswell	Storm Plymouth	M55	49:31
162	52	Deborah	Bennett	Plymouth Musketeers	F50	49:34
163	291	Christopher	Kessell	Storm Plymouth	M55	49:34
164	374	Richard	Nettleship	Tavistock AC	M50	49:37
165	237	Natalie	Harris		SF	49:42
166	251	Karl	Herring		M55	49:49
167	391	Colin	Palmer	Storm Plymouth	M40	49:53
168	650	Tim	Cross		M50	49:55
169	648	Gareth	Morgan-Hughes		M50	49:56
170	588	Emma	Reece		F45	49:59
171	224	Tom	Gullis		SM	50:02
172	547	David	Wheatley		SM	50:05
173	160	Pete	Downing		SM	50:17
174	503	Brigitte	Taverna	Plymstock Road Runners	F45	50:17
175	351	Colin	Miller		SM	50:18
176	510	Nicola	Lilley	Plymouth Harriers	F45	50:19
177	299	Jenny	Kumah	Plymouth Musketeers	F45	50:20
178	340	Catherine	Brown	Storm Plymouth	F45	50:21
179	119	Tracyann	Cole	Tavistock AC	F50	50:21
180	451	Tom	Ryder		SM	50:23
181	599	Alexander	Lannin		M40	50:31
182	569	Jess	Wood		SF	50:36
183	406	Mark	Peckings		M45	50:41
184	228	Eleanor	Halton		SF	50:41
185	461	Sam	Shapland		SM	50:43
186	247	Julie	Hedges	South West Road Runners	F60	50:43
187	397	Mat	Parry		SM	50:46
188	643	Sam	Gardiner		SM	50:52
189	460	Nick	Shapland		M45	50:53
190	629	John	Wiseman		SM	50:56
191	365	Olivia	Murphy		SF	50:57
192	584	Simon	Richards		SM	50:59
193	265	Adam	Horne		SM	51:12
194	214	Laura	Goodspeed	Plymouth Harriers	F35	51:11
195	43	Kathryn	Bartolini		SF	51:15
196	48	Peter	Bazley	Tavistock AC	M65	51:19
197	199	Brett	Furze		M45	51:26
198	150	Michael	Deady		M40	51:33
199	89	Hannah	Burgoyne		F40	51:33
200	235	Andy	Harris		M50	51:35
201	64	Jon	Bingham		M50	51:49
202	439	Adam	Robinson		M40	51:52
203	295	Brian	Kirkland		M55	51:52
204	13	John	Ainsworth		M55	51:53
205	73	Michael	Bonning		M55	51:54
206	581	Craig	Young		SM	52:02

207	162	Stacey	Dowson		SF	52:09
208	641	Grant	Harvey	Tavistock AC	SM	52:09
209	575	James	Wraight		M40	52:13
210	133	Debora	Cornish	Storm Plymouth	F50	52:14
211	345	Dave	Mcmorrow		SM	52:24
212	140	Rachel	Cox		F35	52:31
213	620	Bev	Tyson		F40	52:32
214	297	Kim	Knight		F50	52:36
215	239	Charlotte	Harrison		SF	52:47
216	225	Tom	Haddy		SM	52:52
217	141	Ben	Crane		SM	53:00
218	120	William	Collier		SM	53:00
219	35	David	Barden		M40	53:01
220	19	Dawn	Allum		F50	53:03
221	401	Helen	Pearse		F45	53:13
222	546	Natasha	Findlay		F40	53:22
223	116	Fiona	Coates		F50	53:24
224	649	Chris	French	Plymouth Harriers	SM	53:26
225	616	Linda	Trebilcock	Plymouth Harriers	F60	53:27
226	623	Rebecca	Hailey		SF	53:28
227	385	Lucy	Oldham	East Cornwall Harriers	F45	53:34
228	301	Maggie	Lamerton	Plymouth Musketeers	F45	53:38
