

**ERME VALLEY HARRIERS**  
**SENIOR ROAD RECORDS**

**MENS**

10k	Allister Bristow	31.17	Paignton 94
10 miles	Allister Bristow	50.53	Guy Fawkes 94
Half Marathon	Neil Holmes	1.08.44	Burnham 95
Marathon	Colin Campbell	2.29.28	London 85

**LADIES**

10k	Alison McEwing	37.19	Exeter 16
10 miles	Jaine Swift	62.02	Bideford 12
Half Marathon	Alison McEwing	1.21.02	Exeter 14
Marathon	Alison McEwing	2.53.03	London 15