

Ivybridge 10K 2016 Results

Saturday 7th May

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	103	William	Battershill	Erme Valley Harriers	SM	32:37
2	223	Kairn	Stone	Newham & Essex Beagles	SM	33:39
3	179	David	Hampton	South Devon AC	SM	34:44
4	9	Simon	Anderson	City of Plymouth AC	MV50	35:02
5	6	Peter	Monaghan	Torbay AC	MV50	35:27
6	209	Christopher	Aldridge	Plymouth Harriers	MV40	35:32
7	172	Steven	Hill	Plymouth Harriers	MV40	35:59
8	291	Pete	Waumsley	Tamar Trotters	MV40	36:17
9	60	Ian	Tyson	Torbay AC	SM	36:20
10	160	Jamie	Barnett	Teignbridge Trotters	SM	36:21
11	77	Mike	Blackmore	Team Bath AC	MV40	36:28
12	37	Lucas	Laphorn		SM	36:57
13	363	Neil	Adams	North Norfolk Beach Runners	SM	37:04
14	359	Owen	Pearce	Tamar Trotters	SM	37:08
15	92	Jan	Dolezel	Haldon Trail Runners	SM	37:30
16	32	Roger	Voaden	Okehampton RC	MV50	37:41
17	131	David	Beckenkrager	Plymouth Harriers	MV45	37:57
18	332	Jeremy	Hocking	Torbay AC	MV40	38:11
19	73	Matthew	Shipping		SM	38:22
20	229	Jamie	Landricombe		SM	38:22
21	298	Adam	Gitlin		MV40	38:23
22	232	Rob	Williams		SM	38:26
23	79	Craig	MacLellan	Erme Valley Harriers	SM	38:27
24	401	Kevin	Fine	Torbay AC	SM	38:27
25	368	Edward	Porter		SM	38:32
26	741	Martin	Exley-Deane	Tavistock AC	MV55	38:40
27	816	Ben	Payne	Instinctive Sports	SM	38:42
28	517	Paddy	Trinder	Erme Valley Harriers	MV40	38:45
29	379	Gary	Montford		SM	38:47
30	199	Steve	Strachan	Falmouth Road Runners	MV40	38:48
31	653	Michelle	Cowley	South Devon AC	SF	39:15
32	48	James	Blight	Tamar Trotters	SM	39:15
33	170	Michael	Miners	Erme Valley Harriers	SM	39:22
34	122	Martin	French	Plymouth Musketeers	MV40	39:29
35	789	Cleo	Perry	Erme Valley Harriers	FV40	39:31
36	45	Steven	Mahoney	Tamar Trotters	SM	39:35
37	36	Nick	Laphorn		SM	39:38
38	389	Andrew	Vernon	Okehampton RC	MV45	39:46
39	26	Kevin	Baskott	Tamar Trotters	MV50	39:46
40	130	Steve	Weeks	Torbay AC	MV40	39:52
41	225	Chris	Prowse	Team H Running N/A	SM	39:58
42	300	Ben	Austin	Team H Running N/A	SM	39:59
43	34	Steve	Brown		SM	40:09
44	392	Ben	Morrish		SM	40:10
45	126	Douglas	Webb	Plymouth Harriers	SM	40:24
46	49	Tom	Jennings	Tamar Trotters N/A	SM	40:29
47	86	Carl	Price		MV45	40:39

48	766	Jack	Thomas		SM	40:57
49	287	Edward	Varcoe	Storm Plymouth N/A	SM	41:01
50	307	Scott	Anderson		SM	41:05
51	145	Andrew	Marshall	Plymouth Harriers	MV55	41:06
52	256	Darren	Levers		MV50	41:22
53	66	Jarostaw	Zurawik		SM	41:27
54	390	Rui	Fajardo		SM	41:28
55	114	Paul	Yates	Team H Running N/A	MV40	41:31
56	44	Andrew	Charles	Tamar Trotters	MV50	41:54
57	123	Brett	Jones		SM	42:00
58	367	Richard	Ham	Team H Running N/A	SM	42:05
59	127	Stephen	Risdon	Plymouth Harriers	MV40	42:07
60	22	Mike	Taylor		SM	42:09
61	163	Russ	Jefferys		SM	42:22
62	74	Neil	Dawkins	Torbay AC	MV40	42:24
63	703	Gemma	Body	South Devon AC	SF	42:29
64	247	Paul	Watson		SM	42:30
65	168	Duncan	Ross	Plymouth Coasters	MV40	42:32
66	157	Aidan	Tolley		SM	42:34
67	719	James	Spencer	Roman Gladiators	SM	42:36
68	99	Michael	Hawley		MV50	42:39
69	41	Darren	Hewlett	Sweatshop RC N/A	SM	42:40
70	98	Paul	McClymont		SM	42:40
71	208	Anthony	Raine	Torbay AC	MV45	42:41
72	315	Alexander	Coley	East Cornwall Harriers	SM	42:46
73	67	Rob	Byers		MV40	42:49
74	141	Bruce	Campbell	Teignbridge Trotters N/A	MV45	42:51
75	104	Philip	Symons	Plymouth Coasters	SM	42:51
76	486	Paula	Simson	City of Plymouth AC	FV40	42:51
77	319	Curtis	Betteridge		SM	42:54
78	200	Lee	Arnold	Team H Running N/A	SM	43:05
79	341	Richard	Mckee		SM	43:12
80	381	Guy	Petersen	Tamar Trotters	MV45	43:15
81	340	Rob	Chapman	Storm Plymouth N/A	MV40	43:17
82	181	Shane	Powell	Tamar Trotters	MV40	43:25
83	662	Joanne	Jago		FV35	43:25
84	270	Joshua	Brown	Storm Plymouth N/A	SM	43:32
85	246	Simon	Swift	Erme Valley Harriers	MV45	43:33
86	346	John	Crockford	Plymouth Coasters	MV60	43:59
87	649	Tilly	Woods	Newton Abbot AC	SF	44:01
88	228	Matthew	Gilliard		MV40	44:05
89	257	Stephen	Wilbraham	Torbay AC	MV45	44:12
90	348	Harrison	Roberts	Plymouth Harriers	SM	44:16
91	391	Damien	Kyle		SM	44:23
92	135	David	Twine	Tavistock AC	MV60	44:26
93	580	Nicola	Noble		SF	44:27
94	499	Lauren	Anning	St Austell RC	SF	44:31
95	626	Brian	Lewis	Torbay AC	MV40	44:36
96	233	Ryan	Laniewski		SM	44:38
97	153	Geoff	Woods	Newton Abbot AC	MV50	44:38
98	180	Darren	Munday	Plymouth Musketeers	MV40	44:40