229	438	Tracey	Roberts		F50	53:45
230	78	Becca	Bracher		SF	53:47
231	335	Alan	McCarthy	Storm Plymouth	M60	53:52
232	40	Simon	Barrett		M60	53:52
233	538	Claudia	Watson		SF	53:55
234	110	William	Christie	Plymstock Road Runners	M60	54:02
235	526	Naomi	Vinecombe		F40	54:06
236	222	Paul	Griffin		M50	54:10
237	77	George	Bowles		SM	54:15
238	79	Linda	Bracher	Erme Valley Harriers	F50	54:16
239	626	Rebecca	Filtness		F40	54:18
240	144	Martin	Crane		M50	54:19
241	617	Helen	Kula-Przewanski	Tavistock AC	F60	54:20
242	441	Dean	Rockey	Storm Plymouth	M55	54:20
243	525	Laura	Vinecombe		SF	54:20
244	537	Claire	Johns		F35	54:22
245	585	Adam	Morgan		SM	54:24
246	562	Laura	Wills	Plymstock RR N/A	F40	54:26
247	432	Stuart	Riley	Plymouth Musketeers	M50	54:29
248	338	Rebecca	Mcdonnell		F35	54:32
249	132	Michael	Cork		M60	54:37
250	259	Stacey	Hocking	Plymouth Harriers	F35	54:38
251	166	Emma	Dunne	Plymouth Musketeers	F45	54:44
252	310	Ben	Lee		SM	54:46
253	653	Dennis	Hall	South West Road Runners	M60	54:46
254	134	Jamie	Corson		M50	55:02
255	261	Bee	Hodgson		F35	55:05
256	522	Charlotte	Van Rhee		SF	55:06
257	591	Justin	Locke	Storm Plymouth	M45	55:13
258	642	Jonathon	Hargreaves		M50	55:25
259	81	Steve	Bree		M55	55:25

260	358	George	Morley		SM	55:26
261	362	Katie	Mowll		F50	55:32
262	479	Sarah	Sinclair	Plymouth Musketeers	F50	55:34
263	392	John	Palmer		M50	55:35
264	314	Sam	Barton		SM	55:37
265	76	Robin	Bowler		M40	55:37
266	520	Samantha	Turner	Plymouth Musketeers	F50	55:38
267	246	Lottie	Hearnden		SF	55:42
268	644	Matt	Bloomfield		SM	55:44
269	371	Lucy	Nelson		F55	55:46
270	202	Laraine	Gibbins	Dawlish Coasters	F55	55:46
271	361	Kathy	Moulder		F45	55:48
272	211	Catherine	Godfrey		F50	55:48
273	627	Phillip	Reynolds		SM	55:48
274	184	Nick	Fathers	Plymouth Musketeers	M45	55:51
275	16	Emma	Alee	Plymouth Musketeers	F40	55:53
276	283	Chris	Jones		SM	55:52
277	223	Simone	Grigg	Plymouth Harriers	SF	56:00
278	18	Scott	Allen		M40	56:01
279	264	Zoe	Hopson		SF	56:06
280	589	Amy	Cocks		SF	56:09
281	377	Mervyn	Nicholas		M60	56:10
282	328	Steven	Martin		M55	56:10
283	360	Sarah	Mouat		F40	56:12
284	495	Beth	Strong		F35	56:13
285	182	Evie	Fairclough		SF	56:23
286	306	Kristian	Law		SM	56:29
287	390	Nick	Page		M55	56:33
288	206	Chloe	Gilbert		SF	56:33
289	51	Andrew	Bennett	Plymouth Harriers	M55	56:41
290	130	Stephen	Cooksley		M55	56:45
291	456	Paul	Searle		M55	56:49
292	66	Dave	Blake		M40	57:00
293	227	Nadja	Halliday		F40	57:02
294	483	Cassie	Soper		SF	57:04
