

Erme Valley Relays 2016 Individual Leg Times

Rank	Leg	Num	Team	Cat	Name	Mins	Secs
1	D	92	Exmouth Harriers	M	Tom Merson	12	24
2	A	78	Erme Valley H M	M	William Battershill	12	43
3	A	15	Sidmouth RC	NS	Jason Drew	13	01
4	A	41	Torbay AC SM	M	Simon Longthorpe	13	03
5	D	41	Torbay AC SM	M	Lee Turner	13	09
6	C	95	Teignbridge Trotters	M	Henry Hart	13	12
7	B	29	SWRR	M	James Reeves	13	15
7	C	41	Torbay AC SM	M	Arran Tocknell	13	15
7	D	15	Sidmouth RC	NS	Jason Drew	13	15
10	A	77	Erme Valley H U18B	MU18	Owen Parkin	13	17
11	D	90	Exmouth Harriers	MV40	Jamie Palmer	13	18
12	B	92	Exmouth Harriers	M	Simon Minting	13	21
13	A	92	Exmouth Harriers	M	Michael Robinson	13	28
13	D	77	Erme Valley H U18B	MU18	Nathan Brown	13	28
15	B	125	Plymouth Harriers A	M	Thomas Humphrey	13	29
16	A	42	Torbay AC MV40	MV40	Peter Monaghan	13	30
17	C	15	Sidmouth RC	NS	Mateusz Szala	13	31
17	D	125	Plymouth Harriers A	M	Chris Aldridge	13	31
19	C	92	Exmouth Harriers	M	Peter Fletcher	13	32
20	D	50	ECH Lord Above	M	Marc Smerdon	13	36
21	C	90	Exmouth Harriers	MV40	Mike Musgrove	13	37
21	C	125	Plymouth Harriers A	M	John Porter	13	37
23	A	29	SWRR	M	Michal Lesniak	13	43
23	B	41	Torbay AC SM	M	Ian Tyson	13	43
25	A	125	Plymouth Harriers A	M	Steve Hill	13	45
26	D	37	Maverick Runners A	M	Daryl Milford	13	47
27	A	90	Exmouth Harriers	MV40	Adam Miller	13	50
28	A	95	Teignbridge Trotters	M	Kevin Woodward	13	52
29	A	50	ECH Lord Above	M	Oli Jones	13	53
30	A	82	Plymstock RR O50s	MV50	Graham Bale	13	54
30	D	79	Erme Valley H M40	MV40	Andrew Perry	13	54
32	B	90	Exmouth Harriers	MV40	Anthony Hatchard	13	55
32	D	7	Tiverton Harriers	M	Michal Lesniak	13	55
34	C	42	Torbay AC MV40	MV40	Jon Parkinson	13	58
34	D	111	SWRR	M	James Reeves	13	58
36	B	89	Exmouth Harriers B	M	Ryan Snell	14	02
37	A	119	Instinctive Sports Men 1	M	Ben Payne	14	04
37	B	95	Teignbridge Trotters	M	Tim Pratt	14	04
39	A	126	Plymouth Harriers 2	M	Alex Peyton-Jones	14	06
39	D	29	SWRR	M	Langdon Williams	14	06
41	B	15	Sidmouth RC	NS	Justin Ashby	14	11
42	D	60	Torbay AC	M	Jon Pressling	14	16
43	B	42	Torbay AC MV40	MV40	Adharanand Finn	14	17
44	C	60	Torbay AC	M	Martyn Breslan	14	20
44	D	95	Teignbridge Trotters	M	Jamie Barnett	14	20
46	D	51	ECH Give it a go	M	Oli Jones	14	22
47	B	126	Plymouth Harriers 2	M	Dave Beckenkraeger	14	23
48	A	111	SWRR	M	James Benham	14	25
48	D	80	Erme Valley H M50	MV50	Neil Holmes	14	25
50	D	42	Torbay AC MV40	MV40	Andrew Longthorpe	14	30
51	A	39	SWRR MV50 A	MV50	Tim Vialls	14	31
52	D	127	Plymouth Harriers 3	M	Edward Porter	14	32
53	A	101	Teignbridge Trotters	MV40	Mike Hooper	14	36
54	D	45	Torbay AC MV40	MV40	Jerry Hocking	14	37
55	D	73	Erme Valley H SW1	F	Ali McEwing	14	39
56	A	103	Teignbridge Trotters	MV50	Garry Smart	14	42

57	B	101	Teignbridge Trotters	MV40	Roger Hayes	14	45
58	A	37	Maverick Runners A	M	Martyn Ellis	14	46
59	B	83	Looe Pioneers A	M	John Duffy	14	49
60	D	83	Looe Pioneers A	M	Liam Chalk	14	50
61	C	111	SWRR	M	Gareth Davies	14	52
61	D	67	Tavistock AC M	MV50	Martin Exley-Deane	14	52
63	B	45	Torbay AC MV40	MV40	Steve Weeks	14	54
63	B	96	Teignbridge Trotters	M	Peter Heckles	14	54
65	A	11	SWRR Zulu	NS	Kieran Quinn	14	55
65	D	11	SWRR Zulu	NS	Kieran Quinn	14	55