99	124	Richard	Gentry	Teignbridge Trotters	MV50	44:42
100	57	Glenn	Wood	East Cornwall Harriers	MV50	44:45
101	331	Tim	Mockford	Wild Running N/A	SM	44:51
102	350	Philip	Parish		MV40	44:54
103	388	Bill	Farleigh		SM	44:55
104	207	Gary	Miles		MV50	44:57
105	240	Mark	Harris		MV40	44:58
106	398	Shaun	McKernan	Torbay AC	SM	45:08
107	796	Cathy	Parkinson	Torbay AC	FV50	45:13
108	353	Ben	Harding	East Cornwall Harriers	SM	45:14
109	38	Dominic	Laphorn		SM	45:19
110	819	Gary	Watson	Teignbridge Trotters	MV55	45:19
111	18	David	Jones		MV45	45:19
112	196	Thomas	Fox		SM	45:25
113	337	Duncan	Jago	Storm Plymouth	SM	45:27
114	375	Michael	Clark		SM	45:29
115	395	Duncan	James		MV50	45:40
116	259	Joey	Murphy		SM	45:45
117	89	Robin	Bray	Plymouth Harriers	MV40	45:45
118	285	Anson	Sword	Storm Plymouth	SM	45:46
119	325	Dave	Tucker	Tamar Trotters	SM	45:52
120	176	Alistair	Peers		SM	45:54
121	671	Paul	Collins	Tamar Trotters	SM	45:54
122	374	Daniel	Prete	Team H Running N/A	SM	45:57
123	216	Nick	Clarke	Plymouth Coasters	SM	45:58
124	275	Dave	King	Storm Plymouth N/A	MV50	46:04
125	55	Chris	Wearing		SM	46:05
126	372	Steve	Kilkelly		MV40	46:07
127	321	Michael	Bonning	Michelmores RC	MV50	46:07
128	184	Nigel	Barnett	Teignbridge Trotters	MV40	46:12
129	165	Gavin	Connor	South West Road Runners	SM	46:22
130	324	Ryan	Stanley		SM	46:23
131	25	Peter	Bazley	Tavistock AC	MV60	46:24
132	278	Thomas	Mellor	Storm Plymouth N/A	SM	46:26
133	308	James	Payne	Roman Gladiators	SM	46:30
134	15	Anthony	Firth		MV45	46:31
135	510	Claire	Davidson	East Cornwall Harriers	FV45	46:37
136	377	Richard	Boucher	Team H Running N/A	MV45	46:45
137	156	Lewys	Ryan		SM	46:48
138	59	Gary	Martin	Plymouth Musketeers	MV45	46:48
139	605	Julie	Hedges	South West Road Runners	FV50	46:51
140	647	Tracy	Bennett	South West Road Runners	FV40	46:55
141	80	Steven	Skinner	Looe Pioneers N/A	SM	46:59
142	91	Rodney	Keen	South Devon AC	MV45	47:04
143	354	Joshua	Clarke		SM	47:04
144	805	Phil	Bates	Torbay AC	MV45	47:04
145	366	James	Day		SM	47:14
146	345	Nick	Shapland		MV40	47:24
147	136	Damien	Le Gal		SM	47:25
148	167	Brennan	Drewitt	Plymouth Musketeers	SM	47:26
149	24	Dan	Jones		MV40	47:26

150	149	Tony	Westington		MV45	47:28
151	302	Greg	Hawkins	Team H Running N/A	MV45	47:29
152	151	Andrew	Bennett	Plymouth Harriers	MV50	47:30
153	788	Jo	Robinson	Looe Pioneers N/A	FV35	47:30
154	174	Mark	Peckings	Roman Gladiators	MV40	47:38
155	134	Brecon	Trigger		SM	47:42
156	814	Tim	Harris		SM	47:45
157	303	Andrew	Johnson	Exmouth Harriers	MV50	47:46
158	189	Eric	Foster	Dawlish Coasters	MV60	47:47
159	364	Jeremy	Clark	Team H Running N/A	MV50	47:48
160	725	Tallulah	MacNab		SF	47:50
161	803	Julie	Page	Bere Alston Trekkers	FV45	47:54
162	817	Paul	Jewell	Plymouth Harriers	SM	47:56
163	101	Ben	Crane		SM	48:07
164	369	Andy	Johnson	Dawlish Coasters N/A	MV55	48:10
165	42	Steven	Sharp	Torbay AC	MV45	48:10
166	414	Marie	Faithfull		SF	48:13
167	102	Martin	Crane		MV45	48:13
168	220	Mark	Bruce	Torbay AC	MV40	48:14
169	706	Sue	Hayes	South Devon AC	FV45	48:14
170	82	Mark	Pote	Plympton H3 N/A	SM	48:17
171	317	Fred	Jenkins	Instinctive Sports	MV55	48:18
172	569	Charlotte	Crocker		FV45	48:18
173	211	Daniel	Murdoch	Roman Gladiators	SM	48:20
174	187	Peter	Sargent	Newquay Road Runners	MV65	48:24
175	562	Linda	Dabbs	Devon & Cornwall Police N/A	FV45	48:26
176	69	Jeffrey	Ince		SM	48:27
177	288	Geoff	Pearse		MV45	48:29
178	16	Christopher	Lee		MV40	48:30
179	440	Paula	Clough		FV45	48:33
180	575	Maria	Thaller	Torbay AC	SF	48:36
181	387	John	Outhwaite		MV60	48:38
182	107	Marcus	Wills	East Cornwall Harriers	SM	48:42
183	144	Andy	Harris		MV45	48:43
184	116	Paul	Johns	Teignbridge Trotters N/A	MV50	48:45
185	483	Hannah	Jones	Teignbridge Trotters	FV40	48:46
186	394	Neil	Pallent	Teignbridge Trotters N/A	MV45	48:46
187	217	Simon	Fewins	Plymouth Musketeers	MV40	48:47
188	323	Lisa	Haley	Torbay AC	FV35	48:47
189	190	Simon	Ryan	Tamar Trotters	MV40	48:47
190	713	Keith	Hoadley	Torrington AC	MV50	48:52
191	661	Linda	Philippou	Torbay AC	FV50	48:53
192	357	Chris	Rickard		SM	48:55
193	35	Dean	Trice	Plymouth Musketeers	MV45	48:57
194	482	Sarah	Welsh		FV45	48:57
195	192	Paul	Frissen	Torbay AC	MV50	49:00
196	606	Joanna	Robertson	South West Road Runners	FV40	49:05
197	344	Nathan	Morgan		SM	49:05
198	119	Morgan	Cain	Launceston Road Runners	SM	49:07
199	248	David	Church	Erme Valley Harriers	SM	49:08
200	13	Simon	Bunday	Dawlish Coasters	MV55	49:12

