

Ivybridge 10K 2016 Entry List

Non affiliated athletes or clubs are annotated with N/A

<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Age Cat</u>
373	Sarah	Abrams	Plymouth Musketeers	FV50
667	Anne	Acton		FV55
238	Allan	Adams		MV55
363	Neil	Adams	North Norfolk Beach Runners	SM
27	Christopher	Adcock	Dawlish Coasters	MV45
263	Femi	Akerele		MV40
209	Christopher	Aldridge	Plymouth Harriers	MV40
356	Anthony	Allen		MV45
638	Juliana	Allen		SF
573	Dawn	Allum		FV45
9	Simon	Anderson	City of Plymouth AC	MV50
307	Scott	Anderson		SM
497	Ann-Marie	Anderson		FV45
499	Lauren	Anning	St Austell RC	SF
264	Andy	Anstey	Storm Plymouth	SM
559	Andrea	Anstey	Storm Plymouth	FV35
563	Rebecca	Antcliff-Hughes	Plymouth Harriers	SF
370	Joe	Arkley	Looe Pioneers	MV40
425	Laura	Arkley	Looe Pioneers	FV40
200	Lee	Arnold	Team H Running N/A	SM
561	Claire	Arnold		FV35
732	Stacy	Arnold		FV35
265	Jack	Arundel	Storm Plymouth	SM
68	Mark	Ashurst	Plymouth Striders	MV45
806	Kate	Aspinall	Plymstock Road Runners	FV35
243	Jonathan	Atkins		MV45
244	Matthew	Atkins		SM
300	Ben	Austin	Team H Running N/A	SM
93	Matthew	Ayer		MV40
590	Claire	Ayling	Teignbridge Trotters	FV35
782	Susan	Ayre	Plymouth Musketeers	SF
133	Ian	Baggott		MV50
58	Ross	Bailey		SM
504	Rachel	Bailey		SF
710	Laura	Bale		SF
711	Hannah	Bale		SF
712	Ellen	Bale		SF
266	John	Barkham	Storm Plymouth N/A	SM
160	Jamie	Barnett	Teignbridge Trotters	SM
184	Nigel	Barnett	Teignbridge Trotters	MV40
235	Simon	Barrett	Instinctive Sports	MV55
424	Mandy	Barrett		FV45
380	Vincent	Barry	Storm Plymouth N/A	MV45
418	Nichola	Barton		FV40
26	Kevin	Baskott	Tamar Trotters	MV50
769	Catherine	Bassett	Plymouth Harriers	FV40
805	Phil	Bates	Torbay AC	MV45
103	William	Battershill	Erme Valley Harriers	SM
455	Jamie	Batteson	Storm Plymouth	FV35
747	Hollie	Baxter	Plymouth Harriers	SF
25	Peter	Bazley	Tavistock AC	MV60

594	Laura	Beattie	Plymouth Harriers	SF
351	Stephen	Beck		SM
131	David	Beckenkrager	Plymouth Harriers	MV45
558	Gemma	Beer	Storm Plymouth	FV35
704	Kerry	Bell	South Devon AC	FV50
151	Andrew	Bennett	Plymouth Harriers	MV50
647	Tracy	Bennett	South West Road Runners	FV40
663	Kate	Bennett		SF
358	Fraser	Benney	Storm Plymouth N/A	SM
557	Shannon	Benney	Storm Plymouth	SF
113	David	Bent	Plymouth Harriers N/A	MV45
487	Dave	Berry		MV55
547	Daniel	Berry	Storm Plymouth N/A	SM
556	Nicola	Berry	Storm Plymouth	SF
361	Richard	Best	Plymouth Musketeers	MV45
438	Jo	Best		FV50
319	Curtis	Betteridge		SM
221	Mark	Betty		SM
592	Denise	Betty	Instinctive Sports	SF
764	Gina	Bewers	Plymouth Harriers	FV40
625	Jo	Billyard	Teignbridge Trotters	FV55
628	Lisa	Birch	Bere Alston Trekkers	FV45
236	Simon	Bishop-Hawes	Plymouth Harriers	MV40
94	Kevin	Blaber	Plymouth Striders	MV50
318	Anthony	Black		MV60
485	Holli	Black		SF
77	Mike	Blackmore	Team Bath AC	MV40
48	James	Blight	Tamar Trotters	SM
435	Stephanie	Blight	Storm Plymouth	SF
237	Peter	Blomley		MV55
252	Simon	Blyth		SM
696	Julie	Board	Plymouth Harriers	FV40
703	Gemma	Body	South Devon AC	SF
267	Frazer	Bolt	Storm Plymouth N/A	MV50
321	Michael	Bonning	Michelmores RC	MV50
268	Scott	Booth	Storm Plymouth	SM
377	Richard	Boucher	Team H Running N/A	MV45
404	Chrius	Boucher		SM
554	Chloe	Bounsall	Storm Plymouth	SF
553	Jemma	Bowden	Storm Plymouth	SF
492	Julie	Bowditch	Plymouth Tri Club N/A	FV50
245	George	Bowles		SM
721	Cheryl	Boxall	Plymouth Musketeers	FV40
697	Kellie	Boylin	Plymouth Harriers	SF
552	Sandra	Bradshaw	Storm Plymouth N/A	FV50
651	Rose	Bralsford	Erme Valley Harriers	FV45
89	Robin	Bray	Plymouth Harriers	MV40
343	Miles	Bray		MV50
63	Roger	Brewer	Maverick Runners N/A	MV60
775	Joanne	Bridge	Plymouth Coasters	FV40
551	Charlotte	Bromley	Storm Plymouth	SF
804	Helen	Brookes		FV40
269	Stuart	Brooks	Storm Plymouth N/A	SM
402	Neil	Brooks		SM
403	Dave	Brooks		MV60
481	Annabelle	Broomfield		SF

