

JANUARY 2014 RESULTS

FIRST CHANCE 10K - EXETER SUNDAY 5 JANUARY

Unfortunately some flooding reduced the course to 9.6k. At least the race did go ahead as there were doubts the day before.

Matt Brown was first Harrier home, whilst **Alison McEwing** was 2nd lady. **Cleo Andrews** was 1st fv40 and **Jo Edwards** was 3rd fv45.

Results:	20	Matt Brown	35.42
	21	Andrew Reed	35.44
	38	Christian Cutcliffe	36.22
	31	Paddy Trinder	36.46
	34	Alison McEwing	36.55
	57	Cleo Andrews	38.56
	65	Simon Swift	39.28
	101	Kent Watson	42.14
	121	Jo Edwards	43.23
		(465 finishers)	

ARMADA ATHLETICS WINTER 3K SERIES CENTRAL PARK - WEDNESDAY 8 JANUARY

Results:	6	Matt Brown	10.27
	22	Ken Summers	13.11
		(41 finishers)	

OH MY OBELISK! - SUNDAY 12 JANUARY

Congratulations to our three athletes who completed this tough course.

Results:	38	Sarah Hirons	1.30.59
	41	Tom Packer	1.33.08
	73	Craig Macalpine	1.39.01
		(259 finishers)	

PLYMPTON JANUARY JAUNT 10K
SUNDAY 12 JANUARY

Some of our athletes who ran the previous week at Exeter at least were able to get a full 10k course!

Matt Brown was again first Harrier home, whilst **Alison McEwing** was 1st lady.

Results:	6	Matt Brown	38.03
	12	Alison McEwing	39.39
	13	Paddy Trinder	39.55
	19	Cleo Andrews	41.13
	26	Simon Swift	41.59
	35	Ian Crossley	43.12
	201	Liz Bowden	64.52
		(239 finisher)	

STORMFORCE 10 - CAMBORNE
SUNDAY 19 JANUARY

Ewan Lake had a very good run to finish 18th overall in a time of 60.45.

There were 522 finishers.

BRAUNTON 10 - SUNDAY 26 JANUARY

The trip to North Devon was worthwhile for our three athletes as they all had good runs.

Alison McEwing was 1st lady whilst **Simon Swift** was 3rd mv45.

Results:	14	Alison McEwing	64.40
	25	Paddy Trinder	67.59
	26	Simon Swift	68.05
		(267 finishers)	