

# Ivybridge 10K 2014

## Results

Saturday 10 May 2014

<u>Pos.</u>	<u>Time</u>	<u>Name</u>	<u>Team</u>	<u>Race Age Category</u>	<u>Num.</u>	<u>Pos.</u>
1	0:33:04	RIMMER, Chris	Plymouth Harriers	SM	215	1
2	0:34:25	MONAGHAN, Peter	Torbay AC	MV45	93	2
3	0:34:42	LOCKETT, Alex	Plymouth Harriers	SM	384	3
4	0:35:06	MENTER, Angus	Haldon Trail Runners	MV40	355	4
5	0:35:17	PARKINSON, Jon	Torbay AC	MV45	6	5
6	0:35:20	FINN, Adharanand	Torbay AC	MV40	60	6
7	0:35:27	DUNN, Tony	Royal Navy AC	MV45	325	7
8	0:35:40	HUMPHREY, Thomas		SM	52	8
9	0:35:44	ANDERSON, Simon	City of Plymouth AC	MV50	5	9
10	0:36:15	TOCKNELL, Arran	Torbay AC	SM	156	10
11	0:37:04	MILFORD, Daryl "Tarquin"	Teignbridge Trotters	MV40	163	11
12	0:37:09	BARKELL, Neil	Tavistock AC	SM	342	12
13	0:37:13	FEIGHAN, Mike	South West Road Runners	MV45	189	13
14	0:37:17	GREGG, Paul	Tamar Trotters	MV45	226	14
15	0:37:18	HART, Russell	Torbay AC	SM	223	15
16	0:37:38	DAVIDSON, Mark	East Cornwall Harriers	MV45	298	16
17	0:37:48	KNIGHT, David		SM	339	17
18	0:37:49	CUTCLIFFE, Christian	Erme Valley Harriers	SM	383	18
19	0:37:54	GALLENTRY, Liam	East Cornwall Harriers	SM	324	19
20	0:38:03	ROBERTS, Kerry	Tiverton Harriers	MV50	294	20
21	0:38:16	BURNS, Stephen	City of Plymouth AC	MV50	382	21
22	0:38:29	RAMSDEN, Adam		MV40	408	22
23	0:38:37	HOCKING, Jeremy	South Devon AC	MV40	159	23
24	0:38:42	DOLEZEL, Jan	Haldon Trail Runners	SM	16	24
25	0:38:44	WAINMAN, Philip		SM	43	25
26	0:38:50	PARKIN, Owen	Erme Valley Harriers	SM	378	26
27	0:38:54	PORTER, Ross		SM	193	27
28	0:38:56	TRINDER, Paddy	Erme Valley Harriers	SM	257	28
29	0:39:10	BAILEY, Ross	Plymouth Harriers	SM	140	29
30	0:39:12	LEVERS, Darren	Plymstock Road Runners	MV45	398	30
31	0:39:14	LANDRICOMBE, Alan		MV40	258	31
32	0:39:17	PETERSEN, Guy	Tamar Trotters	MV45	327	32
33	0:39:40	YEO, Simon	Tamar Trotters	SM	171	33
34	0:39:57	YETTON, Ami	Plymouth Harriers	SF	788	34
35	0:39:59	FITZE, Simon	Tamar Trotters	SM	364	35
36	0:40:00	GALLAGHER, Hamish		MV40	413	36
37	0:40:01	HINGLEY, Jason	Tamar Trotters	SM	30	37
38	0:40:05	THORN, Alison	Erme Valley Harriers	FV40	535	38
39	0:40:08	ARROWSMITH, Paul	East Cornwall Harriers	SM	295	39
40	0:40:10	FINE, Kevin	Torbay AC	SM	326	40
41	0:40:17	SWIFT, Simon	Erme Valley Harriers	MV45	349	41
42	0:40:17	BASKOTT, Kevin	Tamar Trotters	MV45	100	42
43	0:40:34	ANDREWS, Cleo	Erme Valley Harriers	FV40	794	43
44	0:40:42	PITTMAN, Ben	Reading Joggers	SM	32	44
45	0:40:48	SMITH, Justin	Plymouth Harriers	SM	147	45
46	0:40:51	HILL, Steven		MV40	330	46
47	0:40:55	ELLIS, Martyn		SM	336	47
48	0:40:56	MEARS, Richard		SM	126	48
49	0:40:57	SURTEES, Guy	Wimbledon Windmilers	MV45	279	49
50	0:40:59	MARSHALL, Andrew	Plymouth Harriers	MV50	106	50
51	0:41:02	BARNETT, Jamie	Teignbridge Trotters	SM	208	51
52	0:41:06	CUTTS, Alexandra	South West Road Runners	FV35	797	52
53	0:41:10	ANTHONY, Helen	Teignbridge Trotters	FV35	582	53
54	0:41:11	CHARLES, Andrew	Tamar Trotters	MV50	111	54
55	0:41:12	BULLOCK, Jamie		SM	65	55
56	0:41:14	WEARNE, Matthew		SM	323	56
57	0:41:15	MURDOCH, Daniel	Roman Gladiators	SM	149	57
58	0:41:21	BENNETT, Thomas		SM	370	58
59	0:41:23	CLARKE, Peter	Tamar Trotters	SM	280	59
60	0:41:25	GANNON, Laura		SF	766	60
61	0:41:36	POLLARD, Philip	Tamar Trotters	MV40	203	61
62	0:41:39	CHURCHILL, Craig	Teignbridge Trotters	SM	162	62
63	0:41:39	WEBBER, David		MV40	317	63
64	0:41:41	EATON, Joel	Instinctive Sports	SM	276	64
65	0:41:44	ROBERTS, Shaun		MV40	328	65
66	0:41:49	LANGLER, Ian	Teignbridge Trotters	SM	404	66
67	0:41:51	LEECH, Terry	East Cornwall Harriers	MV55	211	67
68	0:41:56	FRENCH, Simon		SM	341	68
69	0:41:57	EVELEIGH, Michael	Teignbridge Trotters	MV60	168	69
70	0:42:01	CROWLE, Revis	East Cornwall Harriers	FV50	791	70
71	0:42:12	EASTLEY, Lee		SM	183	71
72	0:42:18	NASH, Jenny	East Cornwall Harriers	FV50	498	72

73	0:42:25	HUTCHINS, Mark	Teignbridge Trotters	MV45	418	73
74	0:42:27	DAVIES, Hadleigh	Honiton RC	SM	299	74