67	B	111	SWRR	M	Milan Goc	14	56
68	A	94	Exmouth Harriers	M	Pete Belcher	14	58
68	C	73	Erme Valley H SW1	F	Cleo Perry	14	58
70	C	56	Newton Abbot Ex Pats	M	Pete Braund	14	59
71	C	11	SWRR Zulu	NS	Julian Cabrera	15	00
71	D	39	SWRR MV50 A	MV50	Paul Thomas	15	00
73	A	7	Tiverton Harriers	M	Rory Carr	15	01
73	B	78	Erme Valley H M	M	Steve Newcombe	15	01
75	B	31	SWRR Senior B	F	Ellie Dominey	15	02
75	D	5	Tiverton Harriers	F	Serane Stone	15	02
77	B	7	Tiverton Harriers	M	Kerry Roberts	15	03
78	C	83	Looe Pioneers A	M	Mark Deacon	15	05
79	A	31	SWRR Senior B	F	Alexandra Cutts	15	08
79	D	31	SWRR Senior B	F	Nicky Savill	15	08
81	A	9	Worst Pace Scenario	M	Lee Eastley	15	11
81	C	80	Erme Valley H M50	MV50	Andy Trigg	15	11
83	B	60	Torbay AC	M	Shaun McKernan	15	12
84	B	108	SWRR	MU18	Piran Woolnough	15	13
84	C	77	Erme Valley H U18B	MU18	Joe Perry	15	13
84	D	116	Exmouth Harriers	F	Kat Harris	15	13
87	B	39	SWRR MV50 A	MV50	Andy Jones	15	14
87	C	19	Plymouth Musketeers C	M	Matt Wearne	15	14
87	C	29	SWRR	M	Miles Woolnough	15	14
90	D	4	SWRR Mens C	M	David Wilson	15	15
91	A	108	SWRR	MU18	Harry German	15	16
91	C	37	Maverick Runners A	M	Dominic Spayne	15	16
91	C	127	Plymouth Harriers 3	M	Steve Fletcher	15	16
94	C	39	SWRR MV50 A	MV50	Richard Everson	15	19
95	C	96	Teignbridge Trotters	M	Adam Johnson	15	23
96	A	4	SWRR Mens C	M	Scott Hunter	15	25
97	A	89	Exmouth Harriers B	M	Jamie Pearson	15	27
97	D	101	Teignbridge Trotters	MV40	Allen Taylor	15	27
99	D	108	SWRR	MU18	T. C. Chulu	15	28
100	B	79	Erme Valley H M40	MV40	Craig MacAlpine	15	29
101	B	73	Erme Valley H SW1	F	Ali Thorn	15	30
101	C	7	Tiverton Harriers	M	Martin Brace	15	30
103	A	127	Plymouth Harriers 3	M	Matt Walkey	15	32
104	D	91	Exmouth Harriers	MV50	Hugh Marsden	15	33
105	A	19	Plymouth Musketeers C	M	Kieran Woodward	15	34
106	A	67	Tavistock AC M	MV50	Alastair Peers	15	35
107	A	80	Erme Valley H M50	MV50	Russ Mogridge	15	36
107	A	83	Looe Pioneers A	M	Alex Prescott	15	36
109	D	96	Teignbridge Trotters	M	Craig Churchill	15	37
110	A	48	ECH Keep on moving	MV50	David Philp	15	38
111	A	124	Plymouth Harriers Ladies A	F	Ami Yetton	15	39
111	D	21	Plymouth Musketeers E	M	Kieran Woodward	15	39
113	A	97	Teignbridge Trotters	NS	Tom Besford	15	40
114	C	4	SWRR Mens C	M	Rob Graham	15	41
115	A	79	Erme Valley H M40	MV40	Simon Swift	15	42

116	D	94	Exmouth Harriers	M	Jamie Pearson	15	44
117	A	18	Plymouth Musketeers A	MV40	Matt Bradley	15	45
117	D	89	Exmouth Harriers B	M	Rich Middleton	15	45
119	D	38	Maverick Runners B	M	Paul Dodson	15	46
119	D	56	Newton Abbot Ex Pats	M	Paul Hindle	15	46
121	D	69	Tavistock AC M60 B	MV60	Allan Herdman	15	47
122	C	89	Exmouth Harriers B	M	Ben White	15	48
122	C	94	Exmouth Harriers	M	Richard Bishop	15	48
124	B	97	Teignbridge Trotters	NS	Joshua Taylor	15	49
125	B	127	Plymouth Harriers 3	M	Rob Jeremy	15	50
126	D	98	Teignbridge Trotters	M	Ashley Wood	15	51
127	C	45	Torbay AC MV40	MV40	Neil Dawkins	15	53
127	C	118	Newton Abbot	F	Martha Neal	15	53
127	D	126	Plymouth Harriers 2	M	Ross Bailey	15	53
130	A	91	Exmouth Harriers	MV50	Brian Samson	15	54
130	B	80	Erme Valley H M50	MV50	Mike Hanson	15	54
132	A	60	Torbay AC	M	Kevin Fine	15	55
133	C	50	ECH Lord Above	M	Oli Lord	15	56
