

Southern Athletics League - Par **Saturday 19th August**

Erme Valley Athletes competing in composit teams

Men

| | | | |
|-----------|--|--------------|--------|
| 100m | | Sam Peters | 11.8s |
| 200m | | Sam Peters | 22.9s |
| 800m | | Liam Hallows | 2.18.4 |
| 1500m | | Liam Hallows | 4.53.7 |
| Long Jump | | Liam Hallows | 4.06m |

South West Intercounties Championships - Exeter **Sunday 20th August**

U15 Girls

| | | | |
|-------------|-----|----------------|--------|
| 75m Hurdles | 3rd | Estelle Hodges | 12.06s |
| 100m Ht 1 | 4th | Ruth Green | 13.15s |
| 100m Final | 4th | Ruth Green | 13.08s |
| 200m | 5th | Ruth Green | 27.82s |
| Long Jump | 7th | Estelle Hodges | 4.69m |

U15 Boys

| | | | |
|-----------|-----|---------------|--------|
| High Jump | 3rd | Alex Sheridan | 1.58m |
| Long Jump | 4th | Alex Sheridan | 4.88m |
| Shot Putt | 3rd | Alex Sheridan | 10.91m |

U20 Men

| | | | |
|-------|-----|--------------|----------|
| 800m | 2nd | Nathan Brown | 2.00.56 |
| 5000m | 3rd | Liam Hallows | 19.01.36 |