201	608	Karen	Frissen	Torbay AC	FV50	49:13
202	589	Kirsty	Ireland	Team H Running N/A	SF	49:14
203	218	Michael	Hockey	Plymouth Musketeers	SM	49:16
204	659	Emily	Levey	Teignbridge Trotters N/A	FV35	49:16
205	333	Sam	Morahan		SM	49:17
206	356	Anthony	Allen		MV45	49:17
207	253	Fred	Turner		MV45	49:18
208	279	Tom	Nelder	Storm Plymouth N/A	SM	49:18
209	464	Daniel	Then		SM	49:19
210	546	Emma	Dawson	Storm Plymouth	FV35	49:19
211	595	Giada	Ferrari		SF	49:20
212	656	Natalie	Harris		SF	49:25
213	294	Alan	Donaldson		MV55	49:26
214	14	Chris	Stoppard		SM	49:31
215	154	Andrew	Genge		SM	49:32
216	76	Christopher	Chapman		SM	49:33
217	586	Catherine	Stapp		FV35	49:34
218	269	Stuart	Brooks	Storm Plymouth N/A	SM	49:37
219	547	Daniel	Berry	Storm Plymouth N/A	SM	49:37
220	286	Pete	Tomes	Storm Plymouth	SM	49:38
221	271	Jason	Cichy	Storm Plymouth	MV40	49:38
222	511	Helen	Pearse		FV40	49:39
223	412	Becky	Piper	Plymouth Harriers	SF	49:41
224	128	Chaz	Lawrence		SM	49:41
225	280	Ash	Parsons	Storm Plymouth N/A	SM	49:41
226	50	Alexander	Richardson		SM	49:42
227	734	Emma	Heffernan		FV40	49:44
228	811	Emma	Coles		FV40	49:46
229	570	Jan	Walpole		FV45	49:53
230	309	Alan	Hockings	Plymouth Musketeers	MV45	49:53
231	43	Gavin	Priest		MV45	49:54
232	195	Wesley	Hemstead	Team H Running N/A	SM	50:00
233	709	Catherine	Holt		FV40	50:00
234	316	Simon	Coley	East Cornwall Harriers	MV50	50:02
235	183	Dave	Gale		MV50	50:04
236	254	Ray	Goodright	East Cornwall Harriers	MV65	50:06
237	704	Kerry	Bell	South Devon AC	FV50	50:07
238	313	David	Shalders		SM	50:08
239	236	Simon	Bishop-Hawes	Plymouth Harriers	MV40	50:09
240	169	Steve	Martin		MV40	50:10
241	813	Linda	Trebilcock	Plymouth Harriers	FV55	50:10
242	339	Carlo	Miragliotta	Storm Plymouth N/A	SM	50:12
243	64	James	While		SM	50:12
244	299	Matthew	Golding	City of Plymouth AC	SM	50:15
245	258	David	Chanter	Tavistock AC	MV60	50:16
246	548	Paul	Nichols	Storm Plymouth N/A	MV45	50:19
247	611	Janet	Foster	Dawlish Coasters	FV60	50:19
248	520	Chloe	Sword	Storm Plymouth N/A	FV35	50:19
249	330	Sean	Osborne		MV40	50:24
250	221	Mark	Betty		SM	50:26
251	164	Alan	McKeever	Instinctive Sports	MV50	50:31

252	255	Anaëlle	Lemassen		SF	50:33
253	28	David	Elder		MV60	50:38
254	90	Sean	Doogan		MV45	50:38
255	111	Martin	Pipet	Bodmin Road Runners	MV40	50:44
256	231	David	Drew		SM	50:46
257	12	Craig	Vaughnley	East Cornwall Harriers	MV45	50:46
258	478	Kate	Codling	Torbay AC	SF	50:49
259	362	Mark	Heffernan		MV40	50:51
260	531	Gail	May	Storm Plymouth	FV40	50:56
261	612	Jennie	Roberts	Teignbridge Trotters N/A	FV40	50:57
262	210	Garry	Mason		SM	50:59
263	739	Tina	O'Shea	Plymouth Musketeers	FV50	51:04
264	383	Simon	Woodhouse		MV40	51:05
265	334	Chris	Howarth		SM	51:05
266	133	Ian	Baggott		MV50	51:07
267	697	Kellie	Boylin	Plymouth Harriers	SF	51:10
268	724	Kelly	Graham		SF	51:11
269	783	Helen	Frow		FV45	51:12
270	681	Hayley	Cozens	Plymouth Harriers	SF	51:12
271	289	Kirk	Moran		MV40	51:13
272	108	Michael	Crane	St Austell Running Club	MV45	51:14
273	85	Nick	Saunders		SM	51:16
274	637	Alexandra	Doughty		FV35	51:16
275	472	Dave	Matthams		MV50	51:18
276	304	Jane	Ivins		FV40	51:23
277	639	Laura	Newton	Bere Alston Trekkers	SF	51:24
278	238	Allan	Adams		MV55	51:28
279	94	Kevin	Blaber	Plymouth Striders	MV50	51:29
280	87	Martin	Head	Bere Alston Trekkers	MV45	51:29
281	385	Chris	Whipp	Plymouth Musketeers	MV50	51:33
282	409	Sandra	Oxton	Plymouth Striders	FV50	51:34
283	616	Catherine	Hemsley		FV35	51:36
284	425	Laura	Arkley	Looe Pioneers	FV40	51:41
285	51	Christopher	Robinson		SM	51:43
286	768	Adrian	Mountford		MV40	51:44
287	203	Philip	Hanrahan		SM	51:50
288	242	Terry	Wallis	Dartmouth AC	SM	51:51
289	702	Rachael	Tarrant	Plymouth Musketeers	FV40	51:54
290	812	Rose	Fawbert Mills		SF	51:56
291	310	Steve	Carr	Torbay AC	MV45	52:00
292	312	Kevin	Williams	Plymouth Musketeers	MV55	52:01
293	587	Stephanie	Green		FV40	52:01
294	731	Lynne	Haywood		FV35	52:08
295	251	Nick	Norton		MV50	52:11
296	182	Richard	Giles		MV45	52:16
297	351	Stephen	Beck		SM	52:18
298	566	Gemma	Vivian		SF	52:18
299	70	Hamish	Moffatt		SM	52:18
300	237	Peter	Blomley		MV55	52:23
301	166	James	Newman	Plymouth Musketeers	SM	52:25
302	603	Nicola	Kovacic		FV35	52:28