134	C	126	Plymouth Harriers 2	M	Justin Smith	15	57
134	D	8	Tiverton Harriers	M	Matt Prisk	15	57
136	A	96	Teignbridge Trotters	M	Ian Langler	16	00
136	D	76	Erme Valley H W45	FV45	Jaine Swift	16	00
138	A	10	Two degree Marie plus three	NR	Marie Faithfull	16	01
138	A	73	Erme Valley H SW1	F	Sarah Hirons	16	01
138	B	91	Exmouth Harriers	MV50	David Wright	16	01
141	D	74	Erme Valley H SW2	F	Emma Lake	16	05
142	B	81	Erme Valley H Scratch	M	Richard Lander Stow	16	06
143	A	128	Plymouth Harriers 4	M	Matt Carey	16	07
144	A	5	Tiverton Harriers	F	Lauren Burd	16	08
144	D	78	Erme Valley H M	M	Rob Barnett	16	08
146	C	31	SWRR Senior B	F	Suzy Rushforth	16	10
147	C	79	Erme Valley H M40	MV40	Andy Newcombe	16	11
148	B	18	Plymouth Musketeers A	MV40	Steve O'Shea	16	12
149	C	101	Teignbridge Trotters	MV40	Julian Scanes	16	13
150	C	103	Teignbridge Trotters	MV50	Alan Boone	16	14
151	A	45	Torbay AC MV40	MV40	Anthony Raine	16	15
152	D	82	Plymstock RR O50s	MV50	Dave Oliver	16	16
152	D	100	Teignbridge Trotters	M	Roger Hayes	16	16
154	D	49	ECH We're how old?	MV50	David Philp	16	17
154	D	99	Teignbridge Trotters	MV40	Colin Harper	16	17
156	C	97	Teignbridge Trotters	NS	Tom Besford	16	21
157	A	99	Teignbridge Trotters	MV40	Bruce Campbell	16	22
157	B	4	SWRR Mens C	M	Richard Pedrick	16	22
157	D	48	ECH Keep on moving	MV50	Ian Crowle	16	22
160	D	32	SWRR Senior C	F	Kirsten Blythe	16	24
161	C	18	Plymouth Musketeers A	MV40	Karl Pearson	16	27
162	A	51	ECH Give it a go	M	Ben Harding	16	28
162	A	118	Newton Abbot	F	Tilly Woods	16	28
164	C	8	Tiverton Harriers	M	Alan Ledger	16	29
165	D	59	Torbay AC	M	Stephen Wilbraham	16	30
166	A	72	Tavistock AC W45	F	Phoebe Lloyd-Evans	16	31
167	A	116	Exmouth Harriers	F	Hannah Bown	16	33
167	D	46	ECH Got the t-shirt	FV45	Revis Crowle	16	33
167	D	70	Tavistock AC W	F	Phoebe Lloyd-Evans	16	33
170	C	30	Plymouth Musketeers F	MV40	Dean Harber	16	34
170	D	119	Instinctive Sports Men 1	M	Damian Holloway	16	34
172	B	50	ECH Lord Above	M	Alex Coley	16	35
173	A	32	SWRR Senior C	F	Laura Swanton	16	37
173	D	18	Plymouth Musketeers A	MV40	Steve Bush	16	37

175	A	8	Tiverton Harriers	M	Walter Andrews	16	38
175	D	16	SWRR	M	Mike Feighan	16	38
177	A	14	SWRR D	M	Matt Dominey	16	39
177	C	5	Tiverton Harriers	F	Katherine Humphreys	16	39
177	D	19	Plymouth Musketeers C	M	Darren Munday	16	39
177	D	97	Teignbridge Trotters	NS	Joshua Taylor	16	39
181	B	67	Tavistock AC M	MV50	Jason Shipton	16	40
182	C	14	SWRR D	M	Andy MacMillan	16	44
183	B	37	Maverick Runners A	M	Mike Roberts	16	45
184	B	14	SWRR D	M	Chris Sharp	16	46
184	D	118	Newton Abbot	F	Amy Smart	16	46
186	B	11	SWRR Zulu	NS	Chris Clark	16	47
187	B	98	Teignbridge Trotters	M	Travis Wood	16	48
187	C	116	Exmouth Harriers	F	Emma White	16	48
189	A	17	Plymouth Musketeers B	MV40	Stuart Queen	16	50
189	B	46	ECH Got the t-shirt	FV45	Sharon Daw	16	50
191	A	44	Torbay AC FV45	FV45	Cathy Parkinson	16	51
192	B	70	Tavistock AC W	F	Jennifer Sabine	16	52
192	C	32	SWRR Senior C	F	Chloe Fox	16	52
192	C	76	Erme Valley H W45	FV45	Jo Edwards	16	52
195	C	68	Tavistock AC M60 A	MV60	Dave Twine	16	53
196	C	17	Plymouth Musketeers B	MV40	Jason Childs	16	54
196	D	44	Torbay AC FV45	FV45	Wendy Urban	16	54
