

JUNE RESULTS

DARTMOOR DISCOVERY **SATURDAY 7 JUNE**

Our only representative **Emma Lake** had a great run on this demanding ultra race, covering some 32 miles on Dartmoor.

Emma was 28th overall in a time of 4.43.26 and 2nd fv35.

There were 200 finishers.

PLYM VALLEY CHALLENGE **SUNDAY 8 JUNE**

Our athletes enjoyed this tough multi terrain event, with **Ken Summers** 2nd mv60.

Linda Bracher was 2nd fv45 and **Mandy Plummer** 3rd fv45.

Results:	29	Ken Summers	1.02.54
	69	Nick Brewer	1.12.39
	84	Linda Bracher	1.16.10
	92	Mandy Plummer	1.17.30
	102	Liz Bowden	1.20.26
		(168 finisher)	

CLEVEDON 10K - TUESDAY 10 JUNE

The club trip to Clevedon was a great success, with many outstanding performances in good running conditions on a 'flat' course.

Allister Bristow was 6th overall and 1st mv40 and was only 3 seconds outside Neil Holmes mv40 record set on the same course in 2005.

Mike Hansen reduced his own mv50 record by a minute.

Cleo Andrews achieved a pb, was 3rd lady and 1st fv40, whilst **Alison Thorn** was 4th lady and 2nd fv40.

Erme Valley won the 1st ladies team made up of **Cleo Andrews**, **Alison Thorn** and **Jaine Swift**.

Ken Summers set a new mv60 record, breaking Steve Watson's record set in 2011 by half a minute. Well done as well to **Sam Perry** and **Ruth Terry** who both achieved pb's.

Results:	6	Allister Britow	33.14
	23	Neil Holmes	36.39
	32	Andy Trigg	37.34
	34	Mike Hansen	37.44
	35	Simon Swift	37.50
	42	Cleo Andrews	38.18
	48	Alison Thorn	38.28
	85	Ian Crossley	41.13
	91	Jaine Swift	41.29
	109	Ken Summers	42.39
	124	Neil Moffatt	43.30
	126	Jo Edwards	43.31
	155	Kevin Paull	45.26
	170	Nick McMahon	46.31
	188	Mike Woodland	47.24
	197	Dan Marks	48.10
	218	Sam Perry	49.28
	255	Linda Bracher	52.02
	256	Ruth Terry	52.02
	258	Carol Hansen	52.05
	328	John Lee	63.44
	337	Mike Lee	69.06

ARMADA ATHLETICS SUMMER 5K SERIES **SALTRAM - WEDNESDAY 11 JUNE**

There was only a small turnout of Harriers due to the Clevedon 10k the night before. Well done in particular to Owen Parkin, who had a great run.

Results:	3	Owen Parkin	18.07
	5	Andrew Perry	18.24
	16	Joseph Perry	20.07
	20	Mike Hansen	20.34
	71	Carol Hansen	27.16
		(101 finishers)	

BURRATOR HORSESHOE RUN - SATURDAY - 21 JUNE

Congratulations to **Mike** and **Carol Hansen** for completing this tough run in the Meavy area of Dartmoor.

Mike was 8th overall and 1st mv55 in a time of 47.39, whilst **Carol** completed the course in a time of 78.24 (137th place).

PLYMOUTH ARMADA 10K
SATURDAY 21 JUNE

This was a great evening for the club with **Owen** 2nd, **Matt** 3rd and **Christian** 5th. The three athletes were also 1st male team.

Cleo had a great run to be 2nd lady and 1st fv40.

Results:	2	Owen Parkin	37.29
	3	Matt Brown	37.40
	5	Christian Cutcliffe	38.58
	14	Cleo Andrews	42.08
	22	Tom Packer	43.37
	45	Kevin Paull	48.20
	54	David Lloyd	50.05
	82	Sam Perry	53.35
	150	Helen Norris	65.30
	151	Andy Norris	65.30
	164	Mike Lee	73.49

TORBAY HALF MARATHON
SUNDAY 29 JUNE

The conditions for this race were 'hot and sticky' so times were invariably down. The chip timing supplied by Sports System also had a 'technical problem' so few positions took this into account. Times in the main are therefore quicker than listed.

Results	Alison McEwing	1.25.21
	Cleo Andrews	1.34.30
	Al Hoskin	1.36.18
	Don Rigby	1.39.22
	Jean Baptiste Rouvelin	1.39.56
	Tom Packer	1.40.26
	Liz Bowden	1.57.02