303	125	Brian	Hall	Torbay AC	MV55	52:28
304	274	Michael	Hughes	Storm Plymouth	MV50	52:29
305	439	Sarah	Kelly		FV45	52:36
306	592	Denise	Betty	Instinctive Sports	SF	52:37
307	468	Jaine	Hudson	Storm Plymouth	FV35	52:38
308	95	Raymond	Wilson	Torbay AC	MV65	52:40
309	650	Lottie	Woods	Newton Abbot AC	SF	52:40
310	393	Ben	Tutty		MV45	52:40
311	358	Fraser	Benney	Storm Plymouth N/A	SM	52:42
312	143	Keith	George	Teignbridge Trotters N/A	MV50	52:45
313	427	Alison	Catnach	Looe Pioneers	FV40	52:47
314	593	Claire	Dexter	Erme Valley Harriers	FV35	52:48
315	30	David	Peck		MV40	52:50
316	384	Gavin	Lynch		MV40	52:55
317	678	Chris	James		SM	52:56
318	664	Irene	Hewings	Torbay AC	FV55	52:58
319	63	Roger	Brewer	Maverick Runners N/A	MV60	52:59
320	147	Andrew	Greaves		MV45	53:01
321	553	Jemma	Bowden	Storm Plymouth	SF	53:02
322	249	Clive	Horton	Plymouth Harriers	MV55	53:05
323	171	Clive	Graham		MV60	53:07
324	628	Lisa	Birch	Bere Alston Trekkers	FV45	53:08
325	264	Andy	Anstey	Storm Plymouth	SM	53:14
326	693	Heidi	Stanley		FV40	53:15
327	493	Joanne	Shalders		FV35	53:17
328	756	Sally	Crabb	Looe Pioneers	FV40	53:18
329	601	Sara Jane	Crozier	Torbay AC	FV45	53:23
330	519	Claire	Thomas	Storm Plymouth N/A	SF	53:26
331	296	Paul	Griffin	Instinctive Sports	MV45	53:27
332	773	Laura	Wills	Plymstock RR N/A	SF	53:28
333	328	Jeff	Nicks		MV45	53:29
334	735	Jemma	Cooper		FV35	53:31
335	792	Kirsty	Webb	Looe Pioneers	SF	53:31
336	146	Michael	Griffin		SM	53:37
337	506	Jo	Gransden	Team H Running N/A	SF	53:37
338	152	David	Lean	East Cornwall Harriers	MV55	53:39
339	422	Kirsty	Down		SF	53:39
340	47	Paul	Casey		MV50	53:40
341	65	Kevin	Harold		MV55	53:44
342	382	Jason	Lowther	Plymouth Musketeers	MV45	53:47
343	691	Kate	O'Neill		FV40	53:49
344	721	Cheryl	Boxall	Plymouth Musketeers	FV40	53:49
345	355	Paul	Darlow		MV50	53:51
346	97	Duncan	Willcocks		MV45	53:53
347	551	Charlotte	Bromley	Storm Plymouth	SF	53:59
348	276	Neil	Brownridge	Storm Plymouth	MV45	54:04
349	21	John	Lofty		MV55	54:05
350	533	Rebecca	Mallett	Storm Plymouth	FV40	54:06
351	212	Kate	Taylor	Plymouth Coasters	FV40	54:08
352	750	Lucy	Howell	Plymouth Musketeers	SF	54:09
353	658	Becky	George	Teignbridge Trotters	FV45	54:11

354	607	Sharon	Horne		FV35	54:12
355	759	Clare	Smith		FV40	54:18
356	784	Brian	McCabe		SM	54:20
357	815	Christina	Pope		SF	54:24
358	726	Carla	Price		FV40	54:26
359	266	John	Barkham	Storm Plymouth N/A	SM	54:28
360	446	Helen	Jordan		FV45	54:30
361	327	Barrie	Swift	Plymouth Harriers	MV65	54:32
362	820	Elizabeth	Westlake	Plymstock Road Runners	FV45	54:32
363	695	Sara	Cooksley	Plymouth Harriers	FV45	54:32
364	78	Charlie	Jones		SM	54:33
365	161	Carl	Mills		MV40	54:34
366	155	Anthony	Lee	Plymouth Musketeers	SM	54:35
367	496	Lisa	Burnham	Plymouth Harriers	FV35	54:41
368	109	Martyn	Cooksley	Plymouth Harriers	MV50	54:41
369	397	Anthony	Massey		MV50	54:50
370	641	Jessica	Jefferys		SF	54:53
371	347	James	Tothill		MV40	54:56
372	560	Kathy	Moulder		FV40	54:58
373	722	Matthew	Harris		SM	54:59
374	262	Christopher	Moulder		MV40	54:59
375	591	Kate	Rogers	Tavistock AC	FV55	54:59
376	652	Lucy	Oldham	East Cornwall Harriers	FV35	55:03
377	273	Andy	Easton	Storm Plymouth	MV55	55:03
378	753	Joanne	Richardson		FV45	55:07
379	742	Alice	Byers		SF	55:08
380	29	Roger	Webb	South Devon AC	MV60	55:09
381	281	Sean	Payne	Storm Plymouth	SM	55:11
382	370	Joe	Arkley	Looe Pioneers	MV40	55:11
383	515	Kate	Woodland	Storm Plymouth N/A	FV50	55:18
384	326	Philip	Rowe		SM	55:20
385	451	Clare	Featherstone	Plymstock Road Runners	FV55	55:21
386	512	Claire	Marks		FV40	55:27
387	644	Vicky	Thompson		SF	55:30
388	577	Kellie	Jones		SF	55:31
389	513	Lucy	Payne	Teignbridge Trotters N/A	FV60	55:32
390	487	Dave	Berry		MV55	55:33
391	619	Nicola	Munday	Plymouth Musketeers	FV35	55:38
392	620	Lucie	Burch		SF	55:38
393	618	Neil	Edwards		SM	55:38
394	19	Neil	Robinson		MV40	55:39
395	376	Adrien	Clark		SM	55:40
396	386	Richard	Nunn		SM	55:44
397	226	John	Drennan	South Devon AC	MV60	55:46
398	276	Neil	Brownridge	Storm Plymouth	MV45	55:47
399	272	Neil	Demuth	Storm Plymouth	MV40	55:47
400	458	Emily	Lloyd		SF	55:47
401	457	Tammy	Lloyd		FV50	55:47
402	573	Dawn	Allum		FV45	55:48
403	396	Daniel	Howse		SM	55:49
404	295	Christopher	Holway		MV40	55:50