75	0:42:30	HUGHES, John		SM	344	75
76	0:42:30	NELDER, Robert		MV45	136	76
77	0:42:31	SAUNDERS, Mike	Plymouth Musketeers	SM	307	77
78	0:42:35	MORGAN-HUGHES, Gareth		MV45	96	78
79	0:42:42	SWEATMAN, Stuart	Torbay AC	MV40	372	79
80	0:42:43	VARCOE, Edward	Plymouth Harriers	SM	18	80
81	0:42:44	BUCKINGHAM, Edward	Tamar Trotters	MV40	133	81
82	0:42:45	TAYLOR, Peter	Plymouth Musketeers	MV45	26	82
83	0:42:45	BOVEY, Shane		SM	359	83
84	0:42:49	JENNINGS, Tom		SM	371	84
85	0:42:54	VALLIS, Mike		MV45	233	85
86	0:42:57	BELL, Shaun	Erme Valley Harriers	MV45	377	86
87	0:42:59	WEBBER, Simon	East Cornwall Harriers	MV55	125	87
88	0:43:05	CLARKE, Elliot		SM	246	88
89	0:43:09	HUGH, Matthew	Tamar Trotters	SM	14	89
90	0:43:10	ASTON, Eyvoll	Teignbridge Trotters	FV40	575	90
91	0:43:14	JOHNSON, Andrew	Exmouth Harriers	MV50	320	91
92	0:43:15	CARLSON, Freya		SF	665	92
93	0:43:16	DAWKINS, Neil	Torbay AC	MV40	288	93
94	0:43:16	WILBRAHAM, Stephen	Torbay AC	MV45	291	94
95	0:43:18	RAINE, Anthony	Torbay AC	MV40	205	95
96	0:43:19	WATSON, Paul		SM	107	96
97	0:43:19	WHEELER, Mandy	Teignbridge Trotters	FV40	569	97
98	0:43:19	COOK, Karen	South West Road Runners	FV55	792	98
99	0:43:25	MACE, Steve	Plymouth Musketeers	MV50	17	99
100	0:43:26	CROWLE, Ian	East Cornwall Harriers	MV50	119	100
101	0:43:27	DUNN, Melanie	Teignbridge Trotters	SF	687	101
102	0:43:29	BEATTIE, Michael	Plymouth Harriers	MV60	274	102
103	0:43:31	BREMNER, Jane	Tamar Trotters	FV55	704	103
104	0:43:36	TWAITE, Mark		SM	394	104
105	0:43:38	HAWLING, Will		SM	110	105
106	0:43:40	REVILLE, Peter		SM	235	106
107	0:43:44	PETERS, Tim	Torbay AC	MV40	304	107
108	0:43:47	DURSTON, Jim	South West Road Runners	MV45	381	108
109	0:43:50	WORTH, Daniel		SM	360	109
110	0:43:51	REYNOLDS, Graham	Torbay AC	MV50	261	110
111	0:43:52	BONNING, Michael	Michelmores RC	MV50	64	111
112	0:43:53	KEARNS, Joe	East Cornwall Harriers	MV50	137	112
113	0:43:55	BENNETT, Carl	Newton Abbot AC	SM	350	113
114	0:43:57	LAITY, Steven	Plymouth Harriers	SM	46	114
115	0:43:58	HAWLEY, Michael		MV50	91	115
116	0:44:00	LOFTHOUSE, Stephen	Torbay AC	MV45	11	116
117	0:44:02	REGAN, Alicia	Plymouth Harriers	SF	634	117
118	0:44:06	BAZLEY, Peter	Tavistock AC	MV55	230	118
119	0:44:07	GENGE, Andrew		SM	401	119
120	0:44:20	BARRETT, Dean	Tamar Trotters	MV45	115	120
121	0:44:21	WILKINSON, Steven		SM	397	121
122	0:44:25	HOPCROFT, Nick		SM	411	122
123	0:44:25	BRAY, Robin	Plymouth Harriers	SM	267	123
124	0:44:25	NIAS, Kay		SF	505	124
125	0:44:26	DEWYNTER, Alison		FV40	692	125
126	0:44:26	PRINCE, Marc		SM	228	126
127	0:44:27	DOWNER, Neil	South Devon AC	MV45	227	127
128	0:44:27	PARKES, Simon		SM	416	128
129	0:44:28	BLACK, Dave		MV40	333	129
130	0:44:30	JONES, David		MV45	120	130
131	0:44:32	JONES, Lewis	South West Road Runners	MV60	102	131
132	0:44:34	KEEN, Jim	Tamar Trotters	MV40	361	132
133	0:44:38	GODDARD, Kristian		SM	24	133
134	0:44:39	WESTINGTON, Tony		MV45	237	134
135	0:44:40	PHELPS, Fiona	Tamar Trotters	FV45	678	135
136	0:44:48	TARRANT, Ben		SM	175	136
137	0:44:49	KINGSTON, Kenneth	Plymouth Musketeers	MV40	368	137
138	0:44:50	MACLEOD, Simon		SM	116	138
139	0:44:51	AYLING, James	Teignbridge Trotters	SM	338	139
140	0:44:53	EPPS, Ben	Haldon Trail Runners	MV40	245	140
141	0:44:55	POATE, Tim		SM	128	141
142	0:44:57	CHAPMAN, Peter	Carn Runners	MV55	98	142
143	0:44:58	MARTIN, Gary	Plymouth Musketeers	MV40	157	143
144	0:44:59	JACK, Alex	Plymouth Coasters	MV40	335	144
145	0:45:02	GREGG, Louise	Tamar Trotters	FV40	622	145
146	0:45:05	BUTLER, Craig		SM	415	146
147	0:45:11	PAYNE, James	Roman Gladiators	SM	121	147
148	0:45:14	MANN, Michael		MV45	301	148
149	0:45:19	LILLEY, Nicola	Plymouth Harriers	FV35	725	149
150	0:45:28	HUSSELL, Mark	Tiverton Harriers	MV40	289	150
151	0:45:33	HANDLEY, Adrian	Teignbridge Trotters	MV45	354	151
152	0:45:35	COLES, Brad		MV40	312	152
153	0:45:41	EZRA, Rebecca	Tamar Trotters	SF	587	153