34	Steve	Brown		SM
270	Joshua	Brown	Storm Plymouth N/A	SM
456	Catherine	Brown		FV40
276	Neil	Brownridge	Storm Plymouth	MV45
220	Mark	Bruce	Torbay AC	MV40
150	Anthony	Buck		MV50
13	Simon	Bunday	Dawlish Coasters	MV55
620	Lucie	Burch		SF
509	Donna	Burke	Plymouth Musketeers	FV50
496	Lisa	Burnham	Plymouth Harriers	FV35
175	Bob	Burton	Plymstock Road Runners	MV55
314	Darren	Butcher		SM
67	Rob	Byers		MV40
742	Alice	Byers		SF
119	Morgan	Cain	Launceston Road Runners	SM
550	Jennie	Callicott	Storm Plymouth	FV35
54	Luke	Cameron	Plymouth Musketeers	SM
141	Bruce	Campbell	Teignbridge Trotters N/A	MV45
503	Liz	Cane		FV35
310	Steve	Carr	Torbay AC	MV45
613	Ro	Cartwright		FV55
47	Paul	Casey		MV50
407	Helen	Catherall		FV45
427	Alison	Catnach	Looe Pioneers	FV40
633	Jenna	Cawsey		SF
797	Claire	Chalk	South West Road Runners	FV45
258	David	Chanter	Tavistock AC	MV60
76	Christopher	Chapman		SM
340	Rob	Chapman	Storm Plymouth N/A	MV40
44	Andrew	Charles	Tamar Trotters	MV50
421	Fiona	Chesworth		FV45
305	Helen	Childs	Storm Plymouth	FV40
494	Dawn	Childs	Storm Plymouth	FV45
501	Rowena	Chislett		FV40
248	David	Church	Erme Valley Harriers	SM
271	Jason	Cichy	Storm Plymouth	MV40
364	Jeremy	Clark	Team H Running N/A	MV50
375	Michael	Clark		SM
376	Adrien	Clark		SM
216	Nick	Clarke	Plymouth Coasters	SM
354	Joshua	Clarke		SM
623	Vicki	Clarke		FV40
690	Jill	Clarke		FV55
440	Paula	Clough		FV45
478	Kate	Codling	Torbay AC	SF
306	Jo	Coish		FV40
811	Emma	Coles		FV40
315	Alexander	Coley	East Cornwall Harriers	SM
316	Simon	Coley	East Cornwall Harriers	MV50
671	Paul	Collins	Tamar Trotters	SM
715	Sarah	Collins		FV40
631	Samantha	Colton		SF
165	Gavin	Connor	South West Road Runners	SM
109	Martyn	Cooksley	Plymouth Harriers	MV50
695	Sara	Cooksley	Plymouth Harriers	FV45
329	Martin	Cooper		MV45

735	Jemma	Cooper		FV35
450	Jamie	Corson	Tamar Trotters	MV40
745	Karla	Court	Plymouth Coasters	FV35
751	Nic	Courtney		SF
760	Sheila	Courtney		FV60
707	Emma	Cousins		FV35
653	Michelle	Cowley	South Devon AC	SF
681	Hayley	Cozens	Plymouth Harriers	SF
756	Sally	Crabb	Looe Pioneers	FV40
101	Ben	Crane		SM
102	Martin	Crane		MV45
108	Michael	Crane	St Austell Running Club	MV45
755	Emma	Croad		SF
569	Charlotte	Crocker		FV45
761	Lesley	Crocker		FV35
346	John	Crockford	Plymouth Coasters	MV60
802	Cathy	Cronin		FV40
601	Sara Jane	Crozier	Torbay AC	FV45
562	Linda	Dabbs	Devon & Cornwall Police N/A	FV45
292	Kevin	Dalley		MV40
355	Paul	Darlow		MV50
632	Abi	Dart		SF
808	Ian	Dart	Plymouth Harriers	MV60
115	Geoff	Davey	Teignbridge Trotters	MV40
758	Laura	Davey		SF
510	Claire	Davidson	East Cornwall Harriers	FV45
622	Lorraine	Davies	Plymouth Musketeers	FV50
799	Julie	Davies		FV50
700	Caroline	Davies-Hunt		FV40
74	Neil	Dawkins	Torbay AC	MV40
546	Emma	Dawson	Storm Plymouth	FV35
366	James	Day		SM
429	Amy	Day	Plymouth Musketeers	SF
545	Jessica	Daykin	Storm Plymouth N/A	SF
110	Mark	Deacon	Looe Pioneers	SM
272	Neil	Demuth	Storm Plymouth	MV40
544	Kerry	Dermi	Storm Plymouth N/A	SF
593	Claire	Dexter	Erme Valley Harriers	FV35
92	Jan	Dolezel	Haldon Trail Runners	SM
294	Alan	Donaldson		MV55
90	Sean	Doogan		MV45
437	Kate	Dooley		FV45
365	Anthony	Doonan	Erme Valley Harriers	MV65
637	Alexandra	Doughty		FV35
205	Alan	Dow		SM
422	Kirsty	Down		SF
226	John	Drennan	South Devon AC	MV60
231	David	Drew		SM
167	Brennan	Drewitt	Plymouth Musketeers	SM
579	Cheryl	Duggan		FV40
227	Jan	Duke	Tamar Trotters	MV65
800	Melanie	Dunn	Teignbridge Trotters	SF
665	Kelly	Dunning	Instinctive Sports N/A	SF
273	Andy	Easton	Storm Plymouth	MV55
543	Caroline	Easton	Storm Plymouth	FV50
615	Brenda	Edwards		FV55