405	492	Julie	Bowditch	Plymouth Tri Club N/A	FV50	55:52
406	360	Michael	Williams		SM	55:56
407	250	Philip	Spargo	Truro RC	MV55	55:56
408	687	Alison	Greaves	Bere Alston Trekkers	FV35	55:56
409	112	Nik	Greaves		MV40	55:57
410	415	Frances	Morgan	Bere Alston Trekkers	FV50	56:00
411	456	Catherine	Brown		FV40	56:01
412	277	David	McCarthy	Storm Plymouth N/A	SM	56:02
413	352	Bobby	Manning		SM	56:05
414	640	Lisa	Whitehouse		FV40	56:07
415	205	Alan	Dow		SM	56:07
416	292	Kevin	Dalley		MV40	56:10
417	260	Colin	Wilson	Torbay AC	MV65	56:12
418	430	Rachel	May		FV35	56:14
419	436	Gina	O'Riley		FV35	56:17
420	343	Miles	Bray		MV50	56:21
421	684	Dana	Eyre	Plymouth Musketeers	FV45	56:23
422	365	Anthony	Doonan	Erme Valley Harriers	MV65	56:26
423	582	Kirsten	Nosworthy	Plymouth Coasters	FV35	56:26
424	790	Andrew	Proudfoot	Plymouth Coasters	MV50	56:27
425	614	Karen	Walters	Newquay Road Runners	FV40	56:28
426	746	Jennifer	Evans		FV35	56:28
427	159	Jo	Arnold	Plymouth Musketeers	FV40	56:29
428	62	Michael	Wills	Plymouth Coasters	MV60	56:33
429	455	Jamie	Batteson	Storm Plymouth	FV35	56:36
430	549	Leah	Maloney	Storm Plymouth	SF	56:36
431	489	Carley	Maloney	Storm Plymouth	SF	56:37
432	568	Helen	Soby	Plymstock RR N/A	FV45	56:38
433	410	Julia	Proudfoot	Plymouth Coasters	FV50	56:38
434	406	Anna	Kupschus		FV45	56:42
435	314	Darren	Butcher		SM	56:44
436	630	Rebecca	Lee		SF	56:47
437	454	Sophie	Norton		SF	56:58
438	752	Mel	Greaves	Bere Alston Trekkers	FV40	57:01
439	749	Rachel	Scott	Plymouth Musketeers	FV45	57:02
440	645	Annie	Pellatt		SF	57:05
441	532	Lisa	May	Storm Plymouth	FV40	57:05
442	267	Frazer	Bolt	Storm Plymouth N/A	MV50	57:06
443	537	Gemma	Hawke	Storm Plymouth	SF	57:10
444	667	Anne	Acton		FV55	57:16
445	193	Laura	Hogan	Bere Alston Trekkers	FV40	57:19
446	497	Ann-Marie	Anderson		FV45	57:20
447	378	Jamie	Whittington		SM	57:20
448	673	Rachel	Kilpatrick	Plymouth Harriers	FV40	57:21
449	780	Janet	Morgan	Plymouth Musketeers	FV55	57:23
450	675	Jackie	Venning	Plymouth Musketeers	FV50	57:23
451	416	Maggie	Lamerton	Plymouth Musketeers	FV40	57:33
452	590	Claire	Ayling	Teignbridge Trotters	FV35	57:38
453	594	Laura	Beattie	Plymouth Harriers	SF	57:40
454	23	Vic	Hibbert	Plymouth Musketeers	MV60	57:41
455	632	Abi	Dart		SF	57:44