154	0:45:47	GREENSLADE, Mark	Brixham Harriers	MV45	206	154
155	0:45:49	MAY, Peter	Tamar Trotters	SM	334	155
156	0:45:53	PALLEN, Neil	Teignbridge Trotters	MV40	40	156
157	0:45:54	MILES, Gary		MV50	281	157
158	0:45:56	NICHOLAS, Mark	Plymstock Road Runners	SM	402	158
159	0:45:57	GOLDING, Matthew	City of Plymouth AC	SM	160	159
160	0:45:59	MOULSON, Stuart	Teignbridge Trotters	MV45	224	160
161	0:46:03	ANDERSON, Keith	Teignbridge Trotters	MV60	273	161
162	0:46:05	HEYWOOD, Duncan		SM	259	162
163	0:46:05	HEWER, Tom		SM	277	163
164	0:46:08	CLOUGH, Jerry		MV40	19	164
165	0:46:12	LANE, Richard	Erme Valley Harriers	MV40	73	165
166	0:46:14	LAKE, Jon		MV50	234	166
167	0:46:15	JOHNS, Gary		MV45	28	167
168	0:46:16	STEPHENS, Richard		SM	243	168
169	0:46:16	COOMBES, Elizabeth	Plymouth Harriers	SF	635	169
170	0:46:24	MARJORAM, Brian	South Devon AC	MV60	103	170
171	0:46:24	DANCE, Nick	Torbay AC	MV50	54	171
172	0:46:27	BLEWETT, James	Plymstock Road Runners	SM	134	172
173	0:46:29	ASHURST, Mark	Plymouth Striders	MV40	390	173
174	0:46:31	WEIR, Simon		SM	57	174
175	0:46:33	NICHOLSON, Ben	Tamar Trotters	SM	194	175
176	0:46:34	MATTHAMS, Daniel	Instinctive Sports	SM	319	176
177	0:46:35	BATEY, Chris		SM	363	177
178	0:46:38	ROUVELIN, Jean Baptiste		SM	198	178
179	0:46:40	WENSLEY, Craig		MV40	187	179
180	0:46:40	PEARSON, Mark	Plymouth Musketeers	MV40	97	180
181	0:46:42	POPE, Gary	Plymstock Road Runners	MV40	306	181
182	0:46:47	CROCKER, Charlotte		FV45	702	182
183	0:46:52	BOGATKO, David		MV60	272	183
184	0:46:54	MUNDAY, Darren		SM	332	184
185	0:47:08	SPELLMAN, Kyle		SM	248	185
186	0:47:10	WILSON, Annette	Bideford AC	FV35	626	186
187	0:47:12	HAYES, Jenny		FV35	639	187
188	0:47:21	WOODHOUSE, Adrian		SM	209	188
189	0:47:21	BOLTON, Mark		SM	369	189
190	0:47:22	HAYWARD, Ian	Torbay AC	MV50	75	190
191	0:47:24	DAVIDSON, Claire	East Cornwall Harriers	FV45	689	191
192	0:47:27	ROOKE, Tom		SM	292	192
193	0:47:30	MACAULEY, Alan	Tamar Trotters	MV45	365	193
194	0:47:31	SIMPSON, David		MV50	170	194
195	0:47:32	HOUGH, Kathryn	South West Road Runners	FV50	660	195
196	0:47:35	BRYANT, Leon		SM	45	196
197	0:47:35	SHAPLAND, Nick		MV40	236	197
198	0:47:37	SHEERIN, Jonathon		SM	284	198
199	0:47:38	SAUNDERS, Nick		SM	39	199
200	0:47:42	GREGORY, Daniel		SM	66	200
201	0:47:42	STANLEY, Andrew		MV40	48	201
202	0:47:42	PASKINS, Paul	Plymouth Harriers	MV55	155	202
203	0:47:44	KNELL, Felicity		SF	494	203
204	0:47:47	HARTOP, Patrick		MV45	247	204
205	0:47:51	WHITE, Ali	Tamar Trotters	FV45	784	205
206	0:47:54	O'HARE, Tim	Plymouth Musketeers	MV45	244	206
207	0:47:55	TINKLER, Ken	Newton Abbot AC	MV55	77	207
208	0:47:55	FOSTER, Eric	Dawlish Coasters	MV55	254	208
209	0:47:56	BROWN, Alexander		SM	308	209
210	0:47:56	DOW, Alan		SM	256	210
211	0:47:57	HEDGES, Julie	South West Road Runners	FV50	671	211
212	0:47:57	HAWKINS, Greg		MV45	185	212
213	0:47:58	LEACHER, Brett		SM	309	213
214	0:48:00	DOOLEY, Robert		MV40	186	214
215	0:48:05	TOMES, Pete		SM	387	215
216	0:48:05	TARRANT, Rachael	Plymouth Musketeers	FV40	736	216
217	0:48:12	JENKINS, Fred	Instinctive Sports	MV50	313	217
218	0:48:13	FRISSEN, Paul	Torbay AC	MV45	252	218
219	0:48:14	WALPOLE, Jan		FV40	765	219
220	0:48:16	BELL, Kerry	South Devon AC	FV50	713	220
221	0:48:17	TULLOCH, Stuart		SM	141	221
222	0:48:18	ROBERTS, Jennie		FV40	552	222
223	0:48:20	WILSON, Alan	Bideford AC	MV45	221	223
224	0:48:20	INCE, Jeff		SM	23	224
225	0:48:21	MARTELL, Luke		SM	260	225
226	0:48:21	CARPENTER, Richard		SM	99	226
227	0:48:22	BADGE, Steven	Tamar Trotters	MV50	251	227
228	0:48:25	SHEAD, Hannah		FV35	537	228
229	0:48:31	DUFFIELD, Charlotte		FV40	611	229
230	0:48:33	FREEMAN, Tony		MV50	410	230
231	0:48:35	SHEARER, Tony	Tavistock AC	MV60	231	231
232	0:48:38	MOORMAN, Neil		MV45	150	232
233	0:48:42	READ, Graeme		SM	242	233
234	0:48:45	BETTEY, Stephen	Instinctive Sports	MV50	356	234

235	0:48:46	WALLIS, Terry	Dartmouth AC	SM	144	235
