

MAY RESULTS

BERE PEN 10K - SUNDAY 5 MAY

Four athletes made the trip to Bere Alston for this hilly race.

Mike Hansen was 1st mv50 (41.59), whilst **Kevin Paull** was 2nd in the same class (48.40).

Mark Livermore ran 51.00 and **Carol Hansen** (56.53).

SALTASH HALF MARATHON - SUNDAY 5 MAY

Well done to our three athletes on this very demanding course.

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| Results: | 17 | Matt Brown | 1.34.25 |
| | 64 | Phil Lord | 1.48.08 |
| | 118 | Nick Brewer | 2.03.46 |
| | | (175 finishers) | |

ARMADA NETWORK 5K SERIES - SALTRAM WEDNESDAY 8 MAY

The weather was much improved from last month and a much better turnout.

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| Results: | 5 | Neil Holmes | 18.01 |
| | 9 | Andrew Perry | 18.30 |
| | 12 | Matt Brown | 19.03 |
| | 16 | Cleo Andrews | 20.38 |
| | 24 | Joseph Perry | 22.01 |
| | | (84 finishers) | |

IVYBRIDGE 10K - SATURDAY 11 MAY

Alison McEwing was the first Harrier home and second lady overall. **Cleo Andrews** was 1st female vet 40, whilst **Jo Edwards** was 2nd female vet 45.

Alison, Cleo and **Jo** were the first ladies team.

It was cool and windy, so times were slower than usual.

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|----------|-----|-----------------|-------|
| Results: | 42 | Alison McEwing | 38.16 |
| | 50 | Simon Swift | 38.43 |
| | 68 | Patrick Trinder | 40.27 |
| | 70 | Cleo Andrews | 40.38 |
| | 85 | Simon Powell | 41.41 |
| | 101 | Shaun Bell | 42.34 |
| | 143 | Joanne Edwards | 44.16 |
| | 171 | Faith Taylor | 45.08 |
| | 201 | Mandy Plummer | 50.15 |
| | 358 | Angie Handforth | 52.09 |
| | 359 | Kate Medicott | 52.10 |
| | 608 | Mike Lee | 64.20 |
| | 631 | Nicola Short | 68.46 |
| | | (652 finishers) | |

MUSKIES MADNESS - SATURDAY 25 MAY

In this new race, organised by Plymouth Musketeers, three ladies represented the club.

Emma and **Cleo** did particularly well, whilst **Sharon** must be pleased with her first race for sometime.

Emma Lake was 16th and 1st fv35 in 38.11, whilst **Cleo** was 18th and 1st fv40 in 38.35. **Sharon** was 76th in 50.42.

EDINBURGH MARATHON - SUNDAY 26 MAY

Simon Swift made the long trip to Scotland and was rewarded with a good run in a time of 3.14.33.