295	459	Nigel	Selley		M65	57:06
296	655	Sean	Meaden		SM	57:06
297	548	Clare	White	Storm Plymouth	F40	57:09
298	500	Anton	Talizu		SM	57:13
299	413	Simon	Pepper		M45	57:14
300	593	Lynn	Nicholls	Erme Valley Harriers	F50	57:19
301	201	Tracey	Garland	Storm Plymouth	F50	57:21
302	580	Ryan	York	Storm Plymouth	M45	57:22
303	173	Lauren	Guest		SF	57:23
304	256	Rodney	Hillebrandt	Plymouth Musketeers	M65	57:24
305	28	Ellen	Babb		SF	57:26
306	117	Hannah	Cole		SF	57:32
307	633	Michaela	Dorrian		SF	57:34
308	138	Amy	Cox		F35	57:40
309	139	Martyn	Cox	Dawlish Coasters N/A	M45	57:40
310	100	Jenny	Cater		F40	57:41
311	442	Cherry	Roddy		SF	57:41
312	347	Kate	Medhurst	Bere Alston Trekkers	F40	57:42

313	155	Jon	Doonan	Plymstock Road Runners	M50	57:44
314	426	Lucianna	Rabarijaona		SF	57:45
315	58	Katie	Bentley	Plymstock RR N/A	SF	57:46
316	233	Kevin	Harold		M60	57:48
317	36	Jasmine	Barker		SF	57:58
318	118	Richard	Cole		M55	57:59
319	24	Zoe	Anning	Plymstock Road Runners	F35	57:59
320	513	Tilly	Tolcher	Plymstock RR N/A	M55	58:01
321	319	Lynn	Low		F60	58:01
322	37	Kevin	Barker		M40	58:02
323	348	Karen	Menis		F55	58:03
324	104	Anita	Chambers	Plymouth Musketeers	F60	58:05
325	625	Sophie	Taverner		F40	58:07
326	61	Denise	Betty		F35	58:07
327	604	Laura-May	Baldwin		F35	58:08
328	447	Emma	Rowe-Jones		SF	58:08
329	640	Marianne	Stephen		F40	58:10
330	605	Becky	Shering		SF	58:11
331	603	David	Baldwin		M40	58:13
332	472	Emily	Simmons	Plymouth Musketeers	F40	58:15
333	315	Stephen	Leonard	Plymstock RR N/A	M55	58:17
334	353	Louisa	Minett		SF	58:21
335	556	Barry	Williams	Plymouth Coasters	M60	58:28
336	229	James	Halton		SM	58:29
337	610	Dermot	Mccann		M60	58:31
338	293	Marta	Killey		F60	58:43
339	242	Kathryn	Hawken		F40	58:55
340	294	Spencer	Kingdom		M55	58:55
341	574	Helen	Wraight		F35	58:59
342	576	Kirsty	Wraight		F35	58:59
343	427	Sean Barrie	Rafton		M50	59:00
344	124	Dave	Connell	Plymouth Harriers	M65	59:03
345	393	Jonathan	Parkes		SM	59:04
346	205	Maria	Gicquel		F50	59:16
347	356	Alison	Moffatt		F60	59:17
348	262	Tim	Hookway		SM	59:18
349	476	Catherine	Sims	Tamar Trotters	F45	59:20
350	96	Paul	Cartwright		SM	59:21
351	221	Katie	Greenough		F35	59:22
352	434	John	Ritchie	Plymouth Musketeers	M50	59:22
353	75	Helen	Boulden	Plymstock Road Runners	SF	59:24
354	15	Matthew	Akerman		SM	59:26
355	437	Pete	Roberts		M55	59:28
356	168	Dawn	Dyer	Plymouth Musketeers	F60	59:29
357	480	Lesley	Skeats		F60	59:30
358	267	Linda	Houchin		F50	59:32
359	491	Jessica	Stickland		F40	59:32
