# CHARLES STANLEY WESTWARD LEAGUE

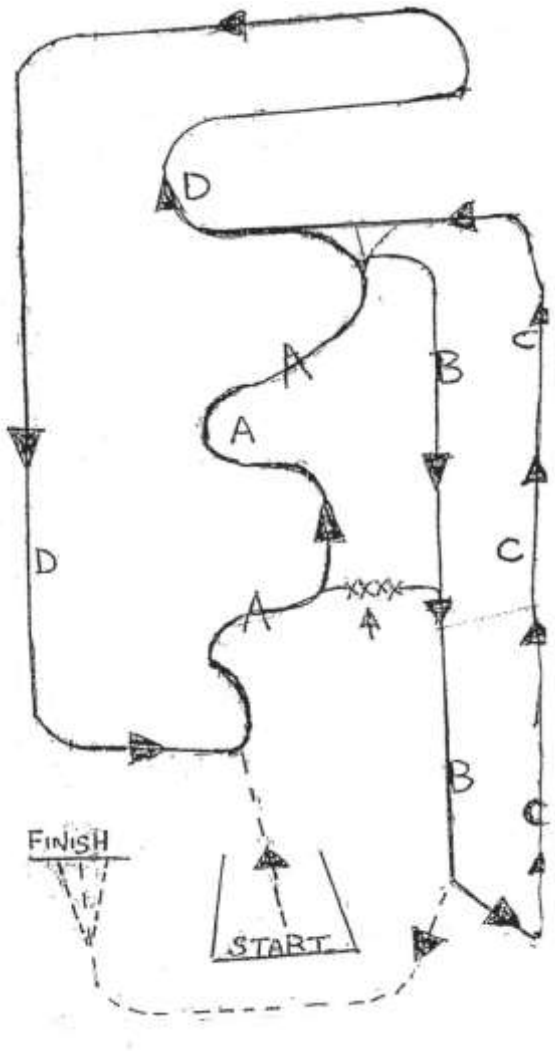
incorporating

## Devon County Cross Country Championships

Exeter Arena, Summer Lane, EXETER EX4 8NT

## Sunday 5th December 2021

| TIME | CLASS | ROUTE | M |
|---|---|---|---|
| 12:15 | DEVELOPMENT RUN<br>U11 boys & girls | S – AD – XXX – B – F | 1650 |
| 12:30 | U17 boys<br>U17 girls<br>Senior Women | S – 2XABCD + AB – F | 5000 |
| 13:00 | U13 girls | S – ABCD + AB – F | 3000 |
| 13:15 | U13 boys | S – ABCD + AB – F | 3000 |
| 13:30 | U15 girls | S – AD + ABCD + AB - F | 3900 |
| 13:50 | U15 boys | S – AD + ABCD +AB – F | 3900 |
| 14:15 | U20 Men<br>Senior Men | S – 4XABCD + AB – F | 8900 |




Travel Directions: From Junction 30 of the M5 follow the signs to Middlemoor roundabout and the B3181 to Pinhoe. Turn left at Sainsburys onto Pinhoe Road and then take the second right into Summer Lane as far as the Arena. By coach: take the third right into Beacon Lane and then right at the T junction and right into Summer Lane.

County Championships race numbers are available in the Exeter Harriers Pavilion. **Please remove all muddy shoes before entering the building.**