198	D	33	SWRR V35 B	FV35	Laura Swanton	16	56
199	A	104	Teignbridge Trotters	MV50	Derek Skinner	16	58
199	D	124	Plymouth Harriers Ladies A	F	Elizabeth Coombes	16	58
201	B	19	Plymouth Musketeers C	M	Brennan Drewitt	16	59
202	C	16	SWRR	M	Gavin Connor	17	00
203	B	82	Plymstock RR O50s	MV50	Steve Rose	17	01
203	D	86	Looe Pioneers C	M	Sam Maynard	17	01
205	A	30	Plymouth Musketeers F	MV40	Gary Martin	17	05
205	B	116	Exmouth Harriers	F	Becky Fagg	17	05
207	B	74	Erme Valley H SW2	F	Ruth Pearce	17	06
208	B	56	Newton Abbot Ex Pats	M	Paul Kelly	17	08
209	B	32	SWRR Senior C	F	Becky Davies	17	09
209	B	102	Teignbridge Trotters	MV40	Graydon Widdicombe	17	09
211	A	74	Erme Valley H SW2	F	Anna King	17	11
211	D	103	Teignbridge Trotters	MV50	Mark Becker	17	11
213	D	52	Torbay AC MV40	MV40	Brian Lewis	17	16
214	D	102	Teignbridge Trotters	MV40	Nigel Barnett	17	18
215	A	114	SWRR	NS	F German	17	19
216	B	62	Teignbridge Trotters W2	FV35	Louise Gentry	17	20
217	B	99	Teignbridge Trotters	MV40	Dermot Smyth	17	21
218	B	77	Erme Valley H U18B	MU18	Liam Hallows	17	23
218	D	55	Torbay AC	MV50	Paul Frissen	17	23
220	A	56	Newton Abbot Ex Pats	M	Paul Knight	17	26
220	B	30	Plymouth Musketeers F	MV40	Dean Trice	17	26
222	C	91	Exmouth Harriers	MV50	Des White	17	27
223	A	35	Coombe Dean U18 Boys	MU18	Ethan Armstrong	17	29
223	A	102	Teignbridge Trotters	MV40	Neil Pallant	17	29
225	B	5	Tiverton Harriers	F	Rose Partridge	17	31
225	B	104	Teignbridge Trotters	MV50	Roger Hales	17	31
227	A	68	Tavistock AC M60 A	MV60	Andy Houghton	17	35
227	B	94	Exmouth Harriers	M	Scott Jordan	17	35
229	A	27	Plymouth Musketeers F6	F	Susan Leedham	17	36
229	B	51	ECH Give it a go	M	Marcus Wills	17	36
229	C	106	Teignbridge Trotters	MV50	Peter Hayward	17	36
232	B	38	Maverick Runners B	M	Matthew Burwood	17	38
232	C	82	Plymstock RR O50s	MV50	Mark Bricknell	17	38

232	D	9	Worst Pace Scenario	M	Chris Rickard	17	38
232	D	110	MCF Athletes Men	NR	Liam Spence	17	38
232	D	114	SWRR	NS	F German	17	38
237	A	107	Teignbridge Trotters	MV60	Paul Sharples	17	39
238	A	55	Torbay AC	MV50	Nick Dance	17	40
239	B	64	Teignbridge Trotters W1	FV45	Jacki Woon	17	41
239	C	78	Erme Valley H M	M	Adrian Woodhouse	17	41
241	A	46	ECH Got the t-shirt	FV45	Louise Littlewood	17	42
242	D	14	SWRR D	M	Jonathan Major	17	43
243	B	72	Tavistock AC W45	F	Tracy Oxborough	17	44
243	D	35	Coombe Dean U18 Boys	MU18	Ben Tarrant	17	44
245	B	35	Coombe Dean U18 Boys	MU18	Jack Childs	17	46
246	D	112	Sassies Angels	NR	Sarah Chidley	17	47
247	A	81	Erme Valley H Scratch	M	Richard Ayson	17	48
247	B	36	Maverick Runners	F	Claire McKenna	17	48
247	C	117	Exmouth Harriers	FV35	Lisa Hatchard	17	48
250	B	16	SWRR	M	Richard Stone	17	49
250	B	84	Looe Pioneers B	M	John Gossan	17	49
252	A	53	The Hasty Celts	NR	Michael Bonning	17	50
252	A	85	Looe Pioneers A	F	Anita May	17	50
252	B	9	Worst Pace Scenario	M	Ray Male	17	50
252	B	103	Teignbridge Trotters	MV50	Gary Watson	17	50
256	B	53	The Hasty Celts	NR	Caitlin Bonning	17	51
256	C	47	ECH Multitaskers	F	Louise Littlewood	17	51
256	D	68	Tavistock AC M60 A	MV60	Pete Bazley	17	51
259	B	8	Tiverton Harriers	M	Richard Kemp	17	52
260	D	81	Erme Valley H Scratch	M	Dan Marks	17	53
