

AUGUST RESULTS

At the **Totnes 10K** we had three athletes with **Dave Engledew** the first Harrier home in 40th place in a time of 46.19. **Alison Engledew** was 108th in 53.53 and **Phil Adderley** 163rd in 58.49. There were 515 finishers.

Emma Lake was out only athlete at the tough **Indian Queens Half Marathon**.

Emma did well and was 2nd fv40 and 77th overall in a time of 1.37.22.

There were 546 finishers.

ARMADA ATHLETICS SUMMER 5K SERIES SALTRAM - WEDNESDAY 8 AUGUST

There was a large turnout for this race. We were also well represented.

Results:	16	Liam Hallows	19.17
	22	Nick Bristow	20.03
	23	Emma Lake	20.05
	48	Dave Church	22.29
	61	Ray Male	23.21
	68	James Scantlebury	23.48
	76	Dan Marks	24.19
	97	Anna Lake	25.11
	103	Pam Duncan	25.29
	123	Dan Adderley	27.22
	124	Phil Adderley	27.25
	174	Phil Warren	31.13
		(237 finishers)	

On Sunday 19th August **Russ** and **Katy Mogridge** completed the **Torbay Five Bays Challenge**.

Russ was 18th in 51.55 and **Katy** 82nd in 65.52.

THE TORBAY RELAYS - FRIDAY 24 AUGUST

This was a good club evening and many excellent performances. The club provided a free coach and some athletes ran twice!

There were a variety of categories with results as follows:

- Senior Men (5th)** Liam Hallows 10.20, Cris Prall 10.15, Craig MacLellan 10.01 and Nick Bristow 10.52 (team total 41.28)
- Senior Ladies** Well done to our ladies team who were 3rd – Sarah Hirons 11.45, Becky Lee 13.37, Cleo Perry 10.37 and Alison McEwing 10.25 (team total 46.24)
- Alison was also the quickest lady.
- Scratch Team** Our team were 2nd. Well done to Dave Church 12.21, Dave Engledew 11.19, Russ Mogridge 11.28 and Summers 12.54 (team total 48.02)
- Super Vets Men** In this 50-59 age category we were 2nd. Congratulations to Russ Mogridge 11.10, Mike Hansen 11.46, Simon Swift 11.05 and Dave Engledew 10.59 (team total 45.00)
- Super Vets Ladies** In this 50-59 category we were 3rd. Well done to Katy Mogridge 13.15, Carol Hansen 14.51, Sharon Terry 15.08 and Alison Engledew 13.09 (team total 56.23)
- Vintage Men** We were 2nd in this category. Congratulations to Ken Summers 12.38, Nick McMahon 13.53, Bryan Short 15.23 and Steve Watson 13.02 (team total 54.56)

THE BIG DAY OUT - SATURDAY 25 AUGUST

Three athletes completed the demanding 34 miles from Belstone to South Brent in a race known as 'The Dartmoor Crossing'. **Patrick Wakeley** and **Neil Moffatt** (both 7.15.38) as well as **Sophie Weeks** (7.58.05) all deserve a rest!

In the Half Marathon known as the 'Great Escape' from Princetown to South Brent Our intrepid trio who completed the course were **Hannah Walter** (1.57.12), **Richard Lane** (2.26.29) and **Dinah Wakeley** (2.59.46).

Meanwhile at the **Lustleigh Show Simon** and **Jayne Swift** along with **Russ** and **Katy Mogridge** all enjoyed the race!