618	Neil	Edwards		SM
28	David	Elder		MV60
714	Tracy	Elford	South Devon AC	FV45
787	Amy	Elliott		SF
699	Carolyn	Ellis		SF
688	Kirsty	Ellmers		FV35
191	Les	Elms	Dawlish Coasters	MV55
627	Tracey	Evans	Plymouth Harriers	FV40
657	Nikki	Evans	Teignbridge Trotters	FV40
746	Jennifer	Evans		FV35
762	Annette	Ewing	Plymouth Harriers	FV35
741	Martin	Exley-Deane	Tavistock AC	MV55
684	Dana	Eyre	Plymouth Musketeers	FV45
405	Emily	Fairclough		FV35
414	Marie	Faithfull		SF
390	Rui	Fajardo		SM
388	Bill	Farleigh		SM
56	Rob	Farmer		SM
542	Georgie	Farr	Storm Plymouth N/A	SF
148	Mike	Faulkner		MV40
812	Rose	Fawbert Mills		SF
451	Clare	Featherstone	Plymstock Road Runners	FV55
106	Rob	Felwick	Instinctive Sports N/A	MV50
595	Giada	Ferrari		SF
217	Simon	Fewins	Plymouth Musketeers	MV40
401	Kevin	Fine	Torbay AC	SM
449	Karen	Finn		FV45
15	Anthony	Firth		MV45
204	Simon	Fitze	Tamar Trotters	MV40
189	Eric	Foster	Dawlish Coasters	MV60
541	Emma	Foster	Storm Plymouth	FV35
611	Janet	Foster	Dawlish Coasters	FV60
471	Emma	Fothergill	Storm Plymouth N/A	SF
470	Nicky	Fowler	Storm Plymouth N/A	FV35
738	Sophie	Fownes		SF
196	Thomas	Fox		SM
495	Dawn	Fox		FV35
431	Elaine	Francis		SF
122	Martin	French	Plymouth Musketeers	MV40
584	Anita	Frier		FV45
192	Paul	Frissen	Torbay AC	MV50
608	Karen	Frissen	Torbay AC	FV50
783	Helen	Frow		FV45
183	Dave	Gale		MV50
730	Zena	Gardener		FV40
154	Andrew	Genge		SM
124	Richard	Gentry	Teignbridge Trotters	MV50
143	Keith	George	Teignbridge Trotters N/A	MV50
658	Becky	George	Teignbridge Trotters	FV45
182	Richard	Giles		MV45
228	Matthew	Gilliard		MV40
298	Adam	Gitlin		MV40
214	James	Gleave		SM
581	Kirsty	Golden	Teignbridge Trotters N/A	SF
299	Matthew	Golding	City of Plymouth AC	SM
786	Hannah	Gomm		SF