261	B	55	Torbay AC	MV50	Keith Simpson	17	55
261	B	86	Looe Pioneers C	M	Paddy Odle	17	55
263	A	52	Torbay AC MV40	MV40	Mark Bruce	17	56
264	A	59	Torbay AC	M	Craig McGuire	17	57
264	C	104	Teignbridge Trotters	MV50	John Tweedie	17	57
264	C	114	SWRR	NS	E German	17	57
267	A	61	Teignbridge Trotters W1	F	Kate Lenthal	17	58
268	A	84	Looe Pioneers B	M	Mark Grassum	17	59
269	C	51	ECH Give it a go	M	Craig Vaughnley	18	00
270	A	76	Erme Valley H W45	FV45	Kate Medicott	18	01
270	C	84	Looe Pioneers B	M	Sean Baker	18	01
270	D	62	Teignbridge Trotters W2	FV35	Hannah Jones	18	01
273	B	52	Torbay AC MV40	MV40	Steve Sharp	18	04
273	D	20	Plymouth Musketeers D	MV50	Stuart Queen	18	04
275	C	38	Maverick Runners B	M	Andy Hard	18	05
276	C	46	ECH Got the t-shirt	FV45	Claire Davidson	18	06
277	A	69	Tavistock AC M60 B	MV60	Roger Hewitt	18	08
277	C	107	Teignbridge Trotters	MV60	Wilf Taylor	18	08
279	B	71	Tavistock AC W35	FV35	Helen Orme	18	09
280	C	49	ECH We're how old?	MV50	Rob Pick	18	12
281	C	69	Tavistock AC M60 B	MV60	Wally Lake	18	13
282	C	109	txt Nation	NR	Jason Shillingford	18	15
282	D	104	Teignbridge Trotters	MV50	Neil Rutley	18	15
284	D	72	Tavistock AC W45	F	Cathy Dunlop	18	17
285	A	54	Torbay AC	F	Lotta Savola	18	18
285	B	48	ECH Keep on moving	MV50	Glenn Wood	18	18
287	A	98	Teignbridge Trotters	M	Paul Sharples	18	19
287	B	85	Looe Pioneers A	F	Jo Robertson	18	19
289	A	21	Plymouth Musketeers E	M	Kris Jones	18	21
290	A	47	ECH Multitaskers	F	Cheryle Hanns	18	22
290	A	106	Teignbridge Trotters	MV50	Jimmy Donovan	18	22
290	D	53	The Hasty Celts	NR	Sarah Welsh	18	22

293	C	27	Plymouth Musketeers F6	F	Joanne Foley	18	23
293	C	123	Plymouth Harriers Ladies B	FV35	Penny Hadfield Bennett	18	23
295	C	67	Tavistock AC M	MV50	Gary Chater	18	24
296	C	43	Torbay AC FV35	FV35	Emma Gilboay	18	25
296	D	84	Looe Pioneers B	M	Steve Skinner	18	25
298	A	117	Exmouth Harriers	FV35	Louise Hempstead	18	26
298	C	48	ECH Keep on moving	MV50	Simon Coley	18	26
300	A	16	SWRR	M	Lawrence Atherton	18	27
301	C	53	The Hasty Celts	NR	Damien Le Gal	18	28
302	C	33	SWRR V35 B	FV35	Tracy Bennett	18	29
303	B	115	Exmouth Harriers	F	Kate Baker	18	31
303	C	34	Coombe Dean Past&Present	NR	Jan Walpole	18	31
303	C	59	Torbay AC	M	Ian Haywood	18	31
306	C	21	Plymouth Musketeers E	M	Ian Winnall	18	34
307	A	100	Teignbridge Trotters	M	Dave McMorrow	18	35
308	B	54	Torbay AC	F	Karen Frissen	18	37
308	B	100	Teignbridge Trotters	M	Daryl Hall	18	37
310	D	17	Plymouth Musketeers B	MV40	John Anderson	18	41
311	A	38	Maverick Runners B	M	Luke Hard	18	42
312	C	52	Torbay AC MV40	MV40	Steve Rowe	18	43
312	C	81	Erme Valley H Scratch	M	Kevin Paull	18	43
314	D	27	Plymouth Musketeers F6	F	Sarah Whittaker	18	44
315	B	33	SWRR V35 B	FV35	Kate Philp	18	45
315	D	64	Teignbridge Trotters W1	FV45	Clare Youngman	18	45
317	D	54	Torbay AC	F	Linda Philippou	18	46
318	B	44	Torbay AC FV45	FV45	Rachel Longthorpe	18	48
318	C	102	Teignbridge Trotters	MV40	Stuart Moulson	18	48
320	A	122	Plymouth Harriers Ladies C	FV45	Lynsey Williams	18	50
320	B	119	Instinctive Sports Men 1	M	Al McKeaver	18	50
320	D	6	Tiverton Harriers	F	Stacey Butler	18	50
323	C	108	SWRR	MU18	James Lockwood	18	51
324	A	20	Plymouth Musketeers D	MV50	Phil Bees	18	54
