

Erme Valley Relays Results - Friday 5th July 2019

Pos	Num	Team Name	Cat	Runner 1		Runner 2		Runner 3		Runner 4		Total	
				Name	Time	Name	Time	Name	Time	Name	Time		
1	83	Tavistock Run Project A	M	Jordan Andrews	12 42	Edward Smith	14 16	Edward Smart	13 47	Chris Rimmer	12 37	53	22
2	169	Exmouth Harriers SM A	M	Berihu Hadera	12 50	Jason Drew	13 35	Tristan Kelsall-Spurr	13 49	Simon Minting	13 34	53	48
3	106	SWRR	M	Sam Hopton	12 44	Nick Bruce-White	14 25	Miko Cadeddu	13 36	Ollie Thorogood	13 18	54	03
4	195	Torbay Tri	M	Jason Hurford	14 01	Tim Watson	13 37	Andrew Gunther	14 24	Shaun McKernan	14 35	56	37
5	92	Plymouth Harriers SM A	M	Rob Williams	14 03	Sam Yearling	13 14	Jack Best	15 43	Steve Fletcher	13 45	56	45
6	199	Teignbridge Trotters	M	Jamie Barnett	13 15	Tim Pratt	13 49	Mike Johnson	15 08	Tim Dodwell	14 43	56	55
7	174	City of Plymouth AC SM	M	Tom Blackford	13 52	Jamie Williams	14 11	James Weir	15 27	Mat Bradley	13 55	57	25
8	171	Exmouth Harriers V40 A	MV40	Adam Miller	14 41	Anthony Hatchard	13 49	Dave Stone	15 09	Nathan Sheehy	13 54	57	33
9	151	EVH Seniors	M	Nathan Brown	15 11	Sam Swift	14 19	Chris Prall	14 49	Liam Hallows	14 39	58	58
10	194	SWRR SM B	M	James Benham	14 59	David Wilson	15 17	Ash Voralia	14 39	Joe Osborne	14 14	59	09
11	198	Torbay Tri	M	Paul Whitehead	15 46	Dave Brown	15 15	Jon Parkinson	14 42	Tim Watson	13 52	59	35
12	25	Puffin Billy Tri Club	NR	Ben Oman	14 22	Mike Talyor	15 09	Dean Crow	14 55	John Best	15 10	59	36
13	3	South Devon AC	M	Alex McGee	14 44	John Hiscooke	16 45	Liam Lindon	14 35	David Hampton	13 47	59	51
14	154	Tavistock AC	M	Will Russell	14 20	Pat MacDonough	16 25	James Armstrong	14 42	James Best	14 25	59	52
15	16	Looe Pioneers Male A	NS	Alex Prescott	14 52	Mark Deacon	14 22	Alex Prescott	16 11	Mark Deacon	14 32	59	57
16	51	Tamar T - Mixed Whippets	NS	Paul Gregg	14 32	Pete Clarke	15 12	Tom Pitcher	15 39	Paul Gregg	14 52	60	15
17	173	City of Plymouth AC U18B	MU18	Dan Newman	14 53	Thomas Jones	13 57	George Caruana	17 21	Oliver Woodmason	14 21	60	32
18	147	Teignbridge Trotters	MV50	Garry Smart	14 10	Roger Hayes	15 08	Mike Hooper	15 50	Lance masow	15 46	60	54
19	35	Riviera Racers Red	M	Preetcha Intamart	15 17	Connor Thompson	15 41	Alexander Walters	15 09	Matt Dalton	15 04	61	11
20	175	City of Plymouth AC V40 A	MV40	Simon Anderson	14 34	Paul O'Leary	15 52	Martin French	15 46	Stephen Burns	15 08	61	20
21	26	SWRR MV50 A	MV50	James Woolf	15 20	Julian Cabrerra	15 21	Paul Thomas	15 46	Tim Vialls	15 15	61	42
22	93	Plymouth Harriers SM B	M	James Cartlidge	15 12	Edward Varcoe	15 59	Steve Williams	16 25	Alex Peyton-Jones	14 11	61	47