236	0:48:46	TURNER, Fred		MV45	50	236
237	0:48:52	JOHNSON, Lindsey	Tamar Trotters	FV40	708	237
238	0:48:53	BYRNE, Chris		MV50	311	238
239	0:48:54	HARRIS, Laurence		MV45	201	239
240	0:48:55	VAN BLERK, Brandon		SM	275	240
241	0:48:56	MACCALLUM, Marjory		FV45	751	241
242	0:48:59	WILLIAMS, Peter	South West Road Runners	MV60	104	242
243	0:49:02	TUCK, Rachel		SF	727	243
244	0:49:02	ROBINSON, Jo		FV35	621	244
245	0:49:03	MORGAN, Steve		SM	143	245
246	0:49:03	BROWN, Ray	Torbay AC	MV65	232	246
247	0:49:03	HOCKEY, Michael	Plymouth Musketeers	SM	192	247
248	0:49:05	WHIPP, Chris	Plymouth Musketeers	MV45	217	248
249	0:49:06	SCHNEIDER, Nicki		FV35	632	249
250	0:49:06	LE GAL, Damien		SM	172	250
251	0:49:06	ACKERS, Karl		SM	343	251
252	0:49:11	SMITH, Stuart		SM	293	252
253	0:49:11	SMITH, Paul		MV45	379	253
254	0:49:15	HACKER, Maggie		SF	614	254
255	0:49:20	BUSH, Steven	Plymouth Musketeers	MV40	362	255
256	0:49:21	SIMS, Andrew	East Cornwall Harriers	MV45	173	256
257	0:49:23	PITT, Jenny	Tamar Trotters	FV40	598	257
258	0:49:25	SLATER, Tim		MV45	31	258
259	0:49:31	NICHOLAS, Mervyn		MV50	51	259
260	0:49:33	GOLDEN, Des		MV55	255	260
261	0:49:35	CROSSLEY-ANDERSON, Jo		FV35	563	261
262	0:49:36	MORGAN, Cliff		SM	300	262
263	0:49:37	MITCHELL, Clive		MV55	340	263
264	0:49:39	LEONARD, Stephen	Plymstock Road Runners	MV45	200	264
265	0:49:41	DONALDSON, Alan		MV55	380	265
266	0:49:42	GOODRIGHT, Ray	East Cornwall Harriers	MV65	138	266
267	0:49:43	COLSTON, Hannah		SF	527	267
268	0:49:43	WRIGHT, Maria	Plymstock Road Runners	FV35	531	268
269	0:49:44	MUGLESTON, Joanne	Tamar Trotters	FV45	595	269
270	0:49:45	HILLEBRANDT, Rodney	Plymouth Musketeers	MV65	142	270
271	0:49:47	SEWARD, Duncan	Plymouth Musketeers	MV50	169	271
272	0:49:52	MADGE, Paul	South West Road Runners	MV55	286	272
273	0:49:53	TAYLOR, Samuel		SM	240	273
274	0:49:55	CRANE, Martin		MV45	70	274
275	0:50:03	D'ALESSIO, Pasquale		MV45	347	275
276	0:50:08	COISH, Peter		MV40	13	276
277	0:50:09	MATTHAMS, David	Instinctive Sports	MV50	318	277
278	0:50:10	WILLS, Michael	Plymouth Coasters	MV60	222	278
279	0:50:14	BENNETT, Andrew		MV50	271	279
280	0:50:17	CLOUGH, Paula		FV45	776	280
281	0:50:17	MABELLE, Rebecca		SF	775	281
282	0:50:19	DOW, Amanda	Plymstock Road Runners	FV35	601	282
283	0:50:26	DENWOOD, Martin		MV40	47	283
284	0:50:26	DYER, Tracy	Plymouth Musketeers	FV35	522	284
285	0:50:27	FRISSEN, Karen	Torbay AC	FV45	604	285
286	0:50:30	JONES, Malcolm	Launceston Road Runners	MV55	375	286
287	0:50:35	POPE, David	Plymouth Musketeers	SM	392	287
288	0:50:36	WHITTAKER, Sarah	Plymouth Musketeers	FV35	542	288
289	0:50:40	BRESLAN, Martyn	Torbay AC	SM	61	289
290	0:50:40	GARNER, Brian	Michelmores RC	MV55	214	290
291	0:50:41	MARTIN, Geoff		SM	37	291
292	0:50:42	MARSDEN, Jo	Tamar Trotters	FV40	612	292
293	0:50:42	BONNING, Caitlin		SF	748	293
294	0:50:44	HAM, Richard		SM	345	294
295	0:50:45	CHASE, Carla		SF	600	295
296	0:50:47	ROBERTSON, Joanna	South West Road Runners	FV40	638	296
297	0:50:51	FOLLETT, Tony	UKNetrunner	SM	146	297
298	0:50:55	MCKINNON, Naoko		FV55	714	298
299	0:51:04	MACPHAIL, Nicola	Plymouth Harriers	FV45	656	299
300	0:51:05	WEBBER, Julie		FV40	554	300
301	0:51:07	BECHLEY, Sam		FV35	597	301
302	0:51:12	KINGDON, Simon	Plymouth Harriers	MV50	385	302
303	0:51:14	STANLAKE, Rebecca		SF	779	303
304	0:51:22	JAMES, Justin		MV45	195	304
305	0:51:25	BISHOP-HAWES, Simon	Plymouth Harriers	MV40	250	305
306	0:51:27	STOPPARD, Chris		SM	76	306
307	0:51:28	ROBINSON, Neil		SM	229	307
308	0:51:29	SHIPPING, Matthew		SM	123	308
309	0:51:30	CRANE, Michael	St Austell Running Club	MV45	180	309
310	0:51:32	BOWDEN, Elizabeth	Erme Valley Harriers	FV40	722	310
311	0:51:32	ASHTON, Sarah		SF	548	311
312	0:51:32	ASHTON, Ian		SM	130	312
313	0:51:33	HORSWELL, Helen		SF	719	313
314	0:51:33	HORNE, Adam		SM	109	314
315	0:51:34	DUNN, David	Teignbridge Trotters	MV60	167	315

316	0:51:35	BARNETT, Nigel	Teignbridge Trotters	MV40	207	316