254	Ray	Goodright	East Cornwall Harriers	MV65
540	Hannah	Goodwin	Storm Plymouth	FV35
61	Graham	Gordon	Dawlish Coasters	MV65
322	Tony	Goss		
479	Samantha	Goss		FV40
539	Sue	Gradon	Storm Plymouth	FV45
171	Clive	Graham		MV60
538	Ruth	Graham	Storm Plymouth	FV55
724	Kelly	Graham		SF
506	Jo	Gransden	Team H Running N/A	SF
694	Brenda	Grant	South Devon AC	FV60
112	Nik	Greaves		MV40
147	Andrew	Greaves		MV45
687	Alison	Greaves	Bere Alston Trekkers	FV35
752	Mel	Greaves	Bere Alston Trekkers	FV40
177	Bertie	Green		SM
587	Stephanie	Green		FV40
685	Carly	Greene	Dawlish Coasters	SF
39	Paul	Greening		MV50
146	Michael	Griffin		SM
296	Paul	Griffin	Instinctive Sports	MV45
323	Lisa	Haley	Torbay AC	FV35
125	Brian	Hall	Torbay AC	MV55
367	Richard	Ham	Team H Running N/A	SM
588	Rachael	Hamer-Brown		FV40
96	Andrew	Hammett		MV65
179	David	Hampton	South Devon AC	SM
757	Nichola	Hannah		FV35
213	Scott	Hannon		MV40
201	Peter	Hanrahan		MV60
202	Joseph	Hanrahan		SM
203	Philip	Hanrahan		SM
72	James	Hansford		SM
353	Ben	Harding	East Cornwall Harriers	SM
120	Mark	Hardy	Torbay AC	MV45
807	Jo	Haring		FV40
65	Kevin	Harold		MV55
144	Andy	Harris		MV45
240	Mark	Harris		MV40
311	Nick	Harris		MV50
656	Natalie	Harris		SF
677	Kathryn	Harris		FV45
814	Tim	Harris		SM
132	Colin	Hart	Plymouth Harriers	MV50
666	Claire	Hart	Plymouth Harriers	FV50
537	Gemma	Hawke	Storm Plymouth	SF
302	Greg	Hawkins	Team H Running N/A	MV45
99	Michael	Hawley		MV50
400	Nick	Hayes	Torbay AC	MV50
596	Sarah	Hayes		SF
706	Sue	Hayes	South Devon AC	FV45
83	Stuart	Haywood		SM
731	Lynne	Haywood		FV35
87	Martin	Head	Bere Alston Trekkers	MV45
411	Sharon	Head	Storm Plymouth N/A	FV40
720	Hilary	Head	Bere Alston Trekkers	FV50

469	Sarah	Healey	Storm Plymouth	FV40
605	Julie	Hedges	South West Road Runners	FV50
362	Mark	Heffernan		MV40
734	Emma	Heffernan		FV40
616	Catherine	Hemsley		FV35
195	Wesley	Hemstead	Team H Running N/A	SM
433	Neil	Hendy	Plymouth Harriers	MV45
664	Irene	Hewings	Torbay AC	FV55
41	Darren	Hewlett	Sweatshop RC N/A	SM
771	Aimi	Hewlett Elliott	Sweatshop RC N/A	SF
23	Vic	Hibbert	Plymouth Musketeers	MV60
172	Steven	Hill	Plymouth Harriers	MV40
312	Rodney	Hillebrandt	Plymouth Musketeers	MV65
443	Sally	Hills	Tamar Trotters	FV55
604	Samantha	Hilton		SF
713	Keith	Hoadley	Torrington AC	MV50
218	Michael	Hockey	Plymouth Musketeers	SM
332	Jeremy	Hocking	Torbay AC	MV40
309	Alan	Hockings	Plymouth Musketeers	MV45
193	Laura	Hogan	Bere Alston Trekkers	FV40
81	Duncan	Hogbin	Teignbridge Trotters N/A	SM
709	Catherine	Holt		FV40
295	Christopher	Holway		MV40
197	Susan	Horne		SF
461	Becky	Horne		FV45
607	Sharon	Horne		FV35
249	Clive	Horton	Plymouth Harriers	MV55
334	Chris	Howarth		SM
750	Lucy	Howell	Plymouth Musketeers	SF
396	Daniel	Howse		SM
468	Jaine	Hudson	Storm Plymouth	FV35
274	Michael	Hughes	Storm Plymouth	MV50
255	Jason	Hyde	Plymouth Musketeers	MV40
69	Jeffrey	Ince		SM
589	Kirsty	Ireland	Team H Running N/A	SF
480	Nicole	Jacomb		SF
337	Duncan	Jago	Storm Plymouth	SM
662	Joanne	Jago		FV35
395	Duncan	James		MV50
448	Alison	James		FV40
678	Chris	James		SM
491	Liza	Jarvis		FV35
163	Russ	Jefferys		SM
641	Jessica	Jefferys		SF
317	Fred	Jenkins	Instinctive Sports	MV55
49	Tom	Jennings	Tamar Trotters N/A	SM
206	Paul	Jewell	Plymouth Harriers	SM
116	Paul	Johns	Teignbridge Trotters N/A	MV50
303	Andrew	Johnson	Exmouth Harriers	MV50
369	Andy	Johnson	Dawlish Coasters N/A	MV55
536	Lorraine	Johnson	Storm Plymouth	FV35
669	Tracey	Jolly	Torbay AC N/A	FV40
18	David	Jones		MV45
24	Dan	Jones		MV40
78	Charlie	Jones		SM
123	Brett	Jones		SM