23	27	SWRR-Mid life crisis	MV40	Don Rufus	15 12	Jason Hockridge	15 47	Ian White	17 15	Jamie Howard	14 09	62	23
24	84	Tavistock Run Project B	M	Craig Howells	14 54	Matthew Teague	15 50	Pete Moyse	16 21	Crispin Chambers	15 37	62	42
25	162	Torbay AC	M	Kevin Fine	14 47	Christopher Billing	15 44	Adam Taylor	16 02	David Cooper	16 14	62	47
26	69	Plymouth Musketeers	M	Jack Frost	15 10	Dan Case	16 00	Scott Mansfield	14 41	Andy Bees	17 03	62	54
27	111	SWRR	M	Hamish Fletcher-Cooney	14 05	Dan Grey	15 46	David Nicholls	18 21	Scott Hunter	14 59	63	11
28	28	SWRR M Sen	M	Paul Stidworthy	15 57	Richard Stone	16 58	Jamie Pullinger	15 28	Harry German	15 21	63	44
29	200	Teignbridge Trotters	MV40	Andrew Fox	16 23	Ian Langer	15 07	Matt Day	16 48	Christian Robinson	15 32	63	50
30	178	City of Plymouth AC Y7	FU18	Molly Shorey	14 49	Verity Tank	16 45	Molly Gilby	16 59	Holly Reid	15 28	64	01
31	1	Wednesday Wunners	NS	Chris Rickard	17 04	Lee Eastley	15 22	Ray Male	16 13	Leon Graves	15 32	64	11
32	179	City of Plymouth AC SW	F	Hannah Blair	14 54	Annabel Denton	15 41	Hannah Paul	19 06	Victoria Weir	14 32	64	13
33	160	Torbay AC	MV40	Ian Hayward	17 10	Nick Robinson	16 31	Steve Weeks	15 26	Martyn Breslan	15 08	64	15
34	77	ECH Team Foster	M	Ben Harding	15 18	Alex Coley	18 12	Ian Trice	14 54	Matt Davies	15 57	64	21
35	196	Torbay Tri	MV40	Jon Parkinson	14 05	Simon Mills	15 33	Peter Coish	18 24	Ian McClean	16 33	64	35
36	89	Maverick Runners Men	NR	Dominic Spayne	14 46	Shaun Yeoman	14 08	Daryl Milford	15 37	Dan Calf	20 26	64	57
37	102	Teignbridge Trotters	M	Sam Crowe	15 35	Bon Rymel	17 42	Max Conroy	18 28	Jamie Barnett	13 18	65	03

38	193	Tavistock AC	FU18	Amelia Riggott	15	24	Charlotte Tilney	17	24	Krystina Cade	16	07	Elise Kedsior-MacDonough	16	12	65	07
39	185	EVH Boys 1	MU18	Jamie Frost	14	38	Ben Bristow	17	56	George Benton	16	32	James Scantlebury	16	37	65	43
40	65	Storm Plymouth	M	Jack Arundel	15	07	Colin Palmer	18	08	Mike Tussell	15	50	David Kilgore	16	40	65	45
41	172	Exmouth Harriers V40 B	MV40	Jon Garrity	15	37	Des White	17	13	Andrew Johnson	16	39	Jos Jones	16	40	66	09
42	180	Launceston RR SM 1	NS	John Harry-Love	21	15	Darren Evans	14	14	Edward Horn	14	48	Edward Horn	16	13	66	30
43	48	SWRR 'D'	M	Karl Schultze	17	08	Stephen Collier	18	27	Jonathan Major	16	33	Shaun Vanstone	14	52	67	00
44	78	ECH Team Moorcroft	MV40	David Philp	16	16	Darren Harvey	15	06	Glenn Wood	18	40	Paul Arrowsmith	17	11	67	13
45	153	EVH V50	MV50	Neil Holmes	16	01	Simon Swift	16	18	Kevin Paull	18	46	Russ Mogridge	16	20	67	25
