

FEBRUARY RESULTS

In the **Exeter Half Marathon** on Saturday 8th February **Alison Thorn** was 40th and 1st fv45 in a time of 86.27.

Emma Lake was 84th in a time of 93.58.

There were 285 finishers..

The Half Marathon should also have been run on Sunday 9th February but had to be abandoned due to the windy condntions.

ARMADA ATHLETICS WINTER 3K SERIES CENTRAL PARK - WEDNESDAY 12 FEBRUARY

There was a low turnout for this race with just 43 finishers. It was a damp night but not windy.

We had two athletes who completed the race. **Phil Adderley** was 21st in 13.52, whilst son **Daniel** was 28th in 15.51.

BODMIN HALF MARATHON - SUNDAY 16 FEBRUARY

This race went ahead despite the horrendous conditions over the weekend.

Well done to our four athletes who successfully completed the course. The **Engledew's** did particularly well as both **Dave** and **Alison** were 1st in their age categories.

Results:	58	Dave Engledew	1.48.54 (1 st mv60)
	122	Alison Engledew	1.59.06 (1 st fv60)
	172	Phil Adderley	2.07.33
	207	Lindsay Lane	2.15.16
	218	Richard Lane	2.18.28
		(341 finishers)	

LOOE - SATURDAY 22 FEBRUARY

We had a good turnout at this undulating course.

Well done to **Alison Engledew** who was 1st fv60.

Results:	46	Russ Mogridge	1.16.30
	137	Ian Crossley	1.28.58
	149	Alison Engledew	1.29.46
	198	Katy Mogridge	1.34.11
	243	Rose Bralsford	1.37.02
	347	Lucy Campbell	1.44.18
		(630 finishers)	

HAMELDOWN HAMMER HALF MARATHON SUNDAY 23 FEBRUARY

Chris Prall had an exceptional run to finish 5th in this tough event across the moor.

Results:	5	Chris Prall	1.53.59
	82	Dave Church	2.28.28
	87	Patrick Wakeley	2.30.51
	100	Neil Moffatt	2.34.13

In the shorter 7 mile race **Becky Prall** was 34th in a time of 1.29.25.



Meanwhile new member **Neil Mant** did well at the **National Cross Country Championships** held in **Nottingham** and in tough conditions. **Neil** finished in 1032nd place out of 1710 finishers in a time of 63.05.