483	Hannah	Jones	Teignbridge Trotters	FV40
577	Kellie	Jones		SF
446	Helen	Jordan		FV45
578	Bridget	Kearley		FV45
91	Rodney	Keen	South Devon AC	MV45
439	Sarah	Kelly		FV45
297	John	Kemp		MV55
754	Karen	Kenworthy	Tamar Trotters	FV45
372	Steve	Kilkelly		MV40
673	Rachel	Kilpatrick	Plymouth Harriers	FV40
275	Dave	King	Storm Plymouth N/A	MV50
682	Louise	King	Plymouth Musketeers	FV50
765	Helen	Kingscott	Plymouth Musketeers	SF
603	Nicola	Kovacic		FV35
406	Anna	Kupschus		FV45
391	Damien	Kyle		SM
416	Maggie	Lamerton	Plymouth Musketeers	FV40
229	Jamie	Landricombe		SM
534	Ashlie	Lane	Storm Plymouth N/A	SF
535	Becki	Lane	Storm Plymouth N/A	FV40
441	Nicola	Lang		FV45
233	Ryan	Laniewski		SM
36	Nick	Laphorn		SM
37	Lucas	Laphorn		SM
38	Dominic	Laphorn		SM
128	Chaz	Lawrence		SM
674	Jayde	Lawrence		FV35
136	Damien	Le Gal		SM
152	David	Lean	East Cornwall Harriers	MV55
16	Christopher	Lee		MV40
155	Anthony	Lee	Plymouth Musketeers	SM
219	Heather	Lee	Plymouth Musketeers	FV45
630	Rebecca	Lee		SF
467	Sarah	Legg	Storm Plymouth N/A	FV40
743	Claire	Legge	Plymouth Coasters	FV35
320	Peter	Leidig		MV45
728	Hannah	Lemon	Storm Plymouth N/A	FV40
256	Darren	Levers		MV50
434	Jeannine	Levers	Plymstock RR N/A	FV45
121	Ron	Levett		MV60
659	Emily	Levey	Teignbridge Trotters N/A	FV35
626	Brian	Lewis	Torbay AC	MV40
727	Susan	Lewry	Storm Plymouth	FV40
654	Michelle	Lincoln		FV45
457	Tammy	Lloyd		FV50
458	Emily	Lloyd		SF
399	Stephen	Lofthouse	Torbay AC	MV45
21	John	Lofty		MV55
382	Jason	Lowther	Plymouth Musketeers	MV45
784	Sophia	Loxton		SF
774	Anne	Lucas	Torbay AC	FV60
781	Heidi	Luke	Dawlish Coasters	SF
692	Emma	Luscombe		FV35
384	Gavin	Lynch		MV40
445	Janet	Lynch		FV40
159	Stephen	MacE	Plymouth Musketeers	MV50

222	Richard	Mackrory	Running Forever RC	MV60
79	Craig	MacLellan	Erme Valley Harriers	SM
725	Tallulah	MacNab		SF
763	Sue	Maffey		FV55
45	Steven	Mahoney	Tamar Trotters	SM
533	Rebecca	Mallett	Storm Plymouth	FV40
489	Carley	Maloney	Storm Plymouth	SF
549	Leah	Maloney	Storm Plymouth	SF
488	Katie	Manawalala		FV35
352	Bobby	Manning		SM
466	Sara	Mansfield	Storm Plymouth	SF
512	Claire	Marks		FV40
145	Andrew	Marshall	Plymouth Harriers	MV55
502	Kate	Marshall		FV35
59	Gary	Martin	Plymouth Musketeers	MV45
169	Steve	Martin		MV40
224	Daniel	Martin		SM
460	Victoria	Martin		FV40
210	Garry	Mason		SM
397	Anthony	Massey		MV50
472	Dave	Matthams		MV50
430	Rachel	May		FV35
531	Gail	May	Storm Plymouth	FV40
532	Lisa	May	Storm Plymouth	FV40
277	David	McCarthy	Storm Plymouth N/A	SM
646	Gwen	McCaw		FV40
98	Paul	McClymont		SM
636	Gemma	McDonald		SF
689	Tracy	McFadden	Bodmin Womens RC	FV50
680	Christine	McGhee	Plymouth Harriers	FV55
338	Josh	McGrath	Storm Plymouth N/A	SM
341	Richard	Mckee		SM
164	Alan	McKeever	Instinctive Sports	MV50
139	Billy	McKenna		MV50
398	Shaun	McKernan	Torbay AC	SM
230	Byron	McKinney	Tiverton Harriers	MV40
672	Katie	McLagan		SF
52	Ian	McLean		MV50
53	Ian	McLeod	Plymouth Coasters	MV50
729	Katy	Medlin	Storm Plymouth	SF
447	Elaine	Medway		FV55
278	Thomas	Mellor	Storm Plymouth N/A	SM
473	Jo	Michael		FV40
207	Gary	Miles		MV50
335	Barry	Miles		SM
161	Carl	Mills		MV40
795	Alison	Mills		FV45
170	Michael	Miners	Erme Valley Harriers	SM
339	Carlo	Miragliotta	Storm Plymouth N/A	SM
723	Emily	Mitchell		SF
331	Tim	Mockford	Wild Running N/A	SM
70	Hamish	Moffatt		SM
798	Alison	Moffatt		FV55
686	Linda	Mole	Plymouth Harriers	SF
6	Peter	Monaghan	Torbay AC	MV50
379	Gary	Montford		SM