46	114	SWRR	FV35	Victoria Hill	15	47	Suzie Tosh	17	34	Jane Newman	17	56	Amy Jones	16	11	67	28
47	58	Tavistock AC	MU18	Jacob Holland	16	35	Samson Trice	16	47	James Crossey	19	20	Ewan Dix	15	01	67	43
48	4	South Devon AC	MV50	Jeremy Goddard	16	10	Colin Peters	15	39	Marc Walpot	16	04	Neil Hayes	19	55	67	48
49	155	Teignbridge Trotters	F	Annie Evans	15	48	Sarah Pike	18	28	Mandy Wheeler	16	47	Susanne Goffe	16	51	67	54
50	94	Plymouth Harriers V40	MV40	Mark Jones	18	04	Justine Smith	15	41	Tom Kerr	19	50	Raymond Tew	14	42	68	17
51	190	Newton Abbot AC	NS	Martha Neal	15	02	Danielle Page	17	43	Thuza Edworthy	20	15	Martha Neal	15	27	68	27
52	152	EVH V40	MV40	Simon Fitze	13	41	Phil Adderley	18	59	Martin Perry	20	59	Steve Burrows	14	54	68	33
53	148	Teignbridge Trotters	MV50	Derek Skinner	16	45	Alan Boone	16	39	Roger Hales	18	10	Neil Rutley	17	26	69	00
54	98	Plymouth Harriers SF A	F	Ami Yetton	16	15	Caitlin Mulroy	18	06	Nicola Lilly	18	46	Lutie Akinci	15	55	69	02
55	161	Torbay AC	MV50	David Maxwell	17	48	Nick Dance	18	29	Paul Frissen	17	14	Anthony Raine	15	38	69	09
56	176	City of Plymouth AC V40 B	MV40	Alan Milner	17	22	Matthew Golding	17	47	Chris Peacock	18	00	Mark Williams	16	02	69	11
57	17	Looe Pioneers Male B	M	Gary Williams	16	22	Christian Boyce	18	06	Max Evans	17	19	Joe Maywood	17	37	69	24
58	188	EVH Snr F	F	Alison Engledew	19	56	Emma Lake	16	18	Alison Thorne	16	11	Alison McEwing	17	16	69	41
59	29	SWRR SF	F	Fiona German	16	03	Emma German	17	35	Yusra-Zara Salman	20	00	Beccy Williams	16	30	70	08
59	168	Torbay AC	NS	Anthony Raine	15	27	Kav Solder	19	04	Dan Bickford Beers	17	11	Fay Cameron	18	26	70	08
61	73	Plymouth Musketeers	M	Matt Grzenda	16	08	Brennan Drewitt	17	38	Gary Allbutt	17	18	Dean Trice	19	24	70	28
62	96	Plymouth Harriers SM C	M	Gary Ash	18	11	David Shalsers	16	46	Leigh Robinson	18	20	Mark Thomas	17	17	70	34
63	38	Plymstock RR 1	NS	Graham Bale	14	23	Sarah Amadar	20	36	Mark Bolt	16	54	Helen Soby	19	07	71	00
64	7	Exmouth Harriers	F	Alice Kelly	16	44	Hannah Bown	17	14	Lisa Hatchard	19	06	Charlotte Briggs	18	14	71	18
65	146	Teignbridge Trotters	MV40	Nigel Barnett	17	57	Graydon Widdicombe	17	29	Alex Lyons	18	54	Tim Hassel	17	08	71	28
66	67	Storm Plymouth	M	Kelvin Coker	19	00	Kevin Chiswell	17	52	Pete Henderson	17	29	Matthew Jeffery	17	21	71	42
67	33	Riviera Racers Yellow	M	Malcolm Nelson	17	16	Chris King	16	43	Ben Reed	18	54	Leo Allnutt	19	05	71	58
68	70	Plymouth Musketeers	M	Kieran Woodward	16	32	Phil Bees	19	43	Paul Barietto	17	14	Gary Pope	18	45	72	14