360	618	Maria	Carter		F35	59:34
361	389	Michael	Orgen		M60	59:35
362	400	Suzy	Paul		F45	59:37
363	238	Georgia	Harris		SF	59:38
364	549	Jo	White	Lonely Goat RC	F45	59:43
365	477	Karen	Sims	East Cornwall Harriers	F55	59:43

366	611	Leanne	Stafford		F40	59:46
367	595	Andrew	Parsons	Storm Plymouth	M45	59:46
368	369	Robert	Nelder		M50	59:50
369	370	Thomas	Nelder		SM	59:50
370	478	Elizabeth	Sinclair		SF	59:51
371	363	Andy	Mumford		M40	59:53
372	423	Melanie	Powell		F40	59:53
373	521	Jeanette	Turpin		F45	59:57
374	402	Andy	Pearson		M50	59:59
375	637	Matthew	Hall		M40	1:00:02
376	398	Kate	Parsons		F45	1:00:05
377	488	Sarah	Steed		F45	1:00:07
378	129	Sara	Cooksley		F50	1:00:14
379	378	James	Nicholson		SM	1:00:15
380	288	Richard	Jones		M40	1:00:15
381	330	Nichola	Maxwell		F35	1:00:19
382	561	Alison	Willis		F35	1:00:19
383	324	Vicki	Mair		F45	1:00:23
384	332	Rachel	May		F45	1:00:25
385	424	Nikki	Pritchard	East Cornwall Harriers	F40	1:00:26
386	55	Stephanie	Bennett	Plymouth Musketeers	SF	1:00:39
387	311	Julie	Lee		F45	1:00:39
388	274	Sara	Jarman		F55	1:00:39
389	67	Verity	Blakey		F55	1:00:52
390	337	Paul	Mcdonnell		SM	1:00:54
391	344	Ian	McLeod		M60	1:00:55
392	109	Helen	Childs	Storm Plymouth	F45	1:00:57
393	86	Damon	Bruce	Storm Plymouth	M40	1:01:00
394	142	Bethany	Crane		SF	1:01:00
395	508	Danielle	Green		SF	1:01:05
396	600	Amy	Scoble		F40	1:01:08
397	636	Kerry	Palfreyman		F40	1:01:11
398	321	Cathryn	Macey		F35	1:01:14
399	594	Zoe	Rickard		F35	1:01:15
400	143	Carole	Crane		F50	1:01:16
401	266	Sarah	Horton		F50	1:01:23
402	529	Paul	Wakeford		M40	1:01:25
403	320	Sarah	Lowe		F40	1:01:30
404	409	Philip	Peers		SM	1:01:33
405	70	Nina	Bond	Looe Pioneers RC	F35	1:01:35
406	416	Sophie	Morbey		SF	1:01:38
407	534	Charlotte	Walton		F45	1:01:43
408	57	Linda	Bent	Plymouth Harriers	F40	1:01:47
409	151	Linda	Diggines	Dawlish Coasters N/A	F60	1:01:49
410	309	Raegan	Leather	Plymouth Musketeers	SF	1:01:52
411	108	Dawn	Childs	Storm Plymouth	F50	1:01:52
412	39	George	Barnicott	Plymstock RR N/A	M65	1:01:56
413	243	Sandra	Haynes	Looe Pioneers RC	F55	1:02:01
414	421	Karen	Pomfret		F55	1:02:01
415	531	Katie	Webb		SF	1:02:12
416	632	Chris	Henry		M45	1:02:21
417	122	Rachel	Collins	Riviera Racers	F50	1:02:27
418	126	Ryan	Conroy		SM	1:02:27

419	553	Judith	Wilkinson	Tamar Trotters	F60	1:02:28
420	25	Caroline	Anthony		F40	1:02:30
421	563	Tracy	Wills		F50	1:02:32
422	435	Miranda	Ritchie	Plymouth Musketeers	F50	1:02:33
423	195	Dawn	Fox		F40	1:02:35