484	Jan	Moore		FV45
333	Sam	Morahan		SM
289	Kirk	Moran		MV40
344	Nathan	Morgan		SM
415	Frances	Morgan	Bere Alston Trekkers	FV50
426	Samantha	Morgan		FV35
780	Janet	Morgan	Plymouth Musketeers	FV55
794	Bethany	Morgan	Plymouth Musketeers	SF
392	Ben	Morrish		SM
301	Andrew	Mouat		MV40
505	Sarah	Mouat		FV35
262	Christopher	Moulder		MV40
560	Kathy	Moulder		FV40
809	Stuart	Moulson	Teignbridge Trotters	MV45
768	Adrian	Mountford		MV40
180	Darren	Munday	Plymouth Musketeers	MV40
619	Nicola	Munday	Plymouth Musketeers	FV35
211	Daniel	Murdoch	Roman Gladiators	SM
259	Joey	Murphy		SM
597	Liz	Murphy		FV50
670	Samantha	Murray		FV40
118	Dave	Naish	South Devon AC	MV65
75	Steve 'Superman'	Neal	Plymouth Musketeers	MV55
194	Robert	Nelder		MV45
279	Tom	Nelder	Storm Plymouth N/A	SM
129	Chris	Newcombe		SM
500	Kate	Newcombe		SF
166	James	Newman	Plymouth Musketeers	SM
444	Shirley	Newnham		FV50
639	Laura	Newton	Bere Alston Trekkers	SF
239	Edward	Ney		MV55
576	Carol	Ney		FV40
701	Laura	Nicholls	SWRR N/A	SF
778	Lynn	Nicholls		FV45
548	Paul	Nichols	Storm Plymouth N/A	MV45
328	Jeff	Nicks		MV45
748	Jo	Nieto	Plymouth Harriers	FV40
580	Nicola	Noble		SF
530	Louise	Northey	Storm Plymouth N/A	FV35
251	Nick	Norton		MV50
454	Sophie	Norton		SF
582	Kirsten	Nosworthy	Plymouth Coasters	FV35
386	Richard	Nunn		SM
652	Lucy	Oldham	East Cornwall Harriers	FV35
88	Alban	Oliver		MV45
691	Kate	O'Neill		FV40
436	Gina	O'Riley		FV35
330	Sean	Osborne		MV40
739	Tina	O'Shea	Plymouth Musketeers	FV50
387	John	Outhwaite		MV60
409	Sandra	Oxton	Plymouth Striders	FV50
803	Julie	Page	Bere Alston Trekkers	FV45
683	Michelle	Paine		FV35
394	Neil	Pallent	Teignbridge Trotters N/A	MV45
350	Philip	Parish		MV40
185	Andrew	Park	Torbay AC	MV65

564	Lianna	Parker-Carn		SF
796	Cathy	Parkinson	Torbay AC	FV50
33	Stephen	Parnell	Plymouth Coasters	MV55
529	Natasha	Parrott	Storm Plymouth	FV40
280	Ash	Parsons	Storm Plymouth N/A	SM
419	Kate	Parsons		FV40
528	Katie	Parsons	Storm Plymouth	SF
527	Nicola	Partridge	Storm Plymouth	SF
609	Naomi	Partridge		SF
793	Rachel	Partridge		FV45
281	Sean	Payne	Storm Plymouth	SM
308	James	Payne	Roman Gladiators	SM
336	Ben	Payne	Instinctive Sports	SM
513	Lucy	Payne	Teignbridge Trotters N/A	FV60
359	Owen	Pearce	Tamar Trotters	SM
598	Kirsty	Pearce		SF
288	Geoff	Pearse		MV45
511	Helen	Pearse		FV40
30	David	Peck		MV40
777	Nicola	Peck	Plymouth Coasters N/A	FV40
174	Mark	Peckings	Roman Gladiators	MV40
176	Alistair	Peers		SM
645	Annie	Pellatt		SF
17	Phil	Perkins	Torbay AC	MV65
698	Rachel	Perry	Storm Plymouth	SF
789	Cleo	Perry	Erme Valley Harriers	FV40
381	Guy	Petersen	Tamar Trotters	MV45
767	Leesa	Pethick	Plymouth Harriers	FV45
142	Andy	Philippou		MV50
661	Linda	Philippou	Torbay AC	FV50
522	Michelle	Phillips	Storm Plymouth N/A	FV40
46	Jonathan	Picken		MV40
412	Becky	Piper	Plymouth Harriers	SF
111	Martin	Pipet	Bodmin Road Runners	MV40
100	David	Pitcher	Tamar Trotters	MV55
349	Lee	Place		SM
815	Christina	Pope		SF
368	Edward	Porter		SM
82	Mark	Pote	Plympton H3 N/A	SM
234	Stephen	Potter		MV50
621	Ellie	Potts		FV35
737	Kirsty	Pound		FV35
181	Shane	Powell	Tamar Trotters	MV40
282	Matt	Powell	Storm Plymouth	MV45
655	Katarzyna	Prajsnar		SF
374	Daniel	Prete	Team H Running N/A	SM
86	Carl	Price		MV45
726	Carla	Price		FV40
43	Gavin	Priest		MV45
452	Anna	Prior	Plymouth Harriers	FV35
410	Julia	Proudfoot	Plymouth Coasters	FV50
790	Andrew	Proudfoot	Plymouth Coasters	MV50
225	Chris	Prowse	Team H Running N/A	SM
599	Kelly	Prutton	Looe Pioneers	SF
526	Nicola	Pugh	Storm Plymouth	SF
772	Stuart	Queen	Plymouth Musketeers	MV40