69	181	Launceston RR F35	FV35	Jaine Haynes	19	36	Jeanette Johnson	15	58	Sarah Worth	18	03	Benedicte Holtan Carter	18	51	72	28
70	52	Tamar T - Oldies but Goldies	M	Trevor Williams	19	02	Dean Barrett	17	14	Richard Morton	19	15	Dave Bolland	17	28	72	59
71	85	Tavistock Run Project C	NS	Lewis Mill	15	09	Hannah Walters	17	45	Dave Chanter	19	37	Cassandra McDowall	20	39	73	10
72	159	Torbay AC	FV45	Karen Baddeley	17	50	Sara Crozier	18	30	Hayley Ratcliffe	19	15	Betsy Bebbington	18	12	73	47
73	86	Tavistock Run Project	F	Rachael Malthouse	15	16	Emma Dooney	18	26	Lorna Norris	21	43	Jo Arscott	19	27	74	52
74	91	Maverick Runners Mix 2	NR	Hania Lee	19	45	Steve Cox	19	54	Gareth Lee	19	21	Dominic Spayne	16	00	75	00
75	95	Plymouth Harriers V50	MV50	Andrew Bennett	18	43	Terry Bartlett	18	39	Dave Bent	19	53	Richard Atkinson	17	55	75	10
76	177	City of Plymouth AC Y6	FU18	Katie Blair	19	43	Olivia Thomas	20	34	Issy Morris	18	11	Maddy Jones	17	12	75	40
77	182	Launceston RR SM 2	M	Ben Jarram	17	03	Matt Haisman	23	15	Martin Hynes	17	58	Nick Harrison	17	41	75	57
78	57	Tavistock AC '201 Years'	FV35	Helen Orme	17	37	Kate Rogers	22	16	Sarah Holland	18	49	Caroline Steven	17	20	76	02
79	186	EVH Boys 2	MU18	Kian Stanley	19	11	Dan Adderley	21	31	Tom Harris	17	43	Ben Bristow	17	49	76	14

80	2	South Devon AC	F	Michelle Moore	16	33	Valerie McClean	21	04	Karen Bumby	20	49	Dani Waters	17	52	76	18
81	41	Plymstock RR 4	NS	Sean Doogan	18	57	Steve Cooksley	18	50	Steve Rose	16	57	Katie Chambers	21	39	76	23
82	19	Looe Pioneers Female A	F	Jo Robinson	16	48	Kerenza Kinver	20	29	Ali Catnach	19	36	Gemma Riley	19	37	76	30
83	42	Plymstock RR 5	NS	David Oliver	17	19	Laura Hilton	20	54	Karen Lawson	23	09	Paul Soby	15	09	76	31
84	156	Teignbridge Trotters	FV45	Wendy Goldthorp	19	38	Jackie Woon	17	50	Caroline Clark	20	18	Kathryn Stephenson	18	49	76	35
85	82	ECH Team Pavey	F	Dani Brace	17	45	Lyndsey Saunders	22	30	Julie Frith	18	37	Sharon Daw	17	54	76	46
86	183	EVH Girls 1	FU18	Bella May	18	59	Anna Lake	18	44	Libby Kirby	19	43	Ella Isaias	19	56	77	22
87	75	Plymouth Musketeers	F	Anna McIlreavy	18	43	Sarah Robinson	18	19	Sarah Whittaker	19	12	Anita Chambers	21	38	77	52
88	6	Exmouth Harriers	FV55	Jenny Reay	17	13	Nicky Kellt	19	26	Alison White	20	54	Dawn Teed	20	25	77	58
89	5	South Devon AC	NS	Rich Jarvis	17	36	Anthony Waters	17	24	Rachel Irish	21	08	Emma McGee	22	13	78	21
90	97	Plymouth Harriers SM D	M	Steven Laity	19	07	Dave Connell	24	28	Paul Jewell	17	28	Matt Walkey	17	19	78	22
91	99	Plymouth Harriers SF B	F	Kelly Boylin	19	34	Laura Goodspeed	19	00	Laura Quinn	20	36	Nicola Noble	19	29	78	39