324	B	69	Tavistock AC M60 B	MV60	Dave Chanter	18	54
324	D	128	Plymouth Harriers 4	M	Sean Wolfistand	18	54
327	A	12	SWRR V35 A	FV35	Jo Robertson	18	55
328	A	71	Tavistock AC W35	FV35	Nicole Heryet	18	57
328	C	70	Tavistock AC W	F	Nicole Heryet	18	57
330	C	98	Teignbridge Trotters	M	Oli Prouse	18	58
331	C	20	Plymouth Musketeers D	MV50	Dean Trice	18	59
331	C	100	Teignbridge Trotters	M	Ryan Antony	18	59
333	B	43	Torbay AC FV35	FV35	Lisa Haley	19	00
334	D	115	Exmouth Harriers	F	Sarah Jackman	19	01
335	A	49	ECH We're how old?	MV50	Mark Andrews	19	02
336	B	113	Maverick Runners Mixed	NS	Nicholas Spayne	19	03
337	C	9	Worst Pace Scenario	M	Mark Vinecombe	19	05
338	A	36	Maverick Runners	F	Hania Lee	19	06
339	B	117	Exmouth Harriers	FV35	Dawn Teed	19	07
339	C	85	Looe Pioneers A	F	Laura Rosser	19	07
339	D	93	Exmouth Harriers	MV60	Terence Oldham	19	07
342	B	27	Plymouth Musketeers F6	F	Vicki Vixelf	19	08
343	A	22	Plymouth Musketeers F1	FV35	Sam Perry	19	10
344	D	12	SWRR V35 A	FV35	Clare Suss	19	12
345	C	44	Torbay AC FV45	FV45	Jo Loten	19	13
346	B	105	Teignbridge Trotters	MV50	Mark Wooton	19	14
346	C	35	Coombe Dean U18 Boys	MU18	Jake Rendle	19	14
348	C	128	Plymouth Harriers 4	M	Leigh Robinson	19	15
348	D	61	Teignbridge Trotters W1	F	Abi Blee	19	15
348	D	85	Looe Pioneers A	F	Mandy Gibson	19	15
348	D	122	Plymouth Harriers Ladies C	FV45	Miranda Burke	19	15

352	C	12	SWRR V35 A	FV35	Suzie Tosh	19	16
353	B	122	Plymouth Harriers Ladies C	FV45	Karen Eccles	19	18
353	D	22	Plymouth Musketeers F1	FV35	Susan Double	19	18
355	C	119	Instinctive Sports Men 1	M	Steve Bettey	19	19
355	D	10	Two degree Marie plus three	NR	Adrien Clarke	19	19
357	C	22	Plymouth Musketeers F1	FV35	Alison Cauldwell	19	20
358	B	68	Tavistock AC M60 A	MV60	Adrian Pitcher	19	23
359	C	124	Plymouth Harriers Ladies A	F	Rebecca Hickman	19	26
360	D	121	Instinctive Sports Men 2	M	Carl Mills	19	28
361	B	124	Plymouth Harriers Ladies A	F	Hayley Cozens	19	29
361	D	30	Plymouth Musketeers F	MV40	Rob Shaddick	19	29
363	A	70	Tavistock AC W	F	Kate Sharman	19	30
364	C	93	Exmouth Harriers	MV60	Nigel Dupain	19	31
364	D	34	Coombe Dean Past&Present	NR	Sue Hodges	19	31
366	B	13	SWRR Senior A	F	Rose Elliot	19	32
367	C	61	Teignbridge Trotters W1	F	Kirsty Bowman	19	33
368	B	6	Tiverton Harriers	F	Leanne Perkins	19	34
368	C	55	Torbay AC	MV50	Brian Hall	19	34
370	B	93	Exmouth Harriers	MV60	Ray Elston	19	35
371	A	115	Exmouth Harriers	F	Amy Tew	19	40
372	B	34	Coombe Dean Past&Present	NR	Rachael Tarrant	19	43
373	B	75	Erme Valley H W35	FV35	Becky Lee	19	45
374	B	107	Teignbridge Trotters	MV60	David Taylor	19	46
375	A	113	Maverick Runners Mixed	NS	Noel Fowler	19	48
375	B	128	Plymouth Harriers 4	M	Paul Paskin	19	48
377	B	17	Plymouth Musketeers B	MV40	Darren Sykes	19	50
377	B	22	Plymouth Musketeers F1	FV35	Tina O'Shea	19	50
379	C	113	Maverick Runners Mixed	NS	Roger Brewer	19	52
380	B	76	Erme Valley H W45	FV45	Pam Duncan	19	54
381	C	62	Teignbridge Trotters W2	FV35	Claire Gillard	19	56
381	D	58	Torbay AC	MV60	Ray Wilson	19	56
383	B	118	Newton Abbot	F	Lottie Woods	19	57
384	A	58	Torbay AC	MV60	David Pressley	19	59
384	C	75	Erme Valley H W35	FV35	Liz Bowden	19	59
