

JUNE RESULTS

DARTMOOR DISCOVERY ULTRA MARATHON SATURDAY 4 JUNE

Many congratulations to our three athletes who completed this most demanding of races – some 32 miles across the hills of Dartmoor.

Craig MacAlpine was 33rd in 4.47.59, whilst **Jo Edwards** was 2nd fv50 and 45th in 4.59.26. **Don Rigby** was 97th in 5.36.28.

RUN EXE SUMMER 5K SERIES TUESDAY 7 JUNE

Our athletes again did well as **Alison McEwing** was the first Harrier home and **Alison Thorn** was 1st fv40, **Jaine Swift** 1st fv45, **Mike Hansen** 1st mv55 and **Jo Edwards** 2nd fv50.

Results:	32	Alison McEwing	18.39
	40	Alison Thorn	19.06
	48	Jaine Swift	19.51
	51	Simon Swift	19.53
	52	Mike Hansen	19.54
	62	Ben Thorn	20.18
	74	Jo Edwards	20.55
	95	Dan Salt	22.02
	120	Carol Hansen	23.35

ARMADA NETWORK 5K SUMMER SERIES WEDNESDAY 8 JUNE

We had a good turnout at this event, with **Neil Holmes** and **Allister Bristow** having a good 'battle'. **Emma Lake** was first lady home.

Results:	5	Neil Holmes	18.49
	6	Allister Bristow	18.51
	14	Ewan Lake	19.52
	26	Emma Lake	21.05
	61	James Scantlebury	24.49
	156	Anna Lake	35.27
	161	Charlotte Adderley	36.03
	162	Philip Adderley	36.04

PLYM VALLEY CHALLENGE SUNDAY 12 JUNE

We had a fantastic turnout at this tough race, with many superb performances.

Neil Holmes was 3rd overall and 1st mv50, whilst **Jaine Swift** was 3rd lady and 1st fv45. **Mike Hansen** was 1st mv55 and **Ken Summers** was 1st mv65. **Neil** along with **Mike Miners** and **Lee Eastley** won the Men's Team prize.

Results:	3	Neil Holmes	52.10
	5	Mike Miners	53.54
	8	Lee Eastley	55.55
	9	Allister Bristow	56.17
	12	Mike Hansen	57.01
	19	Jaine Swift	59.03
	24	Andy Newcombe	60.15
	38	Ken Summers	64.51
	43	Kate Medlicott	65.53
	49	Dave Lloyd	67.35
	57	Mark Livermore	69.56
	77	Liz Bowden	74.31
	94	Carol Hansen	79.03
		(172 finishers)	

Meanwhile **Mike Hoskin** had a good run at the **Yeovil Marathon** with a time of 3.22.21.

CLEVEDON 10K - TUESDAY 14 JUNE

Our three athletes who made the midweek trip to Clevedon did well with **Simon Swift** the first Harrier home in 71st place in a time of 39.48.

Jaine Swift now back to her best was 83rd in 40.18 and 1st fv45. **Jaine** also set a new fv club record in the 45 – 49 age category, breaking the long standing time of 41.26 set by **Sandy Urro** in **Exeter** in 1998.

Jo Edwards was 112th in 41.54 and 2nd fv50. **Jo** also achieved a pb.

BURRATOR HORSESHOE RUN SATURDAY 18 JUNE

This tough 7 mile off-road race takes in Meavy, Burrator, as well as Sheepstor and Gutter Tor.

Well done to our seven athletes who completed the course.

Results:	8	Allister Bristow	46.41
	18	Craig MacAlpine	49.28
	65	Neil Moffatt	58.03
	70	Ken Summers	58.23
	76	Dan Marks	59.20
	95	Kevin Paull	62.27
	108	Liz Bowden	64.25
		(183 finishers)	

TORBAY HALF MARATHON
SUNDAY 26 JUNE

Well done to our three athletes who completed the course.

Russ Mogridge (99th in 1.32.16) was the first Harrier home and was followed by **Rose Bralsord** (721st in 1.57.55) and **Rebecca Lee** (940th in 2.05.15).

SWANSEA HALF MARATHON
SUNDAY 26 JUNE

Alison Thorne and **Cleo Perry** who made the long trip to **Swansea** were both rewarded with fine runs.

Alison was 92nd in 1.25.48, whilst **Cleo** was 112th in 1.27.07.