456	88	Alban	Oliver		MV45	57:50
457	772	Stuart	Queen	Plymouth Musketeers	MV40	57:50
458	54	Luke	Cameron	Plymouth Musketeers	SM	57:51
459	27	Christopher	Adcock	Dawlish Coasters	MV45	57:56
460	17	Phil	Perkins	Torbay AC	MV65	57:57
461	400	Nick	Hayes	Torbay AC	MV50	58:00
462	399	Stephen	Lofthouse	Torbay AC	MV45	58:00
463	490	Emma	Tibbetts		SF	58:03
464	563	Rebecca	Antcliff-Hughes	Plymouth Harriers	SF	58:07
465	781	Heidi	Luke	Dawlish Coasters	SF	58:09
466	624	Sarah	Sayer		FV45	58:15
467	795	Alison	Mills		FV45	58:16
468	498	Brigitte	Taverna		FV35	58:17
469	778	Lynn	Nicholls		FV45	58:21
470	53	Ian	McLeod	Plymouth Coasters	MV50	58:22
471	663	Kate	Bennett		SF	58:23
472	185	Andrew	Park	Torbay AC	MV65	58:24
473	239	Edward	Ney		MV55	58:25
474	740	Roberta	Russell	Plymouth Musketeers	FV35	58:28
475	701	Laura	Nicholls	SWRR N/A	SF	58:29
476	453	Becky	Smith		SF	58:33
477	775	Joanne	Bridge	Plymouth Coasters	FV40	58:33
478	723	Emily	Mitchell		SF	58:42
479	689	Tracy	McFadden	Bodmin Womens RC	FV50	58:43
480	117	Paul	Youngman	Plymouth Musketeers	MV55	58:44
481	786	Hannah	Gomm		SF	58:44
482	806	Kate	Aspinall	Plymstock Road Runners	FV35	58:53
483	737	Kirsty	Pound		FV35	58:54
484	797	Claire	Chalk	South West Road Runners	FV45	58:56
485	514	Codie	Wyett	Storm Plymouth	SF	59:00
486	714	Tracy	Elford	South Devon AC	FV45	59:00
487	631	Samantha	Colton		SF	59:03
488	142	Andy	Philippou		MV50	59:05
489	460	Victoria	Martin		FV40	59:06
490	679	Diane	Wills	Plymouth Harriers	FV40	59:10
491	682	Louise	King	Plymouth Musketeers	FV50	59:11
492	581	Kirsty	Golden	Teignbridge Trotters N/A	SF	59:11
493	301	Andrew	Mouat		MV40	59:13
494	162	Steve	Waddington	South Devon AC	MV60	59:14
495	700	Caroline	Davies-Hunt		FV40	59:15
496	787	Amy	Elliott		SF	59:15
497	633	Jenna	Cawsey		SF	59:19
498	738	Sophie	Fownes		SF	59:20
499	213	Scott	Hannon		MV40	59:21
500	83	Stuart	Haywood		SM	59:23
501	561	Claire	Arnold		FV35	59:23
502	284	Martin	Smith	Storm Plymouth N/A	MV50	59:24
503	745	Karla	Court	Plymouth Coasters	FV35	59:24
504	56	Rob	Farmer		SM	59:31
505	235	Simon	Barrett	Instinctive Sports	MV55	59:35
506	93	Matthew	Ayer		MV40	59:35

507	81	Duncan	Hogbin	Teignbridge Trotters N/A	SM	59:35
508	72	James	Hansford		SM	59:36
509	148	Mike	Faulkner		MV40	59:44
510	121	Ron	Levett		MV60	59:48
511	716	Leza	Wall		FV35	59:48
512	802	Cathy	Cronin		FV40	59:49
513	801	Rebecca	Skinner		FV35	59:49
514	403	Dave	Brooks		MV60	59:52
515	407	Helen	Catherall		FV45	59:53
516	120	Mark	Hardy	Torbay AC	MV45	59:54
517	477	Becky	Tucker	Tamar Trotters N/A	FV35	59:55
518	485	Holli	Black		SF	59:57
519	810	Lorna	Richards	Dawlish Coasters	FV60	59:57
520	674	Jayde	Lawrence		FV35	00:05
521	600	Claire	Young		FV35	00:08
522	380	Vincent	Barry	Storm Plymouth N/A	MV45	00:13
523	764	Gina	Bewers	Plymouth Harriers	FV40	00:18
524	625	Jo	Billyard	Teignbridge Trotters	FV55	00:20
525	433	Neil	Hendy	Plymouth Harriers	MV45	00:22
526	696	Julie	Board	Plymouth Harriers	FV40	00:25
527	140	Andrew	Smith		MV50	00:28
528	139	Billy	McKenna		MV50	00:28
529	450	Jamie	Corson	Tamar Trotters	MV40	00:28
530	621	Ellie	Potts		FV35	00:28
531	503	Liz	Cane		FV35	00:35
532	791	Lotte	Smith	Okehampton RC	FV45	00:38
533	550	Jennie	Callicott	Storm Plymouth	FV35	00:38
534	757	Nichola	Hannah		FV35	00:40
535	342	John	Smith	Tamar Trotters	MV60	00:42
536	441	Nicola	Lang		FV45	00:42
537	132	Colin	Hart	Plymouth Harriers	MV50	00:46
538	692	Emma	Luscombe		FV35	00:46
539	685	Carly	Greene	Dawlish Coasters	SF	00:54
540	113	David	Bent	Plymouth Harriers N/A	MV45	01:01
541	686	Linda	Mole	Plymouth Harriers	SF	01:01
542	424	Mandy	Barrett		FV45	01:01
543	423	Louise	Viggers		FV40	01:01
544	437	Kate	Dooley		FV45	01:02
545	470	Nicky	Fowler	Storm Plymouth N/A	FV35	01:08
546	33	Stephen	Parnell	Plymouth Coasters	MV55	01:10
547	448	Alison	James		FV40	01:15
548	202	Joseph	Hanrahan		SM	01:18
549	779	Sarah	Sinclair	Plymouth Musketeers	FV45	01:21
550	20	Martin	Walker	Tavistock AC	MV55	01:22
551	636	Gemma	McDonald		SF	1:01:27
552	655	Katarzyna	Prajsnar		SF	1:01:32
553	429	Amy	Day	Plymouth Musketeers	SF	1:01:36
554	469	Sarah	Healey	Storm Plymouth	FV40	1:01:37
555	371	Dave	Riley		SM	1:01:38
556	465	Pamela	Spittle	Storm Plymouth	FV55	1:01:39
557	421	Fiona	Chesworth		FV45	1:01:39