525	Sue	Radford	Storm Plymouth N/A	FV60
208	Anthony	Raine	Torbay AC	MV45
138	Mark	Rescorl	Tamar Trotters	SM
583	Alison	Rhodes		FV40
105	Kevin	Richards	Plymstock Road Runners	MV50
708	Leonora	Richards		FV60
810	Lorna	Richards	Dawlish Coasters	FV60
50	Alexander	Richardson		SM
753	Joanne	Richardson		FV45
357	Chris	Rickard		SM
770	Miranda	Rickard		FV35
602	Emma	Ridler	Plymouth Musketeers	FV40
371	Dave	Riley		SM
524	Beverley	Riley	Storm Plymouth N/A	FV55
127	Stephen	Risdon	Plymouth Harriers	MV40
31	John	Ritchie	Plymouth Musketeers	MV40
776	Miranda	Ritchie	Plymouth Musketeers	FV45
348	Harrison	Roberts	Plymouth Harriers	SM
612	Jennie	Roberts	Teignbridge Trotters N/A	FV40
617	Helen	Roberts	Tamar Trotters	FV40
606	Joanna	Robertson	South West Road Runners	FV40
19	Neil	Robinson		MV40
51	Christopher	Robinson		SM
788	Jo	Robinson	Looe Pioneers N/A	FV35
733	Gareth	Rodd		SM
442	Cherry	Roddy		SF
591	Kate	Rogers	Tavistock AC	FV55
168	Duncan	Ross	Plymouth Coasters	MV40
574	Davina	Ross	Tamar Trotters	FV40
432	Ilona	Rosson-Jones		SF
326	Philip	Rowe		SM
565	Claire	Russell	Storm Plymouth	SF
740	Roberta	Russell	Plymouth Musketeers	FV35
156	Lewys	Ryan		SM
190	Simon	Ryan	Tamar Trotters	MV40
610	Karen	Ryan	Tamar Trotters	FV40
137	David	Salvage	Tamar Trotters	MV65
629	Lisa	Samphier	Plymouth Striders	FV45
660	Clare	Sampson		FV35
173	Joanna	Sardella	Plymouth Musketeers	FV40
187	Peter	Sargent	Newquay Road Runners	MV65
85	Nick	Saunders		SM
475	Claire	Saunders		SF
304	Nicholas	Savin	Newquay Road Runners	SM
293	Len	Saxty	Instinctive Sports N/A	MV65
624	Sarah	Sayer		FV45
186	Andrew	Scott		MV60
749	Rachel	Scott	Plymouth Musketeers	FV45
283	Wayne	Seldon	Storm Plymouth N/A	MV45
313	David	Shalders		SM
493	Joanne	Shalders		FV35
345	Nick	Shapland		MV40
555	Natasha	Shapland	Storm Plymouth	FV50
42	Steven	Sharp	Torbay AC	MV45
523	Amanda	Sherriff	Storm Plymouth	FV45
73	Matthew	Shipping		SM

428	Emily	Simmons	Plymouth Musketeers	FV35
486	Paula	Simson	City of Plymouth AC	FV40
779	Sarah	Sinclair	Plymouth Musketeers	FV45
80	Steven	Skinner	Looe Pioneers N/A	SM
801	Rebecca	Skinner		FV35
717	Lucy	Smale		SF
140	Andrew	Smith		MV50
212	Craig	Smith	Plymouth Coasters	SM
284	Martin	Smith	Storm Plymouth N/A	MV50
342	John	Smith	Tamar Trotters	MV60
453	Becky	Smith		SF
759	Clare	Smith		FV40
791	Lotte	Smith	Okehampton RC	FV45
567	Charlotte	Soby		SF
568	Helen	Soby	Plymstock RR N/A	FV45
642	Lynne	Southall	Plymouth Musketeers	FV50
250	Philip	Spargo	Truro RC	MV55
719	James	Spencer	Roman Gladiators	SM
465	Pamela	Spittle	Storm Plymouth	FV55
417	Marian	Spreadbridge		FV40
785	Rebecca	Stanlake		FV35
324	Ryan	Stanley		SM
693	Heidi	Stanley		FV40
158	Michael	Stansbury		MV65
476	Louise	Stanton		FV40
586	Catherine	Stapp		FV35
40	Keith	Stevens		MV40
84	Daniel	Stevens		SM
223	Kairn	Stone	Newham & Essex Beagles	SM
408	Jacqueline	Stone		FV60
521	Tina	Stoneman	Storm Plymouth	FV45
14	Chris	Stoppard		SM
199	Steve	Strachan	Falmouth Road Runners	MV40
246	Simon	Swift	Erme Valley Harriers	MV45
327	Barrie	Swift	Plymouth Harriers	MV65
572	Jaine	Swift	Erme Valley Harriers	FV45
285	Anson	Sword	Storm Plymouth	SM
520	Chloe	Sword	Storm Plymouth N/A	FV35
104	Philip	Symons	Plymouth Coasters	SM
413	Colleen	Symons	Storm Plymouth N/A	SF
705	Patricia	Tabenor	Plymouth Harriers	FV60
702	Rachael	Tarrant	Plymouth Musketeers	FV40
498	Brigitte	Taverna		FV35
585	Emma	Tayler		FV40
22	Mike	Taylor		SM
474	Ruth	Taylor		FV35
722	Becky	Teft	Storm Plymouth N/A	FV40
575	Maria	Thaller	Torbay AC	SF
464	Daniel	Then		SM
519	Claire	Thomas	Storm Plymouth N/A	SF
766	Jack	Thomas		SM
644	Vicky	Thompson		SF
463	Sue	Thorne	Storm Plymouth N/A	FV50
490	Emma	Tibbetts		SF
157	Aidan	Tolley		SM
286	Pete	Tomes	Storm Plymouth	SM