92	34	Riviera Racers Blue	M	Scott Cooper	17	07	Jason Wyatt	19	26	Luke Rendle	21	42	Chad Nelson	20	34	78	49
93	167	Torbay AC	MV50	Ian Sharrock	20	15	Andy Philippou	20	50	Ray Brown	20	16	Ian Hayward	17	51	79	12
94	103	Teignbridge Trotters	NS	John Skinner	20	57	Andy Distin	23	53	Roger Easterbrook	14	41	Paul Distin	19	59	79	30
95	39	Plymstock RR 2	NS	Brigitte Taverna	19	44	David Hurrell	16	14	Steve Pittaway	19	35	Nicola Aindow	24	04	79	37
96	30	SWRR M60	MV60	Dave Evans	20	13	Tony Gale	20	50	Geoff Smith	19	59	Lewis Jones	18	36	79	38
97	197	Torbay Tri	NS	Wendy Urban	17	11	Jo Coish	23	31	Becky George	21	24	Wendy Urban	17	33	79	39
98	149	Teignbridge Trotters	MV50	Paul Dean	17	57	Eamon Crowe	20	37	John Tweedie	19	53	Stuart Moulson	21	36	80	03
99	79	ECH Team Bedford	MV50	Mark Andrews	21	19	Simon Coley	19	22	Steve Beazley	22	39	David Philp	16	44	80	04
100	90	Maverick Runners Mix 1	NR	Rod Payne	21	08	Graham Fox	18	50	Rhian Huxtable	19	48	Hania Lee	20	20	80	06
101	192	SWRR FV55	FV55	Julie Hedges	18	41	Lynda Garcia	20	37	Donna Smith	21	17	Karen Cook	19	39	80	14
102	72	Plymouth Musketeers	MV40	John Ritchie	21	32	Bryan King	23	30	Paul Bennett	19	15	Phillip Powell	16	01	80	18
103	32	Riviera Racers Ladies	NS	Jess Perriss	18	35	Amanda Holley	21	32	Lucy Nelson	21	11	Jess Perriss	19	06	80	24
104	81	ECH Team Holmes	FV35	Lucy Oldham	20	41	Sarah Steed	22	29	Natasha Duffey	19	15	Dani Brace	18	09	80	34
105	53	Tamar T - Flying Fillies	FV45	Louise Gregg	18	28	Claire Davidson	19	11	Maggie Bunting	20	56	Catherine Sims	22	27	81	02
106	166	Torbay AC	M	Mark Smith	19	13	Mark Luscombe	21	49	Peter Reeve	20	31	Nick Dance	19	30	81	03
107	14	Looe Pioneers MV40 A	MV40	Jon Hoskin	20	44	Martin Gregory	20	02	Dave Hutchkiss	21	28	Rob Kernaghan	18	53	81	07
108	45	KPR 3	NR	Phoebe Mytton	26	29	Sean Brown	21	52	Kevin Bonfield	17	18	Lewis Keywood	15	31	81	10
109	24	Looe Pioneers Mix B	NS	Clive Finmore	18	22	Tania Elliott	21	55	Jennine Fisher	21	47	Cheryl Broas	19	51	81	55
110	40	Plymstock RR 3	NS	Bill Christie	19	32	Jill Rose	23	17	Dawn Lamerton	21	51	Steve Champion	17	45	82	25
111	13	Looe Pioneers FV45 A	NS	Emma Baker	19	34	Kirsty Maywood	22	02	Emma Baker	20	46	Di Foster	20	42	83	04
112	54	Tamar T - Girls Aloud	F	Arlene Powell	20	40	Jenny Pitt	19	41	Judith Wilkinson	22	41	Helen Roper	20	28	83	30
113	18	Looe Pioneers Male C	M	Sam Tanner	19	30	Bryan Maywood	22	06	Pip Hearnden	21	08	Mick Torres	20	53	83	37
114	63	Storm Plymouth	M	Damon Bruce	21	35	Paul Hyde	18	44	Greg Western	23	43	Gary Tapp	19	39	83	41
115	71	Plymouth Musketeers	MV40	Will Lewis	17	02	Rodney Hillebrandt	19	48	Michael Hockey	18	13	Darren Williams	28	41	83	44