558	774	Anne	Lucas	Torbay AC	FV60	1:01:40
559	283	Wayne	Seldon	Storm Plymouth N/A	MV45	1:01:40
560	467	Sarah	Legg	Storm Plymouth N/A	FV40	1:01:40
561	71	Paul	Vann-Hands		MV55	1:01:40
562	459	Sandra	Williams		FV50	1:01:43
563	461	Becky	Horne		FV45	1:01:43
564	417	Marian	Spreadbridge		FV40	1:01:43
565	418	Nichola	Barton		FV40	1:01:44
566	688	Kirsty	Ellmers		FV35	1:01:48
567	40	Keith	Stevens		MV40	1:01:50
568	198	Sarah	Watson		FV40	1:01:52
569	243	Jonathan	Atkins		MV45	1:01:53
570	306	Jo	Coish		FV40	1:01:53
571	442	Cherry	Roddy		SF	1:01:59
572	808	Ian	Dart	Plymouth Harriers	MV60	1:01:59
573	523	Amanda	Sherriff	Storm Plymouth	FV45	1:02:07
574	518	Kayla	Tucker	Storm Plymouth N/A	SF	1:02:08
575	338	Josh	McGrath	Storm Plymouth N/A	SM	1:02:08
576	318	Anthony	Black		MV60	1:02:10
577	599	Kelly	Prutton	Looe Pioneers	SF	1:02:10
578	798	Alison	Moffatt		FV55	1:02:11
579	588	Rachael	Hamer-Brown		FV40	1:02:12
580	660	Clare	Sampson		FV35	1:02:12
581	744	Jackie	Waites		FV45	1:02:15
582	215	Mark	Willcocks	UKNetrunner	MV50	1:02:15
583	449	Karen	Finn		FV45	1:02:17
584	443	Sally	Hills	Tamar Trotters	FV55	1:02:18
585	552	Sandra	Bradshaw	Storm Plymouth N/A	FV50	1:02:29
586	666	Claire	Hart	Plymouth Harriers	FV50	1:02:37
587	402	Neil	Brooks		SM	1:02:37
588	473	Jo	Michael		FV40	1:02:44
589	100	David	Pitcher	Tamar Trotters	MV55	1:02:45
590	420	Jodie	Warburton		SF	1:02:55
591	729	Katy	Medlin	Storm Plymouth	SF	1:03:08
592	491	Liza	Jarvis		FV35	1:03:11
593	488	Katie	Manawalala		FV35	1:03:11
594	762	Annette	Ewing	Plymouth Harriers	FV35	1:03:11
595	583	Alison	Rhodes		FV40	1:03:15
596	404	Chrius	Boucher		SM	1:03:16
597	727	Susan	Lewry	Storm Plymouth	FV40	1:03:20
598	782	Susan	Ayre	Plymouth Musketeers	SF	1:03:21
599	602	Emma	Ridler	Plymouth Musketeers	FV40	1:03:26
600	501	Rowena	Chislett		FV40	1:03:34
601	268	Scott	Booth	Storm Plymouth	SM	1:03:39
602	807	Jo	Haring		FV40	1:03:42
603	138	Mark	Rescorl	Tamar Trotters	SM	1:03:55
604	137	David	Salvage	Tamar Trotters	MV65	1:03:56
605	627	Tracey	Evans	Plymouth Harriers	FV40	1:04:02
606	710	Laura	Bale		SF	1:04:18
607	508	Bridget	Williams		FV35	1:04:22
608	623	Vicki	Clarke		FV40	1:04:28

609	736	Dawn	Wilson	Instinctive Sports	FV50	1:04:32
610	500	Kate	Newcombe		SF	1:04:33
611	419	Kate	Parsons		FV40	1:04:35
612	604	Samantha	Hilton		SF	1:04:40
613	598	Kirsty	Pearce		SF	1:04:41
614	495	Dawn	Fox		FV35	1:04:41
615	505	Sarah	Mouat		FV35	1:04:41
616	542	Georgie	Farr	Storm Plymouth N/A	SF	1:04:51
617	265	Jack	Arundel	Storm Plymouth	SM	1:04:51
618	665	Kelly	Dunning	Instinctive Sports N/A	SF	1:04:51
619	755	Emma	Croad		SF	1:04:58
620	197	Susan	Horne		SF	1:05:00
621	530	Louise	Northey	Storm Plymouth N/A	FV35	1:05:10
622	408	Jacqueline	Stone		FV60	1:05:23
623	219	Heather	Lee	Plymouth Musketeers	FV45	1:05:37
624	428	Emily	Simmons	Plymouth Musketeers	FV35	1:05:38
625	597	Zoe	Byrne		FV40	1:05:39
626	426	Samantha	Morgan		FV35	1:05:40
627	373	Sarah	Abrams	Plymouth Musketeers	FV50	1:05:42
628	559	Andrea	Anstey	Storm Plymouth	FV35	1:05:52
629	557	Shannon	Benney	Storm Plymouth	SF	1:05:53
630	529	Natasha	Parrott	Storm Plymouth	FV40	1:05:53
631	794	Bethany	Morgan	Plymouth Musketeers	SF	1:05:57
632	642	Lynne	Southall	Plymouth Musketeers	FV50	1:05:58
633	177	Bertie	Green		SM	1:06:01
634	444	Shirley	Newnham		FV50	1:06:07
635	434	Jeannine	Levers	Plymstock RR N/A	FV45	1:06:07
636	201	Peter	Hanrahan		MV60	1:06:10
637	576	Carol	Ney		FV40	1:06:14
638	447	Elaine	Medway		FV55	1:06:16
639	718	Jo	Vella	Bere Alston Trekkers	FV55	1:06:18
640	445	Janet	Lynch		FV40	1:06:19
641	536	Lorraine	Johnson	Storm Plymouth	FV35	1:06:19
642	747	Hollie	Baxter	Plymouth Harriers	SF	1:06:28
643	613	Ro	Cartwright		FV55	1:06:32
644	61	Graham	Gordon	Dawlish Coasters	MV65	1:06:34
645	158	Michael	Stansbury		MV65	1:06:37
646	680	Christine	McGhee	Plymouth Harriers	FV55	1:06:39
647	558	Gemma	Beer	Storm Plymouth	FV35	1:06:42
648	462	Joanne	Welch	Storm Plymouth N/A	FV50	1:06:42
649	705	Patricia	Tabenor	Plymouth Harriers	FV60	1:07:09
650	584	Anita	Frier		FV45	1:07:21
651	743	Claire	Legge	Plymouth Coasters	FV35	1:07:24
652	669	Tracey	Jolly	Torbay AC N/A	FV40	1:07:25
653	479	Samantha	Goss		FV40	1:07:28
654	322	Tony	Goss			1:07:29
655	769	Catherine	Bassett	Plymouth Harriers	FV40	1:07:38
656	290	Russell	Williams	Storm Plymouth N/A	MV55	1:07:44
657	728	Hannah	Lemon	Storm Plymouth N/A	FV40	1:07:45
658	475	Claire	Saunders		SF	1:07:52
659	244	Matthew	Atkins		SM	1:08:07

