

Welsh Athletics Junior Open
2nd December

U13 Boys

200m	Adam Dingley	29.78s	NCR
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Cardiff Met GP 1 Christmas Classic
16th December

U20 Men

600m	Liam Hallows	1.33.94	
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Welsh Athletics Junior Open
6th January

U13 Boys

60m Hurdles	Adam Dingley	11.11s	NCR
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60m	Adam Dingley	8.90s	NCR
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Long Jump	Adam Dingley	4.10m	NCR
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U17 Women

60m Hurdles	Estelle Hodges	9.67s	NCR
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60m	Estelle Hodges	8.59s	
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	Olivia Travers	9.03s	
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800m	Olivia Travers	2.32.81	
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Cardiff Met GP 2 Non Thomas Open
20th January

U20 Men

800m	Nathan Brown	2.02.69	
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	Liam Hallows	2.11.14	
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Birmingham Games
17th February

U15 Girls

800m	Ela Isaias	2.28.93	NCR
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High Jump	Ela Isaias	1.50m	
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U17 Women

60m Hurdles	Estelle Hodges	9.73s	
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60m	Estelle Hodges	8.49s	
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	Ruth Green	8.61s	
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200m	Ruth Green	28.15s	
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300m	Olivia Travers	45.94s	
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800m	Olivia Travers	2.31.99	
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U20 Men

1500m	Liam Hallows	4.41.12	
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