386	C	10	Two degree Marie plus three	NR	Hannah Smith	20	00
386	C	105	Teignbridge Trotters	MV50	Chris Wride	20	00
386	D	23	Plymouth Musketeers F2	F	Vicki Saunders	20	00
389	A	93	Exmouth Harriers	MV60	David Eveleigh	20	01
389	B	87	Looe Pioneers B	F	Sally Crabb	20	01
389	C	74	Erme Valley H SW2	F	Heidi Stanley	20	01
389	C	115	Exmouth Harriers	F	Fi Moran	20	01
393	D	117	Exmouth Harriers	FV35	Alison White	20	02
394	A	34	Coombe Dean Past&Present	NR	Hannah Bennet	20	03
395	A	121	Instinctive Sports Men 2	M	Len Saxty	20	04
396	A	120	Instinctive Sports Ladies	F	Denise Bettey	20	12
397	C	6	Tiverton Harriers	F	Tamsin Phelvin	20	13
398	C	71	Tavistock AC W35	FV35	Kate Rogers	20	15
399	D	105	Teignbridge Trotters	MV50	Andrew Watson	20	16
400	A	110	MCF Athletes Men	NR	John Ritchie	20	17
400	C	72	Tavistock AC W45	F	Claire Pitcher	20	17
402	B	12	SWRR V35 A	FV35	Alison German	20	19
402	D	47	ECH Multitaskers	F	Samantha Lane	20	19
404	B	2	Hel's Angels	NR	Carla Price	20	20
404	B	47	ECH Multitaskers	F	Emma Handley	20	20
406	D	65	Teignbridge Trotters W1	FV45	Sharon Bowman	20	22
407	C	87	Looe Pioneers B	F	Kerenza Kinver	20	24
407	D	57	Torbay AC	FV55	Irene Hewings	20	24
409	C	86	Looe Pioneers C	M	Mike Visick	20	25
410	A	40	MCF Athletes Ladies	NR	Miranda Richie	20	26

411	B	63	Teignbridge Trotters W1	FV35	Lucy Evans	20	31
411	D	75	Erme Valley H W35	FV35	Carol Hansen	20	31
413	A	123	Plymouth Harriers Ladies B	FV35	Jennie Williams	20	35
414	C	54	Torbay AC	F	Sara Crosier	20	36
415	A	75	Erme Valley H W35	FV35	Rose Bralsford	20	37
416	C	57	Torbay AC	FV55	Tessa Hearfield	20	40
417	C	88	Looe Pioneers C	F	Emma Baker	20	41
417	D	88	Looe Pioneers C	F	Kirsty Webb	20	41
419	A	105	Teignbridge Trotters	MV50	Kevin Besford	20	42
420	A	64	Teignbridge Trotters W1	FV45	Donna Walker	20	43
421	B	26	Plymouth Musketeers F5	FV35	Rachel Scott	20	44
421	B	59	Torbay AC	M	Andy Philippou	20	44
423	D	66	Teignbridge Trotters W1	FV55	Eleanor Taylor	20	46
424	A	24	Plymouth Musketeers F3	FV35	Liz Bee	20	47
425	A	87	Looe Pioneers B	F	Dawn Chalk	20	51
425	B	10	Two degree Marie plus three	NR	Anna Russell	20	51
427	B	21	Plymouth Musketeers E	M	Jimmy Newman	20	52
428	D	26	Plymouth Musketeers F5	FV35	Cheryl Boxall	20	54
429	D	13	SWRR Senior A	F	Yusra-Zara Salman	20	55
429	D	24	Plymouth Musketeers F3	FV35	Lucy Howell	20	55
431	C	26	Plymouth Musketeers F5	FV35	Dana Eyre	20	57
432	A	33	SWRR V35 B	FV35	Jayne Lockwood	21	02
433	C	24	Plymouth Musketeers F3	FV35	Joanna Arnold	21	04
434	C	2	Hel's Angels	NR	Liz Clarke	21	05
435	A	86	Looe Pioneers C	M	Joe Arkley	21	07
435	C	99	Teignbridge Trotters	MV40	Alex Lyons	21	07
437	C	40	MCF Athletes Ladies	NR	Helen Wright	21	10
438	D	40	MCF Athletes Ladies	NR	Cheryl Hoskin	21	12
439	C	64	Teignbridge Trotters W1	FV45	Ruth Johnson	21	13
440	C	13	SWRR Senior A	F	Sarah Moffat	21	14
441	C	66	Teignbridge Trotters W1	FV55	Lucy Payne	21	16
442	B	61	Teignbridge Trotters W1	F	Jo Barber	21	18
443	D	113	Maverick Runners Mixed	NS	Kate Stone	21	20
444	A	109	txt Nation	NR	Nicole Balmer	21	25
445	A	2	Hel's Angels	NR	Claire Marks	21	30
446	B	110	MCF Athletes Men	NR	Kevin Edgecombe	21	31
447	C	28	Plymouth Musketeers F7	F	Lisa Light	21	35
