

# JANUARY RESULTS

## OH MY OBELISH - DAWLISH SUNDAY 10 JANUARY

Seven athletes made the trip to Dawlish for this tough 'multi-terrain' event.

**Jean Baptiste Rouvelin** was the first Harrier home.

Results:	35	Jean Baptiste Rouvelin	1.32.28
	44	Russ Mogridge	1.34.38
	60	Mike Hoskins	1.38.00
	91	Rob Barnett	1.43.47
	129	Anna King	1.51.19
	169	Sam Perry	2.03.39
	190	Liz Bowden	2.11.13
		(211 finishers)	

## JANUARY JAUNT 10K - PLYMOUTH SUNDAY 10 JANUARY

There was a massive entry for this race – nearly 500 compared with 300 last year! This probably led to early congestion and the section on the bridge led to some bouncing!

**Richard Stephens** was the first Harrier home.

Results:	23	Richard Stephens	41.01
	56	Simon Swift	44.42
	109	Dan Marks	49.02
	124	Dave Lloyd	50.19
	161	Mark Livermore	52.40
	205	Mike Woodland	55.07
		(492 finishers)	

## ARMADA ATHLETICS WINTER 3K SERIES CENTRAL PARK - WEDNESDAY 13 JANUARY

**Nathan Brown** again had a good run. Young **Sam Yearling** also had a great run.

Results:	3	Nathan Brown	10.12
	5	Sam Yearling	11.32
	23	Olivia Travers	13.23
	32	Linda Bracher	15.12
	40	Sharon Terry	16.18

**FIRST CHANCE EXETER 10K**  
**SUNDAY 17 JANUARY**

This turned out to be a great day for the club, as the race was run in 'near perfect' conditions. It was dry, there was no wind, a good temperature and a 'flat course'.

**Andy Norris** was the first Harrier home in 7<sup>th</sup> place and 1<sup>st</sup> mv40, whilst **Allister Bristow** was 14<sup>th</sup> and 2<sup>nd</sup> mv40.

Our ladies did brilliantly as **Alison McEwing** was 2<sup>nd</sup> female lady and broke her own ladies club record. **Alison Thorn** was 1<sup>st</sup> fv40 and set a new club vet 40 record, whilst **Cleo Perry** 2<sup>nd</sup> fv40. Congratulations also to **Jo Edwards** who was 2<sup>nd</sup> fv50. Both **Alison McEwing** and **Alison Thorn** also achieved pb's.

Some 19 Harriers ran the race.

Results:	7	Andy Norris	34.03
	14	Allister Bristow	35.10
	31	Paddy Trinder	37.09
	32	Alison McEwing	37.19
	37	Nick Bristow	37.36
	40	Alison Thorn	37.47
	43	Cleo Perry	38.15
	52	Jean Baptiste Rouvelin	39.11
	63	Craig MacAlpine	40.16
	64	Don Rigby	40.19
	72	Simon Swift	40.40
	81	Emma Lake	41.06
	117	Jo Edwards	43.17
	164	Dave Lloyd	46.14
	191	Mark Livermore	47.37
	218	Steve Worth	49.11
	262	Rose Bralsford	50.49
	346	Bridgette Worth	55.12
	378	Helen Norris	57.01

**BRAUNTON 10 - SUNDAY 24 JANUARY**

Our only athlete at this race **Alison McEwing** had a great run and was 1<sup>st</sup> lady in a time of 66.40. **Alison** was 27<sup>th</sup> overall.