347	James	Tothill		MV40
813	Linda	Trebilcock	Plymouth Harriers	FV55
634	Jenny	Treleaven		FV40
35	Dean	Trice	Plymouth Musketeers	MV45
134	Brecon	Trigger		SM
517	Paddy	Trinder	Erme Valley Harriers	MV40
325	Dave	Tucker	Tamar Trotters	SM
477	Becky	Tucker	Tamar Trotters N/A	FV35
518	Kayla	Tucker	Storm Plymouth N/A	SF
253	Fred	Turner		MV45
393	Ben	Tutty		MV45
135	David	Twine	Tavistock AC	MV60
60	Ian	Tyson	Torbay AC	SM
71	Paul	Vann-Hands		MV55
287	Edward	Varcoe	Storm Plymouth N/A	SM
12	Craig	Vaughnley	East Cornwall Harriers	MV45
718	Jo	Vella	Bere Alston Trekkers	FV55
675	Jackie	Venning	Plymouth Musketeers	FV50
389	Andrew	Vernon	Okehampton RC	MV45
668	Elizabeth	Vernon		FV35
423	Louise	Viggers		FV40
566	Gemma	Vivian		SF
32	Roger	Voaden	Okehampton RC	MV50
162	Steve	Waddington	South Devon AC	MV60
744	Jackie	Waites		FV45
20	Martin	Walker	Tavistock AC	MV55
716	Leza	Wall		FV35
242	Terry	Wallis	Dartmouth AC	SM
570	Jan	Walpole		FV45
178	Richard	Walters		MV65
614	Karen	Walters	Newquay Road Runners	FV40
420	Jodie	Warburton		SF
188	Gary	Watson	Teignbridge Trotters	MV55
198	Sarah	Watson		FV40
247	Paul	Watson		SM
291	Pete	Waumsley	Tamar Trotters	MV40
55	Chris	Wearing		SM
643	Kathryn	Weaver-Gore	Plymouth Musketeers	FV55
29	Roger	Webb	South Devon AC	MV60
126	Douglas	Webb	Plymouth Harriers	SM
792	Kirsty	Webb	Looe Pioneers	SF
130	Steve	Weeks	Torbay AC	MV40
462	Joanne	Welch	Storm Plymouth N/A	FV50
482	Sarah	Welsh		FV45
261	Charlie	Werner		MV65
149	Tony	Westington		MV45
571	Elizabeth	Westlake	Plymstock Road Runners	FV45
516	Naomi	Whelan	Storm Plymouth N/A	SF
241	Kevin	Wheller		MV45
64	James	While		SM
507	Sam	While		SF
385	Chris	Whipp	Plymouth Musketeers	MV50
640	Lisa	Whitehouse		FV40
378	Jamie	Whittington		SM
257	Stephen	Wilbraham	Torbay AC	MV45
97	Duncan	Willcocks		MV45

215	Mark	Willcocks	UKNetrunner	MV50
232	Rob	Williams		SM
290	Russell	Williams	Storm Plymouth N/A	MV55
360	Michael	Williams		SM
459	Sandra	Williams		FV50
508	Bridget	Williams		FV35
679	Jennifer	Williams	Plymouth Harriers	FV35
62	Michael	Wills	Plymouth Coasters	MV60
107	Marcus	Wills	East Cornwall Harriers	SM
773	Laura	Wills	Plymstock RR N/A	SF
95	Raymond	Wilson	Torbay AC	MV65
260	Colin	Wilson	Torbay AC	MV65
736	Dawn	Wilson	Instinctive Sports	FV50
57	Glenn	Wood	East Cornwall Harriers	MV50
676	Siwan	Wood	Storm Plymouth	FV35
383	Simon	Woodhouse		MV40
515	Kate	Woodland	Storm Plymouth N/A	FV50
153	Geoff	Woods	Newton Abbot AC	MV50
648	Jo	Woods		FV40
649	Tilly	Woods	Newton Abbot AC	SF
650	Lottie	Woods	Newton Abbot AC	SF
11	Tom	Worth		SM
635	Helen	Wright		SF
514	Codie	Wyett	Storm Plymouth	SF
114	Paul	Yates	Team H Running N/A	MV40
600	Claire	Young		FV35
117	Paul	Youngman	Plymouth Musketeers	MV55
66	Jarostaw	Zurawik		SM