

OCTOBER RESULTS

PLYMOUTH ARMADA HALF MARATHON SUNDAY 5 OCTOBER

Running conditions were excellent for the second running of this event.

Alan Hoskin was first Harrier home in a time of 1.28.14 (16th), whilst **Emma Lake** had a good run (1.32.22 – 26th) to be 2nd lady overall and 1st fv35.

Neil Moffatt was 3rd mv50 in a time of 1.39.33 (51st), whilst **David Lloyd** achieved a time of 1.45.00 (73rd).

There were 171 finishers. Numbers were considerably down on the previous year.

CARDIFF HALF MARATHON SUNDAY 5 OCTOBER

Several athletes made the trip to Cardiff for this prestigious half marathon and were rewarded with some excellent performances.

Alison McEwing had a terrific run, whilst **Alison Thorn** was 3rd fv40.

There were good runs also from **Paddy Trinder** and **Cleo Andrews** who achieved a pb by nearly 6 minutes! Laurence Harris, Liz Bowden, Mandy Plummer (she got a pb even though she stopped because she felt sick) and Samantha Perry in her first half marathon all got pb's.

Our trio of the two Alison's and Cleo were 3rd team in the British Half Marathon Championships. A fantastic achievement.

Results:	242	Alison McEwing	1.22.25
	336	Alison Thorn	1.24.15
	349	Paddy Trinder	1.24.35
	475	Cleo Andrews	1.26.45
	2126	Laurence Harris	1.39.00
	3728	Liz Bowden	1.47.37
	3894	Mandy Plummer	1.48.22
	4939	Sam Perry	1.50.27

BURNHAM HALF MARATHON
SUNDAY 5 OCTOBER

Tom Packer our only representative had a good run with a time of 1.27.00 and 14th overall (174 finishers).

NEWQUAY 10K
SUNDAY 5 OCTOBER

Richard Ayson returned to the race scene after an 18 month absence and officially completed the race in a time of 47.04 (193rd place).

Richard recorded his time at 46.58.

ARMADA ATHLETICS WINTER 3K SERIES
CENTRAL PARK, PLYMOUTH
WEDNESDAY - 8 OCTOBER

Our only competitor this month was **Linda Bracher** who achieved a time of 14.20 (35th place).

DARTMOOR VALE 10K
SUNDAY 19 OCTOBER

This was a great day for the club with **Alison McEwing** 3rd, **Paddy Trinder** 5th, **Alison Thorn** 7th and **Cleo Andrews** 8th.

Alison McEwing was 1st lady, **Paddy** 1st male, **Alison Thorn** 1st fv40 and **Cleo** 2nd fv40.

Well done also to **Rose Bralsford** who was 2nd fv45 and **Nicky Chatfield** 3rd fv45.

Results:	3	Alison McEwing	38.31
	5	Paddy Trinder	38.45
	7	Alison Thorn	39.12
	8	Cleo Andrews	39.12
	58	Steve Worth	51.00
	64	Rose Bralsford	51.47
	66	Liz Bowden	51.57
	87	Nicky Chatfield	54.56
	109	Bridget Worth	58.09
		(178 finishers)	

DARTMOOR VALE HALF MARATHON
SUNDAY 19 OCTOBER

Congratulations to **Mike Hansen** who was 8th overall and 1st mv55.

Sarah Hirons also did well and was 2nd lady.

Well done also to **Carol Hansen** who was 3rd fv50.

Results:	8	Mike Hansen	1.26.40
	19	Sarah Hirons	1.34.08
	45	Mark Livermore	1.45.32
	75	David Lloyd	1.53.20
	98	Carol Hansen	2.00.32
	121	Gary Peters	2.07.15

EDEN HALF MARATHON
SUNDAY 19 OCTOBER

Our only representative in this tough race was **Laurence Harris** who had a good run to finish in 107th place in a time of 1.48.11.

There were 656 finishers.

GREAT WEST HALF MARATHON - EXETER
SUNDAY 19 OCTOBER

There were over 2600 finishers in this race.

Well done to **Tom Packer** who had a great run to finish in 69th place (1.28.57).

Richard Stevens did well to finish in 1.36.31 (200th place), whilst **Adrian Woodhouse** finished around 1.40.

TAVY 7 - SUNDAY 26 OCTOBER

Laurence Harris was the first Harrier home in this tough race held in Tavistock.

Results:	46	Laurence Harris	50.43
	56	Neil Moffatt	51.48
	113	Richard Lane	55.24
	120	Dan Marks	56.07
		(339 finishers)	