424	145	Mark	Cronin		M45	1:02:38
425	94	Rosie	Campbell		SF	1:02:40
426	125	Ben	Conroy		SM	1:02:43
427	240	Natalie	Harrison	Storm Plymouth	F55	1:02:47
428	260	Neil	Hodges		M60	1:02:50
429	137	Emma-Jayne	Covington-Cross		F45	1:02:50
430	445	Ilona	Rosson-Jones	Plymstock RR N/A	F35	1:02:55
431	527	Elle	Vuitton	Erme Valley Harriers	F50	1:03:02
432	516	James	Tothill		M45	1:03:03
433	318	Heather	Lilley		F35	1:03:07
434	590	Rebecca	Colrein		F35	1:03:12
435	415	Kirsty	Peters-Deacon		F35	1:03:12
436	651	Monica	Wang		F35	1:03:36
437	164	Martin	Dudley		M40	1:03:48
438	487	Roisin	Stark		SF	1:03:48
439	169	Ivor	Oatway	Plymouth Tri Club N/A	SM	1:03:49
440	570	Siwan	Wood	Storm Plymouth	F45	1:03:54
441	484	Julie	Spencer	Storm Plymouth	F55	1:04:07
442	161	Jane	Dowrick	Storm Plymouth	F55	1:04:08
443	383	Lucy	Noble		SF	1:04:12
444	34	Sharron	Barclay		F60	1:04:12
445	90	Darren	Burns		SM	1:04:29
446	367	Beverley	Nation		F60	1:04:30
447	153	Dawn	Dixon	Storm Plymouth	F45	1:04:32
448	158	Greg	Dove		M55	1:04:44
449	336	Catherine	Mccormick		F40	1:04:45
450	263	Tracy	Hopkins	Plymouth Harriers	F40	1:04:46
451	444	Sarah	Ross	Launceston Road Runners	F55	1:04:48
452	185	Jackie	Faulkner	Plymstock Road Runners	F45	1:05:05
453	307	Sue	Law	Erme Valley Harriers	F45	1:05:10
454	587	Jennifer	Loomes		F40	1:05:12
455	506	Gemma	Taylor		F40	1:05:30
456	470	Sally	Shoolbraid		F60	1:05:39
457	191	Katy	Floyd		F45	1:06:01
458	486	Neil	Squires		M45	1:06:11
459	22	Tracey	Andrews		F50	1:06:32
460	532	Karen	Walker		F50	1:06:32
461	107	John	Charlick		M50	1:06:48
462	384	Jennifer	Oatway	Plymouth Harriers	F35	1:06:55
463	196	Johanna	Frain		F50	1:06:58
464	249	Claire	Herbert	Plymouth Musketeers	F45	1:07:05
465	63	Samantha	Binding		F45	1:07:07
466	167	Katie	Durrell		F45	1:07:15
467	203	Kayleigh	Gibson		SF	1:07:24
468	112	Jill	Clarke		F60	1:07:40
469	333	Emma	Mcardle	Plymouth Harriers	F40	1:07:42
470	449	Matthew	Rule	Plymstock RR N/A	SM	1:07:50
471	187	Lynda	Fearn		F60	1:08:01

472	186	Mel	Fearn		SF	1:08:02
473	84	Paula	Brooks		F50	1:08:02
474	420	Tim	Poate		M40	1:08:08
475	578	Ali	Yarnold		SM	1:08:08
476	375	Kate	Newcombe		SF	1:08:11
477	582	Ben	Young		SM	1:08:11
478	278	David	John		M65	1:08:15
479	172	Sarah-Jane	Edmonds		F35	1:08:17
480	652	Louise	King	Plymouth Musketeers	F55	1:08:20
481	99	Leanne	Case	Plymouth Musketeers	F40	1:08:20
482	95	Angela	Cann		F45	1:08:24
483	87	Sam	Bruty		SM	1:08:31
484	366	Maria	Muzaffer		F60	1:08:35
485	494	Chris	Stolworthy		M50	1:08:46
486	30	Marcus	Bailey		M45	1:08:47