317	0:51:35	WATSON, Emily		SF	520	317
318	0:51:37	ELDER, David		MV60	196	318
319	0:51:39	HAMMOND, David		SM	321	319
320	0:51:41	BATES, Eve	Torbay AC	FV35	523	320
321	0:51:44	HINGSTON, Steven		SM	386	321
322	0:51:46	GRIGG, Andy		MV50	29	322
323	0:51:47	KOVACIC, Jeff		MV55	414	323
324	0:51:48	MONUTFORD, Adrian		MV40	270	324
325	0:51:50	MORTON, David		MV40	83	325
326	0:51:51	TARRANT, Jon		MV40	409	326
327	0:51:53	CHAPMAN, Andrew		MV55	71	327
328	0:51:54	MAIR, Emma		FV40	693	328
329	0:51:57	LIBBY, Jonny		MV40	176	329
330	0:52:00	CHAMMING, Andrew		SM	310	330
331	0:52:05	MELVIN, Jo		FV40	637	331
332	0:52:07	WILSON, Simon		SM	405	332
333	0:52:08	BUTTERWORTH, Andrea	Plymouth Musketeers	FV45	777	333
334	0:52:10	WEBB, Roger	South Devon AC	MV55	314	334
335	0:52:12	HITCHEN, Lesley	Plymouth Coasters	FV45	620	335
336	0:52:18	LANG, Sharon	Plymouth Musketeers	SF	561	336
337	0:52:20	WOODS, Tilly		SF	683	337
338	0:52:22	ATHERTON, Lawrence	South West Road Runners	MV50	202	338
339	0:52:26	BLABER, Kevin	Plymouth Striders	MV50	358	339
340	0:52:29	CROCKER, Lesley		FV35	647	340
341	0:52:31	RYDER, Christopher		MV40	182	341
342	0:52:31	MCCRACKEN, Caroline		SF	540	342
343	0:52:34	NORTON, Nick		MV50	190	343
344	0:52:35	CROMWELL, Dominic		SM	393	344
345	0:52:35	MCKEE, Richard		SM	204	345
346	0:52:35	EVERS, Paula		FV40	684	346
347	0:52:36	FROW, Helen		FV45	732	347
348	0:52:37	LEFTLEY, Karen		FV35	629	348
349	0:52:39	MCGRATH, Tina		FV35	530	349
350	0:52:43	ALEXANDER, Tanya		SF	578	350
351	0:52:43	STEWART, Hylde	Clydesdale Harriers	FV55	757	351
352	0:52:45	PRESSLING, Rob		MV65	283	352
353	0:52:48	MANSELL, Julia	Tamar Trotters	FV50	534	353
354	0:52:48	BREE, Stephen		MV45	174	354
355	0:52:51	PROUDFOOT, Andrew	Plymouth Coasters	MV50	395	355
356	0:52:53	WORTH, Steven		MV45	44	356
357	0:52:54	WEEKS, Sophie		SF	641	357
358	0:52:56	FEATHERSTONE, Clare	Plymstock Road Runners	FV50	536	358
359	0:52:57	HEARFIELD, Tessa	Torbay AC	FV55	606	359
360	0:53:00	HYDE, Jason	Plymouth Musketeers	SM	417	360
361	0:53:02	WILLIAMS, Rhys		SM	303	361
362	0:53:02	JORDAN, Helen		FV45	723	362
363	0:53:03	CREGAN, Gary		MV50	15	363
364	0:53:03	WILLIAMS, Lea-Anne		SF	562	364
365	0:53:03	GRILLS, Steve		MV45	114	365
366	0:53:05	STUDLEY, Caroline	Tamar Trotters	FV45	707	366
367	0:53:06	HEMSTEAD, Wesley		SM	178	367
368	0:53:07	TOTHILL, James	East Cornwall Harriers	MV40	348	368
369	0:53:09	BEST, Richard	Plymouth Musketeers	MV40	367	369
370	0:53:10	WILLIAMS, Rachel	South Devon AC	FV50	695	370
371	0:53:13	WOOKEY, Lisa		SF	603	371
372	0:53:13	ROGERS, Chris	Teignbridge Trotters	SM	315	372
373	0:53:17	BALMER, Nicole	Plymouth Musketeers	FV35	716	373
374	0:53:19	NEY, Edward		MV55	67	374
375	0:53:20	PARKER, Tina		FV45	519	375
376	0:53:21	SQUIRES, Claire	Plymouth Musketeers	SF	529	376
377	0:53:24	BENNETT, David	Plymouth Musketeers	MV40	399	377
378	0:53:25	SEMMENS, Natalie		FV40	633	378
379	0:53:27	SUTTON, Justine	Fit2run	FV40	724	379
380	0:53:29	PAWLEY, Lisa	Plymouth Musketeers	SF	752	380
381	0:53:35	WEST, Martyn		MV45	412	381
382	0:53:40	BARTHLOMEW, Darren	Dartmouth AC	MV40	290	382
383	0:53:43	BUCKLEY, Michael	Dawlish Coasters	MV55	72	383
384	0:53:45	MCLEAN, Ian		MV50	124	384
385	0:53:50	DARBY, Katrina		SF	688	385
386	0:53:54	STEVENS, Daniel		SM	262	386
387	0:54:04	ALLEN, Laura	Plymstock Road Runners	SF	594	387
388	0:54:04	BYRNE, Zoe		FV40	558	388
389	0:54:05	WOOLVEN-ALLEN, John	Plymouth Striders	MV40	269	389
390	0:54:07	CARLSON, Lowenna		SF	667	390
391	0:54:08	VEALE, Mark		MV45	38	391
392	0:54:08	WILLIAMSON, Ginni	Tamar Trotters	SF	567	392
393	0:54:09	LOFTY, John		MV50	139	393
394	0:54:10	ALLEN, John		MV45	329	394
395	0:54:12	HUNT, Natalie		SF	781	395
396	0:54:14	FRANKLIN, Susan	Plymouth Striders	FV55	605	396

397	0:54:14	AITKEN, Richard	Plymouth Striders	MV55	400	397
398	0:54:16	WEEKS, Christina		SF	642	398
399	0:54:27	SHADDICK, Rob	Plymouth Musketeers	MV45	49	399
