

South West League - Exeter

Sunday 4th August

Erme Valley athletes competing as Armada

U13 Girls

Long Jump	23rd	Holly Dingley	3.15m
Shot	18th	Holly Dingley	3.91m
Javelin	16th	Holly Dingley	8.12m

U13 Boys

75m Hurdles	2nd	Adam Dingley	12.64s
100m	8th	Adam Dingley	13.75s
Long Jump	3rd	Adam Dingley	4.45m

U15 Girls

300m	8th	Ella Isaias	46.25s
1500m	14th	Anna Lake	5.58.10
High Jump	1st	Ella Isaias	1.58m
Long Jump	13th	Ella Isaias	4.30m

U17 Women

100m	14th	Elowenn Tuhill	15.56s
300m	13th	Elowenn Tuhill	51.70s

Men

400m	7th	Liam Hallows	57.09s
1500m	8th	Liam Hallows	4.37.45
Long Jump	14th	Liam Hallows	3.55m