448	A	6	Tiverton Harriers	F	Mary Humphries	21	40
449	A	57	Torbay AC	FV55	Debra Pressley	21	42
449	D	87	Looe Pioneers B	F	Emma Clarke	21	42
449	D	107	Teignbridge Trotters	MV60	Tim Hartley	21	42
452	B	24	Plymouth Musketeers F3	FV35	Maggie Lamerton	21	45
453	D	2	Hel's Angels	NR	Helen Jordan	21	49
454	C	36	Maverick Runners	F	Cathleen Pilton	21	54
455	B	114	SWRR	NS	B Sampson	21	55
456	B	23	Plymouth Musketeers F2	F	Michelle Shaddick	22	01
457	A	26	Plymouth Musketeers F5	FV35	Heather Lee	22	05
458	A	62	Teignbridge Trotters W2	FV35	Claire Ayling	22	07
459	B	106	Teignbridge Trotters	MV50	Phil Norden	22	08
460	A	88	Looe Pioneers C	F	Tamsyn Kiver	22	12
461	B	65	Teignbridge Trotters W1	FV45	Leah Harper	22	13
461	C	122	Plymouth Harriers Ladies C	FV45	Anne Marshall	22	13
463	A	63	Teignbridge Trotters W1	FV35	Sara Colman	22	14
464	D	25	Plymouth Musketeers F4	FV45	Janet Morgan	22	20
465	C	25	Plymouth Musketeers F4	FV45	Jackie Venning	22	28
466	B	58	Torbay AC	MV60	Colin Wilson	22	29
467	B	20	Plymouth Musketeers D	MV50	Mark Willcocks	22	52
468	B	25	Plymouth Musketeers F4	FV45	Louise King	23	02
468	C	65	Teignbridge Trotters W1	FV45	Kim Nichols	23	02

470	B	49	ECH We're how old?	MV50	Steve Beazley	23	03
471	A	65	Teignbridge Trotters W1	FV45	Jo Becker	23	13
471	C	58	Torbay AC	MV60	Andy Parks	23	13
473	B	57	Torbay AC	FV55	Anne Lucas	23	15
474	C	23	Plymouth Musketeers F2	F	Amy Frank	23	26
474	D	36	Maverick Runners	F	Becki Prowse	23	26
476	C	120	Instinctive Sports Ladies	F	Brenda Thorne	23	30
477	A	43	Torbay AC FV35	FV35	Fleur Ricklin	23	33
478	D	43	Torbay AC FV35	FV35	Kirsten Munday	23	34
479	B	123	Plymouth Harriers Ladies B	FV35	Cath Bassett	23	36
480	D	106	Teignbridge Trotters	MV50	Mark Walker	23	42
481	A	66	Teignbridge Trotters W1	FV55	Jo Billyard	23	45
482	D	123	Plymouth Harriers Ladies B	FV35	Nocola Lilley	23	47
483	D	71	Tavistock AC W35	FV35	Mhairi McCall	23	49
484	D	109	txt Nation	NR	Rob Clench	23	51
485	B	109	txt Nation	NR	Ethan Bray	23	57
486	A	13	SWRR Senior A	F	Anita Atherton	24	01
487	B	66	Teignbridge Trotters W1	FV55	Maggie Anderson	24	04
488	B	120	Instinctive Sports Ladies	F	Dawn Wilson	24	06
489	D	3	New Mums	NR	Cherry Roddy	24	08
490	B	88	Looe Pioneers C	F	Bryony Venn	24	10
491	D	120	Instinctive Sports Ladies	F	Kelly Dunning	24	11
492	A	23	Plymouth Musketeers F2	F	Kelly Brumhead	24	33
493	A	3	New Mums	NR	Sarah Mouat	24	35
494	B	40	MCF Athletes Ladies	NR	Lorraine Davies	24	45
495	B	121	Instinctive Sports Men 2	M	Paul Griffin	24	46
496	A	112	Sassies Angels	NR	Lissie Mills	24	51
497	A	28	Plymouth Musketeers F7	F	Marie Winnall	24	55
498	C	3	New Mums	NR	Claire Sanders	25	02
499	A	25	Plymouth Musketeers F4	FV45	Lynn Southall	25	09
500	D	63	Teignbridge Trotters W1	FV35	Suzie Mills	25	13
501	C	110	MCF Athletes Men	NR	Nick Achilles	25	16
502	C	63	Teignbridge Trotters W1	FV35	Jackie Lyons	25	17
503	C	112	Sassies Angels	NR	Lesley Bulley	26	07
504	B	3	New Mums	NR	Hayley Pocock	26	44
505	D	28	Plymouth Musketeers F7	F	Elizabeth Buckman	27	23
506	B	112	Sassies Angels	NR	Hayley Travers	28	23
507	C	121	Instinctive Sports Men 2	M	Dave Riles	28	26
508	B	28	Plymouth Musketeers F7	F	Kathy Weaver-Gore	29	35