660	793	Rachel	Partridge		FV45	1:08:09
661	804	Helen	Brookes		FV40	1:08:10
662	474	Ruth	Taylor		FV35	1:08:10
663	106	Rob	Felwick	Instinctive Sports N/A	MV50	1:08:21
664	293	Len	Saxty	Instinctive Sports N/A	MV65	1:08:22
665	567	Charlotte	Soby		SF	1:08:31
666	711	Hannah	Bale		SF	1:08:45
667	670	Samantha	Murray		FV40	1:08:49
668	405	Emily	Fairclough		FV35	1:08:53
669	676	Siwan	Wood	Storm Plymouth	FV35	1:09:06
670	432	Ilona	Rosson-Jones		SF	1:09:19
671	720	Hilary	Head	Bere Alston Trekkers	FV50	1:09:34
672	521	Tina	Stoneman	Storm Plymouth	FV45	1:09:40
673	96	Andrew	Hammett		MV65	1:09:41
674	585	Emma	Taylor		FV40	1:09:48
675	39	Paul	Greening		MV50	1:10:00
676	173	Joanna	Sardella		FV40	1:10:03
677	777	Nicola	Peck	Plymouth Coasters N/A	FV40	1:10:23
678	556	Nicola	Berry	Storm Plymouth	SF	1:10:32
679	544	Kerry	Dermi	Storm Plymouth N/A	SF	1:10:33
680	507	Sam	While		SF	1:10:38
681	579	Cheryl	Duggan		FV40	1:11:10
682	578	Bridget	Kearley		FV45	1:11:11
683	699	Carolyn	Ellis		SF	1:11:26
684	484	Jan	Moore		FV45	1:11:44
685	763	Sarah	Morris		FV40	1:11:44
686	818	Sue	Maffey		FV55	1:11:50
687	305	Helen	Childs	Storm Plymouth	FV40	1:12:08
688	494	Dawn	Childs	Storm Plymouth	FV45	1:12:09
689	610	Karen	Ryan	Tamar Trotters	FV40	1:12:11
690	694	Brenda	Grant	South Devon AC	FV60	1:12:17
691	574	Davina	Ross	Tamar Trotters	FV40	1:12:28
692	634	Jenny	Treleaven		FV40	1:12:30
693	525	Sue	Radford	Storm Plymouth N/A	FV60	1:13:11
694	538	Ruth	Graham	Storm Plymouth	FV55	1:13:12
695	541	Emma	Foster	Storm Plymouth	FV35	1:13:17
696	643	Kathryn	Weaver-Gore	Plymouth Musketeers	FV55	1:13:21
697	651	Lisa	Cole	Storm Plymouth N/A	FV45	1:13:38
698	754	Karen	Kenworthy	Tamar Trotters	FV45	1:14:01
699	657	Nikki	Evans	Teignbridge Trotters	FV40	1:14:12
700	413	Colleen	Symons	Storm Plymouth N/A	SF	1:15:03
701	540	Hannah	Goodwin	Storm Plymouth	FV35	1:15:04
702	178	Richard	Walters		MV65	1:15:05
703	431	Elaine	Francis		SF	1:15:10
704	751	Nic	Courtney		SF	1:15:15
705	760	Sheila	Courtney		FV60	1:15:15
706	524	Beverley	Riley	Storm Plymouth N/A	FV55	1:15:54
707	698	Rachel	Perry	Storm Plymouth	SF	1:15:55
708	466	Sara	Mansfield	Storm Plymouth	SF	1:16:06
709	224	Daniel	Martin		SM	1:16:07
710	554	Chloe	Bounsall	Storm Plymouth	SF	1:16:08

711	527	Nicola	Partridge	Storm Plymouth	SF	1:16:29
712	555	Natasha	Shapland	Storm Plymouth	FV50	1:16:29
713	717	Lucy	Smale		SF	1:16:32
714	715	Sarah	Collins		FV40	1:16:32
715	539	Sue	Gradon	Storm Plymouth	FV45	1:16:50
716	771	Aimi	Hewlett Elliott	Sweatshop RC N/A	SF	1:17:51
717	263	Femi	Akerele		MV40	1:17:57
718	635	Helen	Wright		SF	1:17:57
719	186	Kate	Howard	Plymouth Musketeers	FV55	1:17:57
720	504	Rachel	Bailey		SF	1:17:57
721	609	Naomi	Partridge		SF	1:17:58
722	31	John	Ritchie	Plymouth Musketeers	MV40	1:17:58
723	622	Lorraine	Davies	Plymouth Musketeers	FV50	1:17:59
724	776	Miranda	Ritchie	Plymouth Musketeers	FV45	1:17:59
725	615	Julie	Perring		FV55	1:17:59
726	799	Julie	Davies		FV50	1:18:17
727	748	Jo	Nieto	Plymouth Harriers	FV40	1:18:17
728	452	Anna	Prior	Plymouth Harriers	FV35	1:18:19
729	712	Ellen	Bale		SF	1:18:20
730	708	Leonora	Richards		FV60	1:18:27
731	75	Steve 'Superman'	Neal	Plymouth Musketeers	MV55	1:19:11
732	545	Jessica	Daykin	Storm Plymouth N/A	SF	1:20:27
733	534	Ashlie	Lane	Storm Plymouth N/A	SF	1:20:27
734	435	Stephanie	Blight	Storm Plymouth	SF	1:22:16
735	471	Emma	Fothergill	Storm Plymouth N/A	SF	1:23:45
736	528	Katie	Parsons	Storm Plymouth	SF	1:23:46
737	565	Claire	Russell	Storm Plymouth	SF	1:24:22
738	535	Becki	Lane	Storm Plymouth N/A	FV40	1:24:22
739	282	Matt	Powell	Storm Plymouth	MV45	1:24:23
740	463	Sue	Thorne	Storm Plymouth N/A	FV50	1:24:37
741	543	Caroline	Easton	Storm Plymouth	FV50	1:25:35
742	411	Sharon	Head	Storm Plymouth N/A	FV40	1:25:35
743	767	Leesa	Pethick	Plymouth Harriers	FV45	1:25:59
744	150	Anthony	Buck		MV50	1:27:46
745	118	Dave	Naish	South Devon AC	MV65	1:27:50