

DECEMBER RESULTS

COCKINGTON CAPER - SATURDAY 8 DECEMBER

We had a good turnout at this popular Christmas event.

Russ Mogridge was 1st mv55, **Emma Lake** was 1st fv40 and **Ken Summers** was 1st mv65.

Results:	18	Russ Mogridge	1.03.45
	30	Emma Lake	1.08.16
	57	Andy Newcombe	1.13.26
	78	Dave Church	1.18.12
	82	Ken Summers	1.18.24
	100	Kate Medicott	1.22.01
	112	Richard Lane	1.24.16
	115	Katy Mogridge	1.27.12
	134	Lindsay Lane	1.29.55

ARMADA 3K - CENTRAL PARK - WEDNESDAY 12 DECEMBER

James Scantlebury was the first Harrier home.

Results:	19	James Scantlebury	11.51
	41	Dave Church	13.21
	42	Ella Isais	13.22
	92	Carol Hansen	18.42

RACE THE LIGHT - SATURDAY 15 DECEMBER

This multi-terrain race of 8.5 miles took place on the Flete Estate, Mothecombe. The race started at dusk and finished in the dark for some.

Faith Taylor had a particularly good run and was 1st lady and 7th overall.

Results:	7	Faith Taylor	63.8
	28	Ewan Lake	67.59
	35	Anna King	69.14
	57	Hannah Walters	74.44
	58	Donncha Scollard	74.44
	196	Sophie Weeks	100.35
		(257 finishers)	