400	0:54:33	OAK, Kevin		SM	351	400
401	0:54:37	VENNING, Jackie	Plymouth Musketeers	FV50	697	401
402	0:54:39	CRANE, Chris		MV45	34	402
403	0:54:41	MULLIGAN, Jason		FV40	353	403
404	0:54:50	PICKARD, Linda	Launceston Road Runners	FV50	500	404
405	0:54:52	PICKARD, Dave	Launceston Road Runners	MV55	407	405
406	0:54:52	STIFF, Kevin	Tamar Trotters	MV55	366	406
407	0:54:56	ROWE, Steven	Torbay AC	MV40	153	407
408	0:54:57	BRAY, Miles		MV50	278	408
409	0:54:58	PEAT, Nicola		FV45	628	409
410	0:55:02	CREESE, Nicola		FV35	570	410
411	0:55:02	CREESE, Mark		MV40	297	411
412	0:55:03	SMITH, Debbie		FV45	513	412
413	0:55:05	MCLEOD, Ian	Plymouth Coasters	MV50	161	413
414	0:55:05	ANDERSON, Kate		SF	691	414
415	0:55:08	HUTCHINS, Sharon	Teignbridge Trotters	FV40	773	415
416	0:55:10	KING, Martyn		SM	108	416
417	0:55:11	GOSS, Samantha	Plymouth Musketeers	FV40	718	417
418	0:55:15	DOOLEY, Kate		FV40	525	418
419	0:55:17	MARSHALL, Anne	Plymouth Harriers	FV50	701	419
420	0:55:29	CARTER, Toby		SM	337	420
421	0:55:30	THORNE, Patricia	Plymstock Road Runners	FV55	602	421
422	0:55:34	OXTON, Sandra		FV45	613	422
423	0:55:36	HAYES, Nick	Torbay AC	MV45	216	423
424	0:55:39	TAPPER, Shaun		SM	213	424
425	0:55:41	WILLS, Laura		SF	790	425
426	0:55:43	LUCAS, Anne	Torbay AC	FV60	686	426
427	0:55:45	FOSTER, Andrea		FV40	553	427
428	0:55:47	COLES, Luci		FV35	672	428
429	0:55:48	WHITE, Emma		FV45	574	429
430	0:55:50	BETTEY, Denise		SF	596	430
431	0:55:50	SMITH, Ben		MV40	266	431
432	0:55:52	POLLARD, Carol	East Cornwall Harriers	FV60	652	432
433	0:55:53	MARKS, Claire		FV35	717	433
434	0:55:54	BURKE, Donna	Plymouth Musketeers	FV45	636	434
435	0:55:55	LOGAN, Gareth		SM	264	435
436	0:55:57	CATER, Jenny		FV35	699	436
437	0:55:57	DONOVAN, Lesley	Plymouth Harriers	FV45	646	437
438	0:55:59	SIMS, Karen	East Cornwall Harriers	FV45	654	438
439	0:55:59	WILSON, Jennie		FV40	502	439
440	0:56:00	CRONIN, Cath		FV40	504	440
441	0:56:02	MILLS, Alison		FV40	588	441
442	0:56:06	SALVAGE, David	Tamar Trotters	MV65	89	442
443	0:56:08	CARLSON, Carol		FV50	666	443
444	0:56:09	NORTON, Sophie		SF	643	444
445	0:56:09	LEWIS, Maggie	Plymouth Musketeers	FV55	585	445
446	0:56:10	MORTON, Jennifer		FV40	734	446
447	0:56:14	MARKS, David		MV50	225	447
448	0:56:15	VIGG, David		MV40	287	448
449	0:56:19	WOOD, Joanna	Tamar Trotters	FV35	533	449
450	0:56:20	BALSDON, Joe	Plymouth Harriers	SM	101	450
451	0:56:21	FILEMAN, Elaine		FV45	499	451
452	0:56:22	TAYLOR, Simon		SM	59	452
453	0:56:22	MUNDAY, Nicola		FV35	543	453
454	0:56:23	HARBIDGE, Robert	Chase Harriers	MV60	249	454
455	0:56:25	DONOVAN, Chris		MV50	188	455
456	0:56:33	LAMERTON, Ian		MV45	87	456
457	0:56:35	MACDONALD, Catherine		FV40	698	457
458	0:56:38	WILLCOCKS, Mark	UKNetrunner	MV45	62	458
459	0:56:42	ATKINS, Jonathan		MV45	117	459
460	0:56:44	EVERETT, Katharine		SF	673	460
461	0:56:45	HIRSCHMILLER, Antie		SF	715	461
462	0:56:46	SLADE, Olivia		SF	653	462
463	0:56:47	MOLE, Linda	Plymouth Harriers	SF	547	463
464	0:56:49	WILKINSON, Judith	Tamar Trotters	FV55	631	464
465	0:56:50	GIBBINS, Laraine		FV45	627	465
466	0:56:56	STEVENS, Keith		MV40	22	466
467	0:56:57	RITCHIE, Janet	Carn Runners	FV50	710	467
468	0:56:58	COISH, Jo		FV40	789	468
469	0:57:00	KOVACIC, Nicola		FV35	538	469
470	0:57:02	HAWLING, Becky		SF	696	470
471	0:57:03	HORNE, Sharon		FV35	539	471
472	0:57:04	BREMNER, Rachel	Tamar Trotters	SF	703	472
473	0:57:06	STANLEY, Heidi		FV40	746	473
474	0:57:11	MACCALLUM, Hugh		MV60	53	474
475	0:57:14	NEWTON, Chris	Plymouth Musketeers	SM	396	475
476	0:57:14	JONES, Kris	Plymouth Musketeers	SM	212	476
477	0:57:15	NICHOLSON, Shelly		SF	735	477

478	0:57:16	POUR-HASHEMI, Loukas		SM	63	478
479	0:57:17	ADDIS, Heidi		FV40	700	479
480	0:57:21	MAY, Wendy		FV50	787	480
481	0:57:22	DANIELS, Alice	Michelmores RC	SF	607	481
482	0:57:22	LEVEY, Emily	Teignbridge Trotters	SF	663	482
483	0:57:23	SHEERIN, Matthew		SM	282	483
