

DECEMBER RESULTS

ARMADA ATHLETICS WINTER 3K SERIES CENTRAL PARK - WEDNESDAY 9 DECEMBER

Nathan Brown had a superb run to win this race. **Allister Bristow** was 5th and **Cleo Perry** 1st lady.

Results:	1	Nathan Brown (U17)	10.04
	5	Allister Bristow	10.33
	11	Cleo Perry	11.22
	25	Russ Mogridge	12.28
	31	Laurence Harris	12.59
	32	Olivia Travers (U13)	13.01
	36	Anna King	13.33
	42	Ken Summers	14.20
	44	James Scantlebury (U13)	14.32
	49	Sam Perry	15.06
	51	Sharon Terry	15.52
		(80 finishers)	

COCKINGTON CHRISTMAS CAPER SUNDAY 13 DECEMBER

We had a great turnout at this festive event, with many fine performances.

Allister Bristow was 3rd overall and 1st mv40, whilst **Jean Baptiste Rouvelin** was 3rd senior man and **Russ Mogridge** 3rd mv50.

Results:	3	Allister Bristow	62.54
	13	Jean Baptiste Rouvelin	68.51
	26	Craig MacAlpine	72.49
	30	Russ Mogridge	75.45
	60	Dan Marks	86.07
	83	Kevin Paull	89.22
	98	Neil Moffatt	91.47
	99	Sam Perry	92.06
	104	Richard Stephens	92.36
	105	Adrian Woodhouse	92.37
	111	Richard Lane	93.17
	135	Katy Mogridge	97.29
	140	Liz Bowden	98.03
		(239 finishers)	

