

DUCKPONDS 7K - PLYMPTON
SATURDAY 9 JULY

We had a good turnout at this 'off road' race, run in muggy conditions.

Neil was 4th but congratulations to **Richard Ayson (1st male vet 40)**, **Mike Hansen (1st male vet 50)** and **Steve Watson (1st male vet 60)**.

Results:	4	Neil Holmes	24.08
	16	Mike Hansen	26.40
	25	Richard Ayson	28.33
	43	Steve Watson	30.11
	62	Kevin Paull	32.01
	63	Dan Marks	32.15
	97	John Lee	34.40
	98	Dave Fox	34.43
	106	Carol Hansen	35.48
	141	Claire Marks	40.44
		(174 finishers)	

(In the Fun Run **Rebecca Bracher** was 27th in a time of 15.19)

ARMADA 5K - SALTRAM
WEDNESDAY 13 JULY

We had a great turnout for this midweek race. **Matt** was 3rd and fellow relay team members **Luke** and **James** were 8th and 9th respectively.

Results:	3	Matt Brown	17.17
	8	Luke Honey	18.01
	9	James Mogridge	18.06
	14	Andy Reed	18.47
	27	Alison McEwing	20.03
	33	Kent Watson	20.43
	38	Russ Mogridge	21.08
	46	Steve Watson	21.35
	49	Jon Lake	21.57
	52	Ken Summers	22.09
	59	Dan Marks	22.59
	79	Flurina Felix	25.50
	84	Sue Pascoe	26.21
	110	Ruth Terry	30.08
	116	Michelle James	32.09
	117	Paul James	32.09
		(134 finishers)	

CHUDLEIGH CARNIVAL 6 - FRIDAY 15 JULY

Six athletes made the trip to Chudleigh for this hilly race.

Matt Brown the first Harrier home in 6th place.

Congratulations to **Jaine Swift** (1st female vet 40) and **Myra McKay** (1st female vet 60).

Results:	6	Matt Brown	32.49
	33	Jaine Swift	38.00
	36	Alison Thorn	38.12
	39	Simon Swift	38.48
	131	Myra McKay	49.17
	161	Mike Lee	55.32
		(176 finishers)	

HAYTOR HELLER - SATURDAY 16 JULY

We were well represented in this very tough race.

Neil Holmes (1st male vet 45) and **Andrew Perry** (1st male vet 40) did well.

We also were 3rd team with **Richard Ayson** joining **Neil** and **Andrew** to make up the team.

Ewan Lake also ran very well.

Results:	4	Neil Holmes	41.34
	7	Andrew Perry	43.08
	44	Richard Ayson	51.57
	45	Ewan Lake	55.02
	85	Ken Summers	58.15
	92	Kevin Paull	59.14
	134	Nick Brewer	63.31
	150	John Lee	65.20
		(246 finishers)	

MAGNIFICENT 7 - SUNDAY 17 JULY

Our representatives in this weekend of tough races were **Emma Lake** who had a good run and finished in 98th place in a time of 51.13 and **Dan Marks** who finished in 182nd place in a time of 57.04. There were 411 finishers in the race.

KINGSBRIDGE 10K - THURSDAY 21 JULY

Matt Brown continued his fine form to finish 3rd in this hilly 10k race. **Mike Hansen** also did well to finish 5th.

Good to see both **Isaac** and **Nigel Stoppard** racing.

Results:	3	Matt Brown	40.07
	5	Mike Hansen	41.36
	19	Isaac Stoppard	46.55
	20	Nigel Stoppard	47.23
	29	Richard Ayson	49.55
	30	Mike Jayes	50.02
	41	Dan Marks	51.58
	56	Carol Hansen	56.28
		(92 finishers)	