

AUGUST RESULTS

TOTNES 10K - SUNDAY 4 AUGUST

We had five athletes in this popular race.

Allister Bristow was 2nd male vet 45 and **Alison Engledew** 2nd female vet 60.

Results:	11	Allister Bristow	41.22
	122	Kevin Paull	52.08
	144	Alison Engledew	53.35
	212	Liz Bowden	58.34
	363	Vicki Wilde	67.26

ARMADA ATHLETICS SUMMER 5K SERIES SALTRAM - WEDNESDAY 14 AUGUST

We again had a good turnout at the latest race in the series.

Results:	6	Jamie Frost	19.31
	16	Emma Lake	20.38
	33	Dave Church	22.17
	60	Anna Lake	24.00
	69	Richard Lane	24.45
	78	Rebecca Lee	25.20
	80	Alison Engledew	25.26
	88	Lindsay Lane	25.50
	102	Ruth Terry	27.07
	139	Ben Bristow	30.36
	158	Bryan Short	33.06
	170	Kate Youngs	35.02
	176	Caroline Blackmore	35.48
	178	Phil Warren	35.49
		(207 finishers)	

THE FIVE BAYS CHALLENGE - SUNDAY 18 AUGUST

This multi-terrain event started and finished at Broadsands Beach in the Torbay area.

Our two competitors were **Andy Newcombe** and **Alison Engledew**. **Andy** was 21st in 52.11, whilst **Alison** was 75th in 64.19.

There were 212 finishers.

Torbay Relays - Friday 23 August

This year it was a very pleasant evening for the event – compared with the rain of last year!

Thanks to Dan for putting the teams together. Liam Hallows was our fastest runner although no time is reported for Sam Swift (pictured above with his parents).

The results were as follows

Men's Team 4th in 42.17

3K Leg times Liam Hallows 9.48; Dan Francis 11.27 Dave Church ? Sam Swift ?

Ladies A 42nd in 53.57

3K Leg times Rose Bralsford 14.16 Katy Mogridge 13.36 Allison Engledew 13.32, Jaine Swift 12.13

Ladies B 42nd in 58.42

3K Leg times Carol Hansen 15.18; Ruth Terry 14.33 Sharon Terry 15.29 Becky Lee 13.25

Men's V60 Team 57th in 59.09

3K Leg times Phil Warren 16.56; Brian Short 17.12 Mike Hansen 12.11 Ken Summers 12.50

On the following day a number of our runners tackled the Dartmoor Big Day out (Great Escape) across the moor.

In the 15.5 mile race we had the following

3	Lee Eastley	2.05.45
9	David Church	2.17.13
17	Ken Summers	2.28.35
27	Patrick Wakeley	2.41.13
33	Richard Lane	2.42.36
59	Lindsay Lane	2.58.58

Chris Prall tackled the 36 mile route and finished in 6.40.04 for 16th place.

At the **MUSKIES MADNESS** we had three athletes complete the course.

Dave Lloyd was 51st in 56.00, **Richard Lane** 56th in 56.36 and wife **Lindsay** 65th in 58.53.

There were 172 finishers.