116	31	Legs Miserables	NR	Kingsley Garrison	20	40	David Bennett	17	01	Sarah Batten	25	23	Vanessa Prout	20	44	83	48
117	184	EVH Girls 2	NS	Rose Brunseels	19	53	Chloe Jones	20	51	Jamie Frost	22	31	Anna Lake	21	36	84	51
120	157	Teignbridge Trotters	FV55	Eleanor Taylor	21	05	Lucy Payne	21	42	Sue Tremlett	21	06	Hylida Stewart	22	25	86	18
118	47	KPR 5	NR	Lewis Keywood	14	29	Freddy Moussauoui	30	12	Jo Martin	25	17	Matt Edmondson	15	41	85	39
119	64	Storm Plymouth	NS	Lauren Knox	15	45	Gary Tapp	19	37	Rebecca Scott	30	19	Deb Cornish	20	03	85	44
121	87	Run Faster	NR	Sarah Mouat	24	31	Dawn Fox	21	48	Rikki Elliott	19	41	Duane Elliott	21	12	87	12

122	164	Torbay AC	FV45	Karen Frissen	19	41	Lisa Belsten	22	09	Fizz Davies	23	48	Tess Hearfield	21	55	87	33
123	23	Looe Pioneers Mix A	NS	Nina Bond	22	23	Andrew Elliott	22	13	Nikki Williams	21	25	Sophie Wones	21	41	87	42
124	187	EVH Snr F	F	Holly Hart	20	56	Sam Lander-Stow	23	43	Becky Lee	20	39	Emily Faircloth	22	49	88	07
125	191	Instinctive Sports All Sorts	NS	Brenda Thorne	23	03	Denise Bettey	21	14	Fred Jenkins	20	44	George Felwick	23	18	88	19
126	158	Teignbridge Trotters	NS	Lucy Evans	21	26	Susanne Westgate	22	47	Karen O'Brien	21	39	Lucy Evans	22	44	88	36
127	88	The Night Striders	NR	Sammy Evans	28	12	Tim Cadoux	24	06	Mark Prue	20	38	Ben Evans	15	50	88	46
128	163	Torbay AC	FV35	Alma Ruiz	21	27	Michele Sandu	23	36	Caroline Welan	22	40	Beth Gibbons	21	15	88	58
129	8	Looe Pioneers FU18 A	FU18	Megan Hearnden	19	42	Amber Bolger	23	07	Emily Hurst	23	33	Lucy Fisher	24	21	90	43
130	56	Tamar T - Not a Full Set	M	Dave Nance	19	51	Wes Wells	21	51	John Smith	21	36	David Pitcher	27	44	91	02
131	165	Torbay AC	FV35	Natalie Higgs	24	22	Gemma Radcliffe	24	42	Anita Ley	22	29	Karen Frissen	20	32	92	05
132	10	Looe Pioneers FV35 A	FV35	Louise Bird	24	23	Linda Cuff	22	39	Emma Collins	21	37	Angela Harrison	25	42	94	21
133	100	Plymouth Harriers SF C	F	Sarah McQuarry	22	06	Jen Dyer	26	28	Louise Shalders	24	41	Michelle Cartlidge	21	57	95	12
134	9	Looe Pioneers FU18 B	FU18	Joselyn Staff	20	28	Francesca Grovers	25	52	Ruby Robinson	23	36	Kyra Hoskin	25	23	95	19
135	46	KPR 4	NR	Nicky Bonfield	22	52	Jon Barry	24	50	Amy Wills	22	47	Corinna Ball	24	54	95	23
136	74	Plymouth Musketeers	FV35	Chloe Hoatson	19	31	Kathy Weaver-Gore	28	52	Dana Eyre	20	53	Nicki Harrop	26	33	95	49
137	170	Plymouth Musketeers	F	Kelly Brumhead	24	37	Joanne Jefford	25	10	Jasmine Robinson	26	22	Dawn Dyer	20	56	97	05
138	68	Storm Plymouth	M	Nick Horton	23	04	Sean Davey	25	01	James Farr	23	04	Justin Locke	26	01	97	10
