

# MARCH RESULTS

## ARMADA ATHLETICS WINTER 3K SERIES CENTRAL PARK - WEDNESDAY 14 MARCH

In the final race of the series **Liam Hallows** continued his good form by finishing 4<sup>th</sup> in 11.34, whilst **Olivia Travers** was 16<sup>th</sup> in 15.35.

## GRANITE 10 & 20

In the 10 mile race **Cleo Perry** was 1<sup>st</sup> lady in 69.09 and set a new club fv45 record. **Sarah Hiron** was 3<sup>rd</sup> lady in 73.06. Both **Cleo** and **Sarah** were 1<sup>st</sup> in their age groups.

**Alison McEwing** completed the 20 mile race and was 1<sup>st</sup> lady and 8<sup>th</sup> overall in 2.16.08.

## GRIZZLY

The dreadful snowy conditions reduced this race to half the distance. Nevertheless well done to Ewan Lake, Paddy Wakely, Suzi Spooner, David Church, Kevin Paull, Steve Watson, Ken Summers, Liz Bowde and Allister Bristow who all managed to get around.

Meanwhile in the **Good Friday 10K** in **Exeter** **Nick Bristow** was 41<sup>st</sup> in 41.55.