487	241	Kim	Harvey		SF	1:08:48
488	467	Sarah	Shinn		F35	1:09:20
489	468	Vikki	Shinn		F40	1:09:20
490	533	Pippa	Waller		F50	1:09:33
491	387	Sarah	Olver		F45	1:09:33
492	452	Joanna	Sardella		F45	1:09:35
493	564	Jade	Wilson	Instinctive Sports	SF	1:09:51
494	560	Nick	Williamson		M60	1:10:12
495	339	Kim	Mcdowell		F50	1:10:12
496	481	Angie	Smith	Storm Plymouth	F60	1:10:15
497	359	Louise	Moseley		F40	1:10:20
498	12	Clare	Ainsworth		F50	1:10:21
499	504	Olly	Taylor	Plymouth Coasters	M50	1:10:30
500	446	Trudi	Rowe	Plymouth Coasters	F50	1:10:30
501	183	Emily	Fairclough		F45	1:10:46
502	146	Dean	Dark		SM	1:10:56
503	355	Alex	Mitchell		SM	1:10:56
504	69	Jacqueline	Bloomfield		F35	1:11:43
505	518	Gill	Tucker		F60	1:12:11
506	542	Joanne	Welch	Storm Plymouth	F55	1:12:11
507	528	Peter	Wafer		M50	1:12:30
508	381	Lynne	Nicks		F50	1:12:53
509	380	Jeffrey	Nicks		M55	1:12:53
510	507	Heather	Taylor	Storm Plymouth	F45	1:12:55
511	215	Hannah	Goodwin		F40	1:12:56
512	457	Hannah	Selley		F35	1:12:58
513	149	Matthew	Day	Exeter Harriers	M50	1:12:59
514	317	Becky	Lewis-Clark		F55	1:13:16
515	23	Jill	Andrews		F45	1:13:17
516	544	Samantha	West	Plymouth Musketeers	F35	1:13:27
517	98	Gillian	Case		F60	1:14:06
518	152	Helen	Dinham	Storm Plymouth	F50	1:15:21
519	208	Lorraine	Giles	Storm Plymouth	F60	1:15:22
520	598	Jodie	Pond		SF	1:16:15
521	115	Sandy	Cluney		F50	1:16:34
522	47	Hollie	Baxter	Plymouth Harriers	F35	1:17:05
523	613	Elizabeth	Gillam		SF	1:17:05
524	217	Michael	Gorman		M65	1:17:05

525	395	Stephen	Parnell		M60	1:17:16
526	176	Clare	Elliott		F45	1:17:36
527	236	Anna	Harris		F35	1:17:43
528	171	Justina	Eaves		F35	1:18:17
529	405	Nic	Peck		F50	1:18:41
530	404	David	Peck		M45	1:18:43
531	539	Kathryn	Weaver-Gore	Plymouth Musketeers	F60	1:18:46
532	436	Kelly	Robbins	Storm Plymouth	F40	1:22:30
533	279	Lynn	Johns	Storm Plymouth	F50	1:22:30
534	399	Jack	Passmore		SM	1:23:07
535	428	Sophie	Rainbird		SF	1:23:07
536	453	Fin	Saunders		M40	1:23:07
537	106	Jack	Charles		SM	1:23:07
538	433	Beverley	Riley	Storm Plymouth	F60	1:23:52
539	386	Wendy	Oldham	Storm Plymouth	F60	1:23:52
540	272	Michelle	Hughes	Storm Plymouth	F50	1:23:52
541	85	Chris	Brown		M65	1:27:10
542	592	Amana	Green	Storm Plymouth	SF	1:28:17
543	396	Lisa	Parr	Plymouth Harriers	F45	1:33:02
544	552	Emma	Wildman		F50	1:33:02
545	170	Amy	Dymond	Plymouth Harriers	SF	1:33:02
546	72	Cathryn	Bonney	Storm Plymouth	F45	1:33:42
547	103	Nickki	Chadwick		SF	1:33:58
548	343	Katie	Mclagan		SF	1:37:20