139	20	Looe Pioneers Female B	F	Holly Fulford	24	22	Hannah Jones	24	52	Mel Marks	24	36	Donna Gundry	24	38	98	28
140	61	Storm Plymouth	FV45	Helen Childs	24	23	Angie Smith	24	54	Hayley Alberts	24	32	Michelle Oxley	25	00	98	49
141	76	Plymouth Musketeers	FV45	Debbie Bennett	24	47	Louise King	24	05	Miranda Ritchie	21	26	Lynne Jones	28	43	99	01
142	55	Tamar T - String Quartet	M	Dave Salvage	22	13	Mark Rescorl	25	09	Neil Whitehead	25	47	Mark Pascoe	26	16	99	25
143	50	Tamar T - Swing Out Sister	F	Kirsty Down	22	20	Julie Pascoe	26	36	Debbie Maunder	27	55	Di Nicholson	22	41	99	32
144	59	Storm Plymouth	FV35	Jane Dowick	24	23	Ginny Compton	26	24	Rachel Carlick	24	40	Paula Tapp	25	28	100	55
145	60	Storm Plymouth	F	Georgie Farr	19	37	Louise Sowden	27	46	Clare Collings	27	54	Shontelle Jones	25	38	100	55
146	49	Tamar T - Jan's Possie	FV45	Jan Duke	27	00	Ann Foster	26	33	Justine Armstrong	25	56	Sally Johnston	22	30	101	59
147	43	KPR 1	NR	Vicky Endean	21	29	Jill Barry	27	51	Jennie Everill	25	16	Laura White	27	44	102	20
148	21	Looe Pioneers Female C	F	Maddie Southall	23	44	Ellie Timmins	24	26	Lisa Jago	28	36	Carol Beaver	25	54	102	40
149	150	Plymouth Harriers SF D	F	Amy Dymond	28	14	Lisa Armstrong	24	15	Melanie Pedrick	25	39	Julie Board	24	38	102	46
150	66	Storm Plymouth	FV35	Dawn Dixon	22	49	Lynn Johns	28	32	Cat Bonney	31	19	Kerstina Thorne	25	05	107	45
151	15	Looe Pioneers MV40 B	MV40	Guy Cooper	26	48	Darren Hardwick	20	11	Shaun Pengelly	29	34	Robert Cioppa	31	25	107	58
152	12	Looe Pioneers FV45 B	FV45	Heidi Hoskin	31	32	Lee Jago	21	43	Nicky Puckey	27	50	Lisa Kernaghan	32	18	113	23
153	22	Looe Pioneers Female D	F	Beth Hearnden	28	04	Sandra Northcott	23	56	Angela Stevens	28	57	Nina Bond	33	18	114	15
154	11	Looe Pioneers FV45 C	FV45	Julie Gregory	26	11	Jay Wagstaff	24	39	Edwina Hannaford	30	31	Shirley-Ann Timperley	33	18	114	39
155	44	KPR 2	NR	Becky Ross	26	42	Pip Morley	26	06	Kim Frost	29	26	Sonia Stevens	22	58		

Prize Winners

		Team Name	Time
1st	M	Tavistock Run Project A	53:22
2nd	M	Exmouth Harriers SM A	53:48
3rd	M	SWRR	54:03
1st	MV40	Exmouth Harriers V40 A	57:33
1st	MV50	Teignbridge Trotters	60:54
1st	MV60	SWRR M60	79:38
1st	MU18	City of Plymouth AC U18B	60:32
1st	F	City of Plymouth AC SW	64:13
2nd	F	Teignbridge Trotters	67:54
3rd	F	Plymouth Harriers SF A	69:02
1st	FV35	SWRR	67:28
1st	FV45	Torbay AC	73:47
1st	FV55	Exmouth Harriers	77:58
1st	FU18	City of Plymouth AC Y7	64:01
1st	NR	Puffin Billy Tri Club	59:36
		Fastest Leg - Male	Chris Rimmer 12 37
		Fastest Leg - Female	Victoria Weir 14 32