484	0:57:25	LIM, Wai Mun	Tamar Trotters	FV40	615	484
485	0:57:32	COATES, Fiona		FV40	685	485
486	0:57:32	ASPINALL, Kate	Plymstock Road Runners	SF	616	486
487	0:57:33	WORTH, Bridgitte		FV45	756	487
488	0:57:37	CASSIDY, Cherry	Plymouth Harriers	SF	566	488
489	0:57:37	DIGBY, Jennifer	Plymouth Harriers	SF	677	489
490	0:57:38	DOONAN, Anthony		MV65	82	490
491	0:57:39	BURTON, Bob	Plymstock Road Runners	MV50	197	491
492	0:57:42	TAYLOR, Jessica	Roman Gladiators	SF	681	492
493	0:57:44	GIORDANO, Chiara	Plymouth Coasters	SF	576	493
494	0:57:47	CHILDS, Samantha		FV35	662	494
495	0:57:50	PHILLIMORE, Simon		SM	131	495
496	0:57:51	CHAMMING, Sian		SF	559	496
497	0:58:03	MAY-CRICHTON, Cassadra	Plymouth Striders	FV40	580	497
498	0:58:09	PITCHER, David	Tamar Trotters	MV55	79	498
499	0:58:10	BULLOCK, Rachel	Tamar Trotters	FV35	760	499
500	0:58:13	HARTOP, Jo		FV45	608	500
501	0:58:13	RESCORL, Mark	Tamar Trotters	SM	88	501
502	0:58:14	CONNOR, Sultana		FV35	741	502
503	0:58:16	HELSON, David		SM	346	503
504	0:58:20	TOY, Hayley		FV35	501	504
505	0:58:21	REVILL, Bob		MV60	135	505
506	0:58:26	BAKER, Andrew		SM	391	506
507	0:58:28	HODGE, Steve		SM	285	507
508	0:58:29	O'REILLY, Kevin	Tamar Trotters	MV55	127	508
509	0:58:32	WORSFOLD, Linda	Plymstock Road Runners	FV55	546	509
510	0:58:40	SAMPSON, Clare		SF	706	510
511	0:58:41	NELSON, Stephen		MV55	122	511
512	0:58:41	HARGRAVE, Mike		SM	305	512
513	0:58:43	CICHY, Jackie		FV35	528	513
514	0:58:51	JOHNS, Alison		FV45	768	514
515	0:58:59	BROGAN, Jennifer		SF	731	515
516	0:58:59	BETTEY, Mark		SM	265	516
517	0:59:00	MORGAN, Vic		MV55	20	517
518	0:59:01	NICHOLLS, Lynn		FV40	737	518
519	0:59:02	CHARLES, Jack		SM	357	519
520	0:59:11	MURRAY, Leonie		SF	541	520
521	0:59:21	DAVIES, Lorraine	Plymouth Musketeers	FV50	728	521
522	0:59:26	MACLEOD, Wendy		FV40	690	522
523	0:59:27	REA, Jane		FV50	617	523
524	0:59:30	BOYLIN, Kellie	Plymouth Harriers	SF	586	524
525	0:59:30	WOOD, Sian		SF	544	525
526	0:59:30	HOCKING, Stacey	Plymouth Harriers	SF	510	526
527	0:59:35	HADFIELD-BENNETT, Penny	Plymouth Harriers	FV40	644	527
528	0:59:37	BARRETT, Mandy		FV40	771	528
529	0:59:41	CHESWORTH, Fiona		FV40	770	529
530	0:59:43	SPRINGBETT, Rory		SM	113	530
531	0:59:43	WOODS, Jo		FV40	682	531
532	0:59:46	BARCLAY, Sharron		FV50	726	532
533	0:59:47	LAZENBY, Deborah	Tamar Trotters	FV40	518	533
534	0:59:48	BAKER, Stephi	Tamar Trotters	FV40	749	534
535	0:59:52	BENNETT, Kate		SF	650	535
536	0:59:55	BUTLER, Darcie		FV35	651	536
537	0:59:57	HOWSE, Daniel		SM	218	537
538	0:59:58	FINN, Karen		FV40	568	538
539	0:59:59	WALKER, Martin	Tavistock AC	MV50	86	539
540	1:00:04	JAMES, Chris		SM	166	540
541	1:00:13	BULLOCK, Matthew		SM	92	541
542	1:00:14	DEBNAM, Peter		MV65	85	542
543	1:00:24	NETHERCOT, Leon		SM	302	543
544	1:00:24	HORNE, Becky		FV40	564	544
545	1:00:25	LEVERS, Jeannine	Plymstock Road Runners	FV40	503	545
546	1:00:25	MAFFEY, Sue	Plymstock Road Runners	FV50	581	546
547	1:01:01	O'HARE, Karen	Plymouth Musketeers	FV50	609	547
548	1:01:04	MORGAN, Samantha		SF	786	548
549	1:01:04	WISEMAN, Esther	Fit2run	FV35	767	549
550	1:01:06	RICHARDS, Samantha		SF	550	550
551	1:01:09	YATES, Sharon		FV40	761	551
552	1:01:10	DOUGHTY, Louise	Tamar Trotters	FV45	577	552
553	1:01:14	REEDTHOMAS, Chris		MV50	151	553
554	1:01:16	DUGGAN, Cheryl		FV35	526	554
555	1:01:23	STEPHENS, Denise		FV45	511	555
556	1:01:23	ROWE, Peter		MV60	331	556
557	1:01:42	BETTEY, Deborah	Instinctive Sports	FV50	532	557
558	1:01:47	WELCH, Ruth		FV35	782	558

559	1:01:51	RUSSELL, Shaun	Tamar Trotters	MV40	241	559
560	1:01:54	SAMPHIER, Lisa	Plymouth Striders	FV40	648	560
561	1:02:01	BRAY, Sarah		SF	668	561
562	1:02:06	BOUSKILL, Hollie		SF	661	562
563	1:02:06	BENNETT, Gary	Looe Pioneers	MV50	165	563
564	1:02:08	ELLIOTT, Susan	Plymstock Road Runners	FV45	738	564
565	1:02:08	WALTERS, Richard	Plymstock Road Runners	MV65	74	565
566	1:02:16	CUNNINGHAM, Miranda		FV45	557	566
