

APRIL RESULTS

TAUNTON MARATHON AND HALF SUNDAY 1 APRIL

Alan Hoskin made his marathon debut and had a great run to finish in 48th place in a time of 3.23.51 (199 finishers).

In the half **Alan Ryder** had a good run and was first Harrier home, whilst **Alison McEwing** performed brilliantly with a new ladies record of 1.24.35.

Results:	14	Alan Ryder	1.18.57
		(3 rd mv45)	
	43	Alison McEwing	1.24.35
		(2 nd lady)	
	327	Nick McMahon	1.42.49
	443	Mike Woodland	1.47.30
	670	Kevin Paull	1.58.18
		(1117 finishers)	

5 TORS MOORLAND RUN BODMIN - SUNDAY 1 APRIL

Neil Holmes and **Julie Deuchar** tackled this multi terrain event.

Neil had a good run and was 4th in a time of 1.09.45.

Julie completed the course in a time of 2.00.13.

YEOVIL 10K - MONDAY 9 APRIL

Alison, Jayne and **Keith** made the trip to Somerset for this popular Bank Holiday race.

Alison had a good run and was just outside her age record.

Keith ran his first race for sometime.

Results:	59	Alison Thorn	39.13
		(2 nd fv35)	
	199	Jayne Reed	47.57
	296	Keith Reed	56.05
		(373 finishers)	

ARMADA 5K - SALTRAM PARK
WEDNESDAY 11 APRIL

We had a good turnout for the first race in the series.

Neil had a good run and there was a 'family contest' in the Duncan household.

Results:	5	Neil Holmes	18.12
	19	Russ Mogridge	20.23
	23	Emma Lake	20.52
	36	Ken Summers	22.21
	51	Nicholas Duncan	24.56
	54	Pam Duncan	25.07
	63	Natasha Duncan	26.34
	65	Katy Mogridge	26.45
		(95 finishers)	

LONDON MARATHON - SUNDAY 22 APRIL

Congratulations to everyone for completing the distance.

Alison set a new ladies record and **Russ Mogridge** had a good run

Results:	Alison McEwing	3.06.17
	Russ Mogridge	3.26.35
	Nick McMahan	4.01.17
	Jon Lake	4.33.01
	John Lee	4.48.34
	Jane Ridge	4.55.16

THREE PEAKS FELL RACE
SUNDAY 29 APRIL

Craig MacAlpine made the long trip to Yorkshire to tackle this very tough race, which Neil Holmes, Andrew Perry, Andy Trigg, Alan Ayres and Don Rigby ran a few years back.

This was easily the toughest race Craig has run. He successfully completed the peaks of Pen-y-ghent, Whernside and Ingleborough to finish in a time of 4 hours and 36 minutes. Craig was 381st out of 641 finishers.

Craig has two more fell races coming up – Isle of Jura and Duddon Valley in the Lakes.

HALDON HEARTBEAT - SATURDAY 28 APRIL

Our only representative in this trail race was **Julie Deuchars** who successfully completed the course in a time of 1.28.56.

