

# MAY RESULTS

## SALTASH HALF MARATHON SUNDAY 1 MAY

We were represented by **Mark Livermore** (56<sup>th</sup> in 1.48.59) and **Dave Lloyd** (71<sup>st</sup> in 1.53.07) in this tough race.

There were 152 finishers.

## BERE PEN 10K SUNDAY 1 MAY

We had five athletes in another tough race on Mayday.

Well done to **Jaine Swift** who was 1<sup>st</sup> fv40 and **Mike Hansen** (2<sup>nd</sup> mv55).

Results:	Mike Hansen	43.56
	Simon Swift	46.71
	Neil Moffatt	47.35
	Jaine Swift	48.35
	Carol Hansen	58.08

## RUN EXE SUMMER 5K SERIES TUESDAY 3 MAY

**Steve Newcombe** was the first Harrier home and 2nd male35 but closely followed by other Harriers in a 'blanket' finish.

**Sam Yearling** had a great run and was 1<sup>st</sup> mu15, whilst **Alison Thorn** was 1<sup>st</sup> fv40 and closely followed by **Cleo Perry** (2<sup>nd</sup> fv40).

**Jaine Swift** was 1<sup>st</sup> fv45 and **Jo Edwards** 1<sup>st</sup> fv50.

Results:	28 Steve Newcombe	18.24
	31 Sam Yearling	18.28
	33 Michael Miners	18.39
	34 Alison Thorn	18.40
	35 Cleo Perry	18.42
	48 Simon Swift	19.44
	65 Jaine Swift	20.19
	82 Jo Edwards	21.02

## IVYBRIDGE 10K - SATURDAY 7 MAY

Congratulations to **Will Battershill** on a great win.

**Cleo Perry** was 2<sup>nd</sup> lady and 1<sup>st</sup> fv40, whilst **Craig MacLellan**, **Michael Miners** and **Paddy Trinder** also had fine runs.

Results:	1	Will Battershill	32.37
	23	Craig MacLellan	38.27
	28	Paddy Trinder	38.45
		Michael Miners	39.22
	35	Cleo Perry	39.31
	85	Simon Swift	43.33
	199	David Church	49.08
	314	Claire Dexeter	52.48
	422	Tony Doonan	56.26
		(745 finishers)	

## ARMADA NETWORK 5K SUMMER SERIES SALTRAM - WEDNESDAY 11 MAY

We again had a good turnout for the second race in the Series with **Michael Miners** first Harrier home and running a similar time to that of Matt Brown last month.

Results:	9	Michael Miners	18.47
	21	Emma Lake	20.26
	27	Simon Swift	20.46
	51	Hamish Harris	23.43
	64	James Scantlebury	25.05
	72	Steve Harris	25.30
	121	Anna Lake	30.01
	122	Ewan Lake	30.01
	127	Phil Warren	30.39
	132	Ken Summers	31.32
		(163 finishers)	

Meanwhile at **THE HALDON HEARTBEAT** on **Saturday 14 May** our only athlete **Emma Lake** had a good day. **Emma** was 23<sup>rd</sup> in a time of 59.46 and was 3<sup>rd</sup> female and 1<sup>st</sup> fv40.

## BIDEFORD 10K - SUNDAY 14 MAY

**Mike** and **Carol Hansen** made the long trip to North Devon.

**Mike** was 1<sup>st</sup> mv55 in a time of 40.30, whilst **Carol** completed the course in 54.10.

## RUN EXE RELAYS - FRIDAY 20 MAY

### 4x 4km

Our three teams did well with both the U20 team and ladies winning the team prizes. The U20 were 5<sup>th</sup> overall with our Men's team 11<sup>th</sup> and Ladies 17<sup>th</sup>. Nathan Brown was the 7<sup>th</sup> fastest leg (13.20).

Teams:

U20 - Joe Battershill, Joe Perry, Sam Yearling and Nathan Brown.

Men - Steve Newcombe, Andrew Perry, Simon Swift and Craig Maclellan.

Ladies - Cleo Perry, Sarah Hirons, Jaine Swift and Emma Lake.

## MUSKIES MADNESS - SATURDAY 21 MAY

We had a good turnout at this evening race, with many fine performances.

**Russ Mogridge** was 2<sup>nd</sup> mv50, **Emma Lake** 3<sup>rd</sup> lady and 1<sup>st</sup> fv40, whilst **Mike Hansen** was 2<sup>nd</sup> mv55.

Our ladies won the team prize. Many congratulations to **Emma Lake**, **Carol Hansen** and **Katy Mogridge**.

Results:	9	Russ Mogridge	38.00
	17	Emma Lake	39.57
	19	Mike Hansen	40.27
	40	Kevin Paull	44.31
	41	Dan Marks	44.48
	63	Steve Worth	49.30
	84	Carol Hansen	52.15
	99	Katy Mogridge	54.12
	105	Bridgitte Worth	55.13
		(153 finishers)	

Meanwhile **Simon Swift** was our only representative at **The Tavy 5 (The Kool Run – Saturday 21 May)**. **Simon** was 10<sup>th</sup> overall and 2<sup>nd</sup> mv45 in a time of 20.54.

## BURRATOR 10K - SUNDAY 22 MAY

The first running of this event attracted a large entry. There were a few issues but the event seemed to go well.

Our athletes performed very well with **Allister Bristow** 2<sup>nd</sup> mv40, **Paddy Trinder** 3<sup>rd</sup> mv40, **Michael Miners** 1<sup>st</sup> mv35 and **Cleo Perry** 1<sup>st</sup> fv40.

**Ben Thorn** (43.34) son of **Alison** had a great run. It was also good to see former Harrier **Simon Powell** (42.26).

Results:	7	Allister Bristow	37.55
	8	Paddy Trinder	38.20
	10	Michael Miners	38.35
	14	Cleo Perry	38.51
	86	Phil Adderley	47.46
		(461 finishers)	

## **EDINBURGH MARATHON - SUNDAY 29 MAY**

**Richard Lander Stow** had a great run with a time of 3.30.01. **Richard** knocked some 9 minutes off his previous best time.