

Frank Elford Sports Westward League - Newquay
Sunday 13th November

U11 Boys (47 Finishers)

Sam Travers	21st	7.14
Nathan Lake	38th	7.57
Daniel Adderley	46th	9.33

U13 Girls (35 Finishers)

Olivia Travers	16th	13.19	6th Team
Ella Isaias	22nd	13.55	
Anna Lake	23rd	13.55	

U13 Boys (39 Finishers)

James Scantlebury	30th	13.08	12th Team
Sam Oakshott	31st	13.09	

U15 Boys (30 Finishers)

Ben Bristow	29th	25.46	14th Team
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U17 Men (20 Finishers)

Liam Hallows	20th	21.44	11th Team
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Senior Women (140 Finishers)

Emma Lake	23rd (3rd V40)	20.53	27th Team
Linda Bracher	100th (15th V45)	25.22	
Katy Mogridge	129th (5th V50)	29.32	9th Vet Team

Senior Men (168 Finishers)

Russell Mogridge	112th (13th V50)	36.17	36th Team
Ewan Lake	144th (22nd V40)	39.35	21st
David Church	159th	43.30	Vet Team