

Devon Sportshall League Timetable - Plymouth Jan/Feb 22

			11:00	High Jump	U13 & U15 Boys & Girls
11:15	2 Laps	U13 Girls & Boys	11:15	Standing Long Jump	U10 Girls
	2 Laps	U15 Girls & Boys		Standing Triple Jump	U11 Boys & U11 Girls
				Speed Bounce	U10 Boys
11:40	2 Laps	U11 Girls & Boys	11:35	Standing Long Jump	U13 Boys
	1 Lap	U10 Girls & Boys		Speed Bounce	U13 Girls
				Standing Triple Jump	U15 Boys & Girls
12:15	4 laps	U13 Girls & Boys		Vertical Jump	U10 Boys
	4 laps	U15 Girls & Boys			
			11:55	Standing Long Jump	U15 Boys
				Vertical Jump	U10 Girls
12:35	4 laps	U11 Girls & Boys		Speed Bounce	U11 Boys
				Standing Triple Jump	U13 Boys & Girls
12:45	2 Laps	U10 Girls & Boys			
13:00	Soft Javelin	U10 Girls & Boys	12:15	Vertical Jump	U11 Boys
	Soft Javelin	U11 Girls & Boys		Shot Putt	U13 & U15 Girls
				Speed Bounce	U15 Boys & Girls
				Standing Long Jump	U11 Girls
13:30	2 Lap Hurdles	U15 Girls & Boys	12:35	Standing Long Jump	U13 Girls
	2 Lap Hurdles	U13 Girls & Boys		Speed Bounce	U10 Girls
				Vertical Jump	U13 Boys
13:45	2 Lap Hurdles	U11 Girls & Boys	12:55	Speed Bounce	U13 Boys
				Standing Long Jump	U11 Boys
				Shot Putt	U13 & U15 Boys
14:00	1 Lap Hurdles	U10 Girls & Boys			
14:15	3 x 2 Lap Relay	U15 Girls & Boys	13:35	Standing Long Jump	U10 Boys
	Obstacle Relay	U13 Girls & Boys		Vertical Jump	U11 Girls
	Obstacle Relay	U11 Girls & Boys			
	Obstacle Relay	U10 Girls & Boys	13:55	Standing Long Jump	U15 Girls
				Vertical Jump	U13 Girls
				Speed Bounce	U11 Girls