

## **OCTOBER RESULTS**

### **BURNHAM HALF MARATHON** **SUNDAY 6 OCTOBER**

The trip to Somerset was worthwhile for **Simon Powell** and **Sarah Hirons**.

**Simon** achieved another pb and was 24<sup>th</sup> overall in a time of 1.28.45.

**Sarah** also had a good run as she was 3<sup>rd</sup> lady and 34<sup>th</sup> overall in a time of 1.32.59.

### **NEWQUAY 10K - SUNDAY 6 OCTOBER**

**Matt Brown** made the trip to Newquay and was rewarded with a fine run, with a time of 38.24 (41<sup>st</sup> place).

There were 475 finishers.

### **BOURNEMOUTH MARATHON AND HALF** **SUNDAY 6 OCTOBER**

Many congratulations to **Carol Hansen** for completing her first marathon in a time of 4.55.26.

**Mike Hansen** ran in the half in a time of 1.26.00 and was 21<sup>st</sup> overall.

It was a hot day and the races were well organised. On the Saturday there were 5k and 10k races.

### **ARMADA NETWORK 3K SERIES** **CENTRAL PARK - WEDNESDAY 9 OCTOBER**

Results:	4	Allister Bristow	9.47
	8	Andrew Reed	10.37
	47	Ken Summers	13.06
	53	Steve Watson	13.43
	55	Linda Bracher	13.49
		(86 finishers)	

### **GREAT WEST RUN - EXETER** **SUNDAY 13 OCTOBER**

Three Harriers tackled this new City Centre course, with **Mike Woodland** leading the trio home. **Mike** ran 1.47.56, **Lee Newin** 1.49.35 and **Rachel Fawsett** 2.16.27.

**DARTMOOR VALE MARATHON AND 10K**  
**SUNDAY 20 OCTOBER**

Congratulations to **Ewan** and **Emma Lake** for completing this race.

**Ewan** was 16<sup>th</sup> in a time of 3.22.09 and 2<sup>nd</sup> mv40 whilst **Emma** was 23<sup>rd</sup> (3.26.58) and 2<sup>nd</sup> lady and 1<sup>st</sup> fv35

There were 132 finishers.

In the 10k **Matt Brown** had a great run to finish 4<sup>th</sup> overall and 2<sup>nd</sup> senior man in a time of 36.31.

**BUPA GREAT BIRMINGHAM RUN**  
**HALF MARATHON - SUNDAY 20 OCTOBER**

**Ken Summers** continued his fine form with another great run (1.36.26) – just outside his own club record set recently at Plymouth.

**ABINGDON MARATHON - SUNDAY 20 OCTOBER**

**Alison McEwing** had a fantastic run to achieve a pb and set a new ladies club record.

**Alison** achieved a time of 3.02.35 (83<sup>rd</sup> place) and was 3<sup>rd</sup> lady overall.

**Alison** broke her own club record achieved at London 2012 by nearly 4 minutes.

**TAVY 7 - SUNDAY 27 OCTOBER**

**Matt Brown** continued his fine form of the previous week to finish 3<sup>rd</sup> in a time of 41.37. **Simon Powell** also did well to finish in 26<sup>th</sup> place in a time of 46.37.

**Richard Lane** (140<sup>th</sup> in 57.03) and **Dave Hawke** (222<sup>nd</sup> in 63.31) completed the Harriers quartet.

There were 333 finishers.