567	1:02:18	MOUNTFORD, Clare		FV40	591	567
568	1:02:27	VAGGERS, Tracy	Tamar Trotters	FV45	742	568
569	1:02:28	KELLY, Jackie		FV45	545	569
570	1:02:34	DEAKIN, Paul		MV40	129	570
571	1:02:48	WALLS, Rebecca		SF	640	571
572	1:02:55	SELLS, Carol	Brixham Harriers	FV50	730	572
573	1:03:06	KILPATRICK, Rachel	Plymouth Harriers	FV35	579	573
574	1:03:10	BROOMFIELD, Nikki	Plymstock Road Runners	FV40	573	574
575	1:03:12	CRITCHLEY, Helen	Plymouth Harriers	FV45	524	575
576	1:03:22	EVANS, Becky		SF	759	576
577	1:03:22	DAVEY, Laura		SF	758	577
578	1:03:28	ARKINS, Lorna		SF	769	578
579	1:03:35	COOK, Bill	Tamar Trotters	MV50	263	579
580	1:03:49	BRAKE, Matthew		MV40	35	580
581	1:04:13	ROMANSKI, Stephen	Roman Gladiators	MV40	25	581
582	1:04:16	BROWN, Jan		FV50	496	582
583	1:04:20	DUNCALF, Stephanie		SF	657	583
584	1:04:20	BARNETT, Rachel		SF	658	584
585	1:04:21	MOISER, Suzanne		FV50	509	585
586	1:04:21	CURTIS, Paula		FV45	506	586
587	1:04:21	HOLLETT, Clare		FV55	508	587
588	1:04:22	TUCKER, Gill		FV60	664	588
589	1:04:30	GIBSON, Alison	Tamar Trotters	FV50	584	589
590	1:04:39	LUCKRAFT, Louise		FV55	495	590
591	1:04:41	HALLIDAY, Bryony		SF	619	591
592	1:04:48	THORNTON, Andrea		FV55	514	592
593	1:05:03	FOSTER, Leanne		SF	583	593
594	1:05:07	VARCOE, Charlotte	Plymouth Harriers	SF	778	594
595	1:05:27	TAYLOR, Louise		FV40	743	595
596	1:05:27	BIRCHALL, Helen		SF	593	596
597	1:05:29	CLARKE, Vicki		FV35	590	597
598	1:05:35	ROGERS, Samantha	Tamar Trotters	FV35	512	598
599	1:05:38	TABENOR, Patricia	Plymouth Harriers	FV60	712	599
600	1:05:44	STEVENS, Cathy		FV40	774	600
601	1:05:58	DONKERSLEY, Kirsty		SF	572	601
602	1:05:59	GREENING, Paul		MV45	21	602
603	1:06:05	BUCHANAN, Sian		SF	571	603
604	1:06:06	FRENCH, Bethany		SF	555	604
605	1:06:06	BULEY, Emma	Tamar Trotters	FV40	507	605
606	1:06:11	WOMACK, Miranda		FV40	783	606
607	1:06:13	BIDART, Lisa		FV40	762	607
608	1:06:16	FRENCH, Heather	Plymouth Musketeers	FV40	589	608
609	1:06:16	BRUMHEAD, Kelly	Plymouth Musketeers	FV35	754	609
610	1:06:16	SHADDICK, Michelle	Plymouth Musketeers	FV40	753	610
611	1:06:19	SHAIL, Mike		MV40	154	611
612	1:07:26	SWEATMAN, Sarah	Torbay AC	FV35	517	612
613	1:07:33	DANN, Tina		FV40	556	613
614	1:07:34	MURE, Andrew		MV40	184	614
615	1:07:59	HAINÉ, Lynsey		FV35	610	615
616	1:08:00	HUDSON, Valerie		FV55	721	616
617	1:08:00	GREGORY, Baukje		FV40	763	617
618	1:08:33	MILNER, Emily		SF	676	618
619	1:08:33	HORSWELL, Ben		SM	148	619
620	1:08:47	REA, Matthew		SM	239	620
621	1:08:47	REA, Tony		MV55	238	621
622	1:08:51	AYRE, Susan	Plymouth Musketeers	SF	705	622
623	1:09:07	DUKE, Jan	Tamar Trotters	MV65	95	623
624	1:09:51	SHILLABEER, Nina	Plymstock Road Runners	FV55	739	624
625	1:09:55	MANN, Jacqui	Plymstock Road Runners	FV45	565	625
626	1:10:32	MOXHAY, Marion	Plymouth Musketeers	FV50	720	626
627	1:10:38	ATKINS, Matthew		SM	118	627
628	1:10:41	HAMMETT, Andrew		MV65	374	628
629	1:10:56	LE GAL, Ruth		FV45	655	629
630	1:10:56	BONNING, Nicola		FV45	747	630
631	1:11:10	MOULD, David	Plymouth Coasters	MV60	220	631
632	1:11:16	BABB, Ellen		SF	497	632
633	1:12:10	FORBES, Leanne		SF	551	633
634	1:13:06	CHADWICK, Miriam		FV45	764	634
635	1:13:17	OLDHAM, Wendy		FV55	659	635
636	1:13:24	BEAHAN, Laura	Plymouth Musketeers	FV40	624	636
637	1:14:17	NIETO, Jo	Plymouth Harriers	FV40	630	637
638	1:15:29	FRENCH, Malcolm		MV55	316	638
639	1:15:29	GOLDEN, Kirsty		SF	625	639



640	1:15:29	HUTCHINGS, Bob		MV60	253	640
641	1:15:47	SPRINGBETT, Rebecca		FV45	694	641
642	1:16:12	RICHARDS, Leonora		FV55	515	642
643	1:16:40	FITZGERALD, Tracy		FV40	680	643
644	1:16:40	CANN, Jasmine		SF	679	644
645	1:16:40	FITZGERALD, Terry		MV40	145	645
646	1:17:08	CURTIN, Sarah		FV40	675	646
647	1:17:14	FRIENDSHIP, Tracey		FV40	740	647
648	1:19:27	SAMS, Claire		SF	780	648
649	1:19:27	CHURCHILL, Eve		FV40	623	649
650	1:21:30	PRYOR, Janet	Brixham Harriers	FV45	729	650
651	1:32:38	NEAL, Steve 'Superman'		MV55	389	651